THE DEEP SECRETS OF BHAJANA

#### ~ The Deep Secrets of Bhajana ~

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### THE DEEP SECRETS OF BHAJANA

(with an abbreviated manual on deity worship)

#### Compiled by

the best amongst the eighth generation of descendants in the bhāgavata-paramparā from Śrī Kṛṣṇa Caitanya Mahāprabhu, and the best of the followers of Śrī Rūpa Gosvāmī,

om viṣṇupāda Śrīla Bhaktivinoda Ṭhākura

Translated from the Hindi edition of Śrī Śrīmad Bhaktivedānta Nārāyaṇa Gosvāmī Mahārāja author of the commentary, named Bhajana-rahasya-vṛtti



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# Contents

Intr	oduction to the Rahasya	i
For	eword	v
Edit	tor's Preface to the English Edition	ix
Śrī	Brahma-Madhva-Gauḍīya Guru-paramparā	xi
1 •	Prathama-yāma-sādhana Niśānta-bhajana	1
2 •	Dvitīya-yāma-sādhana Prātaḥ-kālīya-bhajana	61
3 •	Tṛtīya-yāma-sādhana Pūrvāhna-kālīya-bhajana	123
4 •	Caturtha-yāma-sādhana Madhyāhna-kālīya-bhajana	149
5 •	Pańcama-yāma-sādhana Aparāhna-kālīya-bhajana	181
6 <b>•</b>	Şaşṭha-yāma-sādhana Sāyaṁ-kālīya-bhajana	229
7 •	Saptama-yāma-sādhana Pradoṣa-kālīya-bhajana	293
8 •	Aṣṭama-yāma-sādhana Rātri-līlā	349
	KṢEPA-ARCANA-PADDHATI previated manual on deity worship)	395
Glo	ssary	411
Vers	se Index (main verses)	433
Vers	se Index (quoted verses)	437

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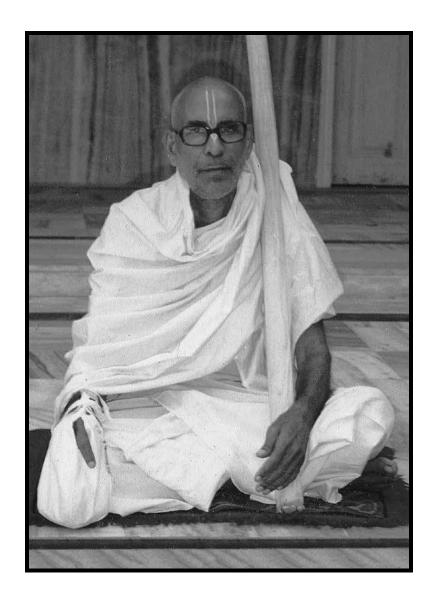
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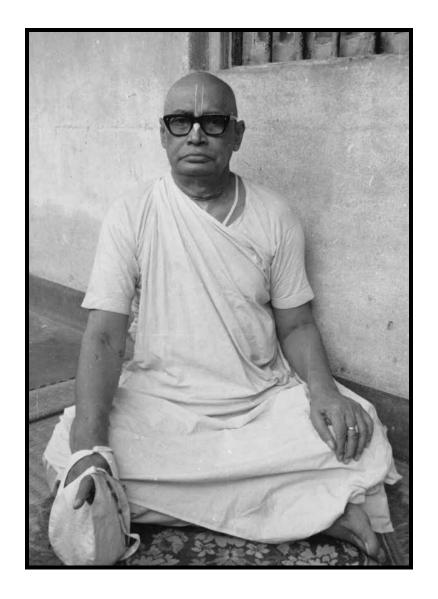
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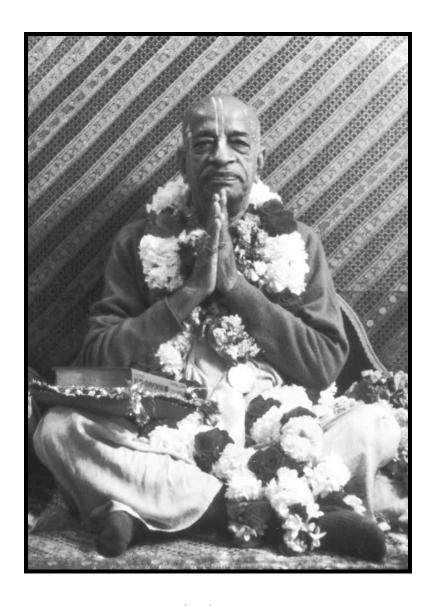
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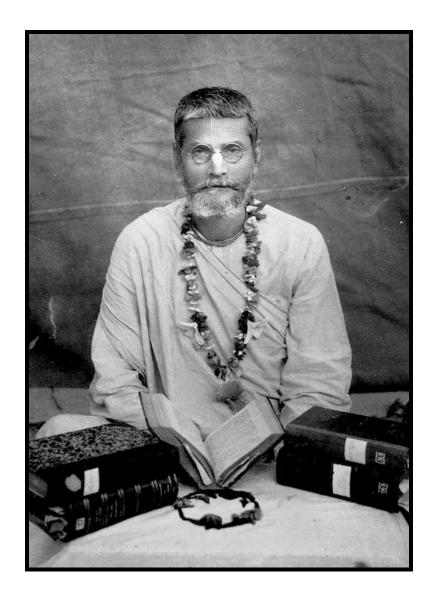
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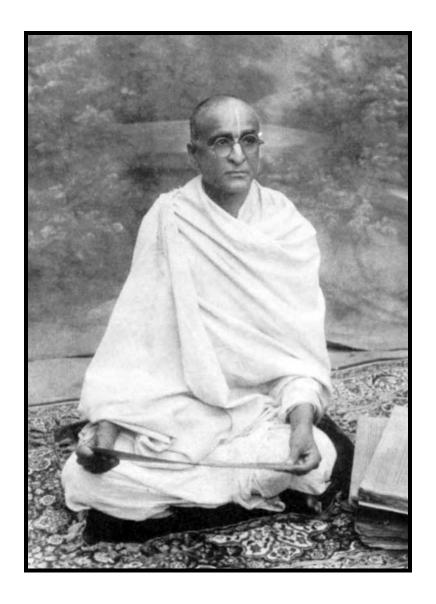
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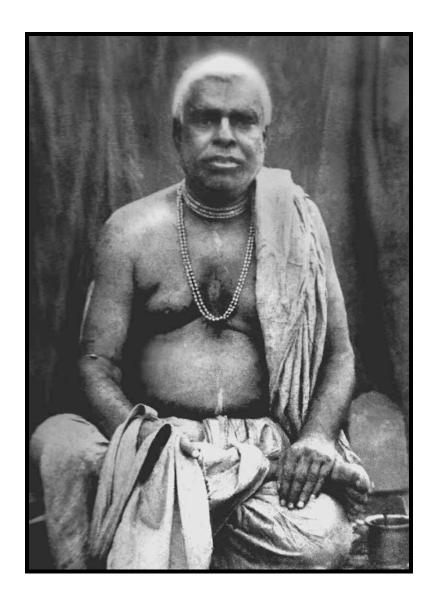
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Śrī Śrīmad Bhaktisiddhānta Sarasvatī Ṭhākura Prabhupāda



Saccidānanda Śrīla Bhaktivinoda Ṭhākura

# Introduction to the Rahasya

[Originally written in Bengali by Śrīla Bhaktisiddhānta Sarasvatī Ṭhākura. The English is translated from the Hindi GVP edition.]

Śrī Bhajana-rahasya is compiled by Śrīla Bhaktivinoda Ṭhākura Mahāśaya. He has collected into the form of a book several confidential hints from his own method of *bhajana* to guide sincere *sādhakas* who are performing *bhajana* under his direction. Some years ago, this destitute person observed him performing *bhajana*. He was constantly reciting and relishing verses such as the ones in this book, thus becoming overwhelmed with *bhagavat-prema*.

For *sādhakas* whose faith is on the neophyte platform, the system of *arcana* is provided. Many people are unable to understand the distinction between *arcana* and *bhajana* and therefore use the word *bhajana* to refer to *arcana*. One can practise *bhajana* by performing the nine kinds of devotion (*navadhā-bhakti*). Because *arcana* is included within *navadhā-bhakti*, it is also considered a part of *bhajana*. There is a difference between complete *bhajana* and partial *bhajana*. Arcana means to worship the deity with awe and reverence; that is, with knowledge of the Supreme Lord's divine majesty and by observing etiquette. It is also *arcana* to serve the Lord with various paraphernalia according to rules and regulations and with the mundane conception of identifying oneself with the material

body. In service rendered with intimacy and a sense of possessiveness (*viśrambha-sevā*), the harsh rays of awe and reverence are still apparent to a small degree, but no one can refuse the excellent sweetness of its cool, pleasant moonbeams. Therefore, a brief *arcana-paddhati* has been added at the end of this book.

Within the framework of this book, the secret meaning of bhajana is given in a way that captivates the heart. In the process of arcana, one remains more or less entangled in one's relationship with the gross and subtle body. In the realm of bhajana, however, the sādhaka passes beyond both the gross and subtle bodies to directly serve Śrī Bhagavān. The transcendental sentiments that others perceive in great personalities (mahāpuruṣas), who perform bhajana and who are completely free from all kinds of material designations, are not worldly or illusory. Due to being directly within the proximity of the non-dual Supreme Absolute Truth (advaya-jñāna para-tattva), who is beyond perception, they experience the transcendental sentiments of sevā that are beyond the range of material senses and material time.

Rahasya means 'a profound subject that is instructed by the guru and that is required to be known by those with great faith'. As a result of first receiving spiritual instructions and then performing viśrambha-sevā, which is the third among the sixty-four limbs of sādhana-bhakti mentioned in Bhakti-rasāmṛta-sindhu, a devotee begins to follow the path of sādhus. To do so is to cultivate bhajana-rahasya. Niskiñcana-bhaktas, who are absorbed in bhagavad-bhajana, become freed from material bondage. They therefore also become completely freed from the association of those bound by worldly desires. At that time, the inclination to engage in service throughout the twenty-four hours of the day (aṣṭa-kālīya-sevā) awakens in their hearts. Pure devotees who are intent on rendering sevā consider the association of non-devotees, who are attached to either enjoyment or renunciation, to be an obstacle in the attainment of their desired goal. Such anyābhilāṣīs (those with desires other

than to serve Śrī Kṛṣṇa), *karmīs* and *jñānīs* do not have a taste for *bhajana-rahasya*. Therefore, due to being unqualified to enter the realm of *bhajana*, which is transcendentally illuminated by the eight divisions of the day, they do not revere this book.

When the day and night are divided into eight parts, each part is known as a yāma. There are three yāmas during the night, three during the day, one at dawn and one at dusk. Only pure Vaiṣṇavas are able to perform kṛṣṇa-bhajana with one-pointed niṣṭhā in all respects and at all times. Such continuous bhajana is not possible as long as one's gross and subtle material conceptions of 'I' and 'mine' remain. The living entities will not be liberated from this conditioning if they attribute mundane conceptions to matters related to Śrī Hari. Vaiṣṇavas dedicated to bhajana who have achieved their pure identity (śuddha-svarūpa) remain ever intent on serving Śrī Kṛṣṇa.

The eight verses of Śrī Śikṣāṣṭaka, composed by Śrī Gaurasundara, contain transcendental sentiments favourable to bhajana throughout the eight periods of the day. The eleven verses of Śrī Rūpa Gosvāmī's Śrī Rādhā-kṛṣṇayor-aṣṭa-kālīya-līlā-smaraṇa-maṅgala-stotram\* and the poetry that expresses longing for aṣṭa-kāla-bhajana composed by all the mahājanas who follow him, prescribe continuous bhajana. Upon becoming completely free from mundane conceptions of time, place and recipient, the servant of the spiritual master should constantly study Śrī Bhajana-rahasya.

The servant of the devotees of Śrī Hari,
Dāsa Śrī Siddhānta Sarasyatī

13 November, 1927 Kānpur

<sup>\*</sup> Eight of these verses, which are also found in Śrīla Kṛṣṇadāsa Kavirāja Gosvāmī's *Govinda-līlāmṛta*, are present in this book as the final Text of each chapter.

# Foreword

(translated from the Hindi edition)

Just as the sage Bhagīratha brought the Bhāgīrathī (Gaṅgā) to this earth, om viṣṇupāda Śrī Śrīmad Saccidānanda Bhaktivinoda Thākura Mahāśaya brought the present flow of the Bhāgīrathī of pure bhakti to this world and therefore is also [known as] Bhagīratha. In his book Śrī Harināma-cintāmaṇi, Śrīla Bhaktivinoda Ṭhākura has presented an extensive deliberation on the glories of the holy name, on the distinctions between nāma, nāma-ābhāsa and nāma-aparādha, and on the method of chanting the holy name. He has compiled Śrī Bhajana-rahasya as a supplement to Śrī Harināma-cintāmaṇi. There are eight pairs of names (yugala-nāma) in the mahā-mantra. In this small book, Ṭhākura Mahāśaya describes the mercy of these eight pairs of names and provides a wonderfully beautiful glimpse of how to cultivate and contemplate aṣṭa-kālīya-līlā through the kīrtana of the mahā-mantra.

Several years ago, at the request of the sincere devotees of Mathurā and Vṛndāvana, I continuously spoke on this book for some time. The listeners gave rapt attention and I also felt boundless joy. When I had completed my classes, the faithful listeners repeatedly requested me to publish a Hindi edition of this book. At that time, however, I was busy publishing some books by Śrīla Viśvanātha Cakravartī Ṭhākura — in particular his commentary on the *Bhagavad-gītā* — and I was also engaged in preaching pure *bhakti*, as practised and

propagated by Śrīman Mahāprabhu, around the world. Therefore, I was unable to give this project my attention.

Some time ago during Kārtika, after I had returned to Śrī Keśavajī Gaudīya Maṭha in Mathurā from preaching in the West, daughter Kumārī Savitā gave me a manuscript of Śrī Bhajana-rahasya in Hindi with my commentary, Bhajana-rahasya-vṛtti. I was so pleased and asked her how she had prepared it. She humbly replied that she had compiled it from notes she had carefully taken during my lectures and from the brahmacārīs' cassette recordings of those lectures. I kept the manuscript with me and after kārtika-vrata, took it with me when I again went abroad to preach.

We arrived at the very beautiful island of Cebu, which, being part of the Philippines, is situated in the Pacific Ocean. When, in that favourable atmosphere, I looked at the manuscript of *Bhajana-rahasya* to edit it, I became astonished and could not believe that I had actually spoken it. I felt sure that Śrīla Bhaktivinoda Ṭhākura Mahāśaya himself had inspired me to speak this commentary. To compile the manuscript, daughter Savitā had also meticulously searched through many authoritative books on *rāgānuga-bhakti*, thus further enriching the *Bhajana-rahasya-vṛtti*.

The guardian of the Śrī Gauḍīya sampradāya and the founder of Śrī Gauḍīya Vedānta Samiti, my most worshipable gurudeva, ācārya-keśarī aṣṭottara-śata Śrī Śrīmad Bhakti Prajñāna Keśava Gosvāmī Mahārāja, used to mercifully encourage and inspire me, his servant, to publish Hindi editions of the books of Śrīla Bhaktivinoda Ṭhākura Mahāśaya. Today, offering this book into his lotus hands, I feel unbounded joy. All glories unto him! All glories unto him!

The services and great endeavours of daughter Kumārī Savitā in preparing the manuscript of this book, daughter Śrīmatī Jānakīdevī in helping her, Śrī Om Prakāśa Brijabāsī 'Sahitya-ratna', Śrīmatī Vṛnda-devī, Śrīmatī Śānti-devī, Śrīman Purandara dāsa Brahmacārī, Śrīman Subhānanda Brahmacārī 'Bhāgavata-bhūṣaṇa', Śrīman Navīna-kṛṣṇa Brahmacārī 'Vidyālaṅkāra', Śrīman Parameśvarī dāsa

Brahmacārī and others who were involved in composing it on the computer, proofreading and performing other services, are all greatly praiseworthy and notable. My heartfelt prayer at the lotus feet of Śrī Guru-Gaurāṅga-Gāndharvikā-Giridhārī is that They bestow an abundance of merciful blessings upon them.

I am confident that persons eager for *bhakti*, and in particular  $s\bar{a}dhakas$  of  $r\bar{a}g\bar{a}nuga$ -*bhakti*, who are eagerly desirous of vraja-rasa, will greatly honour this book, and that by studying it, faithful persons will attain the eligibility to enter the prema-dharma of Śrī Caitanya Mahāprabhu.

Finally, may the condensed personification of Śrī Bhagavān's compassion, my most worshipable śrī guru-pādapadma, shower me with profuse mercy so that I may attain the eligibility to fulfil his inner-most desire. This is my submissive prayer at his crimson lotus feet.

An aspirant for a particle of mercy from Śrī Hari, Guru and Vaiṣṇavas, humble and insignificant,

Śrī Bhaktivedānta Nārāyaņa

Śrī Gaura-pūrņimā 20 March, 2000

# Editor's Preface to the English Edition

In compiling Śrī Bhajana-rahasya, Śrīla Bhaktivinoda Thākura has selected specific verses that serve to guide the sādhaka in awakening his eternal identity as a servant of Śrī Krsna. He reveals the purpose of each verse with an introductory sentence. These verses are presented in chapters that correspond to the sādhaka's level of spiritual practice, from the early stages of faith up to prema, when one's heart is blossoming with his eternal relationship with Śrī Rādhā-Krsna. The chapters are also divided according to the eight parts of the day, called yāmas. In each yāma Śrī Rādhā-Kṛṣṇa enjoy particular pastimes, a general synopsis of which is given at the end of each chapter. Following the introductory sentence, the transliterated main verse and its translation, are Bengali verses composed by Śrīla Bhaktivinoda Ṭhākura himself. These verses paraphrase the main verse and also include his commentary. Most of them were not translated into Hindi and therefore have not been translated into English.

Just as Śrīla Bhaktivinoda Ṭhākura took the essence of each main verse and elaborated upon it in his Bengali verses, our beloved *gurudeva*, Śrī Śrīmad Bhaktivedānta Nārāyaṇa Gosvāmī Mahārāja has expanded on the meaning of each verse with a wonderful commentary, or *vṛtti*, named *Bhajana-rahasya-vṛtti*. These commentaries reveal his genuine concern for the souls in this world who, under

the guidance of *śrī guru* and Vaiṣṇavas, are endeavouring to develop their relationship with Śrī Rādhā-Kṛṣṇa. For this we remain bound to him with affection.

Śānti dāsī Vaijayantī-mālā dāsī

Śrī Guru-pūrṇimā 27 July, 2018 Gopīnātha-bhavana, Śrī Vṛndāvana

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# Śrī Brahma-Madhva-Gauḍīya Guru-paramparā

śrī-kṛṣṇa-brahma-devarṣibādarāyaṇa-saṁjñakān śrī-madhva-śrī-padmanābhaśrīman-nṛhari-mādhavān

akṣobhya-jayatīrthaśrī-jñānasindhu-dayānidhīn śrī-vidyānidhi-rājendrajayadharmān kramād vayam

puruṣottama-brahmaṇyavyāsatīrthāṁś ca saṁstumaḥ tato lakṣmīpatiṁ śrīmanmādhavendraṁ ca bhaktitaḥ

tacchiṣyān śrīśvarādvaitanityānandān jagad-gurūn devam īśvara-śiṣyaṁ śrī-caitanyaṁ ca bhajāmahe śrī-kṛṣṇa-prema-dānena yena nistāritaṁ jagat

mahāprabhu-svarūpaśrī-dāmodaraḥ priyaṁ karaḥ rūpa-sanātanau dvau ca gosvāmi-pravarau prabhu

śrī-jīvo raghunāthaś ca rūpa-priyo mahāmatiḥ tat-priyaḥ kavirājaśrī-kṛṣṇadāsa-prabhur mataḥ

tasya priyottamah śrīlah sevāparo narottamah tad-anugata-bhaktah śrī-viśvanāthah sad-uttamah

tad-āsaktaś ca gauḍīyavedāntācārya-bhūṣaṇam vidyābhūṣaṇa-pāda-śrībaladeva-sadāśrayaḥ

vaiṣṇava-sārvabhaumaḥ śrī-jagannātha-prabhus tathā śrī-māyāpura-dhāmnas tu nirdeṣṭā sajjana-priyaḥ

śuddha-bhakti-pracārasya mūlībhūta ihottamaḥ śrī-bhaktivinodo devas tat priyatvena viśrutaḥ

tad-abhinna-suhṛd-varyo mahā-bhāgavatottamaḥ śrī-gaura-kiśoraḥ sākṣād vairāgyaṁ vigrahāśritam māyāvādi-kusiddhāntadhvānta-rāśi-nirāsakaḥ viśuddha-bhakti-siddhāntaiḥ svāntaḥ padma-vikāśakaḥ

devo 'sau paramo hamso mattaḥ śrī-gaura-kīrtane pracārācāra-kāryeṣu nirantaram mahotsukaḥ

hari-priya-janair gamya om viṣṇupāda-pūrvakaḥ śrīpādo bhaktisiddhānta sarasvatī mahodayaḥ

sarve te gaura-vamsyās ca paramahamsa-vigrahāḥ vayam ca praṇatā dāsās tad-ucchisṭa-grahāgrahāḥ

### Guru-paramparā by Śrīla Bhaktisiddhānta Sarasvatī Thākura

kṛṣṇa haite catur-mukha, haya kṛṣṇa-sevonmukha, brahmā haite nāradera mati nārada haite vyāsa, madhva kahe vyāsa dāsa, pūrṇaprajña padmanābha gati

In the beginning of creation, Śrī Kṛṣṇa spoke the transcendental science of devotional service to four-headed Lord Brahmā, who in turn passed these teachings on to Śrī Nārada Muni, who accepted Śrī Kṛṣṇa-dvaipāyana Vyāsadeva as his disciple. Śrī Vyāsa transmitted

this knowledge to Śrī Madhvācārya, who is also known as Pūrṇaprajña Tīrtha and who was the sole refuge for his disciple Padmanābha Tīrtha.

> nṛhari mādhava vaṁśe, akṣobhya-paramahaṁse, śiṣya bali' aṅgīkāra kare akṣobhyera śiṣya jaya- tīrtha nāme paricaya, tāṅ'ra dāsye jṅānasindhu tare

Following forth from Śrī Madhvācārya were Śrī Nṛhari Tīrtha, Śrī Mādhava Tīrtha, and then the swan-like Śrī Akṣobhya Tīrtha. He in turn accepted as his principal disciple Śrī Jayatīrtha, whose servant was Śrī Jñānasindhu.

tāṅhā haite dayānidhi, tāṅra dāsa vidyānidhi,
rājendra haila tāṅhā ha'te
tāṅhāra kiṅkara jaya- dharma nāme paricaya,
paramparā jāna bhāla-mate

From Śrī Jñānasindhu the *paramparā* continued with Śrī Dayānidhi, and from him it continued with his disciple Śrī Vidyānidhi, and next with Śrī Rājendra Tīrtha. His dedicated servant was Śrī Jayadharma, also known as Vijayadhvaja Tīrtha. One should properly understand the *guru-paramparā* in this way.

jayadharma-dāsye khyāti, śrī-puruṣottama-yati, tāṅ' ha'te brahmaṇya-tīrtha-sūri vyāsatīrtha tāṅ'ra dāsa, lakṣmīpati vyāsadāsa, tāṅhā ha'te mādhavendra purī

The great *sannyāsī* Śrī Puruṣottama Tīrtha was renowned as the servant of Śrī Jayadharma. From Śrī Puruṣottama Tīrtha the succession of bona fide *gurus* continued with the erudite and wise Śrī Brahmaṇya Tīrtha. Next was Śrī Vyāsa Tīrtha, who was succeeded by Śrī Lakṣmīpati, who in turn was succeeded by Śrī Mādhavendra Purī

mādhavendra purī-vara, śiṣya-vara śrī-īśvara, nityānanda, śrī-advaita vibhu īśvara-purīke dhanya, karilena śrī-caitanya, jagad-guru gaura-mahāprabhu

Śrī Īśvara Purī was the most prominent *sannyāsa* disciple of the great Śrī Mādhavendra Purī, whose disciples also included the *avatāras* Śrī Nityānanda Prabhu and Śrī Advaita Ācārya. Śrī Kṛṣṇa Caitanya Mahāprabhu, the Golden Lord of lords and spiritual preceptor of all the worlds, made Śrī Īśvara Purī greatly blessed by accepting him as His *dīkṣā-guru*.

mahāprabhu śrī-caitanya, rādhā-kṛṣṇa nahe anya,
rūpānuga-janera jīvana
viśvambhara-priyaṅkara, śrī-svarūpa-dāmodara,
śrī-gosvāmī rūpa, sanātana

Śrī Caitanya Mahāprabhu, who is none other than Rādhā and Kṛṣṇa in one form, is the very life of the *rūpānuga* Vaiṣṇavas, those who follow Śrī Rūpa Gosvāmī. Śrī Svarūpa Dāmodara, Śrī Rūpa Gosvāmī and Śrī Sanātana Gosvāmī were the dear most servants of Lord Viśvambhara (Śrī Kṛṣṇa Caitanya).

rūpa-priya mahājana, jīva, raghunātha hana, tān'ra priya kavi kṛṣṇadāsa kṛṣṇadāsa priya-vara, narottama sevā-para, yānra pada viśvanātha-āśa

The great saintly personalities (*mahājanas*), Śrī Jīva Gosvāmī and Śrī Raghunātha dāsa Gosvāmī, were very dear to Śrī Rūpa Gosvāmī. The intimate follower of Śrī Raghunātha dāsa Gosvāmī was the great Vaiṣṇava poet Śrī Kṛṣṇadāsa Kavirāja. The dear most follower of Śrī Kṛṣṇadāsa was Śrīla Narottama dāsa Ṭhākura, who was always engaged in *guru-sevā*. His lotus feet became the only hope and aspiration for Śrī Viśvanātha Cakravartī Thākura.

viśvanātha bhakta-sātha, baladeva, jagannātha, tāṅ'ra priya śrī-bhaktivinoda mahā-bhāgavata-vara, śrī-gaurakiśora-vara, hari-bhajanete yāṅra moda

Prominent among the associates of Śrī Viśvanātha Cakravartī Ṭhākura was Śrī Baladeva Vidyābhūṣaṇa. After him, the line descended to Śrīla Jagannātha dāsa Bābājī Mahārāja, who was the beloved śikṣā-guru of Śrī Bhaktivinoda Ṭhākura. Śrī Bhaktivinoda was the intimate friend of the great mahā-bhāgavata Śrīla Gaura-kiśora dāsa Bābājī Mahārāja, whose sole delight was hari-bhajana, internal absorption in loving service to Śrī Hari.

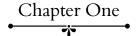
śrī-vārṣabhānavī-varā, sadā sevya-sevā-parā, tāṅhāra dayita-dāsa nāma

Śrī Vārsabhānavī, the daughter of Śrī Vṛṣabhānu Mahārāja, is the best of Śrī Kṛṣṇa's beloveds, as She is forever engaged in loving service to Her worshipable Lord. Śrī Vārṣabhānavī-dayita dāsa, the servant (dāsa) of Her beloved (dayita) is the name of Śrīla Bhaktisiddhānta Sarasvatī Ṭhākura Prabhupāda.

prabhupāda-antaranga, śrī-svarūpa-rūpānuga, śrī-keśava bhakti-prajñāna gaudīya-vedānta-vettā, māyāvāda-tamohantā, gaura-vāṇī-pracārācāra-dhāma

A confidential disciple of Śrīla Prabhupāda, Śrīla Bhakti Prajňāna Keśava Gosvāmī, was a faithful follower of Śrī Svarūpa Dāmodara and Śrī Rūpa Gosvāmī. Through his knowledge of Gauḍīya Vedānta philosophy, he annihilated the darkness of ignorance spread by māyāvāda. He was the abode of preaching and practicing Śrī Gaurāṅga Mahāprabhu's teachings (gaura-vāṇī) in his own life.

ei saba hari-jana, gaurāṅgera nija-jana, tāṅdera ucchiste mora kāma All of these devotees are personal associates of Śrī Gaurāṅga. My sole desire is to serve the remnants (*ucchiṣṭa*) from their lotus mouths in the form of their words, or whatever divine instructions they have left for us out of their causeless mercy.



# Prathama-yāma-sādhana

Niśānta-bhajana – śraddhā (the last six daṇḍas of the night: approximately 3.30 a.m. – 6.00 a.m.)

#### Text 1

kṛṣṇa-varṇam tviṣākṛṣṇam sāṅgopāṅgāstra-pārṣadam yajñaiḥ saṅkīrtana-prāyair bhajāmi kali-pāvanam

I worship Śrī Gaurāṅgadeva, who delivers the living entities of Kali-yuga (kali-pāvana) through the congregational chanting of the Lord's holy names (nāma-saṅkīrtana-yajña). He describes the name, form, qualities and pastimes of Śrī Kṛṣṇa; He performs kīrtana of the two syllables kṛ and ṣṇa; His complexion is fair; He is surrounded by His aṅgas (associates, meaning Śrī Nityānanda Prabhu and Śrī Advaita Prabhu), upāṅgas (servitors, meaning Śrīvāsa Paṇḍita and other pure devotees) and pārṣadas (confidential companions like Śrī Svarūpa Dāmodara, Śrī Rāya Rāmānanda, Śrī Gadādhara Paṇḍita and the six Gosvāmīs); and He is endowed with His weapon (astra) of harināma, which destroys ignorance.

A verse similar in meaning to Text 1 is found in  $Śr\bar{\imath}mad-Bh\bar{a}gavatam$  (11.5.32):

kṛṣṇa-varṇam tviṣākṛṣṇam sāṅgopāṅgāstra-pārṣadam yajnaiḥ saṅkīrtana-prāyair yajanti hi su-medhasaḥ

In the age of Kali, Śrī Kṛṣṇa appears with a non-blackish (akṛṣṇa) complexion. He is constantly singing the two syllables kṛ and ṣṇa, and He is accompanied by His associates, servitors, weapon and confidential companions. Intelligent people worship Him by performing sankīrtana-yajña.

kali-jīva uddhārite para-tattva hari navadvīpe āilā gaura-rūpa āviṣkari

yuga-dharma kṛṣṇa-nāma smaraṇa kīrtana sāṅgopāṅge vitarila diyā prema-dhana

jīvera sunitya dharma nāma-saṅkīrtana anya saba dharma nāma siddhira kāraṇa

"Śrī Hari, who is the Absolute Truth Himself, descended in Navadvīpa as Gaurasundara to deliver the living entities (jīvas) of Kali-yuga. Together with His associates, He distributed the treasure of kṛṣṇa-prema through śrī kṛṣṇa-nāma-saṅkīrtana, the religious practice for the current age (yuga-dharma). Nāma-saṅkīrtana is the living entities' only eternal religion; all other dharmas are simply secondary means to attain perfection in chanting."

BHAJANA-RAHASYA-VṛTTI: Śrīla Bhaktivinoda Ṭhākura begins this book by praying to Śrīman Mahāprabhu. The *jīva's* only duty is to worship Śrī Gaurasundara, who is resplendent with the lustre and sentiment of Śrī Rādhā. Śrī Kṛṣṇa Caitanya, the central figure (*mūla-tattva*)

in the pastimes of Śrī Navadvīpa, comprises five features (*pañca-tattvātmaka*). He and His four other forms – Śrī Nityānanda Prabhu, Śrī Advaita Ācārya, Śrī Gadādhara and the associates headed by Śrīvāsa – are all supremely worshipable.

In this first Text, the author establishes that Śrī Gaurasundara is Śrī Krsna Himself. In the word krsna-varnam we find the two syllables kr and sna. Hence the quality of being Krsna (krsnatva), which is itself the quality of being Śrī Bhagavān (bhagavattā), is displayed in the name Śrī Krsna Caitanya. Krsna-varnam also refers to that person who, by remembering His previous supremely blissful pastimes, becomes absorbed in transcendental sentiments due to intense jubilation and always describes (varnam) - here meaning 'performs kīrtana of' – the name of Śrī Krsna. He has assumed a fair complexion, and out of supreme compassion has instructed all living entities to chant Krsna's name, which will naturally manifest in their hearts simply by receiving Śrī Gaurasundara's darśana. Śrī Krsna, who is the possessor of the potency to make the impossible possible (aghatana-ghatana-patīyasī-śaktimān), accepted the form of a devotee and appeared as Gaurasundara. In other words, Śrī Krsna Himself directly manifested as Śrī Gaurasundara.

This incarnation (*avatāra*) of Śrī Caitanyadeva is extremely difficult for ordinary *sādhakas* to understand. In *Śrīmad-Bhāgavatam* (7.9.38), Prahlāda Mahārāja says: "*channah kalau yad abhavas* 

*tri-yugo 'tha sa tvam* — O Puruṣottama, in Kali-yuga You are concealed. Your name, therefore, is Tri-yuga, the Lord who appears only in three *yugas*, because this covered incarnation is not clearly evident in any scripture."

When the great scholar Sārvabhauma Bhaṭṭācārya saw the eight brightly shining ecstatic transformations (sūddīpta aṣṭa-sāttvika-bhāvas) in Śrīman Mahāprabhu, he was amazed; he knew that these extremely rare transcendental sentiments are not seen in any human being. Nevertheless, he doubted that Śrīman Mahāprabhu was Kṛṣṇa Himself and expressed this to Śrī Gopīnātha Ācārya:

ataeva 'tri-yuga' kari' kahi viṣṇu-nāma kali-yuge avatāra nāhi,—śāstra-jňāna Śrī Caitanya-caritāmṛta (Madhya-līlā 6.95)

[Sārvabhauma Bhaṭṭācārya said:] The verdict of the scriptures is that there is no incarnation of Śrī Viṣṇu in Kali-yuga. For this reason, one name of Śrī Viṣṇu is Tri-yuga.

Hearing this, Śrī Gopīnātha Ācārya said:

kali-kāle līlāvatāra nā kare bhagavān ataeva 'tri-yuga' kari' kahi tāra nāma

prati-yuge karena kṛṣṇa yuga-avatāra tarka-niṣṭha hṛdaya tomāra nāhika vicāra Śrī Caitanya-caritāmṛta (Madhya-līlā 6.99–100)

In Kali-yuga there is no *līlā-avatāra* of Śrī Bhagavān; therefore, His name is Tri-yuga. But certainly there is an incarnation in every age, and such an incarnation is called a *yuga-avatāra*. Your heart has become hardened by logic and arguments and thus you cannot consider these facts.

On the other hand, when Śrī Rāya Rāmānanda, who is Viśākhā Sakhī in the pastimes of Vraja, received *darśana* of Śrīman Mahāprabhu, he clearly realised His identity, and said:

pahile dekhilun tomāra sannyāsi-svarūpa ebe tomā dekhi muni śyāma-gopa-rūpa

tomāra sammukhe dekhi kāñcana-pañcālikā tāṅra gaura-kāntye tomāra sarva aṅga ḍhākā Śrī Caitanya-caritāmṛta (Madhya-līlā 8.268–9)

At first I saw You in the form of a *sannyāsī*, but then I saw You as a dark-complexioned cowherd boy. Now I see a shining figure in front of You, whose golden lustre appears to cover Your entire body.

Statements in various Purāṇas prove that Śrī Caitanya Mahāprabhu is Śrī Kṛṣṇa, the source of all incarnations. At the time of Śrī Kṛṣṇa's name-giving ceremony, Śrī Gargācārya said:

āsan varņās trayo hy asya grhņato 'nuyugam tanūḥ śuklo raktas tathā pīta idānīm kṛṣṇatām gataḥ Śrīmad-Bhāgavatam (10.8.13)

Your son Kṛṣṇa appears as an incarnation in every millennium. In the past, He assumed three different colours — white, red and yellow — and now He has appeared in a blackish colour.\*

The Mahābhārata (Anuśasana Parva, Chapter 135, verses 92 and 75) states:

suvarṇa-varṇo hemāṅgo varāṅgaś candanāṅgadī

sannyāsa-kṛc chamaḥ śānto nisthā śānti parāyanam

[Grandfather Bhīṣma said to Yudhiṣṭhira Mahārāja:] Śrī Kṛṣṇa first appears as a householder with a golden complexion. His limbs are the colour of molten gold, His body is extremely beautiful, He is decorated with sandalwood pulp and He continuously chants "Kṛṣṇa". Then He accepts the renounced order (*sannyāsa*) and is always equipoised. He defeats the impersonalist philosophers, who are opposed to *bhakti*. He is thus the highest abode of peace and devotion.

Furthermore, it is said in *Bhagavad-gītā* (4.8): "dharma-samsthāpanārthāya sambhavāmi yuge yuge — to firmly establish religion, I appear in every age." The āgama-śāstras state: "māyāpure bhaviṣyāmi śacī-sutaḥ — in the future, the son of Śacī will appear in Māyāpura." Śrī Jīva Gosvāmī writes in *Tattva-sandarbha* (Anuccheda 2):

antaḥ kṛṣṇaṁ bahir-gauraṁ darśitāṅgādi-vaibhavam kalau saṅkīrtanādyaiḥ smaḥ kṛṣṇa-caitanyam āśritāḥ

I take shelter of Śrī Kṛṣṇa Caitanya Mahāprabhu in Kali-yuga through the process of *saṅkīrtana*. Internally He is Śrī Kṛṣṇa Himself, and externally He appears in His *gaura-svarūpa*. He has manifested Himself along with His majestic influence, beginning with His *aṅqa* (limbs) and *upāṅqa* (subsidiary limbs).

And in Śrī Caitanya-caritāmṛta (Madhya-līlā 8.279) it is said:

rādhikāra bhāva-kānti kari' aṅgīkāra nija-rasa āsvādite kariyācha avatāra

[Śrī Rāya Rāmānanda said:] To taste Your own transcendental mellow, You appeared as Śrī Caitanya Mahāprabhu, accepting the sentiment and lustre of Śrīmatī Rādhikā.

The rays of Śrī Kṛṣṇa Caitanya's yellow lustre, which resemble molten gold, destroy the darkness of ignorance. To destroy the darkness of the activities opposed to *bhakti* performed by the victims of Kaliyuga, Śrī Mahāprabhu wanders the Earth together with His associates

(angas), servitors (upāngas) and confidential companions (pārṣadas), and with the weapon of the sankīrtana of Hare Kṛṣṇa and other names of the Supreme Lord. Other incarnations destroyed demons with armies and weapons, but Śrī Kṛṣṇa Caitanya Mahāprabhu's angas and upāngas are His army. According to scripture, the word anga means amśa, or part, and the anga of an anga (part of a part) is called an upānga. Śrī Nityānanda and Śrī Advaita Ācārya are both Śrī Caitanya's angas, and their parts, the upāngas, are Śrīvāsa and the other devotees who always accompany Mahāprabhu. They propagate the Supreme Lord's name, Hare Kṛṣṇa, which is itself the 'sharp weapon' capable of destroying atheism.

In this Text, the adjective <code>sankīrtana-prāyaih</code>, which means 'consisting chiefly of congregational chanting', defines <code>harināma-sankīrtana-yajña</code> as the means to attain the goal (<code>abhidheya-tattva</code>). In the incarnation of Śrīman Mahāprabhu, His main weapon is <code>harināma-sankīrtana</code>, by which He destroys the atheism of the atheists and the sins of the sinful. He who worships Śrī Caitanyadeva through <code>nāma-sankīrtana-yajña</code> is intelligent and attains all perfection; he who does not worship Him is unfortunate, unintelligent and devoid of spiritual merit (<code>sukrti</code>).

To conclude, in this age of Kali, the only object worthy of meditation is Śrī Caitanya Mahāprabhu's lotus feet, which fulfil all treasured desires. Apart from Śrī Caitanyadeva's mercy, nothing is eternal or permanent; rather, everything is perishable and incapable of fulfilling these desires.

# Text 2

Verse 5 of Śrī Śacīsūnv-aṣṭaka (Stavāvalī) says:

nijatve gauḍīyān jagati parigṛhya prabhur imān hare kṛṣṇety evaṁ gaṇana-vidhinā kīrtayata bhoḥ iti prāyāṁ śikṣāṁ caraṇa-madhupebhyaḥ paridiśan śacī-sūnuh kiṁ me nayana-saraṇīṁ yāṣyati padam When will Śacīnandana Śrī Gaurahari appear on the path of my eyes? He accepted as His own the Gauḍīya Vaiṣṇavas in this world, who are like bees at His lotus feet, and He instructed them to chant the Hare Kṛṣṇa mahā-mantra, counting a fixed number of rounds.

BHAJANA-RAHASYA-VṛTTI: Here Śrīla Raghunātha dāsa Gosvāmī expresses the natural, affectionate mercy of Śrīman Mahāprabhu for the inhabitants of Gauḍa (Bengal). Their relationship with each other is likened to the affectionate relationship of near and dear ones in this mundane world (laukika-sad-bandhuvat). This means they have a natural feeling of possessiveness (madīya-bhāva) towards Śrīman Mahāprabhu, by which they think, "Gaurasundara is ours." In Śrī Bṛhad-bhāgavatāmṛta, in the section describing rāgamārga-bhajana, Śrīla Sanātana Gosvāmī explains that a mood of laukika-sad-bandhuvat, which is characterised by intense possessiveness in relation to the Supreme Lord, is indeed the symptom of deep prema for Him.

Although Rasarāja Śrī Kṛṣṇa appeared as Śrī Gaurasundara and gave the process of chanting the Hare Kṛṣṇa mahā-mantra to the entire world, He displayed special compassion toward the inhabitants of Gauḍa. There, in Śrī Navadvīpa-dhāma, is the place renowned as the aparādha-bhañjana, where every kind of offence is vanquished.

Being entirely overwhelmed by *bhāva*, Śrī Gaurasundara, the originator of *saṅkīrtana*, would perform *kīrtana* and dance in the company of the Gauḍīya *bhaktas* in an unprecedented way. As the sentiments in Śrī Gaurasundara's heart swelled more and more upon seeing His affectionate devotees, they would, like bees, become intoxicated by drinking the honey-like bliss of *prema* at His lotus feet.

At the time of *saṅkīrtana*, Śrī Gaurasundara would dance and sing absorbed in ecstatic bliss as He tasted the sweetness of Krsna's

rāsa dance with Śrī Rādhā and the other *vraja-gopīs*. The wonderful expressions of the spiritual sentiments of this sweet and enchanting dance, which is possessed of transcendental śṛṅgāra-rasa, thus embellished His *prema*, and He became decorated with the ornaments of the eight extraordinary ecstatic symptoms (aṣṭa-sāttvika-bhāvas), such as shedding tears and horripilation.

During the festival of Ratha-yātrā in Jagannātha Purī, Śrīman Mahāprabhu's ecstatic dancing and chanting reached their topmost limit. To support Mahāprabhu's sentiments, Śrī Svarūpa Dāmodara and Rāya Rāmānanda sang poetry endowed with samrddhimān sambhogarasa, the ecstatic sentiments experienced by Śrī Rādhā and Śrī Krsna when They meet after having been far away from each other. Svarūpa Dāmodara sang, "sei ta' parāṇa-nātha pāinu, yāhā lāgi' madanadahane jhuri' genu - Now I have attained the master of My life. In His absence, I was being burned by Cupid and was withering away."1 Hearing this, Śrīman Mahāprabhu would gaze upon Lord Jagannātha's lotus face. When Their eyes met, Mahāprabhu's heart would be agitated by waves of ecstasy of divine love, and He would proceed to dance according to the mood of the song. At such times, Śrī Gaurasundara would exhibit extraordinary expressions. He would bite His lips, which were pinkish like the bandhūka flower, artistically place His left hand on His hip, and move His right hand to demonstrate wonderful dance postures that were extremely attractive. This sight would overwhelm Śrī Jagannātha Himself with astonishment and supreme bliss. Tasting the sweetness of the unprecedented beauty of Mahāprabhu's dance, Śrī Jagannātha would slowly and gently proceed towards Sundarācala (which represents Vrndāvana).

The brightly shining golden lustre of Śrīman Mahāprabhu's large body defeated the splendour of a golden mountain. Absorbed in ecstatic bliss, Śrī Gaurasundara loudly chanted His own names,

<sup>1</sup> Śrī Caitanya-caritāmṛta, Madhya-līlā 13.113

hare kṛṣṇety uccaiḥ sphurita-rasanaḥ². Surrounded by His devotees, Mahāprabhu performed kīrtana, and His restless lotus feet danced. Tears flowed from His eyes like streams of Gaṅgā and Yamunā water, and His bodily hair stood erect in an astonishing way, resembling the filaments of a kadamba flower.

Remembering the unprecedented sweetness of Śrīman Mahāprabhu's prema, Śrīla Raghunātha dāsa Gosvāmī said, "When will Śacīnandana Śrī Gaurahari appear on the path of my eyes?" As Śrī Dāsa Gosvāmī remembered the great compassion of Mahāprabhu, he became overwhelmed by feelings of separation from Him. He offered this prayer, while continuously shedding tears, waiting for the darsana of his beloved Lord with utmost longing and hope. Then Śrī Gaurasundara's own compassion, abundant steadfastness, unsurpassed renunciation and fully transcendental prema-bhakti arose in the heart of Dāsa Gosvāmī, who became overwhelmed with ecstatic emotions. He had lived close to Śrī Caitanya Mahāprabhu for a long time and had received unlimited affection, mercy and blessings from Him. The compassion of Śrī Gaurasundara is just like that of a mother. For this reason, Dāsa Gosvāmī addresses Him as Śacīnandana. the son of Mother Śacī. Śacīnandana Śrī Gaurahari bestowed His mercy even upon all kinds of unqualified *jīvas*, thus making them fortunate.

# Text 3

The Viṣṇu-rahasya states:

yad abhyarcya harim bhaktyā kṛte kratu-śatair api phalam prāpnoty avikalam kalau govinda-kīrtanāt

<sup>2</sup> This is Verse 5 of Śrīla Rūpa Gosvāmī's *Prathama-caitanyāṣṭaka* (*Stava-mālā*). It can have two meanings: "His tongue is always dancing by loudly calling out 'Hare Kṛṣṇa!'" or "the *mahā-mantra* ecstatically dances of its own accord on the theatrical stage of His tongue".

Whatever fruit can be obtained in Satya-yuga by devoutly performing austerities and so on for hundreds of years, can be obtained in the age of Kali simply by chanting the names of Śrī Govinda.

satya-yuge śata śata yajñe haryarcana kalite govinda-nāme se phala-arjana

"The result received in Satya-yuga by meditation on the Supreme Lord, in Tretā-yuga by worshipping Him through great sacrifices, and in Dvāpara-yuga by performing *arcana* of Him according to proper rules, is obtained in Kali-yuga simply by chanting  $n\bar{a}ma-\bar{a}bh\bar{a}sa$ , the semblance of Śrī Krsna's names."

BHAJANA-RAHASYA-VṛTTI: In Kali-yuga, Śrīman Mahāprabhu, the saviour of the fallen, accepted the mood and conduct of a devotee and taught the path of devotion to the entire world. The *Bṛhan-nāradīya Purāna*<sup>3</sup> states:

harer nāma harer nāma harer nāmaiva kevalam kalau nāsty eva nāsty eva nāsty eva gatir anyathā

In Kali-yuga there is no other way for the living entity than chanting *harināma*. There is no other way, there is no other way.

The mention of pure *harināma* three times in this verse demonstrates the need for fixed determination in performing *bhakti* and the need for one to understand the futility of other practices like *karma*, *jñāna* and *yoga*.

<sup>3</sup> Śrī Caitanya-caritāmṛta (Ādi-līlā 17.21) words this verse as above. The verse in Bṛhan-nāradīya Purāṇa (38.127) has the same meaning but slightly different Sanskrit wording: harer nāmaiva nāmaiva nāmaiva mama jīvanam / kalau nāsty eva nāsty eva nāsty eva gatir anyathā.

## Text 4

The *Bṛhad-viṣṇu Purāṇa* states that other kinds of atonement (*pṛāyaścitta*) are not necessary for one who chants the holy name:

nāmno 'sya yāvatī śaktiḥ pāpa-nirharaṇe hareḥ tāvat kartuṁ na śaknoti pātakaṁ pātakī janaḥ

Śrī Hari's name possesses such potency to destroy sins that it can counteract more sins than even the most sinful person is able to commit.

kona prāyaścitta nahe nāmera samāna ataeva karma-tyāga kare buddhimān

BHAJANA-RAHASYA-VṛTTI: The scriptures describe methods of atonement for many kinds of sins. By chanting śrī harināma, however, all kinds of sins are destroyed. Therefore, no other kind of atonement is required for one who is chanting the holy name. Nāma Prabhu has the capacity to destroy more sins than a sinful man is able to commit: eka hari-nāme yata pāpa hare, pāpī haya tata pāpa karibāre nare.

## Text 5

The superiority of *kīrtana* is described in *Vaiṣṇava-cintāmaṇi* (quoted in *Hari-bhakti-vilāsa*, 11.236; *Bhakti-sandarbha*, *Anuccheda* 273):

aghacchit-smaraṇaṁ viṣṇor bahv-āyāsena sādhyate oṣṭha-spandana-mātreṇa kīrtanaṁ tu tato varam

Sins are destroyed with great effort by remembering Śrī Viṣṇu, but by chanting His name, they are very easily destroyed. *Kīrtana* 

is performed simply by using the lips to vibrate the names of the Supreme Lord and is far superior to *smaraṇa* (remembrance).

tapasyāya dhyāna yoga kaṣṭa sādhya haya oṣṭhera spandana-mātre kīrtana āśraya

oṣṭhera spandanābhāve nāmera smaraṇa smarana-kīrtane sarva-siddhi saṅghatana

arcana apekṣā nāmera smaraṇa-kīrtana ati-śreṣṭha bali śāstre karila sthāpana

"Austerities, meditation, *yoga* and other practices are very difficult to perform in Kali-yuga, but *kīrtana* is easy; one need only vibrate one's lips. The holy name chanted without moving the lips is called *nāma-smaraṇa*. The living entity can attain all perfection by chanting and remembering the holy name. The scriptures have therefore concluded that chanting and remembering the holy name are superior to *arcana*."

BHAJANA-RAHASYA-VṛTTI: The practices of karma,  $jñ\bar{a}na$  and yoga are difficult and troublesome, but the path of bhakti is easy and simple. In Bhagavad- $g\bar{\imath}t\bar{a}$  (2.40), Śr $\bar{\imath}$  Kṛṣṇa says:

nehābhikrama-nāśo 'sti pratyavāyo na vidyate svalpam apy asya dharmasya trāyate mahato bhayāt

Endeavours on the path of *bhakti-yoga* are not fruitless, nor do they contain any flaw. Even a little practice frees one from the great danger of transmigrating endlessly within the cycle of repeated birth and death in this material world.

Even though mistakes made in the practices of meditation, *yoga* and so forth may be insignificant, as a consequence of those mistakes, the desired result is unattainable. Actually, only *bhakti-yoga* is

# Śrī Bhajana-rahasya

completely free from the influence of the material qualities of goodness, passion and ignorance. Even if a person begins to practise *bhakti-yoga* but for some reason his practice remains incomplete, there is no defect or fault in his endeavour. Neither destruction nor misfortune in this world or the next awaits a person who has fallen from the path of *bhakti-yoga*.

The main limb of *bhakti-yoga* is *nāma-kīrtana*, which is performed merely by vibrating the lips. The holy name is not of this material world. Nāma Prabhu dances on the tongue of the *sādhaka* and, destroying his *prārabdha-karma* and other impediments, bestows upon him everything up to *prema*. In previous *yugas*, a practitioner who was unable to fix his mind in the practice of *yoga* was unable to attain the goal. Yet in Kali-yuga perfection can be attained simply by uttering the holy name. In *Śrī Bṛhad-bhāgavatāmṛta*, Sanātana Gosvāmipāda states that *kīrtana* is more powerful than *smaraṇa*. By the process of *kīrtana*, both the mind and the tongue attain a special pleasure.

# Text 6

Hari-bhakti-vilāsa (11.237) states:

yena janma-śataiḥ pūrvaṁ vāsudevaḥ samarcitaḥ tan-mukhe hari-nāmāni sadā tiṣṭhanti bhārataḥ

O best of the dynasty of Bharata, the holy name of Śrī Hari is eternally present only on the lips of one who has perfectly worshipped Vāsudeva for hundreds of births.

hare-kṛṣṇa ṣola-nāma aṣṭa-yuga haya aṣṭa-yuga arthe aṣṭa-śloka prabhu kaya

ādi hare-kṛṣṇa arthe avidyā-damana śraddhāra sahita krsna-nāma-saṅkīrtana āra hare kṛṣṇa nāma kṛṣṇa sarva-śakti sādhu-saṅge nāmāśraye bhajanānurakti

sei ta bhajana-krame sarvānartha-nāśa anarthāpagame nāme niṣṭhāra vikāśa

tṛtīye viśuddha-bhakta caritrera saha krsna krsna nāme nisthā kare aharaha

caturthe ahaitukī bhakti uddīpana ruci saha hare hare nāma-saṅkīrtana

pañcamete śuddha dāsya rucira sahita hare-rāma saṅkīrtana smarana-vihita

ṣaṣṭhe bhāvāṅkure hare rāmeti kīrtana saṁsāre aruci kṛṣṇe ruci samarpaṇa

saptame madhurāsakti rādhā-padāśraya vipralambhe rāma rāma nāmera udaya

aṣṭame vrajete aṣṭa-kāla gopī-bhāva rādhā-kṛṣṇa-prema-sevā prayojana lābha

BHAJANA-RAHASYA-VŖTTI: The word samarcita in this Text means 'properly worshipped'. Here the Supreme Lord says to Arjuna, "O Arjuna, when one has worshipped Bhagavān Śrī Vāsudeva for several births according to rules and regulations, his heart becomes indifferent to lust and so on. Indeed, Śrī Mukunda appears in the heart of such a person." The scriptures present the system of arcana to enable the neophyte devotee (kaniṣṭha-adhikārī) to develop pure, good behaviour and to bring him to the practice of bhagavad-bhakti. By performance of arcana, his heart will gradually become pure and freed from sorrow, anger, fear, etc. In Bhakti-rasāmṛta-sindhu (1.2.115) Śrīla Rūpa Gosvāmī says:

# śokāmarṣādibhir-bhāvair ākrāntaṁ yasya mānasam kathaṁ tatra mukundasya sphūrti-sambhāvanā bhavet

How can Śrī Mukunda manifest in the heart of a person who is filled with emotions like grief and anger?

In the scriptures, *smaraṇa* (remembrance) is considered to be a part of *arcana* (worship of the deity); one remembers the object of worship at the time of *arcana*. For a neophyte devotee, *arcana* is superior to *smaraṇa*, but the compilers of scripture conclude that one attains the actual fruit of *arcana* only when it is performed with *kīrtana*. This is the rule for performing *arcana* in Kali-yuga.

The *harināma* that is composed of sixteen names, or eight pairs of names, and consisting of thirty-two syllables is the *mahā-mantra*. Śrīman Mahāprabhu revealed to the world the meanings of these eight pairs of names in the eight verses of His Śrī Śikṣāṣṭaka. The steps from śraddhā to prema begin from the first verse and continue up to the eighth.

The hidden meaning of the first pair of names – Hare Kṛṣṇa – is that performing kṛṣṇa-nāma-saṅkīrtana with great faith (śraddhā) nullifies ignorance and cleanses the mirror-like heart. The second pair of names – Hare Kṛṣṇa – indicates that all potencies, such as mercy, are invested in the holy name. These potencies destroy the ignorance in the heart of the sādhaka who performs nāma-kīrtana, and they create attachment for bhajana, which takes the form of performing harināma-saṅkīrtana in the association of devotees. Performance of such bhajana gradually destroys all kinds of impediments (anarthas) and produces unwavering faith (niṣṭhā) in bhajana.

When a *sādhaka* on the platform of *bhāva* (a *jāta-rati-sādhaka*) chants the first and second pairs of names – Hare Kṛṣṇa, Hare Kṛṣṇa – he remembers the pastimes in which Śrī Rādhā and Śrī Kṛṣṇa meet. Under the guidance of Śrī Rūpa Mañjarī and other *vraja-devīs*,

he performs *mānasī-sevā* to Śrī Rādhā-Govinda in his internally contemplated form of a *gopī*.

When the *sādhaka* remembers Śrī Rādhā-Kṛṣṇa's eternal forms, pastimes, qualities and so forth, Their pastimes (*līlā-vilāsa*) manifest, as does direct service to Them within these pastimes. This service is the wish-fulfilling tree of all treasured yearnings. The *sādhaka* constantly remembers Lalitā and the other *sakhīs*. In other words, he serves in his eternally perfected body (*siddha-deha*) under their guidance.

By continuously chanting Hare Kṛṣṇa, a sādhaka who has not attained the stage of bhāva (an ajāta-rati-sādhaka) has his anarthas gradually removed and develops steadfastness in chanting. Consequently, his intelligence becomes fixed and he develops resolute attachment (niṣṭhā) for Śrī Kṛṣṇa's holy name (kṛṣṇa-nāma). Such a sādhaka pursues as his ideal the character, service and goal of Śrīla Rūpa Gosvāmī, Śrīla Raghunātha dāsa Gosvāmī and other pure devotees.

While chanting the third pair of names — Kṛṣṇa Kṛṣṇa — this sādhaka follows the ideal character of the pure devotees, their way of chanting a fixed number of rounds, their offering of a fixed number of obeisances, their renunciation of material enjoyment and their utterance of prayers and glorifications. With firm faith, he chants the holy name day and night. The jāta-rati-sādhaka, on the other hand, remembers the pastimes of Śrī Rādhā and the other gopīs when Śrī Kṛṣṇa leaves for cowherding, as well as the moods of separation they experience at that time.

With the fourth pair of names – Hare Hare – unalloyed devotion is stimulated within the heart of the *ajāta-rati-sādhaka* when he performs *nāma-saṅkīrtana* with taste (*ruci*). The *jāta-rati-sādhaka* chants this fourth pair of names with great affection, and Śrī Rādhā-Kṛṣṇa's pastimes of meeting awaken within his heart.

While chanting the fifth pair of names – Hare Rāma – the *ajāta-rati-sādhaka* prays for the mood of servitude (*dāsya-bhāva*) to appear in his heart. Attachment (*āsakti*) to *nāma-bhajana* arises at this time,

and remembrance of pastimes begins. With attachment, that *sādhaka* cultivates the conception that he is a servant of Śrī Kṛṣṇa. The *jātarati-sādhaka* remembers the pastime of Rādhā and Kṛṣṇa's meeting after Kṛṣṇa returns from cowherding. The *gopīs* see to Kṛṣṇa's bath, dressing and so forth in the house of Nanda Mahārāja, and they help Rohiṇī-devī cook various preparations for Him.

In this way, as the *ajāta-rati-sādhaka* continuously chants the holy name, he attains the inherent mercy of Nāma Prabhu, and his heart begins to soften and melt.  $\acute{S}uddha-sattva$ , or unalloyed goodness, then arises in his heart, and his taste for chanting the holy name thickens. In the heart of this  $s\bar{a}dhaka$ , the mood of  $\bar{a}sakti$  sprouts and the nine symptoms of  $bh\bar{a}va-k\bar{a}ntir\ avyartha-k\bar{a}latvam^4$  – begin to manifest.

At this stage the *sādhaka* tastes the chanting of the sixth pair of names – Hare Rāma – and a natural aversion for that which is unrelated to Śrī Kṛṣṇa manifests. By the *sādhaka's* chanting of the holy name with complete dedication to Śrī Kṛṣṇa, his heart melts and becomes extremely soft. Tears (*aśru*), horripilation (*pulaka*) and other *aṣṭa-sāttvika-bhāvas* manifest to the degree of *dhūmāyita* (smouldering)<sup>5</sup>. With this pair of names, the *jāta-rati-sādhaka* remembers how Rādhikā becomes completely delighted upon obtaining Kṛṣṇa's remnants through Dhaniṣṭhā. Simultaneously, She receives information regarding where Their rendezvous will take place later that evening.

Chanting the seventh pair of names – Rāma Rāma – the *nāma-sādhaka*, who has taken shelter of *mādhurya-rasa* with an exclusive service mood to the Divine Couple, Śrī Rādhā-Kṛṣṇa, attains the complete shelter of Śrī Rādhā's lotus feet. In other words, he attains the transcendental sentiments of one of Śrīmatī Rādhikā's

<sup>4</sup> This refers to verses 1.3.25-26 of *Bhakti-rasāmṛta-sindhu*, which describe the nine symptoms of *bhāva*. A full translation of these verses can be found on p. 2.33.

<sup>5</sup> An explanation of  $dh\bar{u}m\bar{a}yita$  and the other stages of intensity of the  $s\bar{a}ttvika-bh\bar{a}vas$  can be found on p. 239.

maidservants (pālya-dāsīs), whose hearts are one with Hers. He also attains the ekādaśa-bhāvas and the five daśās.<sup>6</sup> Overwhelmed by the mood of separation (vipralambha-rasa), however, the sādhaka performs nāma-saṅkīrtana considering himself devoid of bhakti. At this time, an internal transcendental vision (sphūrti) manifests in his heart: Śrī Rādhā is intensely eager to meet Kṛṣṇa and, following Vṛndā-devī's instruction, goes to meet Him in a kuñja on the bank of the Yamunā. Śrī Rādhā and Śrī Kṛṣṇa, fully absorbed in thinking of each other, search for one another.

Chanting the eighth pair of names — Hare Hare — the  $s\bar{a}dhaka$  engages in the sweet  $prema-sev\bar{a}$  of Śrī Rādhā-Kṛṣṇa in the manifested Vraja-dhāma throughout the eight divisions of the day and night ( $aṣṭa-k\bar{a}la$ ). In other words, the  $s\bar{a}dhaka$ , in his eternal form ( $nitya-svar\bar{u}pa$ ), attains service imbued with the mood of the  $gop\bar{\imath}s$ . As he performs  $n\bar{a}ma-bhajana$  of this pair of names, he remembers the pastimes of Śrī Rādhā-Kṛṣṇa's meeting, in which the completely dedicated  $manjar\bar{\imath}s$  of Śrī Rādhā are serving the Divine Couple by offering betel, massaging Their feet, etc.

Śrī Bhajana-rahasya is truly a treasure chest of intimate secrets (rahasyas). The secret of the qualification to enter bhajana is hidden in the first yāma of Bhajana-rahasya, niśānta-bhajana. This secret is faith, śraddhā. After the stage of sādhu-saṅga, or association of devotees, when sādhana is executed through the performance of nāma-saṅkīrtana under the shelter of the spiritual master and with sambandha-jňāna, anarthas are eliminated. The first verse of Śrī Śikṣāṣṭaka, ceto-darpaṇa-mārjanam, indicates the most favourable process of bhajana for this stage.

The second yāma, prātaḥ-kālīya-bhajana, holds the secret of the removal of anarthas (anartha-nivṛtti) in the association of devotees. The holy name (nāma) and the possessor of the name (nāmī) are non-different in tattva. Mercy and all of the other potencies of the holy name personified are placed within the name of Śrī Bhagavān,

<sup>6</sup> These terms are explained on p. 247.

and the cleansing of the heart (ceto-darpaṇa- $m\bar{a}rjanam$ ) becomes possible by performing such bhajana. The second  $y\bar{a}ma$  explains the secrets of  $n\bar{a}ma$ -bhajana in accordance with the mood of the second verse of  $\dot{S}r\bar{i}$   $\dot{S}ik\dot{s}\bar{a}\dot{s}taka$ , which begins with the words  $n\bar{a}mn\bar{a}m$   $ak\bar{a}ri$ .

Bhajana with firm faith (bhajana-niṣṭhā) is the subject of the third yāma, pūrvāhna-kālīya-bhajana. Performing nāma-bhajana with niṣṭhā extinguishes the blazing forest fire of material existence (bhava-mahā-dāvāgni). Bhajana that is performed without pride (amānī) and with respect for others in relation to their respective positions (mānada) is the secret hidden within this yāma. This is stated in the words of the third verse of Śrī Śikṣāṣṭaka, tṛṇād api sunīcena taror api sahiṣṇunā.

The secrets of *ruci* are found to be concealed within the fourth *yāma*, *madhyāhna-kālīya-bhajana*. In the stage of *ruci*, the *sādhaka* has no other prominent desire but to serve Śrī Kṛṣṇa. The transcendental sentiments of prayers such as *śreyaḥ kairava-candrikā-vitaraṇam* (Śrī Śikṣāṣṭaka 1) and *na dhanaṁ na janam* (Śrī Śikṣāṣṭaka 4) explain *bhajana* in this stage.

In the fifth yāma, aparāhna-kālīya-bhajana, the nāma-sādhaka is praying to attain his true identity as an eternal servant of Śrī Kṛṣṇa. Here an attachment for both bhajana and the object of bhajana (bhajanīya) is especially awakened. By performing such bhajana, one realises that the holy name is without doubt the very life of all transcendental knowledge, vidyā-vadhū-jīvanam. At this stage, the mood of the prayer ayi nanda tanuja kiṅkaram (Śrī Śikṣāṣṭaka 5) appears in the heart of the sādhaka.

The secret of performing  $n\bar{a}ma$ -bhajana with spiritual emotions lies hidden within the sixth  $y\bar{a}ma$ ,  $s\bar{a}ya\dot{m}$ - $k\bar{a}l\bar{\imath}ya$ -bhajana. At this stage, the external symptoms of perfection become visible. By performing  $n\bar{a}ma$ - $sa\dot{n}k\bar{\imath}rtana$  with  $bh\bar{a}va$ , the ocean of transcendental bliss begins to expand ( $\bar{a}nand\bar{a}mbudhi$ -vardhanam), and prayers like nayanam galad- $a\dot{s}ru$ - $dh\bar{a}ray\bar{a}$  ( $\dot{S}r\bar{\imath}$   $\dot{S}ik\dot{s}\bar{a}\dot{s}\dot{\imath}taka$  6) arise in the devotee's heart. This is all discussed in this  $y\bar{a}ma$ .

The seventh yāma, pradoṣa-kālīya-bhajana, presents a discussion on the internal symptoms of perfection. At this stage, when nāma-bhajana is performed with realisation of the mood of separation (viraha, or vipralambha), it is possible to taste complete nectar at every step, prati-padam pūrṇāmṛtāsvādanam. Prayers to obtain vipralambha-prema, as described in the seventh verse of Śrī Śikṣāṣṭaka, yugāyitam nimeṣeṇa, begin in this yāma.

The secret of *prema-bhajana* is hidden in the eighth *yāma*, *rātri-līlā-bhajana*, which describes perfection, together with one-pointed dependence on Śrī Kṛṣṇa, or *aikāntika-niṣṭhā*. Such a stage bestows *sarvātma-snapanam*, the complete purification of the living entity, both inside and out. The desire to obtain *bhāva* [here referring to the stage just prior to *mahābhāva*], which is described in the eighth verse of Śrī Śikṣāṣtaka, āśliṣya vā pāda-ratām, is contained within this eighth *yāma*.

### Text 7

Bhakti-rasāmṛta-sindhu (1.4.15-16) states:

ādau śraddhā tataḥ sādhusaṅgo 'tha bhajana-kriyā tato 'nartha-nivṛttiḥ syāt tato niṣṭhā rucis tataḥ

athāsaktis tato bhāvas tataḥ premābhyudañcati sādhakānām ayaṁ premṇaḥ prādurbhāve bhavet kramaḥ

(This verse describes the gradual development of the sādhaka's devotion.) Sukṛti that gives rise to bhakti generates transcendental faith (paramārthika-śraddhā). Faith in the words of the scriptures and a desire to hear hari-kathā are the symptoms of this śraddhā.

# Śrī Bhajana-rahasya

Upon its appearance, one gets the opportunity to associate with saintly persons ( $s\bar{a}dhu$ -sanga), and then devotional activity (bhajana- $kriy\bar{a}$ ) begins. The clearance of all obstructions (anartha-nivrtti) is also initiated at this time, and thereafter firm faith ( $nisth\bar{a}$ ) arises in bhajana. This is followed by taste (ruci), and then attachment ( $\bar{a}sakti$ ) arises for both bhajana and the object of bhajana. When this stage ripens, it is transformed into the state of pure transcendental sentiment ( $bh\bar{a}va$ ), and thereafter pure love (prema) arises. This is how prema gradually manifests in the heart of the  $s\bar{a}dhaka$ .

bhakti-mūlā sukṛti haite śraddhodaya śraddhā haile sādhu-saṅga anāyāse haya

sādhu-saṅga-phale haya bhajanera śikṣā bhajana-śikṣāra saṅge nāma-mantra-dīkṣā

bhajite bhajite haya anarthera kṣaya anartha kharvita haile niṣṭhāra udaya

niṣṭhā nāme yata haya anartha-vināśa nāme tata ruci krame haibe prakāśa

ruci-yukta nāmete anartha yata yāya tatai āsakti nāme bhakta-jana pāya

nāmāsakti krame sarvānartha dūra haya tabe bhāvodaya haya ei ta niścaya

iti madhye asat-sange pratiṣṭhā janmiyā kuṭīnāṭī dvāre deya nimne phelāiyā

ati sāvadhāne bhāi asat-saṅga tyaja nirantara parānande harināma bhaja

## Text 8

The Kātyāyana-samhitā (quoted in Bhakti-rasāmṛta-sindhu 1.2.111) states:

varam huta-vaha-jvālāpañjarāntar-vyavasthitiḥ na śauri-cintā-vimukhajana-samvāsa-vaiśasam

Whether I am burned by fire or remain encaged forever, I will never, ever desire the association of those who are averse to Kṛṣṇa.

#### Text 9

The Viṣṇu-rahasya (quoted in Bhakti-rasāmṛta-sindhu 1.2.112) states:

āliṅganaṁ varaṁ manye vyāla-vyāghra-jalaukasām na saṅgaḥ śalya-yuktānāṁ nānā-devaika-sevinām

It is better to live with or embrace a snake, a tiger or an alligator than to associate with those whose hearts are filled with varieties of material desires and who worship various demigods.

> agnite puḍi vā pañjarete baddha hai tabu kṛṣṇa-bahirmukha-saṅga nāhi lai

varam sarpa-vyāghra-kumbhīrera ālingana anya-sevi-sanga nāhi kari kadācana

BHAJANA-RAHASYA-VṛTTI (FOR TEXTS 8-9): These two Texts instruct the *sādhaka* to seek the association of Śrī Kṛṣṇa's devotees who are like-minded and favourable to oneself. The *ācāryas* instruct the *sādhaka* to accept what is favourable for *bhakti* and to reject what

is unfavourable. One should completely give up bad association. This means one should renounce association with the opposite sex and with those desiring liberation. The *sādhaka* should exclusively hear and chant the narrations of Śrī Rādhā-Kṛṣṇa Yugala's pastimes. The association of like-minded devotees is beneficial for the performance of this *sādhana*.

A sādhaka should also stay far away from the association of demigod worshippers. The followers of the Śrī sampradāya, who never enter a temple of Śiva nor worship him, are a good example of this. The sādhaka should also carefully avoid the company of materialists and persons averse to Śrī Kṛṣṇa, for they will pollute his heart. In this regard, the example of Śrīla Gaura-kiśora dāsa Bābājī Mahārāja is quite suitable. Occasionally, to avoid the approach of materialists, Śrīla Bābājī Mahārāja would lock himself in a public lavatory and perform his bhajana there. He maintained that the stench of excrement was superior to the 'odour' of materialistic people. Various kinds of material desires arise in the heart of a living entity who has bad association, and he thus becomes degraded. Therefore, sādhakas aspiring for pure kṛṣṇa-bhakti should avoid detrimental association.

## Text 10

Bhakti-rasāmṛta-sindhu (2.1.103) states that nāma-ābhāsa destroys all sins and liberates one from material existence:

tam nirvyājam bhaja guṇa-nidhim pāvanam pāvanām śraddhā rajyan<sup>7</sup>-matir atitarām uttamaḥ-śloka-maulim prodyann antaḥ-karaṇa-kuhare hanta yan-nāma-bhānor ābhāso 'pi kṣapayati mahā-pātaka-dhvānta-dhārām

O reservoir of good qualities, just faithfully perform *bhajana* of Śrī Kṛṣṇa without duplicity. He is the supreme saviour among all saviours, and the most exalted of those worshipped with poetic hymns. When even a slight appearance of His name, which is like

<sup>7</sup> Some editions of *Bhakti-rasāmṛta-sindhu* read śudhyan.

### 1 • Prathama-yāma-sādhana

the sun, arises in the cave of one's heart, it destroys the darkness of great sins that are present there.

parama pāvana kṛṣṇa tāṅhāra caraṇa niṣkapaṭa śraddhā saha karaha bhajana

yāṅra nāma sūryābhāsa antare praveśi dhvaṁsa kare mahā-pāpa andhakāra rāśi

ei śikṣāṣṭake kahe kṛṣṇa-līlā krama ihāte bhajana-krame līlāra udgama

prathame prathama śloka bhaja kichu dina dvitīya ślokete tabe haota pravīṇa

cāri śloke kramaśaḥ bhajana pakva kara pañcama ślokete nija-siddha-deha bara

ai śloke siddha-dehe rādhā-padāśraya ārambha kariyā krame unnati udaya

chaya śloka bhajite anartha dūre gela tabe jāna siddha-dehe adhikāra haila

adhikāra nā labhiyā siddha-deha bhāve viparyaya buddhi janme śaktira abhāve

sāvadhāne krama dhara yadi siddhi cāo sādhura carita dekhi śuddha-buddhi pāo

siddha-deha peye krame bhajana karile aṣṭa-kāla sevā-sukha anāyāse mile

śikṣāṣṭaka cinta, kara smaraṇa kīrtana krame aṣṭa-kāla sevā habe uddīpana

sakala anartha yābe pābe prema-dhana catur-varga phalgu-prāya habe adarśana BHAJANA-RAHASYA-VŖTTI: When the holy name is chanted without any desire other than for *bhakti*, when it is not covered by *jñāna*, *karma* and so forth, and when it is chanted in a favourable mood with a sense of one's relationship with Śrī Kṛṣṇa, it is called the pure name, or śuddha-nāma. If it is not śuddha-nāma, it is called nāma-ābhāsa, a semblance of the holy name. When one's chanting of the holy name is covered with ignorance, or in other words, when it has the defects of the tendency to commit mistakes (*bhrama*) and the tendency to be illusioned (*pramāda*), it is called *nāma-ābhāsa*. *Nāma-ābhāsa* also refers to the chanting of the name when one is absorbed in matters unrelated to Śrī Kṛṣṇa. And when the holy name is chanted impurely, with desires for liberation and enjoyment due to the influence of impersonalism (*māyāvāda*) and so on, it is called *nāma-aparādha*.

The semblance of Śrī Kṛṣṇa's name is so powerful that it is capable of putting an end to the darkness of the greatest of sins.  $N\bar{a}ma-\bar{a}bh\bar{a}sa$  enters the ears of the living entity, rises in his cavelike heart and liberates him. Moreover, if one who chants  $n\bar{a}ma-\bar{a}bh\bar{a}sa$  gives up bad association and constantly remains in the association of pure devotees, he will very quickly attain pure bhakti and the topmost goal of life -kṛṣṇa-prema.

Nanda-nandana Śrī Kṛṣṇa is the ultimate limit of *bhagavattā* (the topmost form, or expression, of Godhead). He is all-powerful and supremely merciful. Even a semblance of His name burns the most terrible sins to ashes and makes the heart pure and pleasant. It is therefore necessary to perform one's *bhajana* sincerely and faithfully.

The process of gradually developing one's *kṛṣṇa-bhajana* is described in *Śrī Śikṣāṣṭaka*. Śrī Kṛṣṇa's pastimes will progressively manifest in the heart of the *sādhaka* who is following this process. First, one should practise according to the rules of *bhajana* mentioned in the first verse. Thereafter, by faithfully following the second, third and fourth verses, one's *bhajana* will gradually become mature. When that is achieved, one should perform *bhajana* according to the sentiments contained in the fifth verse, and one should contemplate

one's perfect spiritual body (siddha-deha), which develops gradually by taking exclusive shelter of Śrīmatī Rādhikā's lotus feet. By continuously performing bhajana in this way, all anarthas will be removed and one will receive the eligibility to attain one's siddha-deha. As long as anarthas are present, one can never attain one's siddha-deha. The intelligence of those who try to contemplate their siddha-deha without sufficient qualification becomes spoiled due to their lack of strength, and their entire bhajana is ruined. This is called sahajiyā-bhāva, and it is thoroughly opposed to pure bhajana. If there is an honest desire to attain perfection, one should carefully adopt the gradual process of bhajana as mentioned previously and follow the path of Śrī Rūpa, Śrī Raghunātha and other great personalities (mahājanas) who are expert in bhajana.

By performing bhajana in this way and having obtained one's siddha-deha, one easily attains the happiness of asta- $k\bar{a}l\bar{\imath}ya$ - $sev\bar{a}$ , service in Śrī Rādhā-Kṛṣṇa's eternal pastimes during the eight periods of the day. Therefore, contemplating the sentiments of Śrī Śikṣāṣṭaka through remembrance (smaraṇa) and chanting ( $k\bar{\imath}rtana$ ), one will gradually stimulate asta- $k\bar{a}l\bar{\imath}ya$ - $sev\bar{a}$ . All anarthas will be removed by this process and one will easily be able to attain prema-dharma. At that time, the four ultimate goals of human life – religiosity (dharma), economic development (artha), sense gratification ( $k\bar{a}ma$ ) and liberation (moksa) – will appear very insignificant.

# Text 11

The first verse of Śrī Śikṣāṣṭaka describes the sequence of bhajana. First the mirror-like heart is cleansed by the chanting of the holy name:

ceto-darpaṇa-mārjanam bhava-mahādāvāgni-nirvāpaṇam śreyaḥ-kairava-candrikā-vitaraṇam vidyā-vadhū-jīvanam ānandāmbudhi-vardhanam prati-padam pūrṇāmṛtāsvādanam sarvātma-snapanam param vijayate śrī-kṛṣṇa-saṅkīrtanam Let there be supreme victory for the chanting of the holy name of Śrī Kṛṣṇa, which cleanses the mirror of the heart and completely extinguishes the blazing forest fire of material existence. Śrī kṛṣṇa-saṅkīrtana diffuses the moon rays of bhāva, which cause the white lotus of good fortune for the living entities to bloom. The holy name is the life and soul of transcendental knowledge, which is herein compared to a wife. It continuously expands the ocean of transcendental bliss, enabling one to taste complete nectar at every step, and thoroughly cleanses and cools everything, both internally and externally, including one's body, heart, self (ātmā) and nature.

saṅkīrtana haite pāpa saṁsāra nāśana citta-śuddhi sarva-bhakti sādhana udgama

kṛṣṇa premodgama premāmṛta āsvādana kṛṣṇa-prāpti, sevāmṛta-samudre majjana

BHAJANA-RAHASYA-VRTTI: The glory of śrī kṛṣṇa-saṅkīrtana is mentioned first in the teachings of Śrī Caitanya Mahāprabhu. Because śrī kṛṣṇa-kīrtana is all-auspicious, the word param, 'supreme', is used in the fourth line of this Text. This word indicates pure saṅkīrtana, which is obtained in progressive stages beginning with śraddhā and followed by sādhu-saṅga and bhajana-kriyā. Śrī Caitanya Mahāprabhu, the ocean of mercy and compassion, Himself appeared as a sādhaka-bhakta. He sang the glories of śrī kṛṣṇa-saṅkīrtana, which is Śrī Kṛṣṇa Himself, in order to enlighten the living entities with the fundamental truths of sambandha (relationship with the Supreme Lord), abhidheya (the process to attain the Supreme Lord) and prayojana (the goal, attaining direct service to the Supreme Lord). For the benefit of the living entities, Śrī Bhagavān Himself appears in the material world in the form of His name, which is the transcendental, inconceivable, non-dual truth.

Our *tattva-ācārya*, Śrīla Jīva Gosvāmī, says that the one Absolute Truth (*parama-tattva*) eternally exists in four features by

the influence of His inherent inconceivable potency. These four features are: (1) <code>svarūpa</code> (His original form), (2) <code>tad-rūpa-vaibhava</code> (His personal splendour), (3) <code>jīva</code> (the living entity) and (4) <code>pradhāna</code> (the unmanifest state of material nature). They can be compared to the four aspects of the sun: (1) the effulgence situated in the interior of the sun planet, (2) the sun globe, (3) the atomic particles of light emanating from the sun globe and (4) the reflected rays of the sun. Although the sun has four aspects, it is one.

The Supreme Lord's parā-śakti (superior potency, also known as svarūpa-śakti) is manifest in three forms: (1) antaraṅga-śakti (the internal potency), (2) taṭastha-śakti (the marginal potency) and (3) bahiraṅga-śakti (the external potency). By the internal potency, the Absolute Truth in His complete and original feature eternally exists as Śrī Bhagavān, devoid of all faults, supremely auspicious and the basis of all transcendental qualities. Moreover, for the accomplishment of His transcendental pastimes, tad-rūpa-vaibhava (the Lord's personal splendour, specifically Vaikuṇṭha and other dhāmas, His associates, and His forms such as Śrī Nārāyaṇa) is eternally established by this same svarūpa-śakti.

This same Absolute Truth, when endowed only with the marginal potency (taṭastha-śakti), exists as His separate expansion (vibhinnāmśa-svarūpa), which consists of the innumerable infinitesimal conscious living entities. Although the infinitesimal conscious living entities have no separate existence from Śrī Bhagavān, they cannot be said to be Bhagavān, nor do they ever become Bhagavān.

Further, parama-tattva Śrī Bhagavān, by His external potency, manifests this entire material world, which is His external splendour. This material world is a transformation of māyā-śakti, here meaning the unmanifest material elements (pradhāna). In this way, it is proved that the living entities, the material world and Śrī Bhagavān's personal splendour that is manifest as His Vaikuṇṭha existence (tad-rūpa-vaibhava), are inconceivably one with and different from the Supreme Lord's original form.

The living entity's eternal identity is understood by the words ceto-darpaṇa-mārjanam. In this regard Śrīla Jīva Gosvāmī has concluded that the individual living entity is a minute part of the Supreme Absolute Truth, who is endowed with the marginal potency represented by the sum total of all living entities. The Supreme Lord is all-pervading consciousness (vibhu-caitanya), and the living entity is infinitesimal consciousness (aṇu-caitanya). The jīvas are innumerable and are either conditioned (baddha) or liberated (mukta). When the living entities are vimukha, or indifferent to the Lord, they become conditioned. They become liberated when they are unmukha, turned towards Him, and the covering of māyā over the pure identity and qualities of the living entity is removed.

Just as one's face cannot be seen in a mirror that is covered with dust, the living entity cannot perceive his actual <code>svarūpa</code> in a heart that is covered by the dirt of ignorance. When one begins to practise pure <code>bhakti</code>, which is the essential function of the <code>hlādinī-śakti</code>, one engages in the process of hearing (<code>śravaṇam</code>). Thereafter, <code>śrī kṛṣṇa-saṅkīrtana</code> manifests automatically and thoroughly cleanses the dirt of ignorance from the heart. When the mirror of the heart is cleansed, it is possible to truly have vision of one's own <code>svarūpa</code>. The living entity's constitutional occupation (<code>svadharma</code>) is to serve the Supreme Lord.

Bhava-mahā-dāvāgni-nirvāpaṇam — The purport of the word bhava, mundane existence, is that the living entity has to repeatedly take birth in this material world. This bhava-mahā-dāvāgni, blazing forest fire of material existence, cannot be extinguished by any means other than śrī kṛṣṇa-saṅkīrtana. Here a question may be raised. Upon attaining knowledge of one's constitutional occupation, does one cease to perform śrī kṛṣṇa-saṅkīrtana? No, this never happens. Hari-saṅkīrtana is the eternal activity of the living entity, and it is both the process (sādhana) and the goal (sādhya).

Śreyaḥ-kairava-candrikā-vitaraṇam – The living entities ensnared by the illusory energy only desire material enjoyment and because

of this they inevitably suffer the threefold miseries. In complete opposition to this, the living entity finds his real auspiciousness ( $\acute{s}reya\rlap/h$ ) in always serving  $\acute{S}r\bar{\imath}$  Kṛṣṇa. This  $\acute{s}reya\rlap/h$  is compared to the white lotus, which opens at night by the influence of the moon.  $\acute{S}r\bar{\imath}$  kṛṣṇa-saṅk $\bar{\imath}$ rtana diffuses its moon rays of  $bh\bar{a}va$  and causes the white lotus of auspiciousness for the living entities to bloom.

Vidyā-vadhū-jīvanam — The power of śrī kṛṣṇa-saṅkīrtana removes the ignorance of the living entity, and then knowledge of one's relationship with Śrī Kṛṣṇa arises. Śrī kṛṣṇa-saṅkīrtana is therefore the life of all transcendental knowledge, which has here been compared to a wife (vadhū). Through saṅkīrtana the inherent identity of the jīva manifests, and if by qualification one is fit to taste mādhurya-rasa, he receives the pure spiritual form of a gopī. Thus Śrī Kṛṣṇa's svarūpa-śakti, which is the embodiment of that transcendental knowledge, is compared to a wife or consort.8

Ānandāmbudhi-vardhanam — Here another doubt may arise. Since the inherent nature of the living entity is infinitesimal, it may be assumed that his constitutional happiness is also infinitesimal; but this is not the fact. Śrī kṛṣṇa-saṅkīrtana unlimitedly expands the inherent transcendental pleasure of the living entity by virtue of the hlādinī-śakti. In other words, when the living entity attains his pure spiritual form, he gains boundless transcendental happiness.

Prati-padam pūrṇāmṛtāsvādanam — Upon attaining his pure spiritual form and being eternally situated in one of the transcendental loving relationships (dāsya, sakhya, vātsalya or mādhurya), the jīva relishes the sweetness of the Supreme Lord's form and pastimes in an ever-new way at every moment. In other words, he relishes the nectar of service to Nanda-nandana Śrī Kṛṣṇa in His two-armed form, holding a flute and dressed as a cowherd boy.

<sup>8</sup> Bhakti, as the essential function of the Supreme Lord's <code>svarūpa-śakti</code>, is always present within the hearts of the <code>vraja-gopīs</code>. In particular, Śrīmatī Rādhikā is the personification of <code>svarūpa-śakti</code> and, consequently, the personification of <code>bhakti</code>. That is why the <code>svarūpa-śakti</code> has here been compared to the beloved consort of Śrī Krsna.

# Śrī Bhajana-rahasya

Sarvātma-snapanam — At this stage, when the jīva's heart is completely pure and devoid of any selfish motive for personal enjoyment, he naturally enjoys the transcendental bliss of the loving pastimes of the Divine Couple. In his internally contemplated spiritual form, he serves Them as a maidservant of Śrīmatī Rādhikā, who is the embodiment of mahābhāva, the very essence of hlādinī. The two words sarvātma-snapanam have been used here to indicate supreme purity, completely devoid of the faults of the desire to merge into brahma and the desire for selfish sense enjoyment.

### Text 12

The seventh verse of Śrī Rūpa Gosvāmī's Śrī Krsna-nāmāstaka describes the holy name as the embodiment of concentrated transcendental bliss and knowledge:

sūditāśrita-janārti-rāśaye ramya-cid-ghana-sukha-svarūpiņe nāma! gokula-mahotsavāya te kṛṣṇa! pūrṇa-vapuṣe namo namaḥ

O destroyer of the numerous sufferings of those who have taken shelter of You, O embodiment of delightful transcendental bliss, O great festival for the residents of Gokula, O all-pervading one, O Kṛṣṇa-nāma, time and again I offer respects to You, who are replete with these qualities.

āśrita janera saba ārti-nāśa kari' ati-ramya cidghana svarūpe vihari

gokulera mahotsava kṛṣṇa pūrna-rūpa hena nāme nami' prema pāi aparūpa

nāma-saṅkīrtane haya sarvānartha nāśa sarva śubhodaya kṛṣṇe premera ullāsa BHAJANA-RAHASYA-VŖTTI: "The name of Śrī Kṛṣṇa removes all kinds of distress and sorrow for those who have taken its shelter. He especially removes the Vrajavāsīs' extreme pain of separation. Kṛṣṇa-nāma sports as Nanda-nandana Śrī Kṛṣṇa, the personification of supremely delightful, condensed, transcendental happiness. The holy name is the great festival of Nanda-Gokula and the very embodiment of Śrī Kṛṣṇa Himself. Please let Me (Śrī Caitanya Mahāprabhu) attain undivided love for śrī kṛṣṇa-nāma. Aho! All anarthas will be completely destroyed through nāma-saṅkīrtana, and all varieties of auspiciousness, as well as joyful love for Śrī Kṛṣṇa, will arise."

A question may arise here. The holy name is able to destroy the thirty-two kinds of <code>sevā-aparādha</code>, but how can criticism of devotees and saintly persons (<code>sādhu-nindā</code>) and the other nine kinds of <code>nāma-aparādha</code> be destroyed? The answer is that they can also be destroyed by chanting <code>harināma</code>. Śrīman Mahāprabhu is speaking with this mood.

### Text 13

The path of aṣṭāṅga-yoga is always full of fear. Śrīmad-Bhāgavatam (1.6.35) states:

yamādibhir yoga-pathaiḥ kāma-lobha-hato muhuḥ mukunda-sevayā yadvat tathāddhātmā na śāmyati

The mind that is disturbed by the enemies of lust, anger, greed and so forth does not become as subdued or peaceful by practising yama and niyama on the path of aṣṭāṅga-yoga as it does by performing service to Śrī Mukunda, which brings it completely under control.

yoge śuddha kari' citte ekāgraha kare bahu-sthale e kathāra vyatikrama dhare

BHAJANA-RAHASYA-VŖTTI: In Śrī Caitanya-caritāmṛta (Madhya-līlā 22.29) it is stated:

jñānī jīvan-mukta-daśā pāinu kari' māne vastutah buddhi 'śuddha' nahe krsna-bhakti bine

This verse describes how *yogīs* observe the practices of *aṣṭānga-yoga*<sup>9</sup>, such as *yama* and *niyama*, in order to restrain their senses. They use processes like *prāṇāyāma* to pacify the restless mind, and they use *pratyāhāra* to keep the objects of sense enjoyment far away. By remembering their object of meditation, by repeated *dhāraṇā*, and finally by *samādhi*, they become absorbed in *brahma*, which is devoid of transcendental pastimes. Although they go through many difficulties and although they practise so much self-control, even if they are successful, they only attain a degraded state. The heart of the living entity cannot become completely pure by performing such *yoga*, for upon seeing the forms and tasting the objects that attract his senses, he again becomes agitated to attain them. It is because of that desire that he falls down. Examples of this are Maharṣi Viśvāmitra and Saubhari Muni.

The purity desired by the practitioner of <code>aṣṭānga-yoga</code> is automatically manifest in the devotee who performs <code>bhakti-yoga</code>; it naturally comes to the devotee on the strength of <code>bhakti</code>. In <code>bhakti-yoga</code>, the devotees, who are fearless, free from care and sorrow, and without worldly desires, are engaged in the service of Mukunda. Śrī Mukunda, being pleased by their unalloyed devotion, protects and maintains them under all circumstances.

<sup>9</sup> Please refer to aṣṭāṅga-yoga in the Glossary for an explanation of the related terms that appear here.

#### Text 14

In Śrīmad-Bhāgavatam (1.5.12) jñāna and karma are condemned:

naiṣkarmyam apy acyuta-bhāva-varjitam na śobhate jñānam alam nirañjanam kutaḥ punaḥ śaśvad abhadram īśvare na cārpitam karma yad apy akāraṇam

Even pure knowledge (jñāna), which is the direct sādhana to obtain liberation, has no beauty if it is devoid of devotion to Śrī Bhagavān. How then can selfless action (niṣkāma-karma), which is not offered to the Supreme Lord, and fruitive action (kāmya-karma), which is always inauspicious in both its practice and perfection, be beautiful?

nirañjana karmātīta, kabhu jñāna suśobhita, śuddha-bhakti vinā nāhi haya svabhāva abhadra karma, haleo niṣkāma dharma, kṛṣṇārpita naile śubha naya

BHAJANA-RAHASYA-VRTTI: The word *naiṣkarmya* in this text refers to *niṣkāma-karma*, selfless action. Although such selfless action does not have the variegated nature of *karma-kāṇḍa*, devotees do not accept it because it is devoid of worship of the Supreme Lord. Devotees also have no connection with *nirañjana-jñāna* (knowledge freed from nescience) if it is not dedicated to Him. Renunciation (*vairāgya*) that does not lead to attachment to the lotus feet of Śrī Bhagavān is also useless. The *ācāryas* have ascertained that the living entity who leaves the eternal service of Śrī Hari and runs towards inauspicious *karma* or contemptuous *mokṣa* becomes bereft of his own supreme auspiciousness forever.

#### Text 15

Śrīmad-Bhāgavatam (10.14.4) condemns the path of non-devotion:

śreyaḥ-sṛtiṁ bhaktim udasya te vibho kliśyanti ye kevala-bodha-labdhaye teṣām asau kleśala eva śiṣyate nānyad yathā sthūla-tuṣāvaghātinām

O Lord, devotional service unto You is the main source of all kinds of auspiciousness. Those who give up this path only to cultivate *jñāna* will simply undergo hard work, suffer pain and achieve difficulty, just as the only gain of a person who beats empty husks is hard work, not rice.

bhakti-patha chāḍi' kare jñānera prayāsa miche kaṣṭa pāya tāra haya sarva-nāśa

ati kaṣṭe tuṣa kuṭi' taṇḍula nā pāya bhakti-śūnya jñāne tathā vṛthā dina yāya

BHAJANA-RAHASYA-VṛTTI: Śrī Brahmā says, "O Lord, the hard work of those who disrespect the path of all-auspicious *bhakti* and strive to attain *nirviśeṣa-brahma-jṇāna* (knowledge aimed at impersonal liberation) will only result in trouble. The path of *bhakti* is extremely straightforward, simple and easily attained without any effort. Śrī Bhagavān is pleased merely with a leaf or flower if it is offered with a heart full of love. But someone who leaves the service of the Supreme Lord and endeavours to merge into *brahma* will only obtain misery."

# Text 16

The blazing fire of material existence is extinguished by *nāma-saṅkīrtana*. Śrīmad-Bhāgavatam (6.2.46) says:

nātaḥ paraṁ karma-nibandha-kṛntanaṁ mumukṣatāṁ tīrtha-padānukīrtanāt na yat punaḥ karmasu sajjate mano rajas-tamobhyāṁ kalilaṁ tato 'nyathā

For those who desire liberation from the bondage of this material existence, there is no other means than chanting the name of Śrī Bhagavān, who sanctifies even the holy places by the touch of His lotus feet. This nāma-sankīrtana is able to destroy the root cause of all sinful activities, because when the mind has taken shelter of the Supreme Lord it will never again be caught by fruitive activities. By taking shelter of any atonement other than the name of Śrī Bhagavān, the heart will remain affected by the modes of passion and ignorance, and sins will not be destroyed at the root.

karma-bandha sukhaṇḍana, mokṣa prāpti saṅghaṭana,
kṛṣṇa-nāma-kīrtane sādhaya
karma-cakra rajas-tamaḥ, pūrṇa-rūpe vinirgama,
nāma vinā nāhi anyopāya

# Text 17

Further, the Skanda Purāṇa states:

sakṛd uccāritam yena harir ity akṣara-dvayam baddhaḥ parikaras tena mokṣāya gamanam prati

A person who even once chants the two syllables ha and ri easily attains liberation.

yāṅra mukhe eka-bāra nāma nṛtya kare mokṣa-sukha anāyāse pāya sei nare

## Text 18

The holy name is like the moonlight that causes the white lotus of all-auspiciousness to blossom. The *Skanda Purāṇa*, *Prabhāsa-khaṇḍa* (quoted in *Hari-bhakti-vilāsa* 11.234) says:

madhura-madhuram etan maṅgalaṁ maṅgalānāṁ sakala-nigama-vallī sat-phalaṁ cit-svarūpam sakṛd api parigītaṁ śraddhayā helayā vā bhṛguvara nara-mātraṁ tārayet kṛṣṇa-nāma

The holy name is the most auspicious of all that is auspicious, and the sweetest of all that is sweet. It is the fully ripened transcendental fruit of all the creepers of the Śrutis. O best of the Bhṛgu dynasty, if a person even once chants the name of Śrī Kṛṣṇa without offence — be it with faith or indifferently — that chanting will deliver him from the bondage of material existence.

sakala maṅgala haite parama maṅgala cit-svarūpa sanātana vedavallī phala

kṛṣṇa-nāma eka-bāra śraddhāya helāya yāṅhāra vadane sei mukta suniścaya

## Text 19

The holy name is the life of all transcendental knowledge, which is compared to a wife ( $vadh\bar{u}$ ). This is supported by the following verse from the  $Garuda\ Pur\bar{u}na$ :

yad icchasi param jñānam jñānād yat paramam padam tad ādareṇa rājendra kuru govinda-kīrtanam O best of kings, if you desire to obtain the topmost knowledge and the supreme goal of that knowledge, *prema-bhakti*, then chant the holy name of Śrī Govinda with great respect and devotion.

parama jñāna haite ye parama pada pāya govinda-kīrtana sei karaha śraddhāya

### Text 20

In Śrīmad-Bhāgavatam (3.5.40) the demigods speak the following:

dhātar yad asmin bhava īśa jīvās tāpa-trayeṇābhihatā na śarma ātman labhante bhagavams tavāṅghricchāyām sa-vidyām ata āśrayema

O Vidhātā! O Lord! O Paramātmā! In this material world the living entities, overwhelmed by the threefold miseries, cannot find any peace. Therefore, O Bhagavān, we take shelter of the shade of Your lotus feet, which are full of knowledge.

e saṁsāre tāpa-traya, abhihata jīvacaya, ohe kṛṣṇa nā labhe maṅgala tava pada-chāyā vidyā, śubha dātā anavadyā, tad-āśraye sarva-śubha phala

BHAJANA-RAHASYA-VRTTI: The demigods are praying at the lotus feet of the Supreme Lord: "O Lord, the living entity is experiencing the auspicious and inauspicious fruits of lifetimes of karma. By the management of  $m\bar{a}y\bar{a}$  he is wandering around in the forest of material existence, overwhelmed by suffering. He is endeavouring to find relief from these threefold miseries, sometimes through knowledge and renunciation and sometimes through knowledge of brahma, but he is unable to find peace. By obtaining liberation he wants to become

as if inert, unable to feel anything, just as stones immersed in water cannot feel the pleasure of being in water. Transcendental peace, *para-śānti*, is attained, O Śrī Hari, at Your lotus feet. By following the path of *bhakti*, the living entity becomes immersed in an ocean of transcendental peace and bliss. Thus, to take shelter of Your lotus feet is the only means to attain this transcendental peace."

### Text 21

In Śrīmad-Bhāgavatam (4.29.49, last line) it is stated:

# sā vidyā tan-matir yayā

Knowledge is that by which one's attention is concentrated upon the Supreme Lord.

> ye śaktite kṛṣṇe kare udbhāvana vidyā-nāme sei kare avidyā khandana

kṛṣṇa-nāma sei vidyā-vadhūra jīvana kṛṣṇa-pāda-padme ye karaye sthira mana

BHAJANA-RAHASYA-VṛTTI: Śrī Bhagavān has only one potency (śakti), which has two functions: knowledge (vidyā) and ignorance (avidyā). Yogamāyā is knowledge and Mahāmāyā is ignorance. Mahāmāyā is responsible for the creation of the material world, and she covers the living entity's eternal identity and inherent qualities.

The word *vidyā* is derived from the verbal root *vid*, 'to know' or 'to understand'. In other words, *vidyā* is that through which one can know service to Śrī Kṛṣṇa. When pure *bhakti* arises in the heart of the *sādhaka* by his continuous performance of hearing and chanting, Bhakti-devī removes his ignorance and dispels all desires other than to attain the service of Śrī Bhagavān. By *vidyā-vṛtti*, the function of knowledge, she destroys the *jīva's* coverings in the form of his gross and subtle bodies and simultaneously manifests his

pure spiritual body according to his inherent nature (*svarūpa*). The life of this transcendental knowledge (*vidyā*), which is compared to a wife, is the holy name of Kṛṣṇa. This *vidyā* fixes a person's mind at the lotus feet of Śrī Kṛṣṇa. Śrī Caitanya Mahāprabhu asked Rāya Rāmānanda:

prabhu kahe,—"kaun vidyā vidyā-madhye sāra?" rāya kahe,—"kṛṣṇa-bhakti-binā vidyā nāhi āra" Śrī Caitanya-caritāmṛta (Madhya-līlā 8.245)

Śrīman Mahāprabhu asked, "Of all types of knowledge, which is the most important?" Rāya Rāmānanda replied, "*Kṛṣṇa-bhakti* is the essence of all knowledge. Apart from this there is no other type of knowledge."

#### Text 22

The chanting of the holy name expands the ocean of transcendental bliss. It is stated in  $Śr\bar{\imath}mad$ - $Bh\bar{\imath}agavatam$  (8.3.20):

ekāntino yasya na kañcanārtham vāñchanti ye vai bhagavat-prapannāḥ aty-adbhutam tac-caritam sumaṅgalam gāyanta ānanda-samudra-magnāh

The devotees who are exclusively surrendered unto the Supreme Lord and who have no other desire than to attain Him, become immersed in an ocean of bliss by performing sankīrtana of His wonderful and supremely auspicious pastimes.

akiñcana haye kare ekānta kīrtana ānanda samudre magna haya sei jana

BHAJANA-RAHASYA-VṛTTI: This Text comes from Gajendra's prayers to the Supreme Lord when Gajendra was being attacked by

the crocodile. The sādhaka will also realise Śrī Bhagavān in his heart by constantly chanting the holy name. Śrī kṛṣṇa-saṅkīrtana unlimitedly expands the jīva's inherent transcendental pleasure by virtue of the essential function of the hlādinī-śakti. When the living entity attains his pure spiritual form, he experiences unlimited bliss. In this condition he is eternally situated in one of the transcendental rasas – dāsya, sakhya, vātsalya or mādhurya – and he relishes complete nectar at every step by virtue of the ever-increasing freshness of his attachment to Śrī Kṛṣṇa (nava-navāyamāna-anurāga).

#### Text 23

*Nāma-saṅkīrtana* enables one to taste complete nectar at every step; therefore, the *Padma Purāna* states:

tebhyo namo 'stu bhava-vāridhi-jīrṇa-paṅkasammagna-mokṣaṇa-vicakṣaṇa-pādukebhyaḥ kṛṣṇeti varṇa-yugalaṁ śravaṇena yeṣām ānandathur bhavati nartita-roma-vrndaḥ

The devotees whose bodily hairs stand on end and whose hearts tremble with bliss upon hearing the two syllables kr and sna, deliver the living entities engrossed in material existence. Clear-sighted, intelligent persons who desire eternal auspiciousness surrender to the lotus feet of these rasika-bhaktas.

kṛṣṇa-nāma śuni' roma-vṛnda nṛtya kare ānanda kampana haya yāṅhāra śarīre

bhava-sindhu-paṅka magna jīvera uddhāra vicaksana tiṅho nami carane tāṅhāra

BHAJANA-RAHASYA-VṛTTI: I offer my repeated obeisances unto the lotus feet of those persons whose bodily hairs stand on end, whose hearts tremble with bliss, and from whose eyes tears flow upon hearing the name of Śrī Kṛṣṇa. Such devotees, who are most fortunate and magnanimous, are expert in delivering the living entities sunk in the horrible mud of material existence.

#### Text 24

Chanting the holy name completely cleanses the self. Śrīmad-Bhāgavatam (12.12.48) states:

saṅkīrtyamāno bhagavān anantaḥ śrutānubhāvo vyasanaṁ hi puṁsām praviśya cittaṁ vidhunoty aśeṣaṁ yathā tamo 'rko 'bhram ivāti-vātaḥ

Bhagavān Śrī Hari Himself enters the heart of a devotee who describes His name, form, qualities, pastimes and so on, or hears His glories; and He destroys all the darkness of the sins present there. Upon entering the heart of the jīva, the Supreme Lord destroys his offences, impediments, duplicity and material desires, just as the sun drives away darkness or a powerful wind scatters the clouds. This cleanses the mirror-like hearts of those who take shelter of Śrī Kṛṣṇa's name, and very quickly they attain their pure transcendental forms.

śruta anubhūta yata anartha samyoga śrī-kṛṣṇa-kīrtane saba haya ta viyoga

ye rūpa vāyute megha sūrya tamaḥ nāśe citte praveśiyā doṣa aśeṣa vināśe

kṛṣṇa-nāmāśraye citta darpaṇa-mārjana ati-śīghra labhe jīva kṛṣṇa prema-dhana

BHAJANA-RAHASYA-VṛTTI: The glories of nāma-saṅkīrtana are described in this Text. Nāma Prabhu enters the heart of the living entity who is performing nāma-saṅkīrtana, destroys all his anarthas

and makes his heart soft and smooth. Not only that,  $n\bar{a}ma$ -sank $\bar{i}rtana$  will also destroy all kinds of anarthas in a person who merely sees or hears sank $\bar{i}rtana$ , just as the sun drives away darkness or the wind drives away the clouds. The scriptures state that the  $j\bar{i}vas$  tendency to enjoy will be completely destroyed on the strength of their performing  $n\bar{a}ma$ - $k\bar{i}rtana$  in the association of devotees. At the end of  $\hat{S}r\bar{i}mad$ - $Bh\bar{a}gavatam$  (12.13.23)  $\hat{S}r\bar{i}$  Vedavyāsa glorifies  $n\bar{a}ma$ - $sank\bar{i}rtana$ :

nāma-saṅkīrtanaṁ yasya sarva-pāpa-praṇāśanam praṇāmo duḥkha-śamanas taṁ namāmi hariṁ param

All sins are completely destroyed by the chanting of Śrī Bhagavān's names, and all kinds of miseries are relieved by complete surrender to His lotus feet and by always bowing down to Him. I offer my respectful obeisances unto that Absolute Truth. Śrī Hari.

#### Text 25

The holy name is Śrī Kṛṣṇa Himself and the sweet embodiment of transcendental mellows (*caitanya-rasa-vigraha*). In Śrī Kṛṣṇa-nāmāṣṭaka (8) it is stated:

nārada-vīṇojjīvana! sudhormi-niryāsa-mādhurī-pūra! tvaṁ krsna-nāma! kāmaṁ sphura me rasane rasena sadā

O life of Nārada's  $v\bar{\imath}n\bar{a}$ ! O crest of the waves upon the transcendental ocean of nectar! O condensed form of all sweetness! O Kṛṣṇanāma! By Your own sweet will, may You always appear on my tongue along with all transcendental rasa.

muni-vīṇā-ujjīvana-sudhormi-niryāsa mādhurīte paripūrṇa kṛṣṇa-nāmocchvāsa sei nāma anargala āmāra rasane nācuna rasera saha ei vāñchā mane

BHAJANA-RAHASYA-VṛTTI: [Here Śrīla Rūpa Gosvāmī prays:] "O life of Nārada Muni's vīṇā! O crest of the waves on the transcendental ocean of nectar! O condensed form of all sweetness! O Kṛṣṇanāma! May You always, by Your own will, dance on my tongue with all transcendental rasa. This is my prayer at Your lotus feet."

#### Text 26

The second verse of Śrī Krsna-nāmāstaka states:

jaya nāmadheya! muni-vṛnda-geya! jana-rañjanāya param akṣarākṛte! tvam anādarād api manāg-udīritam nikhilogra-tāpa-paṭalīm vilumpasi

O Harināma, the great sages constantly chant Your glories. To delight the devotees You have appeared in the form of transcendental syllables. All victory unto You! May Your excellence forever be splendidly manifest, and may You display it to all. Prabhu, Your excellence is such that even if Your name is chanted only once and without respect – that is, to indicate something else, as a joke or for any other extraneous reason – it completely destroys the most fearsome of sins, and even sinful thoughts. Thus, make me surrender to You without fail, and purify me as I proclaim Your glories and remember Your power.

jīva śiva lāgi' paramākṣara ākāra muni-vṛnda gāya śraddhā kari' anivāra

jaya jaya harināma akhilogra-tāpa nāśa kara helā gāne e baḍa pratāpa BHAJANA-RAHASYA-VṛTTI: O Lord, You have manifested as transcendental syllables (śabda-brahma) for the benefit of the living entities. The great *munis* and *maharṣis* always faithfully chant Your glories. All victory, all victory to the holy name, which destroys all fearsome sufferings, even if chanted indifferently.

#### Text 27

The Vedas (Rg Veda) describe the truth of the holy name (nāma-tattva):

om ity etad brahmaņo nediṣṭam nāma yasmād uccāryamāna eva samsāra-bhayāt tārayati tasmād ucyate tāra iti

One who chants *om*, which is very close to *brahma* [here meaning the Supreme Lord] and which indicates *brahma*, is liberated from the fear of the material world. Therefore *om* is famous by the name  $t\bar{a}raka$ -brahma (the deliverer).

# Text 28

The Vedas (*Rg Veda*, **1.1**56.3) describe the truth of the holy name (*nāma-tattva*):

# om āsya jānanto nāma-cid-vivaktan mahas te viṣṇo sumatim bhajāmahe om tat sat

O Viṣṇu, all the Vedas appear from Your name, which is fully conscious and all-illuminating. Your name is the personification of transcendence and supreme bliss, and it is the embodiment of spiritual knowledge, which is easily obtained. I worship You by thoughtfully performing continuous chanting of Your name.

#### Text 29

The Vedas (Rg Veda, also Śrīmad-Bhāgavatam 12.6.39) states:

tato 'bhūt trivṛd oṁkāro yo 'vyakta prabhavaḥ svarāṭ yat tal liṅgaṁ bhagavato brahmaṇaḥ paramātmanaḥ

Śrī Bhagavān is imperceptible; He is both undivided and divided. The transcendental vibration *om* is His manifestation, and He is manifest in the three forms of *brahma*, Paramātmā and Bhagavān. The three syllables in the *omkāra* represent the names Hari, Kṛṣṇa and Rāma. The name of Hari is non-different from Hari Himself.

avyakta haite kṛṣṇa svarāṭ svatantra brahma, ātmā, bhagavān liṅga-traya tantra

a-kāra u-kāra āra ma-kāra nirdeśa oṁ hari krsna rāma nāmera viśesa

hari haite abhinna sakala harināma vācya-vācaka-bhede pūrṇa kare kāma

BHAJANA-RAHASYA-VŖTTI: The manifest brahma, Śrī Kṛṣṇa, is much greater than the unmanifest brahma and completely independent from it. Parabrahma Śrī Kṛṣṇa is always manifest in the three forms of brahma, Paramātmā and Bhagavān. The three sounds in the omkāra - a, u and m – represent Hari, Kṛṣṇa and Rāma, respectively. Śrī Hari is non-different from all the names of Hari. His personal form is known as  $v\bar{a}cya$  (that which is nameable) and His transcendental name is known as  $v\bar{a}caka$  (that which denotes). These two forms fulfil the desires of each and every  $s\bar{a}dhaka$ . (The syllables in the  $omk\bar{a}ra$  also have the following meaning: a – Kṛṣṇa, u – Śrī Rādhā, m –  $gop\bar{\imath}s$ , and the candrabindu [the dot over the m] – the living entity.)

#### Text 30

hare kṛṣṇa hare kṛṣṇa kṛṣṇa kṛṣṇa hare hare hare rāma hare rāma rāma rāma hare hare

prabhu bale,—kahilāṅa ei mahā-mantra ihā japa' giyā sabe kariyā nirbandha

ihā haite sarva-siddhi haibe sabāra sarva-kṣaṇa bala' ithe vidhi nāhi āra Śrī Caitanya-bhāgavata (Madhya-khaṇḍa 23.77–78)

"The Lord said, 'Regularly chant this mahā-mantra. In this way you will attain all perfection. Chant at any time and in any circumstance; there are no other rules for chanting.'"

BHAJANA-RAHASYA-VṛTTI: Śrīman Mahāprabhu says that by chanting the *mahā-mantra* all bondage will vanish and the *jīva* will achieve perfection. In other words, he will attain the wealth of *kṛṣṇa-prema*. Therefore, one should chant the *mahā-mantra* at all times. One is not required to follow any special rules or regulations to chant it.

# Text 31

Bhakti-rasāmṛta-sindhu (1.2.103) states:

acirād eva sarvārthaḥ siddhaty eṣām abhīpsitaḥ sad-dharmasyāvabodhāya yeṣāṁ nirbandhinī matiḥ

The holy name is the bestower of all perfection, and those who continuously chant *harināma* with such firm faith and conviction quickly obtain the fruit of *prema*.

nirbandhinī-mati-saha kṛṣṇa-nāma kare ati-śīghra prema-phala sei nāme dhare BHAJANA-RAHASYA-VṛTTI: One who has a firm desire in his heart to know true *dharma* will very quickly have his inner desire fulfilled. The perfection and inner desire of devotees is to attain the service of Govinda's lotus feet. This service is realised by affectionately completing one's chanting of a fixed amount of holy names. By this, *prema* will be incited in the heart of the *sādhaka* by the mercy of Nāma Prabhu. Day and night, *nāmācārya* Śrīla Haridāsa Ṭhākura was chanting three *lakhas* of *harināma* with determination. His vow was:

khaṇḍa-khaṇḍa hai deha yāya yadi prāṇa tabu āmi vadane nā chāḍi harināma Śrī Caitanya-bhāgavata (Ādi-khaṇḍa 16.94)

Even if my body is cut to pieces and my life air exits, I will never abandon the chanting of *harināma*.

#### Text 32

*Hari-bhakti-vilāsa* (17.112, 99 last line, 123, 124, 126 last line) gives the following injunctions for chanting:

tulasī-kāṣṭha-ghaṭitair maṇibhir japa-mālikā sarva-karmāṇi sarveṣām īpsitārtha-phala-pradā

go-puccha-sadṛśī kāryā yad vā sarpākṛtiḥ śubhā

tarjanyā na spṛśet sūtram kampayen na vidhūnayet aṅguṣṭha-parva-madhyastham parivartam samācaret

na spṛśet vāma-hastena kara-bhraṣṭāṁ na kārayet

# bhuktau muktau tathā kṛṣṭau madhya-māyām japet sudhīh

A  $japa-m\bar{a}l\bar{a}$  made of  $tulas\bar{\imath}$  or precious stones fulfils all kinds of inner desires. A  $japa-m\bar{a}l\bar{a}$  shaped like a cow's tail or a snake is auspicious. One should not touch the  $japa-m\bar{a}l\bar{a}$  with the forefinger. One should not swing or shake the  $m\bar{a}l\bar{a}$  again and again while chanting. Chant and change the direction of the  $m\bar{a}l\bar{a}$  using the thumb and the middle finger. Do not touch the  $m\bar{a}l\bar{a}$  with the left hand, and do not let it fall from the hand. Those who desire material enjoyment (bhukti) and those who desire liberation (mukti) chant with the middle finger.

BHAJANA-RAHASYA-VṛTTI: Although it is mentioned that one can use a *japa-mālā* of precious stones, such a *mālā* is not used in our *sampradāya*. Also, it is mentioned that chanting with the middle finger is for those desiring sense enjoyment and liberation. Nonetheless, we chant in this way because we follow the method adopted by our *guru-paramparā*.

#### Text 33

Hari-bhakti-vilāsa (17.129) states:

manaḥ saṁharaṇaṁ śaucaṁ maunaṁ mantrārtha-cintanam avyagratvam anirvedo japa-sampatti-hetavaḥ

While chanting, one should be one-pointed and give up talking about mundane topics. With a pure heart, one should think about the meaning of the holy name, and be steadfast and patient in ones chanting and remembrance of the holy name.

japa kāle manake ekāgra-bhāve laha citte śuddha thāka, vrthā kathā nāhi kaha

nāmārtha cintaha sadā dhairyāśraya kara nāmete ādara kari' kṛṣṇa-nāma smara

BHAJANA-RAHASYA-VṛTTI: The method for one to perfect the chanting of his *mantras*, both *harināma* and *gāyatrī*, is described in this Text.

Manaḥ samharaṇam — While chanting the holy name, one should fix the mind on the desired name of the Lord and remember pastimes connected with that name. The mind of the conditioned living entity wanders to different subject matters, and therefore one should stay in the association of  $s\bar{a}dhus$  and control the mind through renunciation and practice.

Śauca – It is necessary for the sādhaka to maintain a standard of external cleanliness by bathing and so forth, and to keep his mind pure through internal cleanliness. He can do this by bringing the six enemies, headed by lust, under control. In this way, his mind will not be attracted to anything other than Kṛṣṇa.

Mauna — To speak only bhagavat- $kath\bar{a}$  and reject talk unrelated to Kṛṣṇa is known as mauna (silence). One should not talk about anything mundane while chanting.

Avyagratā – The restless nature of the unsteady mind is called *vyagratā*. One should chant with *avyagratā*, a peaceful and undisturbed mind.

Anirveda – One should not become discouraged by moving slowly in one's endeavour to attain the desired goal; rather, one should chant with patience.

Nāmārtha-cintana — While chanting mantras, the sādhaka should remember Śrī Rādhā-Kṛṣṇa's pastimes of meeting (milana) and separation (vipralambha). When he chants his mantras, he should practise in the following five ways:

#### Śrī Bhajana-rahasya

- (1) The *sādhaka* should know the meaning of the *mantra*. He should remember the predominating deity of the *mantra* (the *mantradevatā*) and his own specific relationship with that deity.
- (2) Nyāsa "The deity of the mantra is my protector" this conviction is called nyāsa. It is true that success can be attained by uttering the mantra one time only; nonetheless, the mantra is uttered ten or one-hundred-and-eight times for the pleasure of the mantra-devatā. This is also called nyāsa.
- (3) Prapatti "I take shelter of the lotus feet of the mantra-devatā."

  This is called prapatti.
- (4) Śaraṇāgati "I am a jīva who is suffering greatly, and therefore I surrender to the deity." This resolve is śaraṇāgati.
- (5) Ātma-nivedana "Whatever I have belongs to Him; it is not mine. I do not even belong to myself; I am His for Him to enjoy." This is ātma-nivedana.

If the devotee follows the process comprised of these five limbs, he will quickly attain perfection in chanting his *mantras*.

# Text 34

Śrī Gopāla-guru Gosvāmī explains the meaning of the holy name as follows:

vijñāpya bhagavat-tattvam cid-ghanānanda-vigraham haraty avidyām tat-kāryam ato harir iti smṛtaḥ

harati śrī-kṛṣṇa-manaḥ kṛṣṇāhlāda-svarūpiṇī ato harety anenaiva śrī-rādhā parikīrtitā ānandaika-sukha-svāmī śyāmaḥ kamala-locanaḥ gokulānandano nandanandanaḥ kṛṣṇa īryate

vaidagdhī sāra-sarvasvam mūrti-līlādhidaivatam rādhikām ramyan nityam rāma ity abhidhīyate

The Supreme Person Śrī Bhagavān has descended in the form of the holy name, which is the embodiment of condensed knowledge and bliss. While remembering the name of Bhagavān, one should remember that  $n\bar{a}ma$  and  $n\bar{a}m\bar{i}$  are non-different. In the first stage of a  $s\bar{a}dhaka's$  progress, the holy name removes ignorance. Therefore, He is Hari, 'He who removes'. The  $rasika-\bar{a}c\bar{a}ryas$ , however, taste  $harin\bar{a}ma$  by thinking that in the  $ku\bar{n}jas$ , Vṛṣabhānu-nandinī Śrī Rādhā is stealing away the mind of Śrī Hari by Her service. He who chants Hare Kṛṣṇa with this meditation attains prema-bhakti. Śrī Rādhā is  $kṛṣṇa-hl\bar{a}din\bar{\imath}-r\bar{\imath}pin\bar{\imath}$ , the embodiment of Kṛṣṇa's own pleasure potency. She steals away Kṛṣṇa's mind, and therefore, Her name is Harā. The vocative form of Harā is Hare. Thus, Hare Kṛṣṇa means the Divine Couple Śrī Rādhā-Kṛṣṇa.

The names Rādhā and Kṛṣṇa are sac-cid-ānanda, full of eternity, knowledge and bliss. Rādhā and Kṛṣṇa are personally present in Hare Kṛṣṇa. The eternal master of Śrī Rādhā, who is bliss personified, is Śyāma, who has eyes like lotus petals and who desires that Śrī Rādhikā is always happy. Nanda-nandana Śrī Kṛṣṇa, the giver of bliss to the residents of Gokula, is always yearning to taste happiness with Śrī Rādhā. Kṛṣṇa is Līleśvara, a clever dhīra-lalita-nāyak¹o; therefore, His name is Rādhā-ramaṇa.

<sup>10</sup> A hero who is expert in the sixty-four arts and in amorous sports, always situated in fresh youth, expert at joking, devoid of anxiety and controlled by the *prema* of his beloveds is known as a *dhīra-lalita-nāyaka*.

The Hare Kṛṣṇa  $mah\bar{a}$ -mantra is comprised of names of the Divine Couple. While chanting this mantra one should remember Their pastimes.

cid-ghana ānanda-rūpa śrī-bhagavān nāma-rūpe avatāra ei ta pramāṇa

avidyā-haraṇa kārya haite nāma hari ataeva hare kṛṣṇa nāme yāya tari

kṛṣṇāhlāda-svarūpiṇī śrī-rādhā āmāra kṛṣṇa mana hare tāi harā nāma tāṅra

rādhā-kṛṣṇa śabde śrī-sac-cid-ānanda rūpa hare kṛṣṇa śabde rādhā-kṛṣṇera svarūpa

ānanda-svarūpa-rādhā tāṅra nitya svāmī kamala-locana śyāma rādhānanda-kāmī

gokula-ānanda nanda-nandana śrī-kṛṣṇa rādhā-saṅge sukhāsvāde sarvadā satṛṣṇa

vaidagdhya-sāra-sarvasva mūrta līleśvara śrī-rādhā-ramaṇa rāma nāma ataḥpara

hare kṛṣṇa mahā-mantra śrī-yugala nāma yugala līlāra cintā kara avirāma

BHAJANA-RAHASYA-VṛTTI: Śrī Kṛṣṇa is the personification of condensed eternity, knowledge and bliss (sac-cid-ānanda). He is an ocean of compassion. The clear proof of this is that He has appeared on this Earth in the form of His name for the benefit of the living entities. This form of Śrī Hari is performing the task of removing ignorance. Therefore, those who affectionately chant harināma are saved from this illusory world, which is the product of ignorance.

Śrī Rādhā is the essence of the *hlādinī-śakti*, and She is always giving supreme pleasure to Svayam Bhagavān Śrī Kṛṣṇa. She even

steals away the mind of parama-purusa Śrī Krsna with Her sweet form and qualities and by Her *prema*-filled service. Therefore, one of Her names is Harā. 'Hare' in the mahā-mantra is the vocative form of Harā, which refers to Śrī Rādhā. Thus, the devotee who is exclusively committed to the Divine Couple (the aikāntika-bhakta) accepts Rādhā-Krsna as the only meaning of Hare Krsna. Śrī Rādhā is the personification of bliss (ānanda-svarūpinī). Kamala-locana Śyāmasundara is Her eternal beloved. He is always intent on pleasing Śrī Rādhā, but He nonetheless remains indebted to Her. The source of the great festival of bliss of Gokula. Nanda-nandana, is the supremely attractive attractor. Therefore, He is named Krsna. Even though He always tastes happiness in Śrī Rādhā's association, He is never satiated and is ever eager for more. He is famous as Rādhāramana because He, Līleśvara, the personification and essence of all vaidagdhya (cleverness in amorous pastimes), is always with Śrī Rādhā, playing (ramana) inside and outside Her heart. This Rādhāramana Śrī Krsna is called Rāma in the mahā-mantra. It should be understood that Hare Krsna in the mahā-mantra means Rādhā-Kṛṣṇa Yugala. Therefore, while performing japa or kīrtana of the mahā-mantra, one should continuously remember the pastimes of the Divine Couple Śrī Rādhā-Krsna.

#### Text 35

The Bṛhan-nāradīya Purāṇa (38.127)11 states:

harer nāma harer nāma harer nāmaiva kevalam kalau nāsty eva nāsty eva nāsty eva gatir anyathā

<sup>11</sup> This verse is from Śrī Caitanya-caritāmṛta (Ādi-līlā 17.21). The verse in Bṛhan-nāradīya Purāṇa (38.127) has a different Sanskrit wording, but same meaning: harer nāmaiva nāmaiva nāmaiva mama jīvanam / kalau nāsty eva nāsty eva nāsty eva gatir anyathā.

In Kali-yuga there is no other way for the living entity than chanting the holy name. There is no other way, there is no other way.

anya dharma karma chāḍi harināma sāra kali-yuge tāhā vinā gati nāhi āra

BHAJANA-RAHASYA-VṛTTI: In Kali-yuga, Svayam Bhagavān Śrī Kṛṣṇa has appeared in the form of His name. Through *harināma* the whole world can be delivered. The words *harer nāma* in this Text are used three times to make people with mundane intelligence become fixed in chanting *harināma*. The word *kevala* (meaning 'only') is used to make it extremely clear that *jñāna*, *yoga*, *tapasya* and other activities are to be renounced. Salvation is never possible for one who disregards this instruction of the scriptures. To emphasise this, the words *nāsty eva* (meaning 'no other way') are repeated three times at the end of the verse.

### Text 36

The Bhāgavan-nāma-kaumudī (3rd chapter) states:

naktam divā ca gata-bhir jita-nidra eko nirviņņa īkṣita-patho mita-bhuk praśāntaḥ yady acyute bhagavati sva-mano na sajjen nāmāni tad-rati-karāṇi paṭhed vilajjaḥ

If your mind is not absorbed in the name of Śrī Bhagavān Acyuta, then day and night without shyness chant those principal names that are endowed with *rati* (such as Rādhā-ramaṇa, Vraja-vallabha and Gopījana-vallabha). Minimise sleep, eat moderately, and proceed on the path of spiritual truth with a peaceful mind and a disregard for worldly things.

rātra dina unnidra nirvighna nirbhaya mita-bhuk praśānta nirjane cintāmaya lajjā tyaji kṛṣṇa-rati uddīpaka nāma uccāraṇa kare bhakta kṛṣṇāsakti kāma

#### Text 37

Śrīmad-Bhāgavatam (6.3.22) states:

etāvān eva loke 'smin pumsām dharmaḥ paraḥ smṛtaḥ bhakti-yogo bhagavati tan-nāma-grahaṇādibhiḥ

Only the worship of Bhagavān Śrī Vāsudeva, performed through nāma-saṅkīrtana, is called bhakti-yoga. This alone is the supreme dharma for the living entities.

bhakti-yoga kṛṣṇa-nāma grahaṇādi rūpa 'para-dharma' nāme tāra nirṇīta svarūpa

BHAJANA-RAHASYA-VṛTTI: Only nāma-saṅkīrtana is directly bhaktiyoga, and in Kali-yuga it is the only means by which Śrī Vrajarājanandana can be controlled. A question may arise here: if sense enjoyment and so forth are easily attained through nāma-kīrtana, why
are learned persons teaching karma-yoga? The answer is that the
intelligence of Yājňavalkya, Jaiminī and the other compilers of dharmaśāstras was often bewildered by Māyā-devī. Their minds remained
attracted to the beautiful explanations given at that time of the ṛg,
Yajur and Sāma Vedas, and they were engrossed in the various kinds of
activities by which, with great difficulty, one obtains the insignificant
and temporary result of attaining Svarga (the heavenly planets). The
topmost dharma is nāma-kīrtana, which is easily performed; however,
they were unable to understand this.

#### Text 38

While chanting harināma, one should remember Kṛṣṇa's pastimes. "Niśānte kīrtane kuñja-bhanga kare dhyāna / krame krame citta lagne rasera vidhāna — by remembering and performing kīrtana of niśānta-līlā, or kuñja-bhanga-līlā, the mind will gradually relish rasa." Govinda-līlāmrta (1.10) states:

rātryante trasta-vṛnderita bahu-viravair bodhitau kīraśārīpadyair-hṛdyair api sukha-śayanād utthitau tau sakhībhiḥ dṛṣṭau hṛṣṭau tadā tvoditarati-lalitau kakkhaṭī-gīḥ saśaṅkau rādhā-kṛṣṇau satṛṣṇāv api nija-nija-dhāmny āpta-talpau smarāmi

At the end of the night, Vrnda-devi, fearing the approach of day, indicates to the śuka (parrot), sāri (female parrot) and other birds to make sweet sounds to awaken Śrī Rādhā-Krsna. A cool, gentle, fragrant breeze is slowly blowing. With charming calls, the peacocks, peahens, śuka, sāri and cuckoos glorify Śrī Rādhā-Kṛṣṇa's pastimes. They say, "O Vrajarāja-nandana! O Nikuñjeśvarī! When will we receive Your darsana?" Although the Divine Couple have been aroused by the sweet chirping of the birds, They embrace each other in fear of being separated and again fall asleep, weary from amorous play. The more Vrndā-devī tries to wake Them, the more They drowsily pretend to sleep deeply, for They are reluctant to separate. At that time, the she-monkey Kakkhatī loudly cries "Jatilā! Jatilā!" and They awaken, filled with fear. (The meaning of 'Jatila' is "Morning has come and the sunrays, which look like matted hair [jatā], are about to appear." But it can also mean "Jatila is coming", Jatila being Śrī Rādhā's mother-in-law.) The nitya-sakhīs and prāṇa-sakhīs enter the kuñja. These mañjarī-sakhīs help Rādhā and Krsna to get dressed and put Their ornaments in place, thus concealing the signs of Their amorous pastimes. After this, they call for the priya-sakhīs and priya-narma-sakhīs. Kiśora and Kiśorī joke with each other, and Śrī Lalitā performs Their ārati. Thereafter They proceed to Their respective residences.

dekhiyā aruṇodaya, vṛndā-devī vyasta haya, kuñje nānā rava karāila śuka-sārī-padya śuni, uṭhe rādhā nīlamaṇi, sakhī-gaṇa dekhi hṛṣṭa haila

kālocita sulalita, kakkhaṭīra rave bhīta, rādhā-kṛṣṇa satṛṣṇa haiyā nija-nija gṛhe gelā, nibhṛte śayana kailā, dūṅhe bhaji se līlā smariyā

ei līlā smara āra gāo kṛṣṇa-nāma kṛṣṇa-līlā prema-dhana pābe kṛṣṇa-dhāma

BHAJANA-RAHASYA-VṛTTI: Niśānta-līlā, the pastime at night's end, is also called kunja-bhanga-līlā because Rādhā and Kṛṣṇa have to separate after Their night-long pastimes in the kunja. The eager sādhaka who remembers and performs kīrtana of this pastime will very quickly become eligible for the treasure of kṛṣṇa-prema.

Thus ends the Prathama-yāma-sādhana, Niśānta-bhajana, of Śrī Bhajana-rahasya.

# Chapter Two

# Dvitīya-yāma-sādhana

Prātaḥ-kālīya-bhajana – anartha-nivṛtti in sādhu-saṅga (the first six daṇḍas of the morning: approximately 6.00 a.m. – 8.30 a.m.)

#### Text 1

There is no consideration of proper or improper time in regard to chanting the Lord's names, which are fully endowed with all potencies. This is described in the second verse of  $\hat{S}r\bar{i}$   $\hat{S}iks\bar{a}staka$ :

nāmnām akāri bahudhā nija-sarva-śaktis tatrārpitā niyamitaḥ smaraṇe na kālaḥ etādṛśī tava kṛpā bhagavan mamāpi durdaivam īdṛśam ihājani nānurāgaḥ

O Bhagavān, Your names bestow all auspiciousness upon the living entites. Therefore, for their benefit, You are eternally manifest as Your innumerable names, such as Rāma, Nārāyaṇa, Kṛṣṇa, Mukunda, Mādhava, Govinda and Dāmodara. You have invested those names with all the potencies of Their respective forms. Out of Your causeless mercy, You have not even imposed any restrictions on the remembrance of these names, as is the case with certain prayers and mantras that must be chanted at specific times (sandhyā-vandana). In other words, the holy name of Bhagavān can be chanted and remembered at any time of the

day or night. This is the arrangement You have made, O Prabhu, thus releasing a torrent of causeless mercy upon the *jīvas*. But, I am so unfortunate that I commit many offences when chanting Your name (nāma-aparādha); thus no attachment for Your holy name has awakened within me, even though Your name is so easily accessible and bestows all good fortune.

aneka lokera vāñchā aneka prakāra kṛpāte karila aneka nāmera pracāra

khāite śuite yathā tathā nāma laya deśa-kāla-niyama nāhi sarva-siddhi haya

sarva-śakti nāme dila kariyā vibhāga āmāra durdaiva nāme nāhi anurāga

BHAJANA-RAHASYA-VṛTTI: The innumerable people in this material world have many different kinds of desires. Even so, Bhagavān is supremely merciful and appears in this world as His different names, to fulfil these various desires. All perfection is attained by *harināma*, even if it is chanted while eating, drinking, sleeping or moving about. Furthermore, the benefits it bestows are beyond any consideration of place, time, rules and so forth. All of the Supreme Lord's potencies are invested in His names.

The holy names are of two kinds: primary (mukhya) and secondary (gauṇa). Names related to the material world, like brahma, Paramātmā and Jagadīśa, are secondary. Primary names are also of two kinds: those that are endowed with majesty (aiśvarya-para) and those that overflow with sweetness (mādhurya-para). Names like Hari, Nārāyaṇa and Vāsudeva are full of opulence, and names like Kṛṣṇa, Madana-mohana, Govinda, Gopīnātha and Rādhā-ramaṇa are full of sweetness. From the names of Śrī Bhagavān that are related to this world (that is, the secondary names), one attains sense enjoyment (bhoga) and liberation (mokṣa), from aiśvarya-para names one

attains the aiśvarya-prema of Vaikuntha, and from mādhurya-para names one attains vraja-prema. The sādhaka chanting harināma will take shelter of a specific name according to his own mood and will thus have his heart's desire fulfilled.

#### Text 2

A prayer to attain attachment to the holy name is given in the fifth verse of  $\hat{S}r\bar{\imath}$   $Krsna-n\bar{a}m\bar{a}staka$ :

agha-damana-yaśodā-nandanau! nanda-sūno!
kamala-nayana-gopī-candra-vṛndāvanendrāḥ!
praṇata-karuṇa-kṛṣṇāv ity aneka-svarūpe
tvayi mama ratir uccair vardhatām nāmadheya

O Nāma, possessor of inconceivable glories, may my affection for You continue to increase, day and night. O Agha-damana! O Yaśodā-nandana! O Nanda-sūnu! O Kamala-nayana! O Gopīcandra! O Vṛndāvanendra! O Praṇata-karuṇa! O Kṛṣṇa! You have innumerable forms. May my attachment to them always increase.

BHAJANA-RAHASYA-VṛTTI: As the *rāgānuga-sādhaka* chants the holy name under the guidance of pure devotees, he prays to Nāma Prabhu in great distress, "O Nāma Prabhu, please manifest in my heart, along with Your pastimes that relate to each name."

Agha-damana — "He who protected His friends by killing the demon Agha." The word agha means 'sin' and damana means 'to destroy'. He destroys the sins in the heart of the sādhaka, making it pure, and then He Himself comes to reside there. In relation to mādhurya-rasa, Agha-damana has another meaning: "He whose darśana destroys the gopīs' feelings of separation and thus bestows great joy upon them." During the day Śrī Kṛṣṇacandra goes to the forest, causing the vraja-sundarīs to burn in the fire of separation

from Him. When He is with them at night, He relieves their burning in separation from Him, and He appears as pleasant as the cool moon as He enjoys many pleasurable activities in  $r\bar{a}sa-l\bar{\imath}l\bar{a}$ . Thus, He tastes  $m\bar{a}dhurya-prema-rasa$ .

Yaśodā-nandana — 'The son of Yaśodā'. All the good qualities of Kṛṣṇa's affectionate mother are also found in Him. Therefore, one of His names is Yaśodā-nandana. *Yaśo dadāti iti yaśodā*. In other words, Mother Yaśodā is famous for her *vātsalya-bhāva*. The mood of this verse is, "May the compassionate Yaśodā-nandana, who possesses the same qualities as His mother, appear in my heart."

Nanda-sūnu – 'The son of Nanda'. Śrīmad-Bhāgavatam (10.8.46) states:

nandaḥ kim akarod brahman śreya evaṁ mahodayam yaśodā ca mahā-bhāgā papau yasyāḥ stanaṁ hariḥ

[Mahārāja Parīkṣit inquired:] What most auspicious activity did the very fortunate Nanda Bābā perform? And what kind of austerity did the supremely fortunate Yaśodā perform that the Supreme Lord Himself drank her breast milk with His lotus mouth?

By chanting this name of Kṛṣṇa, the *sādhaka* prays, "May the son of the supremely munificent and most fortunate Nanda Mahārāja, Nanda-nandana Śrī Kṛṣṇa, shower His mercy upon me."

Kamala-nayana – 'Lotus-eyed one'. "May Kamala-nayana Śrī Kṛṣṇa, whose half-closed eyes resemble a red lotus due to His nocturnal amorous pastimes with His beloved *vraja-devīs* in the *nikuñjas*, manifest within my heart."

Gopīcandra — 'The moon of the *gopīs*'. When Śrī Kṛṣṇa sees the rising full moon, remembrance of the moon-like faces of the *vrajadevīs* awakens in His heart.

Vṛndāvanendra — 'The Lord of Vṛndāvana'. This refers to He who makes the inhabitants of Vṛndāvana blissful by His unique quality of prema-mādhurya.

Praṇata-karuṇa — 'He who is merciful to the surrendered'. Śrī Kṛṣṇa displays His mercy and compassion to those who are surrendered to Him by making them taste His *caraṇāmṛta*. Remembering the mercy Kāliya-nāga received when Śrī Kṛṣṇa placed His lotus feet on Kāliya's heads, the *gopīs* sing, "*Praṇata-dehinām pāpa-karṣaṇam* — Your lotus feet destroy the past sins of all souls who surrender unto them."

Kṛṣṇa – This name is derived from the verbal root *kṛṣ* meaning 'to attract'. Kṛṣṇa attracts everyone with His *prema-mādhurya*, and in this way, bestows the bliss of divine love upon them.

Devotees pray according to their transcendental sentiments; thus the Supreme Lord appears to them according to their prayers and makes them joyful. The *sādhaka* chants a specific name of the Supreme Lord to increase his attachment to Nāma Prabhu.

#### Text 3

Śrī Kṛṣṇa has invested all potencies in His name. The Skanda Purāṇa states:

dāna-vrata-tapas-tīrtha-yātrādīnam ca yāḥ sthitāḥ śaktayo deva-mahatām sarva-pāpa-harāḥ śubhāḥ rājasūyāśvamedhānām jñānasyādhyātma-vastunaḥ ākṛṣya hariṇā sarvāḥ sthāpitāḥ sveṣu nāmasu

Whatever potency to nullify sins or bestow auspiciousness found in charity, vows, austerities, pilgrimage, the  $r\bar{a}jas\bar{u}ya$  and asvamedha sacrifices, knowledge of transcendental objects, and so forth, has been invested by Śrī Kṛṣṇa in His holy names (that is, the primary names).

dharma-yajña-yoga-jñāne yata śakti chila saba harināme kṛṣṇa svayaṁ samarpila BHAJANA-RAHASYA-VṛTTI: The glories of the holy name are described in this Text. Nāma Prabhu easily bestows sense enjoyment (bhukti) and liberation (mukti). The mass of sins that are nullified by the performance of charity, vows, austerities, fire sacrifices, horse sacrifices and so forth, are destroyed by the mere semblance of Nāma Prabhu. The results obtained by those desiring liberation and by those desiring sense enjoyment are the secondary results of nāma-sankīrtana. The main result given by Nāma Prabhu is the qualification to relish Śrī Bhagavān's sweetness, or the nectar of prema, through pure prema-bhakti. Pure devotees do not pray to obtain the secondary results of bhakti. Moreover, if these results are involuntarily obtained, they do not accept them; rather, paying respect from a distance, they disregard them. The lives of Śrīla Rūpa Gosvāmī and Śrīla Raghunātha dāsa Gosvāmī are exemplary in this regard.

#### Text 4

In the performance of *nāma-bhajana*, there is no consideration of cleanliness or uncleanliness, nor of proper or improper time. This is corroborated in the *Vaiśvānara-samhitā*:

na deśa-kāla-niyamo na śaucāśauca-nirṇayaḥ paraṁ saṅkīrtanād eva rāma rāmeti mucyate

In chanting the holy name, there is no rule concerning place and time, nor is there one regarding cleanliness or uncleanliness. By repeating the name 'Rāma', or in other words, by performing saṅkīrtana of the mahā-mantra, the topmost liberation – namely prema-bhakti – is obtained.

deśa kāla-śaucāśauca-vidhi nāme nāi hare krsna rāma nāme sadya tare yāi BHAJANA-RAHASYA-VṛTTI: When chanting the eternally perfect, transcendental holy name, there are no rules regarding place, time and so forth. In the performance of austerities and fire sacrifices, one has to follow rules prescribed by the Vedas, but the holy name can be chanted under any circumstance, whether one is in a pure or impure state. By His own strength Nāma Prabhu purifies the heart of the sādhaka.

The story of Gopāla-guru is noteworthy in this context. A young boy named Gopāla was staying with Śrīman Mahāprabhu and serving Him. One day, as Mahāprabhu was going to the latrine, He caught hold of His tongue with His hand. When Gopāla asked why He was doing this, Mahāprabhu replied, "My tongue never gives up chanting *harināma*, so when I am in an impure condition I must restrain it." The boy Gopāla then asked, "If someone were to die at such a moment, what would happen to him?" Hearing this, Mahāprabhu praised the boy and said, "What you say is true. One should not consider cleanliness, uncleanliness and so forth in chanting the immeasurably powerful names of Hari. From today, your name is Gopāla-guru."

#### Text 5

The characteristics of misfortune are described in  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (3.9.7):

daivena te hata-dhiyo bhavataḥ prasaṅgāt sarvāśubhopaśamanād vimukhendriyā ye kurvanti kāma-sukha-leśa-lavāya dīnā lobhābhibhūta-manaso 'kuśalāni śaśvat

Those persons who refrain from the hearing and chanting of Your glories, which destroys all misfortune, and instead always engage in inauspicious activities, being obsessed with a desire for a particle of material sense enjoyment, are certainly wretched, for fate has stolen away their intelligence.

tomāra prasaṅga sarva, aśubha karaye kharva, durdaiva prabhāve mora mana kāma-sukha-leśa āśe, lobha akuśalāyāse, se prasaṅge nā kaila yatana

BHAJANA-RAHASYA-VṛTTI: Glorifying the Supreme Lord, Brahmā says, "Those persons who are averse to hearing narrations about Śrī Bhagavān and bhakti, and who continuously perform inauspicious activities, being engrossed in worthless sense gratification, are unfortunate and bereft of good intelligence." Prahlāda Mahārāja also says, "A living entity who is attached to his home because of his undisciplined senses enters the deepest of hells. The intelligence of one who again and again chews the happiness and distress that has already been chewed can never become pure." One who is absorbed in karma-kāṇḍa by following the honey-filled statements of the Vedas will be bound by the long rope of the Vedas. The only means for the lustful living entities to become liberated is to immerse themselves in the dust of the lotus feet of a great niṣkincana, paramahamsa Vaiṣṇava.

#### Text 6

In Śrīmad-Bhāgavatam (1.7.4–6) it is stated:

bhakti-yogena manasi samyak praṇihite 'male apaśyat puruṣaṁ pūrṇaṁ māyāṁ ca tad-apāśrayām

yayā sammohito jīva ātmānam tri-guṇātmakam paro 'pi manute 'nartham tat-krtam cābhipadyate

# anarthopaśamam sākṣād bhakti-yogam adhokṣaje lokasyājānato vidvāmś cakre sātvata-samhitām

With a pure heart, Śrī Kṛṣṇa-dvaipāyana Vedavyāsa became absorbed in meditation through the process of bhakti-yoga. He thus saw the Supreme Person, Śrī Kṛṣṇa, along with His external energy (māyā), which was far away from Him but under His control. Due to this māyā, the conditioned living entity (baddha-jīva) forgets his service to Kṛṣṇa and becomes affected by anarthas. Although transcendental to the three modes of material nature, the living entity who is bewildered by māyā considers himself a material product. He thus identifies himself with this body and considers that which is related to it to be his. The infinitesimal living entity can only be delivered by kṛṣṇa-bhakti-yoga, but the mass of people in the material world are ignorant of this fact. Understanding this, Śrī Vyāsa manifested Bhāgavatam through bhakti-yoga.

kṛṣṇa, kṛṣṇa-māyā, jīva ei tina tattva māyā-mohe māyā-baddha jīvera anartha

cit-kaṇa jīvera kṛṣṇa-bhakti-yoga-bale anartha vinaṣṭa haya kṛṣṇa prema-phale

ei tattva nāma-samādhite pāila vyāsa bhāgavate bhakti-yoga karila prakāśa

BHAJANA-RAHASYA-VŖTTI: Śrī Kṛṣṇa-dvaipāyana Vedavyāsa manifested all the Vedas, Upaniṣads, Purāṇas and so forth. Even though he had realisation of the Supreme Absolute Truth and His sound incarnation (śabda-brahma), he remained dissatisfied, feeling an inner lack. He enquired from Śrī Nārada about this, who answered, "You have not described Śrī Kṛṣṇa's sweet pastimes and spotless glories. You should do so, and by this your heart will become satisfied." By the

mercy of Śrī Nārada and by the means of *bhakti-yoga*, Vedavyāsa, with a pure heart, became absorbed in meditation and received *darśana* of all Śrī Bhagavān's pastimes. He then manifested the *Bhāgavatam*, the fully ripened fruit of the desire tree of Vedic literature.

The essential teaching of this incident is that when the mind of the living entity becomes pure through the practice of *bhakti*, then by the combined mercy of the *samvit*- and *hlādinī-śaktis*, he can experience Kṛṣṇa, Kṛṣṇa's internal potency (Yogamāyā) and his own constitutional nature (*svarūpa*). The object of *bhajana* will manifest in the heart naturally through *bhakti-yoga*. Those who desire liberation through *jñāna* and *karma* are deprived of realisation of the complete, eternally conscious object.

The words *puruṣam pūrṇam* in this Text refer to Svayam Bhagavān Vrajendra-nandana Śyāmasundara, who is the possessor of all potencies (*sarva-śaktimān*), and to all the residents of Vraja, including the *gopīs*.

By means of *bhakti-yoga*, Śrīla Vyāsadeva saw Bhagavān's various manifestations and His three potencies: *svarūpa-śakti*, *māyā-śakti* and *jīva-śakti*. Through His *svarūpa-śakti*, Bhagavān performs eternal, transcendental pastimes. *Māyā-śakti* has two functions to control the *jīvas* who are averse to Bhagavān: *āvaraṇātmikā* (to cover real knowledge) and *vikṣepātmikā* (to hurl the living entity down into the ocean of material existence). Those living entities who are controlled by material activities are moved by the desire to gratify their senses, and Māyā-devī makes them dance like puppets.

An argument can be raised in this connection. When Vyāsadeva received *darśana* of the Supreme Lord's form, qualities, pastimes and so forth, what was the purpose of his also receiving *darśana* of *māyā*? The answer is that Vyāsadeva was not an ordinary living being, so he had no familiarity with the suffering of the conditioned souls ensnared by *māyā*. How, then, could he help them? For this reason he also received *darśana* of the illusory energy.

The  $\bar{a}c\bar{a}ryas$  write that the living entities who are controlled by  $m\bar{a}y\bar{a}$  are absorbed in the three modes, devoured by the great disease

of material existence and unable to taste the sweetness of Śrī Bhagavān. The liberation of the living entities bound by  $m\bar{a}y\bar{a}$  is possible only when  $m\bar{a}y\bar{a}$ 's coverings are removed. Śrīla Viśvanātha Cakravartī Ṭhākura explains in his commentary on this Text that to cure a sick patient, an expert doctor prescribes both medicine and a good diet. The remedial measure for the conditioned living entities is the process of *bhakti*. The medicine is hearing *hari-kathā* and chanting *harināma*, and the diet is to stay in the association of devotees and avoid offences.

After receiving the above-mentioned darśana, Śrīla Vyāsa manifested Śrīmad-Bhāgavatam, the eternal authoritative scripture that is filled with all truths. He did this for the benefit of ignorant people who are devoured by the great disease of material existence. By hearing Śrīmad-Bhāgavatam, the living entities can become free from their anarthas and ignorance, and thus obtain kṛṣṇa-prema. Śrī Kṛṣṇa's prema-filled transcendental pastimes with the vraja-devīs are described in Śrīmad-Bhāgavatam. By hearing these narrations with faith, the living entities can again become established in their eternal dharma.

Śrīmad-Bhāgavatam (10.33.36) states: "yāḥ śrutvā tat-paro bhavet — upon hearing such pastimes, one becomes dedicated to Him." Service to Śrī Rādhā and Śrī Kṛṣṇa is filled with the sweetest nectar of prema, and to become established in service to Them is the purpose of life. One can achieve this after the removal of one's anarthas through the process of bhakti-yoga, the essence of all truths.

# Text 7

Anarthas, or misfortune, are of four kinds. This is described in the  $\bar{A}mn\bar{a}ya$ - $s\bar{u}tra$ - $vy\bar{a}khy\bar{a}$ :

māyā-mugdhasya jīvasya jñeyo 'narthaś catur-vidhaḥ hṛd-daurbalyaṁ cāparādho 'sat-trsnā tattva-vibhramah The anarthas of the living entities enchanted by the illusory energy are of four kinds: (1) illusion about one's real identity (svarūpa-bhrama), (2) hankering for what is temporary (asattṛṣṇā), (3) offences (aparādha) and (4) weakness of heart (hṛdaya-daurbalya). They bind the living entity to the material world and entangle him in its miseries.

māyā-mugdha jīvera anartha catuṣṭaya asat-tṛṣṇā, hṛdaya-daurbalya viṣamaya

aparādha svarūpa-vibhrama ei cāri yāhāte saṁsāra-bandha vipatti vistāri

BHAJANA-RAHASYA-VŖTTI: The living entities seized by *māyā* and derailed from pure *dharma* wander in this material existence, falsely thinking they are its enjoyers. Four *anarthas* are noticed in these living entities: *svarūpa-bhrama*, *asat-tṛṣṇā*, *aparādha* and *hṛdaya-daurbalya*. *Anarthas* are the collection of that which has no purpose. The *jīva's* only purpose is service to Śrī Kṛṣṇa, but in this material existence he is engaged in *māyā's* service – hence, this is an *anartha*.

Svarūpa-bhrama — The pure living entity is a tiny transcendental particle (cid-anu) and the eternal servant of Śrī Kṛṣṇa. Just as the conditioned living entity experiences form, taste, smell, touch, etc. through his material senses, the pure living entity experiences transcendental form, taste and so forth through his transcendental senses. Forgetting that "I am an infinitesimal particle of spiritual consciousness and Kṛṣṇa's servant" the jīva becomes conditioned and wanders about in this material existence. The primary anartha of the living entity is his failure to realise his svarūpa, his true nature.

 $Asat-trṣṇ\bar{a}$  – To consider the material body to be 'me', to consider perishable objects in relation to the body to be 'mine', and to desire happiness from perishable objects, is called  $asat-trṣṇ\bar{a}$ .

Aparādha - Apagata-rādho yasmād ity aparādhaḥ. Rādha means affection (prīti), so that action which causes affection to

vanish is called *aparādha* (offence). *Aparādha* at the lotus feet of the Supreme Lord and at the lotus feet of His devotees decreases *prīti*. One should avoid the ten *nāma-aparādhas*, the thirty-two *sevā-aparādhas* and all the *dhāma-aparādhas*.

*Hṛdaya-daurbalya* – When the heart experiences illusion and distress upon the attainment or loss of that which is perishable, it is called *hṛdaya-daurbalya*, weakness of heart. This *anartha* appears naturally in the living entity due to ignorance, and it vanishes by the cultivation of Kṛṣṇa consciousness in the association of pure devotees.

#### Text 8

Svarūpa-bhrama is of four types, as stated in the  $\bar{A}mn\bar{a}ya$ -sūtra- $vy\bar{a}khy\bar{a}$ :

sva-tattve para-tattve ca sādhya-sādhana-tattvayoḥ virodhi-viṣaye caiva tattva-bhramaś catur-vidhaḥ

The conditioned living entity is subject to four kinds of *bhrama*, or illusion: (1) jīva-svarūpa-bhrama, (2) para-tattva-bhrama, (3) sādhya-sādhana-tattva-bhrama and (4) bhajana-virodhivisaya-bhrama.

tattva-bhrama catuṣṭaya baḍai viṣama svīya-tattve bhrama āra kṛṣṇa-tattve bhrama

sādhya-sādhanete bhrama, virodhī viṣaye cāri-vidha tattva-bhrama baddha-jīva-caye

BHAJANA-RAHASYA-VṛTTI: Jīva-svarūpa-bhrama — The living entity cannot realise his own transcendental nature due to ignorance of it. He has forgotten his real *svarūpa* that he is the servant of Śrī Kṛṣṇa, because he thinks himself to be the enjoyer.

Para-tattva-bhrama — Who is para-tattva, the Absolute Truth? Not knowing this, the living entity becomes illusioned. Sometimes he worships Śiva, sometimes Brahmā and sometimes another demigod or goddess. The inability to correctly ascertain the Absolute Truth is called para-tattva-bhrama.

Sādhya-sādhana-bhrama — According to the scriptures, kṛṣṇa-prema is the only goal (sādhya) and bhakti the only practice (sādhana). The conditioned living entity, however, is unable to decide which is his goal among sense enjoyment, liberation and kṛṣṇa-prema, and which is his practice among karma, jṇāna and bhakti. This is sādhya-sādhana-bhrama, illusion about the goal and the process to attain it. If one cannot ascertain the goal, it is not possible to determine the practice, and without the practice it is not possible to attain the goal. It is only by the mercy of Vaiṣṇavas that one can obtain the fortune to understand that bhakti is the only auspicious spiritual practice, and prema is the only aim and object. Prema is of two kinds: aiśvarya-para (full of opulence) and mādhurya-para (full of sweetness). The ācāryas have determined that the topmost goal is sweet, loving service to Śrī Rādhā-Kṛṣṇa under the guidance of the vraja-gopīs.

Bhajana-virodhi-viṣaya-bhrama – Doctrines other than Vaiṣṇavism oppose bhajana and cause bewilderment (virodhi-bhrama). This especially applies to impersonalism (māyāvāda), which contaminates the heart and thus renders the living entity unable to discriminate.

# Text 9

Asat-tṛṣṇā is of four kinds, as described in the  $\bar{A}mn\bar{a}ya$ -sūtra-vyākhyā:

aihikeşvaişaṇā pāratrikeşu caişaṇā 'śubhā bhūti-vāñchā mumukṣā ca hy asat-trṣṇāś catur-vidhāh The four types of asat-tṛṣṇā are as follows: (1) desire for objects of this material world, (2) desire for heavenly pleasures, like those of Svarga, (3) desire for mystic powers, and (4) desire for liberation.

pāra-trika aihika eṣaṇā bhūti-kāma mukti-kāma ei cāri asat-tṛṣṇā nāma

BHAJANA-RAHASYA-VṛTTI: The desire to obtain that which is unrelated to Śrī Kṛṣṇa is known as <code>asat-tṛṣṇā</code>. This desire is of four kinds: (1) Desire for worldly, material objects and the various endeavours to obtain them. Śrīmad-Bhāgavatam (11.3.18) states: "karmāṇy ārabhamāṇām duḥkha-hatyai sukhāya ca — the conditioned living entity endeavours to obtain pleasure for the senses but receives only misery." (2) Desire to obtain the pleasures of the heavenly planets and the worship of various demigods and goddesses. (3) Desire to obtain mystic powers in order to bewilder people with material wonders and thereby attain wealth, worship, prestige and so forth. Human beings are attracted to <code>aṣṭāṅga-yoga</code> and to mystic powers like <code>aṇimā</code> and <code>laghimā</code>. (4) Desire for liberation.

These four desires are all opposed to *bhajana*, and therefore devotees of Śrī Bhagavān never accept them.

#### Text 10

Aparādha is of four kinds, as mentioned in the Āmnāya-sūtra-vyākhyā:

kṛṣṇa-nāma-svarūpeṣu tadīya-cit-kaṇeṣu ca jñeyā budha-gaṇair nityam aparādhāś catur-vidhāḥ

The four kinds of aparādha are as follows: (1) offences to Kṛṣṇa's name (nāma-aparādha), (2) offences to Kṛṣṇa's deity form (sevā-aparādha), (3) offences to that which belongs to Kṛṣṇa, or in other

words, to Girirāja-Govardhana, the Gaṅgā, the Yamunā, the *dhāma* or the lotus feet of the devotees, and (4) offences to other living entities, who are all infinitesimal particles of spirit belonging to Kṛṣṇa.

kṛṣṇa-nāme, svarūpe o bhakte, anya nare bhrama haite aparādha catuṣṭaya smare

#### Text 11

Hrdaya-daurbalya is of four kinds, as stated in the  $\bar{A}mn\bar{a}ya$ - $s\bar{u}tra$ - $vy\bar{a}khy\bar{a}$ :

tucchāsaktiḥ kuṭīnāṭī mātsaryaṁ sva-pratiṣṭhatā hṛd-daurbalyaṁ budhaiḥ śaśvaj jñeyaṁ kila catur-vidham

Scholars consider *hṛdaya-daurbalya* to be of four types: (1) attachment to worthless objects, that is, objects unrelated to Kṛṣṇa, (2) hypocrisy and deceit (*kuṭināṭī*), (3) envy upon seeing the prosperity of others, and (4) desire for prestige and position (*pratiṣṭhā*).

kṛṣṇetara viṣaye āsakti, kuṭīnāṭī para-droha, pratiṣṭhāśā ei ta' cāriṭi

hṛdaya-daurbalya bali' śāstre nirdhārila chaya ripu, chaya ūrmi ihāte janmila

yata dina e saba anartha nāhi chāḍe tata dina bhakti-latā kabhu nāhi bādhe

BHAJANA-RAHASYA-VṛTTI: *Hṛdaya-daurbalya* gives birth to six enemies: lust (*kāma*), anger (*krodha*), greed (*lobha*), delusion (*moha*), pride (*mada*) and envy (*mātsarya*); and their waves result in distress

(śoka), bewilderment (moha), hunger ( $kṣudh\bar{a}$ ), thirst ( $pip\bar{a}s\bar{a}$ ), old age ( $jar\bar{a}$ ) and death (mrtyu).

The creeper of devotion cannot grow as long as one does not give up these *anarthas*.

### Text 12

All anarthas are nullified by nāma-saṅkīrtana. Śrīmad-Bhāgavatam (1.1.14) states:

āpannaḥ saṁsṛtiṁ ghorāṁ yan-nāma vivaśo gṛṇan tataḥ sadyo vimucyeta yad bibheti svayaṁ bhayam

If a living entity who is caught in the whirlpool of material existence even once chants the name of Kṛṣṇa, he can be freed immediately. Even fear personified trembles upon hearing the name of Śrī Bhagavān.

e ghora samsāre padi' kṛṣṇa-nāma laya sadya mukta haya āra bhaya pāya bhaya

BHAJANA-RAHASYA-VṛTTI: The far-sighted sages, reflecting on the terrible distress of the living entities in the frightful age of Kali, asked Sūta Gosvāmipāda, "O Saumya, how can the conditioned living entities, who are attached to material existence, become liberated?" Sūta replied, "Association with devotees of Śrī Bhagavān is the only means. Bathing in the Gaṅgā destroys sins, but all sins are nullified solely by having darśana of a devotee who is dedicated to the holy name. The direct result of associating with the Supreme Lord's devotees and serving them is the attainment of prema. If a living entity merely utters the holy name at the time of death, Nāma Prabhu will bestow prema upon him."

#### Text 13

Śrīmad-Bhāgavatam (11.2.37) states:

bhayam dvitīyābhiniveśataḥ syād īśād apetasya viparyayo 'smṛtiḥ tan-māyayāto budha ābhajet tam bhaktyaikayeśam guru-devatātmā

The living entity who is averse to Śrī Bhagavān forgets his own constitutional nature because of his association with  $m\bar{a}y\bar{a}$ . Due to this forgetfulness, he becomes absorbed in the conception that he is the material body and thus thinks, "I am a demigod", "I am a human being". In this state of bodily identification, he fears old age, disease and so forth. Therefore, those who know the truth should consider their own *guru* as *īśvara*, the Supreme. In other words, they should see him as their master who is non-different from Bhagavān and who is very dear to Him. Through exclusive devotion they should perform one-pointed worship of that *īśvara*, their *guru*.

kṛṣṇa chāḍi' jīva kaila anyābhiniveśa tāi tāra viparyaya-smrti āra kleśa

sad-guru āśraya kari' kṛṣṇa-kṛpā-āśe ananya-bhajana kare yāya kṛṣṇa-pāśe

BHAJANA-RAHASYA-VŖTTI: When the living entities are averse to the Supreme Lord, they become absorbed in *māyā* and thus become materially conditioned. Māyā-devī, through her two functions of *āvaraṇātmikā* and *vikṣepātmikā*, makes the living entities wander in the prison-like material existence, suffering its torment by thinking they are the 'experiencers' of happiness and distress. A person who is resolute takes shelter of the lotus feet of a bona fide *guru* and is thus able to cross over this material existence. By accepting the guidance of a *guru* who has realised Śrī Bhagavān and by being absorbed in intimate service

(viśrambha-sevā) to him, one attains the mercy of the Supreme Lord and material identification goes far away. One will attain knowledge of one's own svarūpa, Bhagavān's svarūpa, and the svarūpa of the illusory energy by understanding the spiritual master to be near and dear like his own soul and by serving him. By the guru's mercy, the living entity will ultimately be engaged in eternal service in Śrī Bhagavān's abode.

# Text 14

The characteristics of *bhakti-yoga* are described in  $Śr\bar{\imath}mad-Bh\bar{a}gavatam$  (1.2.12, 7):

tac chraddadhānā munayo jñāna-vairāgya-yuktayā pasyanty ātmani cātmānam bhaktyā sruta-gṛhītayā

vāsudeve bhagavati bhakti-yogaḥ prayojitaḥ janayaty āśu vairāgyaṁ jñānaṁ ca yad ahaitukam

After hearing Śrīmad-Bhāgavatam, a faithful person automatically acquires bhakti endowed with knowledge and renunciation. By such bhakti, he apprehends the Supreme Lord's svarūpa in his heart and he realizes his relationship with Him. Thereupon he enters service to the Lord. When the relationship between the Lord and the living entity is established, bhakti-yoga for Bhagavān Śrī Vāsudeva appears.

śraddhā kari' nāma bhaje sādhu-kṛpā pāñā itare virāga nitya-svarūpa bujhiyā

ihākei bali bhakti-yoga anuttama bhakti-yoge sarva-siddhi yadi dhare krama BHAJANA-RAHASYA-VRTTI: Sādhana of the non-dual Absolute Truth (advaya-jñāna-para-tattva) is of three kinds: jñāna, yoga and bhakti. The iñānīs realise Bhagavān as brahma on the strength of their cultivation of knowledge. They see tat-padartha, Bhagavan, within their souls (ātmās), they see their own souls in Īśvara and they also see tam-padartha, all living entities, in Him. The yoqis realise the non-dual object as Paramātmā, the Supersoul. All attempts made by the living entities to attain renunciation through the cultivation of dry knowledge are useless. Renunciation is an inherent result of bhakti and is easily attained through the practice of bhakti-yoga. The bhaktisādhaka relishes the direct sweetness of the non-dual object on the strength of his devotion. The process of bhakti is to hear krsna-kathā from the lotus mouth of the spiritual master. Knowledge endowed with a sense of one's relationship with Śrī Krsna appears through the process of bhakti by the means of hearing and chanting. The ācāryas have ascertained that the mood of service appears by hearing from authorities. The impersonalists do not follow this path of hearing, which is the descending path (avarohavāda). Rather, they endeavour to take shelter of the doctrine of the ascending path (ārohavāda). Their attempts are compared to trying to reach the sky by climbing on falling raindrops. When the living entity is absorbed in service to the object of bhajana and not in any other object, pure bhakti and proper renunciation (yukta-vairāgya) will arise.

## Text 15

The fourth verse of the *catuḥ-ślokī* of *Śrīmad-Bhāgavatam* (2.9.36) states:

etāvad eva jijñāsyam tattva-jijñāsunātmanaḥ anvaya-vyatirekābhyām yat syāt sarvatra sarvadā One who is inquisitive to know the true nature of the self (ātmatattva) inquires through direct (anvaya) and indirect (vyatireka) means of deliberation about that object, which is fully eternal.

anartha-nāśera yatna dui ta' prakāra anvaya-mukhete vyatireka-mukhe āra

anvaya-mukhete vidhi bhajana-vişaye vyatireka-mukhete nişedha nānāśraye

BHAJANA-RAHASYA-VṛTTI: After Brahmā took birth, he asked Śrī Bhagavān four questions, which the Supreme Lord answered through the *catuḥ-ślokī*. These four verses are famous as *Catuḥ-ślokī* Bhāgavata because they are the seed of Śrīmad-Bhāgavatam. They contain the very essence of the Vedas, Vedānta and all other Vedic scriptures.

Philosophical knowledge of Śrī Bhagavān, His eternal form, His qualities, pastimes, etc., are all described in the first of these verses in the form of aphorisms (sūtras). In the second verse, māyā-tattva, which is separate from Bhagavān's eternal form, is discussed, as is the material world (jaḍa-jagat). The sambhanda-jñāna found in these two verses should be understood. The third verse describes the existence of Śrī Bhagavān's eternal svarūpa, separate from His relationship of inconceivable difference and non-difference (acintya-bhedābheda) with the living entities and matter. It also describes how the living entities, by taking shelter of the Supreme Lord's lotus feet, attain the treasure of the most elevated prema.

This Text 15 is the fourth verse of *Catuḥ-ślokī Bhāgavata*, and it describes *sādhana-bhakti*, the means for obtaining the abovementioned supreme goal. Direct following, or *anvaya*, means to accept the rules of *sādhana-bhakti* with a favourable mood. The word *vyatireka* is used in regard to avoiding those actions that are unfavourable and that cause obstacles in obtaining the desired goal. The path of *sādhana* is known as *abhidheya* (the process). In other words, that instruction which is obtained from the scriptures through

direct interpretation (abhidhā-vṛtti) is known as abhidheya. This is described in this Text. Sādhana-bhakti, which is none other than abhidheya, is not dependent on time, place, performer or circumstance. The duty of all living entities is to perform sādhana-bhakti in all places, at all times and under all circumstances. The sādhaka should inquire and hear from the spiritual master about sādhana-bhakti.

In this Text, the confidential meaning of 'direct' and 'indirect' indicates the union (samyoga) and separation (vipralambha) found in Vrajendra-nandana Śyāmasundara's amorous pastimes (śṛṅgāra-rasa) with His most beloved vraja-sundarīs. To deceive the conditioned living entities, all these priceless jewels are kept well protected in a box that the jṇānīs and aiśvarya-bhaktas are unable to open. That guru who is adept at relishing the rasa of Vraja displays its contents only to his qualified disciples.

#### Text 16

The six urges unfavourable to *bhakti* and the *anarthas* related to them (i.e. *hṛdaya-daurbalya*, *asat-tṛṣṇā* and *aparādha*) are explained in the first verse of Śrī Upadeśāmṛta:

vāco vegam manasaḥ krodha-vegam jihvā-vegam udaropastha-vegam etān vegān yo viṣaheta dhīraḥ sarvām apīmām prthivīm sa śisyāt

A wise and self-composed person who can tolerate the impetus to speak, the agitation of the mind, the onset of anger, the vehemence of the tongue, the urge of the belly and the agitation of the genitals can instruct the whole world. In other words, all persons may become disciples of such a self-controlled person.

vākya-vega mano-vega krodha-jihvā-vega udara upastha-vega bhajana udvega

# bahu-yatne nitya saba karibe damana nirjane karibe rādhā-kṛṣṇera bhajana

BHAJANA-RAHASYA-VRTTI: In this Text, Śrīla Rūpa Gosvāmī has given the instruction to reject that which is unfavourable to *bhakti*. The acceptance of that which is favourable and rejection of that which is unfavourable are not direct limbs of pure *bhakti*. Rather, they are aspects of *śraddhā* that are characterised by surrender (*śaraṇāgati*) and that bestow the eligibility for *bhakti*. A person who is capable of tolerating the six urges mentioned in this verse can instruct the entire world.

The purport of this Text is that lust (*kāma*), anger (*krodha*), greed (*lobha*), delusion (*moha*), pride (*mada*) and envy (*matsaratā*) always appear in the mind and agitate the living entity. These six enemies dwell there due to living entity's weakness of heart, *hṛdaya-daurbalya*.

Three kinds of urges (*vegas*) are seen in the living entity attached to enjoyment of material objects in this worldly existence: the impetus to speak, agitation of the mind and agitation of the body. It is very difficult for a person who has fallen into the strong current of these three urges to be rescued.

The impetus to speak ( $v\bar{a}kya$ -vega) refers to talks that are unfavourable to bhakti, and to the use of words that cause distress to others. However, one should not consider talk that is useful in the service of the Supreme Lord to be  $v\bar{a}kya$ -vega. Rather, one should consider such talk to be the result of disciplining the impetus to speak. Agitation of the mind is born from the various desires of the heart. If these desires are not fulfilled, anger arises. The three mental urges of speech, the mind and anger will be pacified by remembering Śrī Kṛṣṇa's pastimes.

The bodily urges are also of three types: the vehemence of the tongue, the urge of the belly and the agitation of the genitals. Vehemence of the tongue appears when the desire to enjoy any of the six distinct tastes impels one to eat prohibited foods and to take intoxicants. A *bhakti-sādhaka* must never indulge in these things. One should carefully keep the urge of the tongue at bay by taking

the remnants of the Supreme Lord and the devotees. The urge of the belly will also be pacified by taking *bhagavat-prasāda* as needed, by regularly observing Ekādaśī and by serving Śrī Kṛṣṇa.

It is possible to fall into varieties of bad behaviour and bad association just to satisfy the desires of the tongue. Śrī Caitanya-caritāmṛta (Antya-līlā 6.227) states: "jīhvāra lālase yei iti-uti dhāya, śiśnodara-parāyaṇa kṛṣṇa nāhi pāya — one who runs here and there trying to satisfy his tongue and who is always devoted to the desires of the genitals and belly cannot attain Śrī Kṛṣṇa." Also (Antya-līlā 6.236): "bhāla nā khāibe āra bhāla nā paribe — do not eat delicious food and do not dress opulently." Many troubles come from overeating. A person who eats too much becomes a servant of his agitated genitals. In other words, he becomes devoid of character. The agitation of the genitals, or the desire to meet with the opposite sex, drags the mind towards material sense objects and therefore renders one incapable of cultivating pure bhakti.

Śrīla Rūpa Gosvāmī composed this verse to make the heart of a person who is endeavouring to perform *bhajana* inclined towards the path of *bhakti*. It is not that the endeavour to escape these six urges is itself the practice of *bhakti*; rather, this endeavour is the path to attain the qualification to enter the realm of *bhakti*. When *bhakti* appears, these six urges automatically become pacified of their own accord. This is because *bhakti* is a self-manifesting function of the Supreme Lord's *svarūpa-śakti*.

# Text 17

The six impediments to *bhakti* are described in the second verse of  $\dot{S}r\bar{\iota}$  *Upadeśāmṛta*:

atyāhāraḥ prayāsaś ca prajalpo niyamāgrahaḥ jana-saṅgaś ca laulyaṁ ca ṣaḍbhir bhaktir vinaśyati The following six kinds of faults destroy bhakti: (1) eating too much or collecting more than necessary, (2) endeavouring for that which is opposed to bhakti, (3) engaging in useless mundane talk, (4) failing to adopt essential rules and regulations, or fanatically adhering to rules and regulations, (5) taking bad association and (6) being greedy or restless in the mind to adopt worthless opinions.

atyāhāra prayāsa prajalpa jana-saṅga niyama-āgraha laulye haya bhakti bhaṅga

BHAJANA-RAHASYA-VŖTTI: The six impediments to bhakti are atyāhāra, prayāsa, prajalpa, niyamāgraha, jana-saṅga and laulyam.

Atyāhāra is formed by the words ati, meaning 'too much' or 'excessively', and āhāra, 'to grasp or consume for one's own enjoyment'. It means either excessive enjoyment of any sense object or collecting more than necessary. While renunciants are forbidden to accumulate objects, householder Vaisnavas may collect and save what is necessary to maintain their life. However, over-accumulating is atyāhāra. It is not proper for those desiring to perform bhajana to accumulate like materialists. Prayāsa is the endeavour to enjoy material objects or the engagement in activities opposed to devotion. Prajalpa means to spend time uselessly gossiping about mundane things. Niyamāgraha means enthusiastic adherence to those rules that yield the lowest results, such as attaining the heavenly planets (Svarga), while abandoning the endeavour to serve Śrī Bhagavān, which is the topmost attainment. It also refers to indifference to the rules and regulations that nourish bhakti. The word jana-sanga refers to giving up the association of pure devotees and keeping company with others, especially materialistic people. Laulyam refers to the fickleness of the mind to accept varieties of false doctrines, and the restlessness of the mind to enjoy insignificant material sense enjoyment. The tendency for bhakti will be destroyed if one wanders like a promiscuous woman, sometimes on the path of karma,

sometimes on the path of *yoga*, sometimes on the path of *jñāna* and sometimes on the path of *bhakti*. *Prajalpa* leads to criticism of devotees, and *laulyam* awakens a taste for many temporary, uncertain conclusions. Both of these will lead to *nāma-aparādha*. Therefore, one should carefully give them up.

#### Text 18

The six kinds of association that nourish *bhakti* are described in the fourth verse of  $\acute{S}r\bar{\imath}$  *Upadeśāmṛta*:

dadāti pratigṛhṇāti guhyam ākhyāti pṛcchati bhuṅkte bhojayate caiva sad-vidhaṁ prīti-laksaṇam

Offering pure devotees items in accordance with their requirements and accepting the *prasāda*, remnant items, given by them; revealing to devotees one's confidential realisations concerning *bhajana* and inquiring from them about their confidential realisations; eating with great love the *prasāda* given by devotees and lovingly feeding them *prasāda* – these are the six kinds of association that symptomise love and affection.

ādāna pradāna prīte, gūḍha ālāpana āhāra bhojana chaya saṅgera laksana

sādhura sahita saṅge bhakti-vṛddhi haya abhakta asat-saṅge bhakti haya kṣaya

BHAJANA-RAHASYA-VṛTTI: This Text describes the visible symptoms of the affection that nourishes devotion, or in other words, affection for pure devotees. *Bhakti* manifests by associating with Śrī Bhagavān's devotees, but one should be careful to associate only with

pure devotees. One should never keep the company of and reciprocate with those who are gross sense enjoyers, those who desire liberation or those who want to enjoy the fruits of their actions. *Bhakti* will be destroyed by the fault of associating with them. One should also not hear anything from them about the confidential aspects of *bhakti*, and one should not accept food that has been touched by them.  $Sr\bar{\iota}$  Caitanya-caritāmṛta (Antya-līlā 6.278) confirms this:

viṣayīra anna khāile malina haya mana malina mana haile, nahe kṛṣṇera smaraṇa

[Śrī Caitanya Mahāprabhu said:] When one eats food offered by a materialistic man, one's mind becomes contaminated, and when the mind is contaminated, one is unable to think of Kṛṣṇa properly.\*

On the other hand, loving exchanges with devotees who are likeminded, more advanced than oneself and affectionate to oneself (svajātīya-snigdhāśaya) enhance one's devotion.

# Text 19

In Śrī Caitanya-candrodaya-nāṭaka (8.88) Śrīman Mahāprabhu has prohibited one from even seeing a sense enjoyer or a woman:

niṣkiñcanasya bhagavad-bhajanonmukhasya pāram param jigamiṣor bhava-sāgarasya sandarśanam viṣayiṇām atha yoṣitām ca hā hanta hanta viṣa-bhakṣaṇato 'py asādhu

[Śrī Caitanya Mahāprabhu greatly lamented, saying:] Alas, for a renunciant who is devoted to *bhagavad-bhajana* and who desires to cross the ocean of material existence, it is worse to see sense enjoyers and women than it is to drink poison.

niṣkiñcana bhajana unmukha yei jana bhava-sindhu uttīrṇa haite yāṅra mana

viṣayī-milana āra yoṣit sammilane viṣa-pānāpekṣā tāṅra viruddha-ghaṭana

BHAJANA-RAHASYA-VRTTI: Persons who desire to cross the ocean of material existence, as well as renunciants intent on *bhagavad-bhajana*, should avoid those who are attached to sense enjoyment and the association of women. The company of people in these two categories is more fearsome than drinking poison. Śrī Raghunātha dāsa understood Śrī Caitanya Mahāprabhu's hint and thereafter refused to accept the money his father had sent him, understanding that it was more auspicious to accept alms. Śrīman Mahāprabhu abandoned Choṭa Haridāsa for life because he associated with a woman. Therefore, in *Prema-vivarta* Jagadānanda Paṇḍita says:

yadi cāha praṇaya rākhite gaurāṅgera sane chota haridāsera kathā thāke yena mane

If you want to associate with Śrī Caitanya Mahāprabhu, you must always remember the incident of Choṭa Haridāsa and how he was rejected by the Lord.

## Text 20

It is forbidden to judge a transcendental Vaiṣṇava from a material viewpoint. Śrī Upadeśāmṛta (6) states:

dṛṣṭaiḥ svabhāva-janitair vapuṣaś ca doṣair na prākṛtatvam iha bhakta-janasya paśyet gaṅgāmbhasāṁ na khalu budbuda-phena-paṅkair brahma-dravatvam apagacchati nīra-dharmaiḥ

Devotees who are in this material world should not be considered material; that is, one should not consider them ordinary conditioned souls. Imperfections seen in their natures, such as birth in a low caste, harshness or lethargy, and the imperfections seen in their bodies, such as ugly features, disease or deformities, are precisely like the appearance of bubbles, foam and mud in the Gaṅgā. Despite such apparent pollution of her water, the Gaṅgā retains her nature as liquefied transcendence. Similarly, one should not attribute material defects to self-realised Vaiṣṇavas.

svabhāva-janita āra vapu-doṣe kṣaṇe anādara nāhi kara śuddha-bhakta-jane

paṅkādi julīya doṣe kabhu gaṅgā-jale cinmayatva lopa nahe, sarva-śāstre bale

aprākṛta bhakta-jana pāpa nāhi kare avaśiṣṭa pāpa yāya kichu dina pare

BHAJANA-RAHASYA-VṛTTI: The instruction of this Text is that it is improper to consider pure devotees to be material or to see material defects in them. They may have defects in their bodies or natures, but it is impossible for pure devotees to fall into bad association or commit nāma-aparādha. The water of the Gangā is considered to be pure, despite the appearance of bubbles, foam, mud, etc., for its nature as liquefied transcendence is never lost. Similarly, self-realised Vaiṣṇavas are not contaminated by the birth of the material body nor by its deterioration. Therefore, one who is intent on performing bhajana should never disrespect a pure Vaiṣṇava, even if these defects are apparent in him. The remaining imperfections of a Vaiṣṇava are quickly removed, and if someone even looks for them he becomes an offender.

## Text 21

Śrīla Raghunātha dāsa Gosvāmī states in Śrī Manaḥ-śikṣā (7) that one should give up the desire for prestige and the wickedness of deceit and hypocrisy:

pratiṣṭhāśā dhṛṣṭā śvapaca-ramaṇī me hṛdi naṭet kathaṁ sādhu-premā spṛśati śucir etan nanu manaḥ sadā tvaṁ sevasva prabhu-dayita-sāmantam atulaṁ yathā tāṁ niṣkāśya tvaritam iha taṁ veśayati saḥ

[Why does deceit not go away even after one has given up all material sense enjoyment? This verse has been composed in order to remove this doubt.] O mind, tell me, how can pure divine love appear in my heart (you, O mind, are my heart) as long as the shameless outcaste woman of the desire for prestige is audaciously dancing there? Therefore, without delay remember and serve the immeasurably powerful commanders of Śrī Kṛṣṇa's army, the very dear devotees of the Supreme Lord. They will quickly chase away this outcaste woman and initiate the flow of pure vraja-prema in my heart.

BHAJANA-RAHASYA-VŖTTI: The desire (āśā) for prestige (pratiṣṭhā) is called pratiṣṭhāśā. Although all other anarthas may be dispelled, the desire for pratiṣṭhā is not easily removed. The desire for prestige is the root of all anarthas; all kinds of deceit and hypocrisy arise from it and are gradually nourished by it. The svaniṣṭha-sādhaka¹ is someone who is virtuous, benevolent, sinless, a renounced devotee of the Lord, a learned scholar, and so on. Therefore, as long as the desire for prestige remains in the heart, one is unable to drive away deceit. And until one becomes free from deceit, one cannot obtain immaculate divine love. In other words, if deceit remains, one does not attain prema for Śrī Kṛṣṇa, which is endowed with a sense of great possessiveness (mamatā) and which makes the heart melt.

Service to pure Vaiṣṇavas is the only means to dispel anarthas like wickedness, deceit and hypocrisy. The rays of the hlādinī-śakti are to be seen in the hearts of pure Vaiṣṇavas. These rays are transmitted into the heart of a faithful sādhaka, where they dispel these anarthas and manifest vraja-prema. Always serve the

<sup>1</sup> This term is further explained in the commentary to Text 22.

immeasurably merciful and powerful commanders of Śrī Nandanana's army, His beloved devotees. The embrace of pure Vaiṣṇavas, the dust from their lotus feet, the remnants of their prasāda, the water that has washed their feet, their instructions, and so forth are all fully competent to transmit  $hl\bar{a}din\bar{\imath}-\dot{s}akti$  into the heart. This is confirmed in  $\dot{S}r\bar{\imath}$  Caitanya-caritāmṛta (Antya-līlā 16.60–61):

bhakta-pada-dhūli āra bhakta-pada-jala bhakta-bhukta-avaśeṣa,—ei tina mahā-bala

ei tina-sevā haite kṛṣṇa-premā haya punaḥ punaḥ sarva-śāstre phukāriyā kaya

## Text 22

Śrī Manaḥ-śikṣa (6) states:

are cetaḥ prodyat-kapaṭa-kuṭināṭī-bhara-kharakṣaran-mūtre snātvā dahasi katham ātmānam api mām sadā tvaṁ gāndharvā-giridhara-pada-prema-vilasat sudhāmbhodhau snātvā svam api nitarāṁ māṁ ca sukhaya

[In spite of having subdued the enemies of lust and anger, one may not have conquered the great enemy of deceit. This verse instructs us how to gain victory over this powerful enemy.] O wicked mind, although you adopt the path of sādhana, you imagine yourself purified by bathing in the trickling urine of the great donkey of full-blown deceit and hypocrisy. By doing so, you are simultaneously burning yourself and scorching me, a tiny jīva. Stop this! Delight yourself and me by eternally bathing in the nectarean ocean of pure love for the lotus feet of the Divine Couple, Śrī Rādhā-Kṛṣṇa.

pratiṣṭhāśā kuṭīnāṭī yatne kara dūra tāhā haile nāme rati pāibe pracura BHAJANA-RAHASYA-VṛTTI: The abundance of deceit and hypocrisy that are clearly evident in a *sādhaka*, even though he has adopted the path of *sādhana*, are compared to the urine of a donkey. Considering oneself intently engaged in *bhajana* while remaining devious and hypocritical is like considering oneself pure after bathing in the filthy, burning urine of a donkey. The duty of a *sādhaka* is to carefully abandon these bad qualities.

There are three kinds of *bhakti-sādhakas*: *svaniṣṭha*, *pariniṣṭhita* and *nirapekṣa*. The hypocrisy that can be demonstrated by each is described below.

The *svaniṣṭha-sādhaka* is a householder devotee who serves Śrī Hari and completely abandons the rules and prohibitions prescribed within *varṇāśrama*. The deceits of such *sādhakas* are to indulge in sense enjoyment on the pretext of *sādhana-bhakti*; to serve wealthy and influential materialists instead of unpretentious devotees; to accumulate more wealth than necessary; to be enthusiastic for futile, temporary enterprises; to indulge in false doctrines; and to adopt the dress of a renunciant in order to obtain material prestige.

The pariniṣṭhita-sādhaka is a householder devotee who serves and worships the Supreme Lord according to rules and regulations. His deceit is that externally he makes a show of strict adherence to rules and regulations (pariniṣṭhita), but inwardly he remains attached to material objects. He also prefers the association of jnānīs, yogīs, philanthropists and materialists to that of resolute, loving devotees.

The deceit of the *nirapekṣa-sādhaka* (the renunciant) is that he maintains pride by thinking himself to be the topmost Vaiṣṇava; he adopts the dress of a renunciant and due to false ego regards other *sādhakas* as inferior; he collects wealth and other material assets; he associates with women and materialistic people; he collects wealth in the name of *bhajana*; he is overly attached to the external dress and rules of the renounced order and thereby weakens his affection for Śrī Krsna; and so forth.

A person should give up all this deceit and immerse himself in the nectarean ocean of pure transcendental pastimes that is born of *prema* for the lotus feet of the Divine Couple. The prayers expressed in the writings of Śrīla Rūpa Gosvāmī and others in our disciplic succession (*guru-varga*) point the *sādhaka* in the proper direction. One should take guidance from these prayers and perform *sādhana* while remembering within the heart the Divine Couple's eternal eightfold daily pastimes (*aṣṭa-kālīya-līlā*).

#### Text 23

The ten offences to the holy name, which should be given up without fail, are described in the *Padma Purāṇa* (*Brahma-khaṇḍa* 25.15–18). They are also quoted in *Hari-bhakti-vilāsa* (11.521–524):

#### (1-2)

satām nindā nāmnaḥ paramam aparādham vitanute yataḥ khyātim yātam katham u sahate tad vigarhām śivasya śrī-viṣṇor ya iha guṇa-nāmādi sakalam dhiyā bhinnam paśyet sa khalu hari-nāmāhita-karaḥ

(3-7)

guror avajñā śruti-śāstra-nindanam tathārtha-vādo hari-nāmni kalpanam nāmno balād yasya hi pāpa-buddhir na vidyate tasya yamair hi śuddhiḥ

(8-9)

dharma-vrata-tyāga-hutādi-sarvaśubha-kriyā-sāmyam api pramādaḥ aśraddadhāne vimukhe 'py aśṛṇvati yaś copadeśaḥ śiva-nāmāparādhaḥ (10)

# śrute 'pi nāma-māhātmye yaḥ prīti-rahito 'dhamaḥ ahaṁ-mamādi-paramo nāmni so 'py aparādha-krt

- (1) To criticise the devotees of the Supreme Lord is a grievous offence to the holy name. How can Śrī Nāma Prabhu tolerate criticism of those great souls who are deeply devoted to Him and who spread His glories throughout the world? Therefore, the first offence is criticism of sādhus and devotees.
- (2) In this world, a person who by mundane intelligence distinguishes between the all-auspicious, transcendental holy name, form, qualities and pastimes of Śrī Viṣṇu and the possessor of the holy name (nāmī-viṣṇu), considering them to be independent of or different from Him, as is the case with material objects, commits an offence to the holy name. Furthermore, one who thinks that Lord Śiva and other demigods are independent of Śrī Viṣṇu, or similar to Śrī Viṣṇu, certainly commits nāma-aparādha.
- (3) Guror avajñā To disregard the guru who is established in all the truths regarding the holy name, considering him to be an ordinary man possessing a perishable body composed of material elements.
- (4) Śruti-śāstra-nindanam To find fault with the Vedas, the eternal Purāṇas and other scriptures. All the Vedas and Upaniṣads illuminate the glories of the holy name. To find fault with the mantras in which the holy name is glorified is nāma-aparādha. Due to misfortune, some persons neglect the śruti-mantras in which the glories of the holy name are indicated and give more honour to other instructions of the Śrutis. This is also nāma-aparādha.
- (5) Tathārtha-vādaḥ To consider the glories of harināma to be exaggerated. The scriptures state that all of Śrī Bhagavān's

potencies are contained within His name, and that the holy name is completely transcendental and therefore capable of destroying one's bondage to the material world. All these glories of the holy name are the supreme truth. One should never associate with those who have no faith in them and who say that the scriptures exaggerates the glories of the holy name. If such a faithless person appears before one's eyes, one should take bath, still wearing the clothes he has on. This is the teaching of Śrī Caitanya Mahāprabhu.

- (6) Hari-nāmni kalpanam To consider Śrī Bhagavān's name to be imaginary. Māyāvādīs and materialistic karmavādīs consider brahma, which is without name and form, to be the supreme truth, and they say that the sages manufactured names like Rāma and Kṛṣṇa thinking such names would perfect their activities. These people are nāma-aparādhīs. The name of Śrī Hari is not imaginary; it is eternal and transcendental. It only manifests upon the transcendental senses, and only through bhakti. This is the teaching given by the bona fide guru and śāstra. Therefore, one should acknowledge that the glories of harināma are the supreme truth. One who considers these glories to be imaginary will never be able to receive the mercy of the holy name.
- (7) One who has a tendency to commit sinful and material activities on the strength of the holy name cannot be purified, even if he performs superficial *yoga* processes such as *yama*, *niyama*, *dhyāna* or *dhāranā*. This is certain.
- (8) To consider religiosity, vows, renunciation, fire sacrifices and other ordinary pious activities to be equal with or comparable to the transcendental name of the Supreme Lord is a sign of inattentiveness and carelessness, and is thus an offence.
- (9) To instruct the glories of the holy name to faithless persons who are averse to hearing and chanting is also nāma-aparādha.

(10) Those who, in spite of hearing the astonishing glories of the holy name, maintain the conception that 'I am this material body' and that 'wordly objects of sense gratification are mine', and who show no persistence in or love for the utterance of the holy name, are also nāma-aparādhīs.

sādhu-anādara āra anye īśa-jñāna guruke avajñā, nāma-śāstre apamāna

nāme arthavāda, nāma-bale pāpāndhatā anya śubha-karma saha nāmera samatā

śraddhā-hīne nāma dāna, jaḍāsakti-krame māhātmya jāniyā nāme śraddhā nahe bhrame

ei daśa aparādha yatne parihari' harināme kara bhāi bhajana cāturī

BHAJANA-RAHASYA-VṛTTI: Skilfulness in nāma-bhajana is to perform bhajana in association of devotees while carefully avoiding these ten offences.

## Text 24

False renunciation (*phalgu-vairāgya*) is prohibited. *Bhakti-rasāmṛta-sindhu* (1.2.256) states:

prāpañcikatayā buddhyā hari-sambandhi-vastunaḥ mumukṣubhiḥ parityāgo vairāgyaṁ phalgu kathyate

When  $s\bar{a}dhakas$  who desire liberation renounce that which is related to Śrī Hari, such as the scriptures, the deity, the holy name,  $mah\bar{a}$ -prasāda, the spiritual master and Vaiṣṇavas, considering

them material, their renunciation is called futile renunciation, phalgu-vairāgya. This is unfavourable for bhakti.

prāpañcika jñāne bhakti sambandha viṣaya mumukṣu-janera tyāga phalgu nāma haya

## Text 25

One who is qualified to chant the holy name gives up all fruitive activities.  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (11.5.41) says:

devarşi-bhūtāpta-nṛṇāṁ pitṛṇāṁ na kiṅkaro nāyam ṛṇī ca rājan sarvātmanā yaḥ śaraṇaṁ śaraṇyaṁ gato mukundaṁ parihṛtya kartam

One who has taken complete shelter of Bhagavān Mukunda, who is affectionate towards the surrendered, is not indebted to the demigods, to his forefathers, to ordinary living entities, or to relatives and guests. He is not subordinate to anyone other than Śrī Mukunda, nor is he their servant.

ekānta haiyā nāme ye laya saraṇa devādira ṛṇa tāra nahe kadācana

BHAJANA-RAHASYA-VṛTTI: The performance of the śrāddha ceremony and other material activities meant to absolve one's debts to the forefathers, as presented in the karma-kāṇḍa section of the Vedas, is not for devotees surrendered to the Supreme Lord. The only injunction for these devotees is to worship Śrī Bhagavān, offer bhagavat-prasāda to the forefathers and accept bhagavat-prasāda with friends and relatives. The ultimate purport of the entire Bhagavad-gītā is that the Supreme Lord will liberate from all sins those who have surrendered unto Him and given up their reliance on all other dharmas.

## Śrī Bhajana-rahasya

When a person acquires the qualification for exclusive devotion, he is not obliged to follow the injunctions of scriptures dealing with empiric knowledge and fruitive activity, for he will attain all perfection simply by cultivating *bhakti*. Therefore, one should understand that Bhagavān's promise in *Bhagavad-gītā* (9.31), "na me bhaktaḥ praṇaśyati — My devotee never perishes", is placed above all.

## Text 26

The *Padma Purāṇa* (quoted in *Bhakti-rasāmṛta-sindhu* 1.2.8) states that one should give up *niyamāgraha* and follow the essence of all injunctions:

smartavyaḥ satatam viṣṇur vismartavyo na jātucit sarve vidhi-niṣedhāḥ syur etayor eva kiṅkarāh

One should always remember Viṣṇu and never forget Him. All other rules and prohibitions are subservient to these two principles.

yāhe kṛṣṇa-smṛti haya, tāi vidhi jāni kṛṣṇa-vismāraka kārya niṣedha bali' māni

BHAJANA-RAHASYA-VṛTTI: All of the various rules and prohibitions of śāstra are established on the basis of the above-stated main rule and prohibition. The main injunction is that throughout one's whole life, one should always remember Bhagavān Śrī Viṣṇu. Varṇāśrama and other arrangements that are made to maintain one's life are subordinate to this rule. The main prohibition is that one should never forget the Supreme Lord. To abandon sinful activities, to give up indifference to Śrī Bhagavān and to atone for sins are subordinate to this principal injunction and this principal prohibition.

Hence all the rules and prohibitions mentioned in the scriptures are perpetual servants of the rule to always remember the Supreme Lord and to never forget Him. From this, one can understand that among all the rules regarding *varṇāśrama* and so forth, that rule which calls for remembering the Supreme Lord is eternal.

#### Text 27

Do not endeavour to perform activities such as atoning for sins through *karma* and *jṇāna*. The *Padma Purāṇa* says:

harer apy aparādhān yaḥ kuryād dvi-pada-pāṁśalaḥ nāmāśrayaḥ kadācit syāt taraty eva sa nāmataḥ

nāmno 'pi sarva-suhṛdo hy aparādhāt pataty adhaḥ nāmāparādha-yuktānām nāmāny eva haranty-agham aviśrānta-prayuktāni tāny evārtha-karāṇi ca

That wretched person who commits sevā-aparādha at the lotus feet of Śrī Hari can become freed from his offence if he takes shelter of the holy name. Every kind of aparādha is nullified by service to the holy name. All perfection is attained by chanting the holy name without anarthas, keeping in mind one's relationship with the Supreme Lord. Such chanting must be continuous and uninterrupted, like an unbroken stream of oil.

kṛṣṇera śrī-mūrti prati aparādha kari' nāmāśraye sei aparādhe yaya tari'

nāma aparādha yata nāme haya kṣaya aviśrānta nāma laile sarva-siddhi haya

#### Text 28

Everyone should endeavour to attain knowledge of Śrī Kṛṣṇa (kṛṣṇa-svarūpa) and oneself (ātma-svarūpa). One first attains knowledge of Śrī Kṛṣṇa's form and qualities, and then His pastimes. Catuḥ-ślokī Bhāgavata (2.9.33) states:

aham evāsam evāgre nānyad yat sad-asat param paścād aham yad etac ca yo 'vaśiṣyeta so 'smy aham

[The Supreme Lord said to Brahmā:] Before the creation of this world, only I existed. The gross and the subtle, up to the indefinable brahma — in other words, the cause (sat) and the effect (asat) — did not exist. Nothing other than I existed. What is manifested in the form of creation is also I, after creation it is also I, and after annihilation only I will remain.

cid-ghana-svarūpa kṛṣṇa nitya sanātana kṛṣṇa-śakti pariṇati anya saṅghaṭana

sakalera avaśeșe kṛṣṇa cid-bhāskara avicintya-bhedābheda tattva kṛṣṇetara

BHAJANA-RAHASYA-VŖTTI: In this Text the words *aham eva*, meaning 'certainly I', are used three times. This is because Śrī Bhagavān is eternally present since time immemorial in His form endowed with all opulence. Bhagavān has used the words 'certainly I' three times to refute the doctrine of persons who consider Parabrahma to be without form. The implied meaning is, "Now I am present before you as a great ocean of supremely captivating beauty, qualities and sweetness. I was also present before this creation, or in other words, at the time of the *mahā-pralaya* (annihilation of the universe at the end of Brahmā's life)." At that time, Bhagavān was performing all His activities, not only

the act of creating the material world consisting of the five elements. His eternal, confidential pastimes, as well as His associates, who are assistants in His pastimes, were also existing. At the time of the *mahā-pralaya*, the material universes are destroyed, but Bhagavān's transcendental pastimes and His various forms, abodes and intimate associates are all eternally existent.

The Supreme Lord is present both before and after the creation. The entire material world is the manifestation of His *bahiranga-śakti*, and the living entity is His *taṭastha-śakti*. Therefore, this material world is not separate from Him. Śrī Bhagavān is situated in unlimited Vaikuṇṭha planets in His form complete with the six opulences. In the material world, He is present as the Supersoul (*antaryāmī*), and He appears as Matsya and other incarnations when needed.

According to the impersonalists (nirviśeṣavādīs), only the impersonal brahma existed at first. To defeat this doctrine, Śrī Bhagavān says to Brahmā, "Beyond the cause (sat) and the effect (asat) is the supreme entity, brahma. That brahma is nothing other than Me. Few can perceive My personal form replete with transcendental pastimes; they can only realise the impersonal form (nirviśeṣa-svarūpa). You, however, can apprehend My form full of transcendental beauty and all qualities, by My blessings and mercy."

# Text 29

Knowledge of the intrinsic natures of  $j\bar{\imath}va$ -śakti and  $m\bar{a}y\bar{a}$ -śakti is found in  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (2.9.34):

ṛte 'rthaṁ yat pratīyeta na pratīyeta cātmani tad vidyād ātmano māyāṁ yathābhāso yathā tamaḥ

The Supreme Absolute Truth (parama-tattva, or svarūpa-tattva) is the only real truth. One should understand that which is seen

to be separate from this truth, or not existing within it, to be the product of the Supreme Absolute Truth's illusory energy  $(m\bar{a}y\bar{a})$ . The following example demonstrates this. Parama-tattva can be compared to the sun, which is an object consisting of light. The sun is experienced in two other forms, namely its reflection and darkness. Similarly, in regard to the Absolute Truth, reflection pertains to the living entities  $(j\bar{\imath}va-\acute{s}akti)$  and darkness to the material world  $(m\bar{a}y\bar{a}-\acute{s}akti)$ .

kṛṣṇa-śakti māyā, kṛṣṇa haite bhedābheda cic-chakti svarūpāśritā cij-jyoti-sambheda

jaḍākāre māyā-śakti chāyā tamo-dharma prapañca pratīti yāhe vinaśvara-karma

BHAJANA-RAHASYA-VṛTTI: Although the *jīva* and *māyā* are both dependent on the Supreme Lord, a person does not experience them while he is directly experiencing Bhagavān. And while having experience of the *jīva* and *māyā*, he will not have experience of Bhagavān.

The intrinsic nature of the Supreme Absolute Truth was ascertained in the previous Text. The jīva and māyā are separate from the Supreme Absolute Truth (parama-tattva). When a jīva realises parama-tattva, it is known as realised knowledge, vijñāna. This Text 29 elaborates upon māyā-tattva. Parama-tattva is the only real truth, and that which is experienced outside paramatattva and not within it is the product of the illusory energy of the Absolute Truth.

An example of this is seen in the sun, its reflection and darkness. A semblance of the sun is its reflection on water or on other things at dawn. This semblance does not exist without the sun. Similarly,  $m\bar{a}y\bar{a}$  is only perceived when the creative energy of Śrī Bhagavān is manifest, and its existence is destroyed at the time of annihilation ( $mah\bar{a}$ -pralaya). Without Bhagavān,  $m\bar{a}y\bar{a}$  is not manifest. Where there is light, there can be no darkness, but darkness is also perceived

through the eyes. In the same way,  $m\bar{a}y\bar{a}$  cannot be perceived on its own without the help of the Supreme Lord. The transcendental world (cid-jagat) is herein compared with the rays of the sun, the Supreme Lord. Using the same analogy, the living entities are compared to the reflection of Bhagavān, and the material world ( $m\bar{a}y\bar{a}$ -jagat) is compared with darkness. The material realm is very far from Bhagavān, the transcendental Truth (cit-tattva).

There are two kinds of relationship between parama-tattva and  $m\bar{a}y\bar{a}-tattva$ . That which is experienced as separate from the Absolute Truth is  $m\bar{a}y\bar{a}$ , and that which is very far from the Absolute Truth and in ignorance of it is also  $m\bar{a}y\bar{a}$ . In this way, by carefully explaining the inherent nature of Himself, the living entity and  $m\bar{a}y\bar{a}$ , Śrī Bhagavān explained sambandha-tattva to Lord Brahmā.

#### Text 30

The relationship between Śrī Kṛṣṇa on one side, and the living entity and the material world on the other, is one of inconceivable difference and non-difference, *acintya-bhedābheda*. Nevertheless, Śrī Kṛṣṇa is separately situated in His eternal *svarūpa*. Śrīmad-Bhāgavatam (2.9.35) states:

yathā mahānti bhūtāni bhūteṣūccāvaceṣv anu praviṣṭāny apraviṣṭāni tathā tesu na tesv aham

The five great elements of material creation enter the bodies of all living entities, high and low, from the demigods to the sub-human species. But at the same time, these elements exist independently. Similarly, I have entered into all living entities as the Supersoul, but at the same time I am situated independently in My own svarūpa, and I appear to My surrendered devotees both internally and externally.

mahābhūta uccāvaca-bhūte avasthita haiyā o pūrṇa-rūpe mahābhūte sthita

sei rūpa cid-amśa jīve kṛṣṇāmśa vyāpita haiyā o pūrṇa kṛṣṇa svarūpāvasthita

BHAJANA-RAHASYA-VṛTTI: After describing His own svarūpa, Śrī Bhagavān says, "I am situated inside and outside every living entity." Bhagavān dwells in every living entity as the Supersoul, but not all living entities are able to perceive Him. Only His devotees can realise Him. Not only that, Śrī Bhagavān is present everywhere, in all places, and the devotees can also realise this. According to the gradation of their bhakti, devotees relish the existence of Śrī Bhagavān and the nectar of His sweetness and beauty. The affection of the devotees for Śrī Bhagavān is called prema, and this is prayojana-tattva, the ultimate objective. The premī-bhakta sees Śrī Kṛṣṇa everywhere, both within his heart and outside. This is the intrinsic characteristic (svarūpa-lakṣaṇa) of prema, as described by Śrī Kṛṣṇa Himself:

bhakta āmā bāndhiyāche hṛdaya-kamale yāhāṅ netra paḍe tāhāṅ dekhaye āmāre Śrī Caitanya-caritāmṛta (Madhya-līlā 25.127)

The devotees keep Me bound in their hearts with the ropes of love. And wherever they look, they see only Me.

Śrī Bhagavān resides affectionately in the hearts of the devotees, considering them His own; and He resides in the hearts of the other living entities in a detached way. Śrī Bhagavān is supremely independent, yet His quality of being controlled is that He resides in the hearts of devotees with a sense of possessiveness (*mamatā*) for them. The essence of spiritual knowledge is *prema-bhakti*, and the wonderful, confidential secret of *prema-bhakti* is that the Supreme Lord becomes controlled by His loving devotees, who make Him their prisoner.

## Text 31

Knowledge of the intrinsic nature of the holy name is given in *Bhakti-rasāmṛta-sindhu* (1.2.233, quoted from the *Padma Purāṇa*):

nāma cintāmaṇiḥ kṛṣṇaś caitanya-rasa-vigrahaḥ pūrṇaḥ śuddho nitya-mukto 'bhinnatvān nāma-nāminoḥ

The holy name is a transcendental wish-fulfilling gem (cintāmaṇi), for there is no difference between Śrī Kṛṣṇa's name (nāma) and Śrī Kṛṣṇa Himself (nāmī). In other words, the holy name is the bestower of the supreme goal (parama-puruṣārtha). This name is the very form of transcendental mellows (caitanya-rasa-svarūpa). It is completely pure; that is, it is unlimited and eternally liberated, devoid of any connection with māyā.

harināma cintāmaṇi cid-rasa-svarūpa pūrṇa jaḍātīta nitya kṛṣṇa-nija-rūpa

BHAJANA-RAHASYA-VṛTTI: Nāma and nāmī are qualitatively non-different in principle. Therefore, in the name 'Kṛṣṇa' all the transcendental qualities of the possessor of the name are present. The holy name is always the complete Absolute Truth, unaffected by material matter. He is eternally liberated because He is never bound by the illusory energy. The holy name is Śrī Kṛṣṇa Himself and is therefore the personification of the aggregate wealth of transcendental mellows. The holy name is a wish-fulfilling gem, able to give whatever one desires. Śrī nāma-sankīrtana, which is the practice (sādhana), is non-different in every respect from Śrī Kṛṣṇa, who is the goal (sādhya). The one Absolute Truth, who is imbued with transcendental mellows consisting of eternity, knowledge and bliss (sac-cid-ānanda), is eternally present in these two manifested forms, nāma and nāmī.

# Text 32

Bhakti-rasāmṛta-sindhu (1.2.234) states:

ataḥ śrī-kṛṣṇa-nāmādi na bhaved grāhyam indriyaiḥ sevonmukhe hi jihvādau svayam eva sphuraty adaḥ

The tongue and the other material senses cannot perceive Śrī Kṛṣṇa's name, which appears automatically only on the transcendental senses of one in whose heart the desire to serve Śrī Kṛṣṇa has arisen.

nāma, rūpa, guṇa, līlā indriya-grāhya naya sevā-mukhe kṛpā kari' indriya udaya

BHAJANA-RAHASYA-VṛTTI: It is the natural tendency of one who has the desire to serve Śrī Kṛṣṇa (sevonmukha) to be engaged in chanting Śrī Bhagavān's holy name, which is His intrinsic form. The holy name Himself appears and begins to dance on the tongue and other senses of one who has a tendency towards nāma-sevā, in other words, an inclination for chanting. The Supreme Lord's name can appear even on the tongues of animals. Examples of this are Bharata Mahārāja when he was leaving his deer body, and the elephant Gajendra when he was being pulled into the water by the crocodile.

## Text 33

Śrīmad-Bhāgavatam (11.21.2) states:

sve sve 'dhikāre yā niṣṭhā sa guṇaḥ parikīrtitaḥ viparyayas tu doṣaḥ syād ubhayor eṣa niścayaḥ To have unyielding steadiness on the path of *dharma*, according to one's own qualification, is a virtue; conversely, to make endeavours that do not accord with one's qualification is a fault.

adhikāra susammata kārye haya guṇa viparīta kārye dosa bujhibe nipuna

BHAJANA-RAHASYA-VṛTTI: The purport of this verse is that virtue and vice are determined according to one's qualification, and not by any other criteria.

# Text 34

Qualification for chanting the holy name is given in  $\hat{S}r\bar{t}mad$ - $Bh\bar{a}gavatam$  (11.20.27–28):

jāta-śraddho mat-kathāsu nirviṇṇaḥ sarva-karmaṣu veda duḥkhātmakān kāmān parityāge 'py anīśvaraḥ

tato bhajeta mām prītaḥ śraddhālur dṛḍha-niścayaḥ juṣamāṇaś ca tān kāmān duhkhodarkāmś ca garhayan

Although a person's faith in hearing narrations about Me has been awakened, he may still find himself unable to give up sense enjoyment and the desire for it, in spite of knowing it to be the cause of misery. If this is the case, he should sincerely condemn his inability to give it up, and continue to worship Me with firm faith, conviction and love.

kṛṣṇa-kathā śraddhā-lābha tyaje karmāsakti duḥkhātmaka kāma-tyāge tabu nahe śakti kāma-sevā kare tāhā kariyā garhaṇa sudṛḍha-bhajane kāme kare vidhvamsana

puṇyamaya kāma-mātra uddiṣṭa ethāya pāpa-kāme śraddha-dhānera ādara nā haya

BHAJANA-RAHASYA-VṛTTI: By the influence of association with devotees (*sat-sanga*), a person develops a taste for hearing *hari-kathā*. At that time, he will lose interest in all other activities, and with firm faith he will continuously chant the name of Śrī Bhagavān. However, if someone is unable to give up sense enjoyment or the desire for it due to his previous habits, in his heart he should deeply lament his continued attachment to it.

Here, in these two verses (Text 34), the intrinsic nature of bhakti is described by mentioning the first symptoms of the qualification for bhakti. Sarva-karmasu means that all material. Vedic activities and the fruit of those activities result in sadness, being distressed by a miserable mind. Kāmān means realising the miseries that result from the desires arising from associating with the opposite sex. If a person is unable to renounce these desires, he should, from the beginning, have the firm conviction: "If my attachment to household life is destroyed or if it increases, if my bhajana is full of millions of obstacles or if I go to hell because of offences, I will accept it all; but I will never give up devotion, even if Brahmā himself tells me to." A person who performs bhajana with such staunch faith will certainly be successful. Even if desires causing misery arise from association with wife, children, etc., a person should condemn those desires and continue fulfilling his worldly responsibilities. However, he should never give up bhakti. The desire for enjoyment will gradually diminish by hearing, chanting and so forth, and one will ultimately attain bhakti.

#### Text 35

The six principles favourable for *bhakti* are described in the third verse of  $Śr\bar{\imath}$  *Upadeśāmṛta*:

utsāhān niścayād dhairyāt tat-tat-karma-pravartanāt saṅga-tyāgāt sato vṛtteḥ ṣaḍbhir bhaktiḥ prasidhyati

Perfection in *bhakti* can be achieved by the following six kinds of practices: (1) to be enthusiastic in following the rules which nourish devotion, (2) to have firm faith in the statements of the scriptures and the *guru*, whose words are fully in line with *śāstra*, (3) to be patient in the practice of *bhakti*, even in the midst of obstacles or when there is a delay in attaining one's desired success, (4) to follow the limbs of *bhakti*, such as *śravaṇa* and *kīrtana*, and to give up one's material sense enjoyment for the pleasure of Kṛṣṇa, (5) to give up association that is opposed to *bhakti*, like illicit connection with women, the association of those who are overly attached to women and the association of *māyāvādīs*, atheists and pseudo-religionists and (6) to adopt the good behaviour and character of devotees.

utsāha, dṛḍhatā, dhairya bhakti kārye rati saṅga-tyāga, sādhu-vṛtti chaye kara mati

BHAJANA-RAHASYA-VṛTTI: To maintain one's existence and to cultivate *bhakti* are both necessary for devotees. The first half of this Text indicates the activities that nourish *bhakti*, and the second half describes how a devotee should conduct his life. Enthusiasm (*utsāha*), conviction (*niścaya*), patience (*dhairya*), executing activities that nourish devotion (*tat-tat-karma-pravartana*), renouncing bad association (*saṅga-tyāga*) and adopting the virtuous conduct and temperament of pure devotees (*sad-vṛtti*) are the means to attain perfection in *bhakti*.

Utsāha means to remain indifferent in every respect to the practices related to jñāna, karma and anyābhilāṣa (desires other than to serve Śrī Kṛṣṇa), and also to one's preferred variety of material enjoyment, while steadily executing the limbs of sādhana-bhakti. "Bhagavad-bhakti is the only ultimate objective for all living entities" — such firm faith is called niścaya, conviction. Straying to the paths of karma, jñāna and so forth makes one's mind restless, and following their practices simply produces suffering in the end. Therefore, the firm resolve that the path of bhakti is the only constitutional path for sincere living entities is called dhairya, fortitude.

Śrīla Haridāsa Ṭhākura took a vow never to give up chanting and he strictly adhered to it:

khaṇḍa-khaṇḍa hai deha yāya yadi prāṇa tabu āmi vadane nā chāḍi harināma Śrī Caitanya-bhāgavata (Ādi-khaṇḍa 16.94)

Even if my body is cut to pieces and my life air exits, I will never abandon the chanting of *harināma*.

This is the ideal in the realm of *bhakti*.

To cultivate the practices of *bhakti* such as hearing *hari-kathā*, chanting the Supreme Lord's name, and meditating on His name, form and pastimes with firm conviction like Haridāsa Ṭhākura, is *tat-tat-karma-pravartana*.

Only the association of Śrī Bhagavān's devotees is desirable. One should never associate with *karmīs*, *jñānīs* or those filled with extraneous desires, or desires outside of service to Śrī Kṛṣṇa. One should know such people to be less intelligent and indulgent. *Karma*, *jñāna*, *aṣṭāṅga-yoga* and so forth, which are devoid of the desire to please Śrī Bhagavān, are not steps on the path of *bhakti*. The path of *bhakti* is characterised by saintly conduct (*sādhu-vṛtti*), because all virtuous qualities certainly reside within a person who possesses devotion.

Enthusiasm for serving Śrī Kṛṣṇa, conviction in service, being steadfast in kṛṣṇa-sevā, ensuring that all endeavours are solely for service to Śrī Kṛṣṇa, renouncing the company of all others except Kṛṣṇa's devotees and following in the footsteps of Kṛṣṇa's devotees are the six practices that enhance bhakti.

## Text 36

The gradual development of *bhakti* through the association of genuine  $s\bar{a}dhus$  is described in  $\dot{S}r\bar{i}mad$ - $Bh\bar{a}gavatam$  (3.25.25):

satām prasangān mama vīrya-samvido bhavanti hṛt-karṇa-rasāyanāḥ kathāḥ taj-joṣaṇād āśv apavarga-vartmani śraddhā ratir bhaktir anukramisyati

In the association of pure devotees, there are powerful discussions that illuminate My heroic deeds and that are pleasing to both the ears and the heart. By hearing these narrations, one quickly proceeds along the path of the removal of ignorance, which is the sequential development of *śraddhā*, *rati* and *prema-bhakti*.

sādhu-saṅge haya kṛṣṇa-kathā rasāyana tāhe śraddhā rati bhakti krame uddīpana

BHAJANA-RAHASYA-VṛTTI: By great fortune, the living entity wandering throughout material existence may attain that kind of sukṛṭi which bestows bhakṭi. When this sukṛṭi accumulates over many births, it gives rise to faith (śraddhā) in exclusive devotion. When śraddhā arises, the desire to associate with pure devotees and true saints manifests, and by this association, one will gradually develop a taste for sādhana and bhajana. When anarthas are removed and this śraddhā becomes pure, it transforms into niṣṭhā, which in turn, when pure, transforms into ruci. The beauty of bhakṭi makes this ruci

very fixed, and thus turns it into *āsakti*. Gradually this *āsakti* gains perfection and transforms into *bhāva*. When *bhāva* combines with its corresponding components in the right proportion, *rasa* appears. This is the gradual development leading to the appearance of *prema*.

## Text 37

A madhyama-bhakta renders service to the three kinds of Vaiṣṇavas. Śrī Upadeśāmṛta (5) states:

kṛṣṇeti yasya giri taṁ manasādriyeta dīkṣāsti cet praṇatibhiś ca bhajantam īśam śuśrūṣayā bhajana-vijñam ananyam anyanindādi-śūnya-hṛdam īpsita-saṅga-labdhyā

That person who utters Śrī Krsna's name by just once calling out "O Krsna!" is a neophyte devotee (kanistha-adhikārī), and one should offer him respect within one's mind. That person who fully understands the principle of dīkṣā, has accepted dīkṣā from a qualified quru and performs bhajana of the Supreme Lord in accordance with Vaisnava conventions, is an intermediate devotee (madhyama-adhikārī). One should respect such a devotee, who is endowed with the correct understanding of reality and illusion, by offering obeisances unto him and so forth. That person who properly understands the science of bhajana, as described in Śrīmad-Bhāgavatam and other Vaisnava scriptures, and performs exclusive bhajana of Śrī Krsna is a mahā-bhāgavata. Due to his undeviating absorption in Kṛṣṇa, the pure heart of such a devotee is free from faults, such as the tendency to criticise others. He is expert in bhajana, which means he is skilled in the method of remembering Śrī Rādhā-Kṛṣṇa's eternal eightfold daily pastimes through mānasī-sevā, service performed within the mind. Knowing him to be a mahā-bhāgavata whose heart is established in the particular mood of service to Śrī Rādhā-Kṛṣṇa for which one aspires (svajātīya) and who is affectionately disposed towards oneself (susnigdha), one should seek his association, considering it to be topmost. One should honour him by offering prostrated obeisances, making relevant inquiry and rendering service unto him with great love.

akaitave kṛṣṇa-nāma yāra mukhe śuna manete ādara tāre kara punaḥ punaḥ

bhakti sampradāya labhi' yei kṛṣṇa bhaje ādara karaha paḍi' tāra pada-raje

svīya para-buddhi-śūnya ananya-bhajana yāṅhāra, tāṅhāra sevā kara anukṣaṇa

BHAJANA-RAHASYA-VṛTTI: Because the *mahā-bhāgavatas* see everything as related to Śrī Kṛṣṇa, they look upon all with equal vision. They are devoted to *kṛṣṇa-bhajana* like the *madhyama-adhikārī*, and intent on chanting the holy name like the *kaniṣṭha-adhikārī*.

The madhyama-adhikārīs have prema for Śrī Kṛṣṇa. They offer appropriate respect to the three levels of devotees (by rendering service, offering obeisances and offering respect mentally). They always endeavour to turn the conditioned living entities towards Śrī Kṛṣṇa and they are indifferent to those who are averse to Śrī Kṛṣṇa. However, they do not possess equal vision like the uttama-adhikārī mahā-bhāgavata, and if they deceitfully imitate him they will very quickly fall down.

The *kaniṣṭha-adhikārī* knows that the name of Śrī Kṛṣṇa is supremely auspicious, and therefore he takes shelter of chanting the holy name. He does not understand, however, that the position of the *madhyama-adhikārī* is high and that he should strive to reach that level in the future. Sometimes the *kaniṣṭha-adhikārī* considers himself a *guru* and consequently falls down. Therefore, by carefully

offering appropriate respect to those Vaiṣṇavas who are more advanced than he is, he should take shelter of the holy name.

#### Text 38

One should chant the holy name while maintaining one's life by *yukta-vairāgya*, the mood of appropriate renunciation. *Bhakti-rasāmṛta-sindhu* (1.2.255) states:

anāsaktasya viṣayān yathārham upayuñjataḥ nirbandhaḥ kṛṣṇa-sambandhe yuktaṁ vairāgyam ucyate

Appropriate renunciation is to accept objects favourable to one's service while being detached from what is unrelated to Śrī Kṛṣṇa and attached to what is related to Kṛṣṇa.

yathāyogya viṣaya bhoga anāsakta haiyā suyukta-vairāgya bhakti-sambandha kariyā

#### Text 39

 $\acute{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (7.11.32) further states:

vṛttyā sva-bhāva-kṛtayā vartamānaḥ sva-karma-kṛt hitvā sva-bhāva-jaṁ karma śanair nirguṇatām iyāt

One who maintains his occupational duty (*svadharma*) by taking shelter of his innate propensity will gradually become detached from these activities and become situated beyond the material modes.

svabhāva-vihita-vṛtti kariyā āśraya niṣpāpa jīvane kara kṛṣṇa-nāmāśraya

#### Text 40

Śrīmad-Bhāgavatam (11.7.39) also says:

prāṇa-vṛttyaiva santuṣyen munir naivendriya-priyaiḥ jñānaṁ yathā na naśyeta nāvakīryeta vāṅ-manaḥ

I have taken a lesson from how the vital force within the body operates: that one should eat and drink only as much as is required to sustain the body. A sādhaka should also eat only what is needed to maintain his life. He should not enjoy sense objects merely for his own gratification; otherwise his intelligence will become corrupted, his mind restless and his speech engaged in topics unrelated to Śrī Kṛṣṇa.

aprajalpe kara prāṇa-vṛtti aṅgīkāra indriyera priya-vṛtti nā kara svīkāra

vāg-indriya mano-jñāna yāhe svāsthya pāya ei rūpa āhāre yukta-vairāgya nā yāya

#### Text 41

*Hari-bhakti-sudhodaya* (8.51) explains that one should be careful about whom one associates with:

yasya yat-saṅgatiḥ puṁso maṇivat syāt sa tad-guṇaḥ sva-kularddhyai tato dhīmān sva-yuthāny eva saṁśrayet

A person develops the qualities of the company he keeps, just as a crystal reflects the colour of those objects that are brought into its proximity. Therefore, by associating with pure devotees, one can himself become pure.

#### svayūthera maṅgala o anye rākhi' dūra yathā saṅga yathā phala pāibe pracura

BHAJANA-RAHASYA-VṛTTI: Association with devotees (sādhu-saṅga) is the source of all auspiciousness. Where the scriptures give the instruction to remain in solitude (niḥsaṅga), it means to only keep sādhu-saṅga.

#### Text 42

With great effort one should follow the path delineated by the *mahājanas*. This is described in the *Skanda Purāṇa* (quoted in *Bhakti-rasāmṛta-sindhu* 1.2.100):

sa mṛgyaḥ śreyasāṁ hetuḥ panthaḥ santāpa-varjitaḥ anavāpta-śramaṁ pūrve yena santah pratasthire

Only by following the path upon which previous great personalities (mahājanas) have easily traversed can we find ultimate auspiciousness and freedom from all suffering.

The acquirement of knowledge by hearing from scriptural authorities is the real path of *bhakti*. The *Brahma-yāmala* states (quoted in *Bhakti-rasāmṛta-sindhu* 1.2.101):

śruti-smṛti-purāṇādipañcarātra-vidhim vinā aikāntikī harer bhaktir utpātāyaiva kalpate

One can only attain the one-pointedness, or aikāntika-bhāva, of pure bhakti by adopting the path of the previous mahājanas. It cannot be attained by leaving the path of the mahājanas and creating another path. Because Dattātreya, Buddha and later

preachers were unable to understand pure *bhakti*, they accepted only a semblance of this transcendental sentiment. Dattātreya mixed it with impersonalism and Buddha with atheism, and thus they set forth useless paths, describing them as one-pointed devotion. In reality, however, the paths promoted by these people are not *hari-bhakti*; they are simply a disturbance.

pūrva-mahājana pathe cale anāyāse nava-pathe utpāta āsiyā jīve nāśe

anartha-nāśera yatna kabhu nāhi yāra nāma-kṛpā nāhi pāya durdaiva tāhāra

nāma-kṛpā vinā koṭi-koṭi yatna kare tāhāte anartha kabhu nāhi chāde tāre

niṣkapaṭe yatne kāṅde nāmera caraṇe dūra haya anartha tāhāra alpa dine

anartha chāḍiyā kara śravaṇa-kīrtana ekānta-bhāvete lao nāmera śarana

BHAJANA-RAHASYA-VṛTTI: In *rāgamārga-bhajana* there is no consideration of the rules of the Śruti, Smṛti, Purāṇas, *Nārada-paňcarātra*, etc. The only consideration is to follow the inhabitants of Vraja. But for *sādhakas* eligible only for *vidhimārga*, it is necessary to adopt the path of devotion as presented by *mahājanas* such as Dhruva, Prahlāda, Nārada, Vyāsa and Śuka. Thus, there is no other means for the *vaidha-bhaktas* except to follow the path of saintly persons.

Without the mercy of Nāma Prabhu, those who perform *bhajana* will be unable to give up their *anarthas*, even after millions of attempts. But if one sincerely weeps at the lotus feet of Nāma Prabhu, all one's *anarthas* will vanish within a few days. Giving up one's *anarthas* in this way, one should hear and chant, having taken exclusive shelter of the holy name.

#### Text 43

Endeavours made in performing resolute *bhajana* are described in *Hari-bhakti-vilāsa* (20.382-384, 370, 379):

evam ekāntinām prāyaḥ kīrtanam smaraṇam prabhoḥ kurvatām parama-prītyā kṛtyamanyan na rocyate

bhāvena kenacit preṣṭhaśrī-mūrter aṅghri-sevane syād icchaiṣāṁ sva-mantreṇa sva-rasenaiva tad-vidhiḥ

vihiteşv eva nityeşu pravartante svayam hite

sarva-tyāge 'py aheyāyāḥ sarvānartha-bhuvaś ca te kuryuḥ pratiṣṭhā-viṣṭhāyāḥ yatnam asparśane varam

prabhāte cārdharāte ca madhyāhne divasa-kṣaye kīrtayanti hariṁ ye vai na tesām anya-sādhanam²

If a one-pointed devotee (aikāntika-bhakta) chants and contemplates the glories of his Prabhu, Śrī Viṣṇu, with great affection and according to his transcendental sentiments, he will have no taste for any other activity. With his particular mantra

<sup>2</sup> In some editions of *Hari-bhakti-vilāsa*, na teṣām anya-sādhanam reads te taranti bhārnavam.

and in his particular mellow of devotion, he performs arcana in whatever mood he desires to serve the lotus feet of his beloved deity. Later, that same service transforms into his eternal service. Even if one has given up everything else, some last vestiges still need to be relinquished before this can happen: the desire for name and fame, or pratisthā, the root cause of all anarthas. The prime duty is to give up this pratisthā, which is compared to stool. What to speak of touching this pratisthā, do not look at it, even from a distance! For one who chants the name of Śrī Hari in the morning, noon, evening and midnight, no other sādhana is needed.

ekānta bhaktera mātra kīrtana-smaraṇa anya parve ruci nāhi haya pravartana

bhāvera sahita haya śrī-kṛṣṇa-sevana svārasikī-bhāva krame haya uddīpana

ekānta bhaktera kriyā-mudrā-rāgodita tathāpi se saba nahe vidhi-viparīta

sarva-tyāga karileo chāḍā sukaṭhina pratiṣṭhāśā tyāge yatna pāibe pravīṇa

prabhāte gabhīra rātre madhyāhne sandhyāya anartha chāḍiyā lao nāmera āśraya

ei-rūpe kīrtana smaraṇa yei kare kṛṣṇa-kṛpā haya śīghra, anāyāse tare

śraddhā kari sādhu-sange kṛṣṇa-nāma laya anartha sakala yāya niṣṭhā upajaya

prātaḥ-kāle nitya-līlā karibe cintana cintite cintite bhāvera haibe sādhana

#### Text 44

Govinda-līlāmṛta (2.1) describes the early morning pastimes (prātaḥ-līlā) as follows:

rādhām snāta-vibhūṣitām vrajapayāhūtām sakhībhiḥ prage tad-gehe vihitānna-pāka-racanām kṛṣṇāvaśeṣāśanām kṛṣṇam buddham avāpta-dhenu-sadanam nirvyūḍha-go-dohanam susnātam krta-bhojanam sahacarais tām cātha tam cāśraye

After the kuñja-bhaṅga-līlā, or niśānta-līlā (pastimes at night's end), Śrī Rādhā-Śyāmasundara return to Their respective abodes and lie down on Their beds. The condition of Śrī Kiśorī in Jāvaṭa is indescribable as She burns in separation from Her beloved. Śrī Rūpa and Rati Mañjarīs are absorbed in their service to Her and give Her encouragement, again infusing Her with life. Sometimes Jaṭilā, sometimes Mukharā and sometimes Paurṇamāsī enter Śrī Kiśorī's quarters, and at this time Śyāmalā also comes. Kiśorī and Śyāmalā become immersed in joking with each other. In this way, the pastime always takes on newer and newer aspects. Rūpa, Rati and other mañjarīs render intimate service to Śrīmatī by bathing Her, decorating Her and so forth, and at the same time, they remind Her of Śrī Kṛṣṇa's pastimes.

rādhā snāta vibhūṣita, śrī-yaśodā-samāhuta, sakhī-saṅge tad gṛhe gamana tathā pāka-viracana, śrī-kṛṣṇāvaśeṣāśana, madhye-madhye duṅhāra milana

kṛṣṇa nidrā parihari, goṣṭhe go-dohana kari, snānāśana sahacara saṅge ei līlā cintā kara, nāma-preme garagara, prāte bhakta-jana-saṅge raṅge

> ei līlā cinta āra kara saṅkīrtana acire pāibe tumi bhāva-uddīpana

BHAJANA-RAHASYA-VṛTTI: Śrī Kiśorī and Her *sakhīs* depart for Nanda-bhavana. On the way, they meet Śrī Śyāmasundara and many pastimes full of *rasa* take place. Our Gosvāmīs have revealed these pastimes in their writings. Upon reaching Nanda-bhavana, Kiśorī starts to cook and prepares many tasty dishes on the countless stoves that surround Her.

Śyāmasundara is sleeping in His home. Yaśodā-maiyā awakens Him, and upon seeing the nail-marks on the body of her dear son ( $l\bar{a}l\bar{a}$ ), she becomes sad and says, "The limbs of my  $l\bar{a}l\bar{a}$  are as soft as the petals of a blue lotus. Why have the boys hurt Him in their wrestling matches? And His limbs are smeared with so much mineral pigments! Alas, alas! What to do? I do not know how to put an end to this."

Kundalatā jokingly says, "Your *lālā* is performing *rāsa* at night." But the word *rāsa* is unknown to Yaśodā-maiyā. Then, after expressing affection for His mother, Śyāmasundara jumps up from bed and goes to milk the cows. Upon His return, He bathes, eats and then leaves for cowherding. Kiśorī shyly accepts some of Her beloved's remnants and returns to Jāvaṭa with Her *sakhīs*.

Many other pastimes take place amidst all these *līlās*, and it would be very difficult to describe them all. A *premī-bhakta* performs *bhajana* while remembering these pastimes, which are alluded to here, and tastes their *rasa* even in the stage of *sādhana*.

Thus ends the Dvitīya-yāma-sādhana, Prātaḥ-kālīya-bhajana, of Śrī Bhajana-rahasya.

## Chapter Three

# Trtīya-yāma-sādhana

Pūrvāhna-kālīya-bhajana – niṣṭhā-bhajana (the six daṇḍas until two praharas: approximately 8.30 a.m. – 11.00 a.m.)

#### Text 1

The third verse of  $\dot{S}r\bar{i}$   $\dot{S}ik$  $\dot{s}\bar{a}$  $\dot{s}taka$  describes the qualification for  $n\bar{a}ma$ - $sank\bar{i}rtana$  and the process for chanting the holy name:

tṛṇād api sunīcena taror api sahiṣṇunā amāninā mānadena kīrtanīyaḥ sadā hariḥ

Thinking oneself to be even lower and more worthless than insignificant grass that has been trampled beneath everyone's feet, being more tolerant than a tree, being prideless and offering respect to all others according to their respective positions, one should continuously chant the holy name of Śrī Hari.

ye rūpe laile nāma prema upajaya tāra lakṣaṇa-śloka śuna, svarūpa-rāmarāya

uttama hañā āpanāke māne tṛṇādhama dui prakāre sahisnutā kare vrksa sama vṛkṣa yena kāṭileo kichu nā bolaya śukāiyā maile kāre pānī nā māgaya

yei ye māgaye, tāre deya āpana dhana gharma-vṛṣṭi sahe, ānera karaye rakṣaṇa

uttama hañā vaiṣṇava ha'be nirabhimāna jīve sammāna dibe jāni 'kṛṣṇa'-adhiṣṭhāna

BHAJANA-RAHASYA-VṛTTI: Four symptoms are observed in *sādhakas* who chant the holy name of Śrī Kṛṣṇa without offences: (1) natural humility born of complete detachment from sense objects, (2) pure compassion devoid of envy, (3) purity of heart and freedom from false ego and (4) an attitude of respect for everyone according to their position.

Taror api sahiṣṇunā refers to the tolerance of a tree. A tree is so tolerant that it does not forget to show kindness by offering its cool shade and sweet fruits even to the person who comes to cut it down. Since Śrī Kṛṣṇa's devotees are even more merciful than a tree, they show kindness to all, both friend and enemy. This is compassion completely free from envy. Although such devotees are topmost in the kingdom of bhakti, they remain clear of pride. They know that Śrī Kṛṣṇa resides in the hearts of all living entities, and therefore give them all appropriate respect. Such persons are truly eligible to perform kṛṣṇa-nāma-kīrtana, and only performers of kṛṣṇa-nāma-kīrtana attain kṛṣṇa-pṛema.

#### Text 2

The features of surrender (śaraṇāgati) are given in the Vaiṣṇava-tantra (quoted in Hari-bhakti-vilāsa 11.676):

ānukūlyasya saṅkalpaḥ prātikūlyasya vivarjanaṁ

## rakṣiṣyatīti viśvāso goptṛtve varaṇaṁ tathā ātma-nikṣepa-kārpaṇye ṣaḍ-vidhā śaraṇāgatiḥ

The six types of surrender are (1) to accept that which is favourable to kṛṣṇa-bhakti, (2) to reject that which is unfavourable, (3) to have the strong faith "Bhagavān will protect me", (4) to feel utterly dependent upon the Lord, thinking "Bhagavān will take care of me", (5) to be fully self-surrendered (ātma-samarpaṇa) and (6) to be humble.

bhakti-anukūla yāhā tāhāi svīkāra bhakti-pratikūla saba kari parihāra

kṛṣṇa vai rakṣā-kartā āra keha nāi kṛṣṇa se pālana more karibena bhāi

āmi āmāra yata kichu kṛṣṇe nivedana niṣkapaṭa dainye kari jīvana-yāpana

BHAJANA-RAHASYA-VŖTTI: The symptom of śaraṇāgati evident in one-pointed devotees is that they perpetually engage in service to their Lord and accept whatever He arranges. Such devotees accept whatever punishment is meted out by Śrī Bhagavān as His mercy. They know that every action takes place only due to the desire of Śrī Kṛṣṇa; therefore they entwine their desires with Kṛṣṇa's and thus remain peaceful. A devotee does not think that Kṛṣṇa has sent him to this world to suffer miseries, but that he chose the miseries of the world by misusing his independence. The symptom of śaraṇāgati is that one gives up the false conception of being the doer and takes shelter of guru and Vaiṣṇavas. The intrinsic characteristic (svarūpa-lakṣaṇa) of surrender is acceptance of Śrī Kṛṣṇa as one's maintainer (goptṛtve varaṇam). The remaining five symptoms are the marginal characteristics (taṭastha-lakṣaṇa) of śaraṇāgati.

Firm faith that "Śrī Kṛṣṇa will always maintain me" is the meaning of *goptṛtve varaṇam*. In *Bhagavad-gītā* (9.22) Śrī Kṛṣṇa says: "*teṣāṁ nityābhiyuktānāṁ yoga-kṣemaṁ vahāmy aham* — for those who are always absorbed in thoughts of Me, and who worship Me by every means and with one-pointed devotion, I Myself preserve what they have and carry what they lack." He also says, "My devotees will never be destroyed."

In the second and third verses of his *Śrī Upadeśāmṛta*, Śrīla Rūpa Gosvāmī has explained two of the marginal characteristics of *śaraṇāgati*: to accept what is favourable for *bhakti* and to give up what is unfavourable. These two verses were explained in detail in the second chapter of this book.

#### Text 3

One must first give up false identification with this material body (*dehaabhimāna*). The *Mukunda-mālā-stotram* (37) states:

idam sarīram sata-sandhi-jarjaram pataty avasyam pariņāma-pesalam kim auṣadham pṛcchasi mūḍha durmate nirāmayam kṛṣṇa-rasāyanam piba

This frail body, which is made of five elements and connected by hundreds of joints, is certain to decline. Consequently, the body will be burned to ashes or will become food for worms and transformed into excrement. O foolish and wicked mind, you have decorated such a disgusting body with a senseless attachment. The elixir of śrī kṛṣṇa-nāma is the only powerful medicine to cure this disease of material existence. You should constantly drink it by incessantly chanting Śrī Kṛṣṇa's holy name.

śata sandhi-jara-jara, tava ei kalevara, patana haibe eka-dina

bhasma, kṛmi, viṣṭhā ha'be, sakalera ghṛṇya tabe, ihāte mamatā arvācīna

ore mana, śuna mora e satya-vacana, e rogera mahauṣadhi, kṛṣṇa-nāma niravadhi, nirāmaya kṛṣṇa-rasāyana

BHAJANA-RAHASYA-VṛTTI: One should endeavour to serve Śrī Govinda and not painstakingly try to protect this short-lived temporary body. No matter how much one tries to protect this body, which is made of five elements, its destruction is inevitable. Therefore this Text says, "O wicked mind, give up performing <code>aṣṭānga-yoga</code>, physical exercises and so forth to keep this body fit, and only drink the nectar of Śrī Kṛṣṇa's holy name. Only this nectar can liberate you from the cycle of birth and death. By the mercy of the holy name, you will attain the eternal abode of Śrī Kṛṣṇa and a transcendental body suitable for rendering service there. You will then be engaged in your eternal service (<code>nitya-sevā</code>)."

#### Text 4

One should be tolerant like a tree and compassionate to all living entities. In  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (3.9.12) Śr $\bar{\imath}$  Brahmā says:

nātiprasīdati tathopacitopacārair ārādhitaḥ sura-gaṇair hṛdi baddha-kāmaiḥ yat sarva-bhūta-dayayāsad-alabhyayaiko nānā-janeṣv avahitaḥ suhṛd antar-ātmā

O Bhagavān, You are situated in the heart of all living entities as the supremely benevolent Supersoul. Because of Your compassionate nature, You always remain pleasing to everyone, but You cannot be attained by the non-devotees.

bahu upacārārpaṇe, pūji' kāmī deva-gaṇe, prasannatā nā la'bhe tomāra sarva-bhūte dayā kari', bhaje akhilātmā hari, tāre kṛpā tomāra apāra

BHAJANA-RAHASYA-VṛTTI: Śrī Brahmā is praying at the lotus feet of the Supreme Lord, "O Bhagavān, You are situated as the Supersoul in all living entities. You are everyone's friend and, despite being unattainable for the non-devotees, You are always merciful to everyone. The demigods worship You so that You will be pleased and fulfil their various material desires. Due to Your merciful nature, You grant their wishes, for You have said in Bhagavad-gītā (4.11): 'ye yathā mām prapadyante tāms tathaiva bhajāmy aham — as all surrender unto Me and worship Me, I reciprocate accordingly.' However, You always give special mercy to Your devotees. Although Your mercy is distributed everywhere, You have special affection for Your devotees. This is not a mixture of contradictory characteristics."

According to Bhagavad-gītā (9.29):

samo 'haṁ sarva-bhūteṣu na me dveṣyo 'sti na priyaḥ ye bhajanti tu māṁ bhaktyā mayi te teṣu cāpy aham

I am equally disposed to all living beings and am neither inimical nor partial to anyone. But as those who serve Me with devotion are attached to Me, I, too, am bound by affection for them.

#### Text 5

The glory of the virtue of giving respect to devotees is described in the  $Mukunda-m\bar{a}l\bar{a}$ -stotram (35):

śṛṇvan sato bhagavato¹ guṇa-kīrtanāni dehe na yasya pulakodgama-roma-rājiḥ notpadyate nayanayor vimalāmbu-mālā dhik tasya jīvitam aho puruṣādhamasya

If upon hearing the  $k\bar{\imath}rtana$  of Śrī Hari's name, form, qualities and pastimes from the mouths of guru and Vaiṣṇavas, a person's bodily hairs do not stand erect in ecstasy, his heart does not melt, and tears do not flow from his eyes, then alas! the life of such a wretched person is condemned.

sādhu-mukhe yei jana, kṛṣṇa-nāma-guṇa-gaṇa, śuniyā nā haila pulakita nayane vimala jala, nā vahila anargala, se vā kena rahila jīvita

BHAJANA-RAHASYA-VṛTTI: *Sādhakas* performing *bhajana* condemn their lives and repent in this way: "Alas! Even though I have heard *hari-kathā* from the mouth of saintly persons, my hard heart does not melt. This is the result of my offences. The heart of one who just once hears the glories of Śrī Kṛṣṇa's name melts immediately. But my heart has not realised this truth, and thus my life is condemned."

There is a story in this regard. There was a person who would come to hear *hari-kathā* in an assembly of saintly persons. Upon hearing the *hari-kathā*, everyone present would be saturated with bliss, but the heart of this man bore no change. He became very remorseful about this. The next day, while hearing *hari-kathā*, he rubbed red chilli powder in his eyes, which then poured forth a shower of tears. The Vaiṣṇava speaking the *hari-kathā* noticed this. When he finished his discourse, he called him over and praised him, saying, "The scriptures say those senses that refuse to perform

<sup>1</sup> In other editions of Mukunda-mālā, 'sato bhagavato' reads as 'janārdana-kathā'.

*kṛṣṇa-bhajana* should be punished, and today you have put this into practice. Śrīmad-Bhāgavatam says, 'It is useless to keep those senses that are not engaged in the service of the Supreme Lord.'" Upon hearing this, a stream of real tears flowed from that man's eyes.

#### Text 6

Knowledge of Śrī Kṛṣṇa's glories is described in the *Mukunda-mālā-stotram* (43):

kṛṣṇo rakṣati no jagat-traya-guruḥ kṛṣṇo hi viśvambharaḥ kṛṣṇād eva samutthitam jagad idam kṛṣṇe layam gacchati kṛṣṇe tiṣṭhati viśvam etad akhilam kṛṣṇasya dāsā vayam kṛṣṇenākhila sad-gatir-vitaritā kṛṣṇāya tasmai namaḥ²

Śrī Kṛṣṇa, the guru of the three worlds, protects us. Viśvambhara Kṛṣṇa maintains the entire universe in all ways. This world is manifested by Śrī Kṛṣṇa — that is, by His external potency — and at the proper time (during pralaya) the entire creation again merges into Him. Śrī Kṛṣṇa pervades the entire world; the entire world is situated within Him. Śrī Kṛṣṇa manifests all wealth and opulence. We are all Kṛṣṇa's eternal servants. I offer my respects unto this Śrī Kṛṣṇa.

jagad-guru kṛṣṇa sabe karena rakṣaṇa kṛṣṇa viśvambhara viśva karena pālana

kṛṣṇa haite ei viśva hañāche udaya avaśeṣe ei viśva kṛṣṇe haya laya

kṛṣṇe viśva avasthita, jīva kṛṣṇadāsa sad-gati-pradātā kṛṣṇe karaha viśvāsa

<sup>2</sup> In other editions of Mukunda-mālā this verse reads as follows: kṛṣṇo rakṣatu no jagat-traya-guruḥ kṛṣṇaṁ namdhvaṁ sadā / kṛṣṇenākhila-satravo vinihatāḥ kṛṣṇāya tasmai namaḥ / kṛṣṇād eva samutthitaṁ jagad idaṁ kṛṣṇasya dāso 'smy ahaṁ / kṛṣṇe tiṣṭhati viśvam etad akhilaṁ he kṛṣṇa rakṣasva mām.

janama layecha kṛṣṇa-bhakti karibāre kṛṣṇa-bhakti vinā saba mithyā e saṁsāre

BHAJANA-RAHASYA-VṛTTI: As sādhakas chant Śrī Kṛṣṇa's names, they repeatedly sing the glories of those names. They offer Him obeisances and pray at His lotus feet, "O Kṛṣṇa, save my life by giving me darśana of You. You are the provider and maintainer of the entire world, and thus Your name, Viśvambhara, has become meaningful. From You come the creation, maintenance and destruction of this world. Millions of universes are situated in each and every pore of Your body. Because I am present in this world, I am also Your insignificant servant, so please bestow Your mercy upon me. Prabhu, by Your causeless mercy, You have arranged that the living entities take birth in human bodies only so they can perform bhagavad-bhajana, without which this entire universe is useless. Since this bhakti cannot be received without Your mercy, please bestow that mercy upon me."

Furthermore, Śrī Caitanya-bhāgavata (Madhya-khaṇḍa 1.202) states:

jagatera pitā—kṛṣṇa, ye nā bhaje bāpa pitr-drohī pātakīra janme-janme tāpa

Śrī Kṛṣṇa is the father of the universe. Although a person may perform duties to his mother, father, wife, children and so on, if he does not perform *bhajana* of his original eternal father, he is offensive to that father (*pitṛ-drohī*), and he will be scorched by the threefold miseries of *māyā*, birth after birth.

Śrī Caitanya-caritāmṛta (Ādi-līlā 6.85) states:

keha māne, keha nā māne, saba tāṅra dāsa ye nā māne, tāra haya sei pāpe nāśa

Some accept Him whereas others do not, yet everyone is His servant. One who does not accept Him, however, will be ruined by his sinful activities.\*

The scriptures also state:

daśāśvamedhī punar eti janmani kṛṣṇa-praṇāmī na punar bhavāya

Even a person who performs ten horse sacrifices takes birth again in this world. But he who offers obeisances to Śrī Kṛṣṇa just once does not return.

O Kṛṣṇa, I eternally offer my constant obeisances at Your lotus feet, which bring one fearlessness.

#### Text 7

Great eagerness in *kṛṣṇa-bhajana* is described in the *Mukunda-mālā-stotram* (33):

kṛṣṇa tvadīya-pada-paṅkaja-pañjarāntam adyaiva me viśatu mānasa-rāja-haṁsaḥ prāṇa-prayāṇa-samaye kapha-vāta-pittaiḥ kaṇṭhāvarodhana-vidhau bhajanaṁ kutas te

O Kṛṣṇa, my request is that the swan of my mind be confined in the cage of Your lotus feet and dwell there in the ocean of *rasa*. At the time of death, the throat will be choked up with mucus, air and bile. Under such conditions, how will it be possible to remember Your name?

vṛthā dina yāya more majiyā saṁsāre e mānasa-rāja-haṁsa bhajuka tomāre

adyai tomāra pāda-paṅkaja-pañjare baddha ha'ye thākuka haṁsa rasera sāgare

e prāṇa prayāṇa-kāle kapha vāta pitta karibeka kaṇṭharodha apraphulla citta

## takhana jihvāya nā sphuribe tava nāma samaya chāḍile kise ha'be siddha-kāma

BHAJANA-RAHASYA-VRTTI: As a person who is inclined to perform nāma-bhajana increases his chanting of the holy name, feelings of repentance increase in his aching heart. Even though he is chanting harināma day and night, he thinks, "Alas, my mind has dwelled on material objects and thus my days have passed in vain. My mind is not fixed at the lotus feet of Nāma Prabhu. O Prabhu, how will I be delivered? It is my request at Your lotus feet that my swan-like mind be confined in the cage of Your lotus feet and always drink nectar. At the time of death, when mucus, air, bile and so forth choke my throat, how will I drink the nectar of Your name? If, at that time Your name does not appear on my tongue, how will I be able to attain perfection? O Prabhu, I pray at Your lotus feet that at the time of death, I will give up my body while constantly chanting Your holy name."

#### Text 8

The following six verses of the *Yāmuna-stotra* (19–21, 43, 45, 47) [which comprise Texts 8–13] illustrate the poet Yāmunācārya's own humility:

na dharma-niṣṭho 'smi na cātma-vedī na bhaktimāṁs tvac-caraṇāravinde akiñcano 'nanya-gatiḥ śaraṇya tvat-pāda-mūlaṁ śaraṇaṁ prapadye

I am not devoted to *dharma*, nor do I have any knowledge of the soul, and my heart has no devotion to Your lotus feet. O protector, being destitute, I take shelter of You. I have no shelter other than You. You have come as the saviour of the fallen to deliver such a wretched fallen soul as me. I am Your eternal servant and You are my eternal master.

hari he!

dharma-niṣṭhā nāhi mora, ātma-bodha vā sundara, bhakti nāi tomāra caraṇe ataeva akiñcana, gati-hīna duṣṭa-jana, rata sadā āpana-vañcane

patita-pāvana tumi, patita adhama āmi, tumi mora eka-mātra gati tava pāda-mūle painu, tomāra śaraṇa lainu, āmi dāsa tumi nitya-pati

BHAJANA-RAHASYA-VṛTTI: The sādhaka prays to the Supreme Lord in a meek and destitute mood, "O Lord, I have no devotion to dharma, no bhakti and no jñāna, so how can I remember Your lotus feet? You are the saviour of the fallen (patita-pāvana); You even give those who are poor and lowly a place at Your lotus feet. Therefore, please deliver me, this degraded soul. Then Your name, Patita-pāvana, will become meaningful."

#### Text 9

na ninditam karma tad asti loke sahasraśo yan na mayā vyadhāyi so 'ham vipākāvasare mukunda krandāmi sampraty agatis tavāgre

O Prabhu! O Hari! There is no wicked or sinful activity I have not performed thousands and thousands of times, and I will suffer for them. O Mukunda, I see that besides You there is no other shelter. I am constantly crying, praying before You. If You so desire, punish me, for You are the ruler of this destitute body.

hena duṣṭa karma nāi, yāhā āmi kari nāi, sahasra-sahasra bāra hari sei saba karma-phala, peye avasara bala, āmāya piśiche yantropari

gati nāhi dekhi āra, kāndi hari ānivāra,
tomāra agrete ebe āmi
yā' tomāra haya mane, daṇḍa deha akiñcane,
tumi mora danda-dhara svāmī

BHAJANA-RAHASYA-VṛTTI: "O Lord, birth after birth I have performed innumerable sinful and contemptible activities. To describe them all to You is not even possible; but as You are omniscient, You know of them anyway. So now I come before You, clasping a piece of straw between my teeth, humbly requesting You to please deliver me, even inflicting punishment upon me. O Prabhu, as a result of my numerous offences, the illusory energy crushes me just as one crushes a stick of sugar cane. My tearful request to You is to please purify this destitute person by punishing him. Since You give liberation to the living entities, one of Your names is Mukunda. Therefore, please liberate me from these sins and bestow upon me service to Your lotus feet."

Śrīla Kṛṣṇadāsa Kavirāja Gosvāmī says in Śrī Caitanya-caritāmṛta ( $\bar{A}di$ - $līl\bar{a}$  5.205, 207):

jagāi mādhāi haite muñi se pāpiṣṭa purīṣera kīṭa haite muñi se laghiṣṭa

emana nirghṛṇā more kebā kṛpā kare eka nityānanda vinu jagat bhitare

I am more sinful than Jagāi and Mādhāi and even lower than the worms in the stool. Who in this world but Nityānanda could show His mercy to such an abominable person as me?\*

#### Text 10

nimajjato 'nanta bhavārṇavāntaś cirāya me kūlam ivāsi labdhaḥ tvayāpi labdhaṁ bhagavann idānīm anuttamaṁ pātram idaṁ dayāyāḥ

O Ananta, since time immemorial I have been drowning in this unlimited ocean of material existence. The hope of one day attaining Your lotus feet is the shore of this ocean. Immersed in this material existence, I am tearfully praying to You, with a distressed voice, to please appear as *guru* and deliver me.

nija-karma-doṣa-phale, paḍi' bhavārṇava jale,
hābu ḍubu khāi kata kāla
sāṅtāri sāṅtāri yāi, sindhu anta nāhi pāi,
bhava-sindhu ananta viśāla

nimagna haiba yabe, dākinu kātara rave, keha more karaha uddhāra sei kāle āile tumi, tava pada-kūla-bhūmi, āśā-bīja haila āmāra

tumi hari dayāmaya, pāile more suniścaya, sarvottama bhājana dayāra

BHAJANA-RAHASYA-VṛTTI: "O Lord, as a result of my previous activities, I am submerged in the ocean of material existence, where many kinds of reactions are rising as huge waves, tormenting me with happiness and distress. This path of *karma* has no beginning and no end. I do not know how to swim in this vast ocean, and the crocodiles of lust, anger and so forth are eating my body. O Lord, please rescue me! You are my only hope. I now relinquish dependence on my own strength, and instead am taking shelter of Your lotus feet. I have heard from the great self-realized souls (*mahājanas*) that You give

mercy according to the extent of a person's fallen condition. As You protected the elephant Gajendra with Your disc, please save me from this crocodile-like ocean of material existence. Prabhu, I have also heard that You are the pinnacle of compassion. Please understand that I am fallen and wretched. Even if someone searches the entire universe, he will not find any better object for this compassion than I. Knowing this, kindly bestow Your mercy upon me."

#### Text 11

bhavantam evānucaran nirantaraḥ praśānta-niḥśeṣa-mano-rathāntaraḥ kadāham aikāntika-nitya-kiṅkaraḥ praharṣayiṣyāmi sanātha-jīvitam

All mental creations and desires are alleviated and the mind pacified by uninterrupted service to You. When will I be designated as Your eternal servant? When will I be radiant with joy, having obtained such a competent master as You?

> āmi baḍa duṣṭamati, nā dekhiyā anya-gati, tava pade la'yechi śaraṇa jāniyāchi ebe nātha, tumi prabhu jagannātha, āmi tava nitya parijana

sei dina kabe habe, aikāntika-bhāve yabe, nitya-dāsya-bhāva pāba āmi manorathāntara yata, niḥśeṣa haibe svataḥ, sevāya tuṣiba ohe svāmi

BHAJANA-RAHASYA-VṛTTI: While chanting, the *sādhaka* prays as follows: "O Prabhu, You are the Lord of the universe and I am Your servant, but because I am opposed to serving You, I have gone far away from You. Now I am tormented by the three kinds of afflictions of Your

illusory energy. Please bestow the mercy of Your lotus feet upon this unfortunate person. Prabhu, when will that auspicious day come when illusory desires leave my heart and I become Your unalloyed servant? At that time, I will please You by fulfilling Your inner desire."

#### Text 12

aparādha-sahasra-bhājanam patitam bhīma-bhavārṇavodare agatim śaraṇāgatam hare kṛpayā kevalam ātmasāt-kuru

O Hari, I am an offender, guilty of thousands of offences and therefore punishable. I am drowning in this fearsome ocean of material existence. Lost, I take shelter of Your lotus feet; please make me Your own. You have promised that You will definitely deliver anyone who has taken shelter of You. Please therefore deliver me also.

āmi aparādhī jana, sadā daṇḍya durlakṣaṇa, sahasra-sahasra doṣe doṣī bhīma bhavārṇavodare, patita viṣama-ghore, gati-hīna gati-abhilāsī

hari tava pada-dvaye, śaraṇa lainu bhaye,
kṛpā kari' kara ātmasāt
tomāra pratijňā ei, śaraṇa laibe yei,
tumi tāre uddhāribe nātha

BHAJANA-RAHASYA-VṛTTI: "O Lord, I am suffering punishment for my thousands and thousands of offences. As a fallen soul amidst the towering waves of the fearful ocean of material existence, I am without shelter. Sometimes the waves in this ocean submerge me, and sometimes they lift me up and knock me down again. In this condition, You who deliver persons from the ocean of material existence are my

only friend. Please be merciful to me and make me Your own. I have heard from the mouths of  $s\bar{a}dhus$  that You certainly deliver those who have surrendered unto You. This is Your promise. Therefore, O Lord, I am situated at Your lotus feet with the hope and faith that You will surely deliver me."

#### Text 13

na mṛṣā paramārtham eva me śṛṇu vijñāpanam ekam agrataḥ yadi me na dayiṣyase tato dayanīyas tava nātha durlabhaḥ

O Hari, I am submitting at Your lotus feet a petition in which there is not the slightest untruth. You may or may not be merciful to me, but my complete prayer, which is full of meaning, is that if You are not merciful to me, then it will be impossible for You to find a more suitable candidate for Your mercy in this entire material existence. Your name is Dayāmaya, 'one who is full of mercy'. Therefore, if You do not make me the object of Your merciful sidelong glance, Your name will be disgraced.

agre eka nivedana, kari madhunisūdana, śuna kṛpā kariyā āmāya nirarthaka kathā naya, nigūḍhārthamaya haya, hṛdaya haite bāhirāya

ati apakṛṣṭa āmi, parama dayālu tumi, more dayā tava adhikāra ye yata patita haya, tava dayā tata tāya, tāte āmi supātra dayāra

more yadi upekṣibe, dayā-pātra kothā pā'be, dayāmaya nāmaṭi tomāra BHAJANA-RAHASYA-VṛTTI: "O merciful Madhusūdana, I have a prayer to present before Your lotus feet that comes from the core of my heart. Do not neglect my prayer, thinking it meaningless, because in this whole material existence, You will not find a more wretched person than I. If You neglect me, whom will You accept as a fit candidate for Your mercy? Make Your compassionate name successful by bestowing Your mercy upon me."

#### Text 14

Freedom from pride is described in the Yāmuna-stotra (59):

amaryādaḥ kṣudraś cala matir asūyā-prasava-bhūḥ kṛtaghno durmānī smara-para-vaśo rakṣaṇa-paraḥ nṛśaṁsaḥ pāpiṣṭhaḥ katham aham ito duḥkha-jaladher apārād uttīrnas tava paricareyaṁ caraṇayoh

I am disrespectful, vile, fickle-minded, full of envy, ungrateful, dependent on others, cruel and most sinful. In this condition, how can I cross this impassable ocean of material existence and attain the service of Your lotus feet?

ami ta' cañcala-mati, amaryāda kṣudra ati, asūyā prasava sadā mora pāpiṣṭha kṛtaghna mānī, nṛśaṁsa vañcane jṅānī, kāma-vaśe thāki sadā ghora

e hena durjana ha'ye, e duḥkha-jaladhi va'ye, calitechi samsāra-sāgare kemane e bhavāmbudhi, pāra ha'ye niravadhi, tava pada-sevā mile more

BHAJANA-RAHASYA-VṛTTI: "O Lord, I am a disrespectful, vile living entity wandering in this material existence. I am fickle-minded, full

of envy, ungrateful and dependent on others. Please save this wretched person from this condition! Without Your mercy there is no other means of rescue from this ocean that is so difficult to cross. I offer millions and millions of obeisances to You. Please save me and engage me in service to Your lotus feet."

#### Text 15

Respect for devotees is described in the Yāmuna-stotra (52):

tava dāsya-sukhaika-saṅgināṁ bhavaneṣv astv api kīṭa-janma me itarāvasatheṣu mā sma bhūd api janma catur-mukhātmanā

O Bhagavān, if I take birth again due to my past activities or by Your desire, please let it be in the home of a devotee, even if that birth is in the body of an insect. I have no desire to take birth in a household devoid of devotion to You, even if it has the opulence of Brahmā. O Puruṣottama, this is my earnest prayer unto You.

veda-vidhi-anusāre, karma kari' e samsāre, jīva punaḥ punaḥ janma pāya pūrva-kṛta karma-phale, tomāra vā icchā-bale, janma yadi labhi punarāya

tabe eka kathā mama, śuna he puruṣottama, tava dāsa saṅgi-jana-ghare kīṭa-janma yadi haya, tāhāte o dayāmaya, rahiba he santuṣṭa antare

tava dāsa-saṅga-hīna, ye gṛhastha arvācīna,
tā'ra gṛhe caturmukha-bhūti
nā cāi kakhana hari, kara-dvaya yoḍa kari',
kare tava kiṅkara minati

BHAJANA-RAHASYA-VṛTTI: "O Lord, I have heard from *guru* and Vaiṣṇavas that the living entity is wandering in the cycle of birth and death according to his past activities. Prabhu, even if according to my auspicious and inauspicious *karma* I take birth in this material world, there is no cause for grief. However, my earnest petition at Your lotus feet is that even if I have to take the low birth of an insect or dog as a result of my *karma*, please let it be in the home of a devotee so that I will have the association of saintly Vaiṣṇavas. I have no desire to take birth in a very rich family that is opposed to You, even though it may be as wealthy as Brahmā. I have heard from the scriptures that *bhakti* is born of *sādhu-sanga*:

kṛṣṇa-bhakti-janma-mūla haya 'sādhu-saṅga' kṛṣṇa-prema janme, tenho punaḥ mukhya aṅga Śrī Caitanya-caritāmṛta (Madhya-līlā 22.83)

The root cause of devotional service to Lord Kṛṣṇa is association with advanced devotees. Even when one's dormant love for Kṛṣṇa awakens, association with devotees is still most essential.\*

"O Merciful One, whether I live in heaven, hell or anywhere else, I will hear about Your lotus feet, sing their glories and meditate upon them."

## Text 16

Humility that is full of self-surrender is described in the  $Y\bar{a}$ muna-stotra (49):

vapur-ādiṣu yo 'pi ko 'pi vā guṇato 'sāni yathā-tathā-vidhaḥ tad ayaṁ tava pāda-padmayor aham adyaiva mayā samarpitaḥ O Bhagavān, in this material existence there are the bodily distinctions of male and female, and according to the three modes of material nature (sattva, rajas and tamas), there are the divisions of the four varṇas and four āśramas. In this way, humanity is unlimitedly variegated. O Prāṇeśvara, let me take birth in any kind of body or in any condition; it does not matter, because now I am completely surrendered unto Your lotus feet and there is nothing I consider mine.

strī-puruṣa-deha-gata, varṇa-ādi-dharma yata, tāte punaḥ deha-gata bheda sattva-rajas-tamo-guṇa, āśrayete bheda punaḥ, ei rūpa sahasra prabheda

ye kona śarīre thāki, ye avasthā guṇa rākhi, se ahaṁtā ebe tava pāya saṁpilāma prāṇeśvara, mama bali' ataḥpara, āra kichu nā rahila dāya

BHAJANA-RAHASYA-VṛTTI: Here, humility that is full of self-surrender is expressed. While chanting the holy name, the *sādhaka*, in a mood of distress, submits a humble petition at the lotus feet of Śrī Bhagavān: "O Supreme Lord, giving up this false identification with the material male or female body, with social classification and so on, I surrender this body at Your lotus feet. Prāṇeśvara, You only are my life."

As long as the  $j\bar{\imath}va$  falsely identifies with the gross and subtle body, he cannot enter pure *bhajana*. When the living entity is established in the mood of the verse taught by Śr $\bar{\imath}$ man Mahāprabhu –  $n\bar{a}ha\bar{m}$  vipro na ca nara-patir  $n\bar{a}pi^3$  – or in other words, when he has become free from all material designations – the door to the realm of bhajana opens.

<sup>3</sup> This verse, from Śrīla Rūpa Gosvāmī's *Padyāvalī* (74), is found on p. 240.

## Text 17

An ideal example of sincere humility is given in Kṛṣṇa-karṇāmṛta (30):

nibaddha-mūrdhāñjalir eṣa yāce nīrandhra-dainyonnati-mukta-kaṇṭham dayānidhe deva bhavat kaṭākṣaṁ dākṣiṇya-leśena sakṛn niṣiñca

O Deva! O Ocean of Mercy! With folded hands raised to my head, I humbly offer this prayer to You: please, just once, shower me with Your merciful sidelong glance.

> mastake añjali bāndhi', ei duṣṭa-jana kāndi, niṣkapaṭa dainya mukta-svare phūkāri', phūkāri' kaya, ohe deva dayāmaya, dākṣiṇya prakāśi' antaḥpare

> > kṛpā-dṛṣṭi eka-bāra karaha siñcana tave e-janera prāna haibe raksana

BHAJANA-RAHASYA-VŖTTI: In this verse, Līlāśuka Bilvamaṅgala Ṭhākura prays in a distressed voice, induced by the humility caused by the feelings of separation (*viraha*) felt by Śrī Rādhā. When Śrī Kṛṣṇa left for Mathurā, He was separated from Rādhā and lived far away (*sudūra-pravāsa*). Śrīmatī Rādhikā, agitated by extreme separation, spoke with great humility to a bumblebee (Śrīmad-Bhāgavatam, 10.47.21): "smarati sa pitṛ-gehān — O bumblebee, does ārya-putra (the son of a noble person) remember us?" She also asked, "Upon happily returning from Ujjain, will He come to Vṛndāvana?" When Kṛṣṇa disappeared from the rāsa dance, She cried out (Śrīmad-Bhāgvatam, 10.30.39): "dāsyās te kṛpaṇāyā me sakhe darśaya sannidhim — O Lord! I am Your maidservant. Please show Yourself to Me."

Desirous of this kind of humility, Śrī Līlāśuka is praying, "O Kṛṣṇa, make me a traveller on the pathway of Your eyes. Please give me

service to You. Only by Your mercy can I serve in Your intimate, secret *nikuñja-līlās*, by which the living entity becomes forever successful. If I am unqualified for this service, then let me worship You, immersed in these sentiments. I am an offender; nonetheless, You are an ocean of mercy. I therefore beg You to not pay attention to my faults, and please make the creeper of my desire bear fruit. This is my prayer unto You."

#### Text 18

Kṛṣṇa-karṇāmṛta (29) states:

mayi prasādam madhuraiḥ kaṭākṣair vamśī-ninādānucarair vidhehi tvayi prasanne kim ihā parair nas tvayy aprasanne kim ihā parair naḥ

O Kṛṣṇa, kindly bestow Your mercy upon me through Your sweet sidelong glances, which are accompanied by the sound of Your flute. When You are pleased with me, there is no harm if others are not. But if You become displeased, even if others are pleased, what is the use?

madhura kaṭākṣa-vaṁśī-ninādera saha āmāke prasāda kari' tava pade laha

prasanna haile tumi anya-prasannatā prayojana kivā mora, ei mora kathā

tava prasannatā vinā anyera prasāde ki kārya āmāra bala kahinu avādhe

ei rūpa niṣṭhā saha karile kīrtana acire haibe ruci, pābe prema-dhana

pūrvāhna-kālera līlā ei rūpa haya nāmāśrāya-kāle cintā kara mahāśaya BHAJANA-RAHASYA-VRTTI: Remembering Her previous amorous sports (vilāsa) with Śrī Krsna in the kunjas, Śrī Rādhikā becomes restless in separation from Him (Śrīmad-Bhāgavatam, 10.47.21): "kvacid api sa kathā nah kiṅkarīnāṁ grnīte bhujam aguru-sugandhaṁ mūrdhny adhāsyat kadā nu – will Kṛṣṇa again place His cooling hand, which is more fragrant than aguru, on our heads?" In this virahapralāpa (incoherent talk filled with lamentation, which is caused by separation from Krsna), Rādhikā says, "O Prānanātha, please enter the kunja, casting the same sidelong glance as You did before." What is the nature of this glance? As Krsna plays on His flute, His sidelong glance indicates to Rādhā to enter the kuñja. For this reason, the flute is a giver of bliss. Someone may question: "At the time of rāsa-līlā, if Muralīvadana's sidelong glance signals to Śrī Rādhā alone, what about the other *qopīs*?" The answer is that by the inconceivable potency (acintya-śakti) contained within His flute and sidelong glance, Krsna signals Śrī Rādhā directly and the other *gopīs* indirectly.

Rādhikā says, "I am only concerned with Your happiness. My cherished desire is that You are happy, even if all of us *gopīs* are unhappy. If it pleases You to not appear before Me, then even the *gopīs*' endeavours to find You cannot please Me."

By resolutely performing bhajana with the sentiments described in this Third Chapter, the stage of ruci will arise and gradually the  $s\bar{a}dhaka$  will attain prema.

#### Text 19

The mid-morning pastimes ( $p\bar{u}rv\bar{a}hna-l\bar{l}l\bar{a}$ ) are described in *Govinda-līlāmṛta* (5.1):

pūrvāhne dhenu-mitrair vipinam anusṛtam goṣṭha-lokānuyātam kṛṣṇam rādhāpti-lolam tad abhisṛti-kṛte prāpta-tat-kuṇḍa-tīram rādhām cālokya kṛṣṇam kṛta-gṛha-gamanām āryayārkārcanāyai diṣṭām kṛṣṇa-pravṛttyai prahita-nija-sakhī vartma-netrām smarāmi I remember Śrī Kṛṣṇa, who in the forenoon goes to the forest with the cows and His sakhās. Śrī Nanda, Yaśodā and other Vrajavāsīs follow Him for some distance. Restless and hankering to meet with Śrī Rādhā, Kṛṣṇa arrives at the bank of Rādhā-kuṇḍa for Their rendezvous (abhisāra). I remember Śrī Rādhā, who after taking Kṛṣṇa's darśana at Nanda-bhavana, returns to Her home. Jaṭilā orders Her to worship the Sun-god. Desiring to learn of Śrī Kṛṣṇa's whereabouts, Rādhā sits and looks down the road, waiting for the return of Her sakhī, whom She has sent to gather this information.

dhenu sahacara saṅge, kṛṣṇa vane yāya raṅge, goṣṭha-jana anuvrata hari rādhā-saṅga-lobhe punaḥ, rādhā-kuṇḍa-taṭa-vana, yāya dhenu saṅgī parihari'

kṛṣṇera iṅgita pāñā, rādhā nija-gṛhe yāñā, jaṭilājñā laya sūryārcane gupte kṛṣṇa-patha lakhi', kata-kṣaṇe āise sakhī, vyākulitā rādhā smari mane

BHAJANA-RAHASYA-VŖTTI: In *pūrvāhna-līlā*, after Śrī Kṛṣṇa has eaten, He prepares to go to the forest, attired as a cowherd boy; and Śrī Vṛṣabhānu-nandinī, decorated with cloth and ornaments given by Śrī Yaśodā, returns to Jāvaṭa. They meet halfway. Upon seeing Śrī Rādhā, Kṛṣṇa's peacock feather falls from His head and the flute slips from His hand. This pastime is described in the following verse from Śrī Rādhā-rasa-sudhā-nidhi (39):

veņuḥ karān nipatitaḥ skhalitaṁ śikhaṇḍaṁ bhraṣṭaṁ ca pīta-vasanaṁ vrajarāja-sūnoḥ

Śrī Kṛṣṇa arrives at the bank of Rādhā-kuṇḍa for another meeting with Śrīmatī Rādhikā. Not finding Her there, He becomes extremely eager, full of desire and restless. In Jāvaṭa, meanwhile,

## Śrī Bhajana-rahasya

Jațilā encourages Rādhikā to go and worship the Sun-god ( $s\bar{u}rya-p\bar{u}j\bar{a}$ ). The way in which Rādhikā performs  $p\bar{u}j\bar{a}$  to Kṛṣṇa at the place where  $s\bar{u}rya-p\bar{u}j\bar{a}$  is performed is the wealth that is attained by the performance of bhajana.

Thus ends the Tṛtīya-yāma-sādhana, Pūrvāhna-kālīya-bhajana, of Śrī Bhajana-rahasya.

# Chapter Four

## CATURTHA-YĀMA-SĀDHANA

Madhyāhna-kālīya-bhajana — ruci-bhajana (from the second prahara until three-and-a-half praharas: approximately 11.00 a.m. — 3.30 p.m.)

#### Text 1

A  $n\bar{a}ma$ - $s\bar{a}dhaka$  has no desire other than unadulterated devotional service to Śrī Kṛṣṇa ( $ahaituk\bar{\imath}$ -kṛṣṇa-bhakti). The fourth verse of Śrī Śikṣāṣtaka states:

na dhanam na janam na sundarīm kavitām vā jagadīśa kāmaye mama janmani janmanīśvare bhavatād bhaktir ahaitukī tvayi

O Jagadīśa, I do not desire wealth, nor followers, nor do I desire beautiful poetry (here meaning 'knowledge'). O Prāṇeśvara, my only desire is to have unalloyed devotion unto Your lotus feet birth after birth.

gṛha-dravya-śiṣya-paśu-dhānya-ādi dhana strī-putra dāsa-dāsī kuṭumbādi jana

kāvya-alaṅkāra-ādi sundarī kavitā pārthiva-viṣaya madhye e saba vāratā ei saba pāibāra āśā nāhi kari śuddha-bhakti deha more, kṛṣṇa kṛpā kari'

premera svabhāva, yāṅhā premera sambandha sei māne kṛṣṇa mora nāhi bhakti-gandha

BHAJANA-RAHASYA-VŖTTI: Bhakti only appears in the heart when one performs harināma-kīrtana with firm faith (śraddhā). But the sādhaka's perfected body will not arise unless he gives up all connection with sensual happiness in this material world. This renunciation of sensual happiness takes place in two ways: positive (anvaya) and negative (vyatireka). Here anvaya refers to the prominent characteristic of devotion, which is the cultivation of activities favourable to Śrī Kṛṣṇa (ānukūlya-maya-kṛṣṇānuśīlana). Vyatireka refers to the two secondary characteristics of devotion, which are (1) the absence of desire for anything other than the pleasure of Śrī Kṛṣṇa (anyābhilāṣitā-śūnya) and (2) the absence of the coverings of karma and jñāna (jñāna-karmādy-anāvṛta).

The words *na dhanaṁ na janam* in this Text clearly explain the symptoms of *vyatireka*. The word *dhana* refers to wealth and articles collected for enjoyment and entertainment, and *jana* indicates women, children, servants, maidservants, subjects, friends and relatives. *Sundarī-kavitā* means ordinary knowledge expressed in mundane poetry and literature.

"O Kṛṣṇa, Lord of my life, I am not praying to You for all these things. My only prayer is that I may have unalloyed devotion unto Your lotus feet birth after birth."

## Text 2

Misusing material wealth, etc. is opposed to *bhakti*. Śrīmad-Bhāgavatam (3.9.6) states:

tāvad bhayam draviņa-deha-suhṛn-nimittam śokaḥ spṛhā paribhavo vipulaś ca lobhaḥ tāvan mamety asad-avagraha ārti-mūlam yāvan na te 'nghrim abhayam pravṛṇīta lokaḥ

As long as a person does not take shelter of Your lotus feet, which remove all kinds of fear, he will be tormented by anxiety, sorrow, hankering, wretchedness, extreme greed and so forth caused by wealth, home, friends and relatives. He will maintain the misconception of 'I' and 'mine', which is the sole cause of unhappiness.

dravya-deha-suhṛn-nimitta śoka bhaya spṛhā parābhava āra lobha atiśaya

āmi mama ārti-mūla asat-āśaya yata dina nahe tava pāda-padmāśraya

BHAJANA-RAHASYA-VRTTI: Persons who have never heard harikathā are not inclined to serve Śrī Hari. They use their time, wealth and energy in mundane activities and maintain the misconception that "I am the enjoyer". They will suffer due to their inclination to enjoy. In other words, although they are in distress, they still endeavour to obtain that which is unrelated to Śrī Krsna. The sole cause of this is illusion. Forgetting that Krsna is their only near and dear friend, they establish friendship with persons averse to Śrī Krsna and remain fearful of the devotees. It is only by the merciful disposition of Hari, Guru and Vaisnavas that the living entity can be delivered from these sufferings and the desire to serve the Supreme Lord can arise in his heart. In other words, the inclination to serve Śrī Bhagavān will manifest in his heart. The living entity then realises his own intrinsic nature, as well as the instrinsic natures of the Supreme Lord and the illusory energy, and engages all his senses in serving Hari, Guru and Vaisnavas. Śrīla Bhaktivinoda Thākura sings in Śaranāgati (Ātma-nivedana, Song 8):

ātma-nivedana, tuyā pade kari, hainu parama sukhī duḥkha dūre gela, cintā nā rahila, caudike ānanda dekhī

By surrendering myself to Your lotus feet I have become supremely happy. All suffering has gone far away and I have no more worries. Now I see happiness in all directions.

#### Text 3

Śrī Kṛṣṇa is the Supreme Lord of all lords, and by worshipping Him, all others are worshipped. Śrīmad-Bhāgavatam (4.31.14) states:

yathā taror mūla-niṣecanena tṛpyanti tat-skandha-bhujopaśākhāḥ prāṇopahārāc ca yathendriyāṇāṁ tathaiva sarvārhaṇam acyutejyā

By watering the root of a tree, all its parts, such as the trunk, branches and sub-branches, are nourished, and by satisfying the life airs through eating, all of the senses are nourished. Similarly, only by worshipping Śrī Kṛṣṇa are the demigods, forefathers and so forth worshipped.

taru-mūle dile jala, bhuja-śākhā-skandha trpta haya anāyāse, sahaja nirbandha

prāṇera tarpaṇe yathā indriya sabala kṛṣṇārcane tathā sarva-devatā śītala

BHAJANA-RAHASYA-VṛTTI: By watering the root of a tree, all of its parts, such as the trunk, branches, leaves and fruits, obtain nourishment. By putting food in the stomach, all the different bodily limbs are satisfied and nourished. Similarly, by performing exclusive worship of Acyuta, all the demigods and goddesses are also worshipped. This is because Acyuta is the root cause of all consciousness, and all conscious and

unconscious matter is dependent on Him. Svayam Bhagavān is the only one who is infallible (*acyuta*), and He can never become fallible (*cyuta*). Here someone may ask, "What harm is there in worshipping both Śrī Bhagavān and the demigods and goddesses at the same time?" The answer is that such worship signifies a lack of firm faith in the Supreme Lord. The demigods and goddesses are ruled by material qualities, while the process of serving Bhagavān is transcendental. It is improper to disrespect the demigods and goddesses, but it is also incorrect to elevate them to the same level as Śrī Kṛṣṇa. The scriptures state that one who gives up *kṛṣṇa-bhajana* to worship the demigods and goddesses is like one who gives up his mother to worship an outcaste woman, or like one who gives up nectar to drink poison.

#### Text 4

One-pointed devotees have no other duty than serving Śrī Kṛṣṇa. The *Padma Purāṇa* (quoted in *Bhakti-rasāmṛta-sindu* 1.2.116) states:

harir eva sadārādhyaḥ sarva-devesvaresvaraḥ itare brahma-rudrādyā nāvajñeyāḥ kadācana

The Lord of all demigods, Śrī Hari, is always the only worshipable object, but it is improper to disrespect Brahmā, Rudra and other demigods.

ādau sarveśvara-jñāna kṛṣṇete haibe anya deve kabhu nāhi avajñā karibe

#### Text 5

One should not increase the number of his unqualified disciples on the pretext of spreading *bhakti*. Śrīmad-Bhāgavatam (7.13.8) states:

## na śiṣyān anubadhnīta granthān naivābhyased bahūn na vyākhyām upayuñjīta nārambhān ārabhet kvacit

One should not make many disciples for material gain, nor study many books, nor give discourses on the scriptures to earn one's livelihood. One should also give up large undertakings.

> bahu-śiṣya-lobhete ayogya śiṣya kare bhakti-śūnya śāstrābhyāse tarka kari' mare

vyākhyāvāda-bahvārambhe vṛthā kāla yāya nāme yāṅra ruci sei e saba nā cāya

BHAJANA-RAHASYA-VRTTI: While explaining the duty of a sannyāsī, Devarsi Nārada said to Yudhisthira Mahārāja, "A sannyāsī should roam about, be devoted to Nārāyana and be the well-wisher of all living entities. He should not engage in any occupation to maintain his life, nor should he engage in discussions only for the sake of debate. He should only accept objects that come through begging (bhiksā). He should not be attached to literature that discusses temporary, material subject matters, nor, for material benefit, should he give mantras to unqualified persons to increase the number of his disciples. He should not show his scholarly talent, but rather he should study literature on bhakti and put these teachings into practice. It is unfavourable to pure devotion, and also a waste of time, to establish and maintain large temples to make a show of opulence. Many kinds of unqualified persons will take shelter of such temples, and their devious activities will defame the society of sādhus. Saintly persons should perform bhajana under the guidance of their superiors, following the path designated by the disciplic succession (paramparā). Only a sādhaka on the platform of bhāva is qualified to make disciples, and he does so only for the welfare of society and the protection of the *sampradāya*. The scriptures forbid unqualified persons from taking disciples."

#### Text 6

Exclusive and unmotivated devotional service, known as  $aik\bar{a}ntik\bar{\imath}-ahaituk\bar{\imath}-bhakti$ , is described in  $\acute{S}r\bar{\imath}mad-Bh\bar{a}gavatam$  (1.2.14):

tasmād ekena manasā bhagavān sātvatām patiḥ śrotavyaḥ kīrtitavyaś ca dhyeyaḥ pūjyaś ca nityadā

With an attentive mind, one should constantly hear about, glorify, meditate upon and worship Bhagavān, who is loving towards His devotees (bhakta-vatsala). All the while, one should endeavour to remove his anarthas. Then his creeper of devotion will very quickly bestow its fruit in the form of prema.

ananya-bhāvete kara śravaṇa-kīrtana nāma-rūpa-guṇa-dhyāna-kṛṣṇa-ārādhana

saṅge saṅge anartha-nāśera yatna kara bhakti-latā phala-dāna karibe satvara

BHAJANA-RAHASYA-VŖTTI: All religious duties are observed for the pleasure of Śrī Hari. Therefore, the living entity's only duty is to single-mindedly engage in *kṛṣṇa-bhajana* while giving up the desire for *karma* and *jñāna*. For the pleasure of Śrī Hari, he should reside in the *dhāma* with a resolute mind and hear narrations about Śrī Hari from śrī guru and Vaiṣṇavas. The method of cultivating pure *bhajana* is that after hearing *hari-kathā*, one should perform *kīrtana* and *smaraṇa* of those narrations. By this method *anarthas* are nullified and pure *bhajana* arises. This is the essence of all instruction for *sādhakas*.

#### Text 7

One should not be disturbed by the loss of acquired assets. In this regard *Bhakti-rasāmṛta-sindhu* (1.2.114) quotes the *Padma Purāṇa*:

alabdhe vā vinaṣṭe vā bhakṣyācchādana-sādhane aviklava-matir bhūtvā harim eva dhiyā smaret

One who is devoted to *hari-bhakti* should remain undisturbed and continue remembering Śrī Hari, even if he is unsuccessful in obtaining food and clothing, or if what he has obtained is lost.

bhakṣya-ācchādana yadi sahaje nā pāya athavā pāiyā kona gatike hārāya

nāmāśrita bhakta aviklava-mati hañā govinda śaraṇa laya āsakti chāḍiyā

BHAJANA-RAHASYA-VṛTTI: When the living entity attains taste (*ruci*) for *bhagavat-kathā* and *harināma*, he no longer has an attachment to worldly things. He is satisfied with only the cloth and food necessary to protect and sustain his body. If he gains or loses anything, his mind remains steady. His mood is that whatever is obtained or lost is the Lord's desire. He knows that gain, loss and so forth come according to one's previous *karma*. Detached from worldly matters, he remembers Śrī Bhagavān's name with a steady mind.

## Text 8

Bhakti-rasāmṛta-sindhu (1.2.115), quoting from the *Padma Purāṇa*, mentions the necessity of giving up distress:

śokāmarṣādibhir bhāvair ākrāntam yasya mānasam

## katham tatra mukundasya sphūrti-sambhāvanā bhavet

How can Mukunda manifest in the heart of a person who is filled with lamentation, anger and so forth?

putra kalatrera śoka, krodha, abhimāna ye hṛdaye tāhe kṛṣṇa sphūrti nāhi pāna

BHAJANA-RAHASYA-VŖTTI: Mukunda never manifests in a heart that becomes agitated by pleasure upon obtaining something temporary or distressed upon losing it. In this way, the living entity remains oblivious to Bhagavān. One should follow the character of Śrīman Mahāprabhu's devotees and, guided by their mood, remain peaceful and steady in every situation. In this regard one should follow the example of Śrīvāsa Paṇḍita. Once Śrīman Mahāprabhu and His devotees were performing kīrtana in Śrīvāsa Paṇḍita's home when, inside the house, Śrīvāsa's son left his body. Śrīvāsa remained calm and strictly forbade the ladies and other persons in the house to cry, to ensure that Mahāprabhu's kīrtana would not be disturbed. He did not even relate the news of his son's death to Mahāprabhu. With such a fixed and peaceful mind, one should remember and meditate upon the Supreme Lord. This is the purport of śāstra.

## Text 9

One should accept only as much wealth as is necessary to maintain one's life. The *Nāradīya Purāṇa* (quoted in *Bhakti-rasāmṛta-sindhu* 1.2.108) states:

yāvatā syāt sva-nirvāhaḥ svīkuryāt tāvad arthavit ādhikye nyūnatāyāṁ ca cyavate paramārthataḥ A sādhaka who needs to maintain himself will collect only as much wealth and other material necessities as are required to maintain his *bhakti*; to accept too much or too little will surely make him deviate from his goal.

sahaje jīvana-yātrā-nirvāhopayogī dravyādi svīkāra kare bhakta nahe bhogī

BHAJANA-RAHASYA-VṛTTI: A person qualified for *vaidhī-bhakti* should earn money to maintain his life through prescribed virtuous means; that is, according to *varṇāśrama-dharma*. It is auspicious to accept assets only according to one's needs. Craving to accept more than necessary creates attachment, which will gradually destroy one's *bhajana*. Accepting less than necessary is also harmful, as this will create an insufficiency, which in turn will weaken one's *bhajana*. Therefore, as long as a person is not indifferent to material things, he should cultivate pure *bhakti* and accept only those assets that are required to maintain his life.

## Text 10

The symptoms of advancement in unmotivated devotional service are given in  $\hat{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (11.2.42):

bhaktiḥ pareśānubhavo viraktir anyatra caiṣa trika eka-kālaḥ prapadyamānasya yathāśnataḥ syus tuṣṭiḥ puṣṭiḥ kṣud-apāyo 'nu-ghāsam

With each morsel of food a hungry person eats, he simultaneously experiences satisfaction, nourishment and relief from hunger. Similarly, a surrendered devotee, who is engaged in the performance of *bhakti*, simultaneously realises his worshipable deity, strengthens his relationship with that deity and becomes detached from this temporary world and material relationships.

bhakta-jane sama-māne yugapad udaya bhakti, jňāna, virakti, tina jānaha niścaya

cid-acid-īśvara sambandha-jñāne jñāna kṛṣṇetare anāsakti virakti-pramāṇa

ye rūpa bhajane tuṣṭi puṣṭi pratigrāse kṣudhāra nivṛtti ei tina anāyāse

BHAJANA-RAHASYA-VṛTTI: The symptoms observed in a *sādhaka* who has directly experienced the sweetness of the Supreme Lord are described in this Text. In such devotees, three symptoms are simultaneously visible: attainment of service to the Lord, realisation of all knowledge related to *bhakti*, and detachment from matters unrelated to Śrī Kṛṣṇa. The *sādhaka* develops detachment from those items of enjoyment that are not useful in the service of Śrī Kṛṣṇa, but he does not develop detachment from that which can be used in His service. Because he does not consider using such objects for his own pleasure, there is no need for him to renounce them.

When, due to humility, Śrīla Sanātana Gosvāmī resolved to give up his life by throwing himself under the wheel of Lord Jagannātha's chariot, Śrī Gaurasundara, who resides in everyone's heart as the Supersoul, told him that a person cannot attain Śrī Kṛṣṇa merely by giving up his body. Kṛṣṇa is only attained through *bhajana*; that is, through fulfilling the inner desire of one's *guru* (*mano 'bhīṣṭa sevā*).

When the *sādhaka* surrenders to *śrī guru's* lotus feet, the *guru* becomes the owner of the *sādhaka's* body. Therefore, when one acknowledges his body to be his *guru's* property, it is necessary to take care of it. In the same mood, the *vraja-devīs* decorate their bodies with clothes, ornaments, cosmetics, etc. – only for service to Śrī Kṛṣṇa.

Indifference to material objects develops according to the extent of one's realisation of Śrī Bhagavān. This indifference gives one the qualification to attain the direct service of the Supreme Lord. Śrīla Raghunātha dāsa Gosvāmī states in *Vilāpa-kusumānjali* (6):

vairāgya-yug bhakti-rasam prayatnair apāyayan mām anabhīpsum andham kṛpāmbudhir yaḥ para-duḥkha-duḥkhī sanātanam tam prabhum āśrayāmi

I surrender to the lotus feet of my master, Śrī Sanātana Gosvāmī, who is the bestower of *sambandha-jñāna*. He is an ocean of mercy, and his heart always becomes distressed upon seeing the suffering of others. Although due to the darkness of ignorance I had no desire to taste *bhakti-rasa* imbued with renunciation, he forced me to taste it and thereby gave me knowledge of my relationship with Śrī Kṛṣṇa.

Ignorant people honour artificial renunciation and praise those who accumulate dry knowledge. Such knowledge and renunciation, being devoid of the inclination to serve, simply result in mundane talk and deception of the public. There is no pure *bhakti* in them.

## Text 11

The following verse is a petition made at the stage of humility described in the previous Texts. Prahlāda Mahārāja (Śrīmad-Bhāgavatam 7.9.39) prays:

naitan manas tava kathāsu vikuṇṭha-nātha samprīyate durita-duṣṭam asādhu tīvram kāmāturam harṣa-śoka-bhayaiṣaṇārtam tasmin katham tava gatim vimṛśāmi dīnaḥ

O Vaikuṇṭhanātha, my mind is polluted by the desire to sin. How can I explain to You the suffering of my mind, which is constantly afflicted by desires? My mind, strongly attached to these desires, is sometimes overpowered by happiness and sometimes by distress and fear. It is always engaged in collecting wealth and material assets, and finds no taste in the narrations of Your pastimes. How, then, can I remember and meditate upon You?

dūrita-dūṣita mama asādhu mānasa kāma-harṣa-śoka-bhaya eṣaṇāra vaśa

tava kathā-rati kise haibe āmāra? kise kṛṣṇa tava līlā kariba vicāra?

BHAJANA-RAHASYA-VṛTTI: When steady devotion arises in the heart of a sādhaka, a mood of natural humility manifests. Out of greed to constantly relish the sweetness of the Supreme Lord, he repents, "Alas, alas, I have not performed any sādhana-bhajana. My heart is sinful and my mind is wicked, and therefore I left the merciful Lord and am drowning in the ditch of material enjoyment. How will I be able to relish the nectar of Svāminī's lotus feet? O Lord, how can I develop affection for Your form, qualities and pastimes? How can I obtain a taste for bhajana? Firmly bound by many kinds of illicit desires, I am drowning in the ocean of material existence. Oh, how can I protect myself from all this? O Bhagavān, I have become a servant of the six enemies. How can I, who am unintelligent and devoted to material desires, understand the boundless, eternal and deep truth about You?"

This kind of humility arises when *bhakti* is fully ripe. In reality, fully mature *prema* is humility. Considering himself to be extremely fallen and wretched, the *sādhaka* always offers Śrī Bhagavān various humble and grief-stricken prayers.

#### Text 12

Śrīmad-Bhāgavatam (7.9.40) explains how life is completely destroyed by attraction to the form, taste and so on of material objects:

jihvaikato 'cyuta vikarṣati māvitṛptā śiśno 'nyatas tvag-udaraṁ śravaṇaṁ kutaścit ghrāṇo 'nyataś capala-dṛk kva ca karma-śaktir bahvyah sapatnya iva geha-patiṁ lunanti O Acyuta, my tongue is pulling me towards delicious flavours, my genitals towards beautiful women, my stomach towards foodstuffs that are harmful, my ears towards sweet songs and useless talk, my nose towards pleasant fragrances, my eyes towards beauty, and my sense of touch towards soft things. In this way, all my sense organs are pulling me towards their respective sense objects. O Nandanandana, my situation is like that of a man with many wives, each dragging him towards her own bedroom. In such a condition, how can I remember You and Your form, qualities and pastimes?

jihvā ṭāne rasa prati, upastha kadarthe udara bhojane tāne visama anarthe

carma ṭāne śayyādite, śravaṇa kathāya ghrāṇa ṭāne surabhite, cakṣu dṛṣye yāya

karmendriya karme ṭāne, bahu-patnī yathā gṛhapati ākarṣaya, mora mana tathā

emata avasthā mora śrī-nanda-nandana ki rūpe tomāra līlā kariba smaraṇa?

BHAJANA-RAHASYA-VRTTI: The *sādhaka* is praying to Śrī Bhagavān with great humility, "O Lord, let my mind always be completely attached to Your lotus feet and engaged in glorifying You. But, O Acyuta, although I am trying to control my senses by innumerable endeavours, I have not been successful. Alas, alas, what shall I do? My unsatisfied tongue, genitals, belly, ears, nose, restless eyes and sense of touch are drawing me in the direction of their respective sense objects – sound, form, taste, smell and touch – and are thus destroying me. O Prabhu, although I have tried my best to subdue them, I have not succeeded. My condition is like that of a man who, controlled by lust, has married several wives. Now all these wives are dragging him in their own direction, each wanting her lustful desires fulfilled. He is not able to pacify the fire of their lust, nor do they leave him alone. The more this

lusty man tries in various ways to satisfy the desires of these ladies, the less successful he is. Similarly, I endeavoured in many ways, but all in vain. O protector of the helpless, now You are my only shelter. I have faith in You alone. By the power of Your mercy, please deliver me from the entanglement of this material existence and thus make Your name, Patita-pāvana, meaningful."

#### Text 13

A prayer for obtaining the association of *uraja-bhaktas* is spoken by Lord Brahmā in Śrīmad-Bhāgavatam (10.14.30):

tad astu me nātha sa bhūri-bhāgo bhave 'tra vānyatra tu vā tiraścām yenāham eko 'pi bhavaj-janānām bhūtvā niseve tava pāda-pallavam

O Bhagavān, may I be so fortunate as to attain the association of Your devotees and, under their guidance, obtain service to Your lotus feet, be it in this or any other human birth, or in a birth such as an animal, bird, worm or moth.

ei brahma janmei vā anya kona bhave paśu-pakṣī ha'ye janmi tomāra vibhave

ei mātra āśā tava bhakta-gaṇa-saṅge thāki' tava pada-sevā kari nānā-raṅge

BHAJANA-RAHASYA-VŖTTI: Lord Brahmā became perplexed when he saw Śrī Kṛṣṇa playing with the other cowherd boys. So, in order to see more of Śrī Kṛṣṇa's pastimes, he stole the cowherd boys and calves. Śrī Kṛṣṇa, however, assumed the forms of as many cows and cowherd boys as Brahmā stole, and for one year He continued His pastimes as before. Finally, He showed Brahmā His four-armed form. Upon seeing the Supreme Lord's opulence, Brahmā deeply regretted his actions.

## Śrī Bhajana-rahasya

He praised Śrī Kṛṣṇa in various ways and begged forgiveness for his offence: "O Lord, I have directly received Your mercy. O fulfiller of all kinds of desires, my fortune is not in having obtained this post as Brahmā. Rather, if I take birth in Vraja from the womb of an animal, bird, worm, moth or any other sub-human species, I will consider myself most fortunate. Even the mercy available to the deer in Vraja is not easily obtained in this birth as Brahmā. The deer cleanse the dust from Your limbs with their tongues, and You caress them with Your hands. I want to take birth in any species, high or low, where I can serve Your lotus feet under the guidance of Your devotees. This is my earnest desire and will be my good fortune."

#### Text 14

It is useless to be anxious about attaining the four goals of life. Śrī Uddhava explains in  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (3.4.15):

ko nv īśa te pāda-saroja-bhājām sudurlabho 'rtheṣu caturṣv apīha tathāpi nāham pravṛṇomi bhūman bhavat-padāmbhoja-niṣevaṇotsukah

O Lord, it is not difficult for one who has taken shelter of Your lotus feet to achieve the four goals of life (religiosity, economic development, sense gratification and liberation); nevertheless, such a person does not desire them. O Great One, he is not concerned with anything other than rendering service to Your lotus feet.

kṛṣṇa! tava pāda-padme bhakti āche yāṅra catur-varga-madhye kivā aprāpya tāṅhāra

tathāpi tomāra pada-sevā mātra cāi anya kona arthe mora prayojana nāi BHAJANA-RAHASYA-VŖTTI: The inherent dharma of the living entity is the tendency to serve (sevā-vṛtti). The devotee therefore desires the fifth goal of human life, pañcama-puruṣārtha, which is prema-sevā. He does not accept the threefold designations of religiosity (dharma), economic development (artha) and sense gratification (kāma), nor does he accept liberation (mokṣa), which is free from material designations. The impersonalists strive for sāyujya-mukti, which the devotee always completely rejects. The Nārada-pañcarātra (quoted in Bhakti-rasāmṛta-sindhu 1.1.34) states:

hari-bhakti-mahādevyāḥ sarvā muktādi-siddhayaḥ bhaktaś cādbhutās tasyāś ceṭikāvad anuvratāḥ

All kinds of liberation are automatically accomplished by devotees who perform pure devotional service to  $\dot{S}r\bar{\imath}$  Hari. Not only are they accomplished, but they follow the devotees like maidservants, always ready to serve them.

Devotees reject the five kinds of liberation:  $s\bar{a}yujya$ ,  $s\bar{a}r\bar{u}pya$ ,  $s\bar{a}m\bar{i}pya$ ,  $s\bar{a}lokya$  and  $s\bar{a}rsti$ . Excluding  $s\bar{a}yujya$ , however, the other four are not entirely opposed to bhakti. They are of two kinds:  $sukhaiśvaryottar\bar{a}$  (liberation tainted with the desire to enjoy the Lord's opulence) and  $prema-sevottar\bar{a}$  (liberation in which the dominant desire is to serve the Lord for His pleasure). Because there is some desire for personal happiness in both of these, those who are devoted to unalloyed service to Śrī Bhagavān consider them opposed to loving service and do not accept them.

## Text 15

One should endeavour to attain pure unalloyed devotion (śuddha-ahaitukī-bhakti). Śrīmad-Bhāgavatam (1.5.18) states:

## tasyaiva hetoḥ prayateta kovido na labhyate yad bhramatām uparyadhaḥ tal labhyate duḥkhavad-anyataḥ sukhaṁ kālena sarvatra gabhīra-raṁhasā

[Śrī Nārada said:] In the course of time, I have been wandering from the seven higher planets to the seven lower, such as Sutalaloka, but I have not attained eternal, transcendental happiness, which wise persons endeavour to taste. Just as misery comes without endeavour, by the influence of the grave, quickly-moving time, happiness also comes without any endeavour. What, therefore, is the use of endeavouring for worldly happiness?

vinā yatne duḥkhera ghaṭanā yena haya sei rūpe kāla-krame sukhera udaya

ataeva caudda-loke durlabha ye dhana sei bhakti-janya yatna kare budha-gaṇa

BHAJANA-RAHASYA-VRTTI: A devotee understands that any pleasure within the material universe is insignificant compared to even the slightest experience of the nectar and fragrance of the Supreme Lord's lotus feet. One who has only tasted molasses will give it up when he tastes fragrant sugar-candy. Similarly, before actually cultivating devotion to Śrī Bhagavān in the association of pure devotees, the living entity who is allured by the flowery words of the Vedas desires to enjoy nectar, nectarean food and the other heavenly pleasures of Svarga. Alternatively, by the influence of association with *jňānīs*, the living entity desires liberation. Pure devotees do not accept either of these - they only desire the happiness of loving service to Śrī Bhagavān through bhakti. This Text tells us that those who are genuinely wise search only for that constant, eternal, transcendental happiness that is only obtained in Hari-dhāma (Vaikuntha). This transcendental happiness is not available to the living entity who wanders throughout the fourteen worlds searching for mundane enjoyment.

Material happiness is even obtained in the body of a hog. According to his *karma*, the living entity sometimes tastes sorrow and difficulties, and sometimes he effortlessly tastes happiness. Therefore, the scriptures unanimously instruct that one should not endeavour to obtain that which is temporary and material. The *jīva's* goal is neither to prevent his material suffering nor to be successful in endeavours for happiness. Such attempts are simply childish fickleness. The wise give up searching for these temporary things and endeavour to attain service to Śrī Hari, which is the soul's eternal *dharma*.

#### Text 16

The desire for liberation is made insignificant by ahaituk $\bar{\imath}$ -bhakti.  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (4.9.10) states:

yā nirvṛtis tanu-bhṛtāṁ tava pāda-padmadhyānād bhavaj-jana-kathā-śravaṇena vā syāt sā brahmaṇi sva-mahimany api nātha mā bhūt kiṁ tv antakāsi-lulitāt patatāṁ vimānāt

O Lord, a drop of the bliss received from meditating on Your lotus feet, from hearing about Your pastimes — which flow from the mouths of Your devotees who are expert in relishing *vraja-rasa* — and from hearing descriptions of Your devotees' pastimes, is not available in the bliss of merging into *brahma*. What to speak of being available to others, it is not even available to the demigods of the heavenly planets, who fall down again, being ultimately cut by the sword of time.

tava pada-dhyāne bhakta-mukha tava kathā śravane ye sukha tāhā māqiye sarvathā

brahma-sukha nāhi bhāla lāge mora mane ki chāra anitya loka-sukha-saṅghaṭane BHAJANA-RAHASYA-VṛTTI: In this prayer Dhruva Mahārāja describes the happiness he experienced after receiving *darśana* of Bhagavān: "O Master, the happiness found in hearing narrations of Your pastimes in the association of Your devotees is not available anywhere else. In the presence of the devotees' sun-like *premānanda*, the pleasure of the impersonalists' *brahmānanda* is like a firefly. The demigods' heavenly enjoyment (*svargānanda*) is insignificant and also temporary, subject to being ultimately cut by the sword of time. The living entity can enjoy this pleasure only as long as the accumulated credit of his pious activities is not exhausted." This is confirmed in *Bhagavad-gītā* (9.21):

te tam bhuktvā svarga-lokam viśālam kṣīṇe puṇye martya-lokam viśanti evam trayī-dharmam anuprapannā gatāgatam kāma-kāmā labhante

When their pious merit is exhausted, they again fall to the mortal world, having enjoyed pleasures of the immense celestial realm. In this way, those who desire sense pleasures and who perform fruitive activities as described in the three Vedas receive only repeated birth and death within this material world.

Therefore, only devotion to the Supreme Lord, which is devoid of the attraction to hear about the enjoyment available on Svarga and other higher planets, is supremely beneficial for the *jīva*. The wise spend their lives hearing and speaking *hari-kathā* in the company of pure devotees.

## Text 17

The glory of hearing the holy name from the mouth of a  $s\bar{a}dhu$  is described in  $\hat{S}r\bar{i}mad$ - $Bh\bar{a}gavatam$  (4.20.24):

na kāmaye nātha tad apy aham kvacin na yatra yuṣmac-caraṇāmbujāsavaḥ mahattamāntar-hṛdayān mukha-cyuto vidhatsva karṇāyutam eṣa me varaḥ

O Lord, I do not want liberation. I receive no pleasure in hearing any topic other than the glorious narrations of the nectar of Your lotus feet. This nectar emanates from the mouths of saintly persons from deep within their hearts. I beg only for the boon that You will give me ten thousand ears with which I can always hear the sweetness of Your pastimes.

yāhāte tomāra pada-sevā-sukha nāi sei rūpa vara āmi nātha kabhu nāhi cāi

bhaktera hṛdaya haite tava guṇa-gāna śunite ayuta karṇa karaha vidhāna

BHAJANA-RAHASYA-VṛTTI: Pṛthu Mahārāja prays to the lotus feet of Śrī Bhagavān to be able to hear and glorify the auspicious narrations of His pastimes, only in the association of devotees. He says, "I offer my obeisances from far away to the topics of liberation and any other kind of talk that does not proclaim the glories of the nectar of Your lotus feet. My only treasured wish is to drink the nectar of Your līlā-kathā, which is filled with *prema* and which flows from the mouth of devotees. I do not even desire to hear about Your sweet pastimes from the mouth of non-devotees. Even fragrant water mixed with honey should be abandoned if it is salty.

"O Lord, I pray to You to please give me tens of thousands of ears to hear the sweet narrations of Your pastimes from the lotus mouths of devotees who are adept at relishing *vraja-rasa*. In other words, I pray that I may hear descriptions of Your pastimes with intense eagerness, and that the desire for impersonal liberation

never arises in my heart. Drops of nectar from Your lotus feet in the form of pollen are carried by the breeze emanating from the mouths of great personalities, thus transmitting the potency of *bhakti* to us and making our lives successful. I am always ready to do anything to hear this *kathā*. May a spark of the mood of such personalities enter my heart and submerge me in an ocean of *prema*."

#### Text 18

Residence in the heavenly planets, residence in Brahmaloka, sovereignty over the Earth and lower planetary systems, the perfections of yoga and the eighteen mystic perfections are all insignificant from the perspective of a devotee. This is confirmed in  $Śr\bar{\imath}mad-Bh\bar{a}gavatam$ (6.11.25):

> na nāka-pṛṣṭhaṁ na ca pārameṣṭhyaṁ na sārva-bhaumaṁ na rasādhipatyam na yoga-siddhīr apunar-bhavaṁ vā samañjasa tvā virahayya kāṅkse

O source of all good fortune, I have no desire to have a position of great sovereignty like that of Dhruva or Brahmā, or rulership over the Earth; nor do I desire aṇimā or any other mystic perfection. I do not even want liberation, if attaining it means I would have to give You up.

svarga parameṣṭhī-sthāna, sārvabhauma-pada rasātala-ādhipatya, yogera sampada

nirvāṇa ityādi yata chāḍi' sevā tava nāhi māgi, e mora pratijñā akaitava

BHAJANA-RAHASYA-VṛTTI: Śrī Bhagavān prevents His devotees from endeavouring for *dharma*, *artha*, *kāma* and *mokṣa*, and this infers

His mercy. While His mercy is easily attained by the devotees whose only possession is Kṛṣṇa (*akiñcana-bhaktas*), it is extremely difficult to attain for living entities who are absorbed in sense enjoyment.

This Text is a prayer by Vṛtrāsura. While fighting with Indra, Vṛtrāsura considered it better to choose death over either victory or defeat, so that he could quickly cut his bodily bondage. He would then be able to directly serve the Supreme Lord.

Directly perceiving Śrī Bhagavān, Vṛtrāsura expressed the moods of his heart. "O source of all good fortune, I do not want a position in Dhruvaloka or Brahmaloka, nor do I want sole rulership of the Earth. I have no desire for mystic perfections or even liberation — which is the goal of impersonalists, who perform severe practices to attain it — if I have to give You up. My life is leaving my body in the fire of separation from You. O Lord, how can I ever attain eternal service to Your lotus feet?"

Devotees long to attain the eternal service of Śrī Bhagavān. Only one who has factually realised the bliss of service ( $sev\bar{a}nanda$ ) knows the significance of this. By obtaining dharma, artha and  $k\bar{a}ma$ , the living entity does not stop his transmigration, and by  $s\bar{a}yujya-mukti$ , the living entity simply remains like an inert object in the effulgent brahma. Devotees, however, relish the sweetness of service in newer and newer ways in the eternal abode of the Supreme Lord. This is the unique characteristic of the bhakta and bhakti. Bhakti-devī disappears from the heart of that person who eagerly desires liberation, and this is confirmed in Śrī  $Caitanya-carit\bar{a}mrta$  ( $\bar{A}di-l\bar{\imath}l\bar{a}$  1.92):

tāra madhye mokṣa-vāñchā kaitava-pradhāna yāhā haite kṛṣṇa-bhakti haya antardhāna

The foremost process of cheating is to desire to achieve liberation by merging into the Supreme, for this causes the permanent disappearance of loving service to Kṛṣṇa.\*

#### Text 19

The symptom of attachment (*āsakti*) that is developed by taking shelter of the holy name is described in *Śrīmad-Bhāgavatam* (10.29.34):

cittam sukhena bhavatāpahṛtam gṛheṣu yan nirviśaty uta karāv api gṛhya-kṛtye pādau padam na calatas tava pāda-mūlād yāmaḥ katham vrajamatho karavāma kim vā

[The gopīs said to Kṛṣṇa:] O stealer of minds, by playing on Your flute, You have stolen our minds, which were absorbed in household affairs. This was not difficult for You. However, having lost our minds, our working senses are not functioning, and our movements and intelligence have therefore become abnormal. Our feet do not want to leave You to go anywhere else. Please tell us then, how can we possibly return to our homes?

gṛha-sukhe citta chila, gṛha-kārye kara hariyā layecha tumi prāṇera īśvara

tava pāda-mūla chāḍi' pada nāhi yāya yāba kothā ki kariba balaha upāya

BHAJANA-RAHASYA-VŖTTI: With the sweet sound of His flute, Śrī Kṛṣṇacandra, the crown jewel of experts in amorous pastimes (vidagdha-śiromaṇi), called to the vraja-gopīs, who were abundantly endowed with paramour love. Forgetting everything, the gopīs assembled on the bank of the Yamunā at Vaṁśivaṭa, which was beautifully decorated by bright moonlight. Then Śrī Kṛṣṇacandra, concealing His real motive (avahitthā-bhāva), joked with them by instructing them to return to their respective homes. His intention, however, was as follows: during His previous pastime of stealing the gopīs' clothes, Śrī Kṛṣṇacandra, the great connoisseur of the rāsa-līlā, saw the vraja-devīs' entire bodies, but on this day He wanted to see the

inner moods of their hearts. This is one unique attribute of the ocean of *prema-rasa*.

The rasika- $\bar{a}c\bar{a}ryas$  of the amorous mellow of Vraja ascertain that when the lover  $(n\bar{a}yaka)$  assumes a submissive mood  $(d\bar{a}ksinya-bh\bar{a}va)$ , the beloved  $(n\bar{a}yik\bar{a})$  exhibits a contrary mood  $(v\bar{a}mya-bh\bar{a}va)$ . And when the lover assumes a contrary mood, the beloved exhibits a submissive mood. The  $gop\bar{i}s$  who assembled at the  $r\bar{a}sa-mandala$  displayed various waves of sentiments. Some of them were  $pragalbh\bar{a}$  (bold and outspoken), some  $mrdv\bar{i}$  (sweet and gentle) and some  $madhy\bar{a}$  (with qualities halfway between  $pragalbh\bar{a}$  and  $mrdv\bar{i}$ ). In this way, through the combination of such different sentiments, the ocean of rasa was adorned with unprecedented sweetness.

Śrī Kṛṣṇa said, "A virtuous woman's only duty is to serve her husband. It is improper for her to stay, even for a moment, with a *brahmacārī* in a lonely forest at night. Therefore, you should all quickly return home."

Hearing these instructions, the *gopīs*, who possessed deep attachment and great affection (*anurāga*), responded with words saturated with *rasa*: "O emperor of thieves! We did not come here to reside in an uninhabited place, nor did we come to ask anything from You. Our minds were happily absorbed in household affairs when You stole them away with Your flute. The wealth of our hearts is already looted, so how can we return home? O You who are expert in rendering a person powerless by means of great *mantras*! Please return the faculty of our minds. In their absence the activities of all our senses are disabled, and also our feet will not move; so return them and we will happily go back to our homes."

One *vraja-devī* began to speak sarcastically: "O Mohana, do You think that we have come to this place because we were attracted by the sound of Your flute? No, no, this is not the case! Our minds are deeply absorbed in our happy household life; You could not steal away even the smallest part of them. Do not think that we will rest here, even for a moment. Indeed, what would we do here in this

desolate place? If You ask why we have come to this lonely forest, O Śyāmasundara, it is because You were so eager to have *darśana* of us. That is the only reason we have come. Now that You have seen us, we are going."

#### Text 20

In this condition, all virtue and peacefulness appear in the devotee. This is explained by Prahlāda Mahārāja in  $Śr\bar{\imath}mad$ - $Bh\bar{\imath}agavatam$  (5.18.12):

yasyāsti bhaktir bhagavaty akiñcanā sarvair guṇais tatra samāsate surāḥ harāv abhaktasya kuto mahad-guṇā manorathenāsati dhāvato bahiḥ

All the demigods and their exalted qualities, such as religiosity and knowledge, always dwell in the heart of a person who possesses selfless devotion to Śrī Bhagavān (niṣkāma-bhakti). But how can a person who is not a devotee of Bhagavān possess these qualities of great personalities? He constantly runs after insignificant and superfluous things, even after taking many different vows to renounce them.

akiñcanā bhakti yāṅra tāṅhāra śarīre sarva-guṇa saha sarva-devatā vihare

abhakta sarvadā mano-rathete caḍiyā asat bāhye bhrame guṇa varjita haiyā

BHAJANA-RAHASYA-VṛTTI: The ācāryas have ascertained that once the tendency arises in someone to serve Śrī Kṛṣṇa without selfish motive (niṣkāma-sevā-vṛtti), all good qualities such as religiosity, knowledge and renunciation become apparent in him. This is simply the fruit of serving Mukunda. The fifty virtuous qualities of the demigods headed by Indra reside in the hearts of devotees. They cannot

manifest in a deceitful and envious heart. A person who is devoid of *hari-bhakti* is attached to maintaining his body and home, and to extraneous desires – *jħāna*, *karma*, *yoga*, etc. He always runs towards external sense enjoyment through the avenues of profit, worship, name and fame, and mental speculation. In *Prema-bhakti-candrikā* (8.8) Śrīla Narottama dāsa Ṭhākura says: "*karma-kāṇḍa jħāna-kāṇḍa*, *kevala viṣera bhāṇḍa* – fruitive activities and mental speculation are simply pots of poison." Mundane people, who are attached to material things, obtain different births according to their *karma*. The devotees, on the other hand, are preoccupied with performing service in the association of devotees and are thereby submerged in the ocean of supreme transcendental happiness. Thus, they remain satisfied.

#### Text 21

Bhakti destroys the egoism arising from falsely identifying the body with the self. This is stated in  $Śr\bar{\imath}mad$ -Bhāgavatam (4.11.30):

tvam pratyag ātmani tadā bhagavaty ananta ānanda-mātra upapanna-samasta-śaktau bhaktim vidhāya paramām śanakair avidyā granthim vibhetsyasi mamāham iti prarūḍham

[Manu said to Dhruva:] By searching for Bhagavān Ananta, who possesses all potencies, who is the embodiment of supreme transcendental bliss and who resides within all living entities as the Supersoul, your devotion will become very steady. On the strength of that devotion you will be able to cut the tight knot of ignorance in the form of the false conceptions of 'I' and 'mine'.

manu bale dhruva tumi dhṛta sarva-śakti pratyak ānanda-rūpa krsne kara bhakti

āmi-mama-rūpa-vidyā-granthi dṛḍhatama chedana karite krame haibe saksama BHAJANA-RAHASYA-VṛTTI: A sādhaka experiences his own transcendental form (svarūpa) by cultivating pure devotional service, which is unobstructed and not personally motivated. Upon realising his svarūpa, he very easily cuts the knot of ignorance by which he identifies the material body as T and material objects as 'mine'. When the living entity transcends the three modes (sattva, rajas and tamas), he is able to experience bhagavad-rasa, which is endowed with all potencies. This takes place by the influence of association with devotees. Since he is self-realised, he searches for the Supreme Lord, who is beyond the material modes, who is the non-dual Absolute Truth endowed with all transcendental qualities, and who is infallible. By cultivating bhakti in this way, he gradually becomes eternally situated in his own svarūpa.

#### Text 22

Śrīmad-Bhāgavatam (4.22.39) states:

yat-pāda-paṅkaja-palāśa-vilāsa-bhaktyā karmāśayaṁ grathitam udgrathayanti santaḥ tadvan na rikta-matayo yatayo 'pi ruddhasroto-gaṇās tam araṇaṁ bhaja vāsudevam

[Śrī Sanat Kumāra instructed Pṛthu Mahārāja:] The devotees of Śrī Bhagavān are easily able to cut the knot in the heart, in the form of desires for fruitive activities, by meditating upon the splendour that emanates from the toes of His lotus feet. However, impersonalist yogīs, who are devoid of loving devotion, cannot do so even by controlling their senses. Therefore, give up endeavours for jñāna, yoga and so forth, and engage in bhajana of Vāsudeva Kṛṣṇa.

pratyāhāre ruddha-mati yogeśvara-gana kadāca karite pāre yāhā sampādana

sei karmāśaya granthi kāṭe sādhu-gaṇa yāṅra kṛpā-bale, laha tāṅhāra śaraṇa BHAJANA-RAHASYA-VŖTTI: Impersonalists (nirviśeṣa-jñānīs) are not able to control their senses even by performing severely rigid practices, but devotees can very easily control the extremely strong senses by meditating upon the lustre of the lotus-petal-like toes of the most merciful Śrī Bhagavān. In this way they become absorbed in deep meditation. This meditation (dhyāna), and the object of meditation (dhyeya), Śrī Bhagavān, are both eternal. The followers of the theory of monism (advaitavādīs) say: "sādhakānām hitārthāya brahmano rūpaḥ kalpate — brahma is formless, but for the benefit of sādhakas a form has been imagined." They say that by worshipping imaginary forms of Viṣṇu, Śiva, Durgā, Sūrya and Gaṇeśa, one's heart is purified and one then attains sāyujya-mukti, merging into brahma. This conception, however, is an ignorant hypothesis that is opposed to the scriptures.

The word *vilāsa-bhaktyā* in this Text 22 means that the *sādhaka* contemplates Śrī Kṛṣṇa's body and meditates on different kinds of services, such as anointing Him with perfume, giving Him an oilmassage and bathing Him. Meditation on the toes of Śrī Kṛṣṇa, who is clever in *vraja-rasa*, means remembering that His lotus toes have been coloured by *kunkuma* while He was performing intimate pastimes in the bowers of Vṛṇdāvana with the *vraja-devīs*. By meditating on this, all the knots of the disease in one's heart are easily and naturally destroyed. How can the impersonalists, who are covered by ignorance, obtain all these transcendental sentiments? They do not even accept the eternality of Śrī Bhagavān and His transcendental form. Although they consider themselves liberated, in reality they are not. *Śrī Caitanya-caritāmṛta* (*Madhya-līlā* 22.29) confirms this:

jñānī jīvan-mukta-daśā pāinu kari' māne vastutaḥ buddhi 'śuddha' nahe kṛṣṇa-bhakti bine

The endeavours of the offensive *nirviśeṣa-jñānīs* to control their senses are futile. Externally their activities may look like self-control, but internally there is a flow of dirty, lusty desires likened to the Phalgu River, a river in Gayā that has no flow of water on the river bed but flows

underground. Even after thousands of years of severe austerities, Saubhari Rṣi was not liberated from material desires. However, by serving Śrī Bhagavān in the association of the pure devotee Mahārāja Māndhātā, he was liberated from material existence very easily. On the strength of *bhakti*, the devotees are able to cut ignorance at the root. All their senses remain engaged in the Supreme Lord's service and they make their senses successful by relishing the nectar of the Lord's beauty. Therefore, give up futile endeavours to subdue the senses and perform *bhajana* of Śrī Vrajendra-nandana, who is eternal and full of transcendental bliss. This is the only auspicious activity.

#### Text 23

An introduction to the midday pastimes (*madhyāhna-līlā*) is found in *Govinda-līlāmrta* (8.1):

madhyāhne 'nyonya-saṅgodita-vividha-vikārādi-bhūṣā-pramugdhau vāmyotkaṇṭhātilolau smara-makha-lalitādy-āli-narmāpta-śātau dolāraṇyāmbu-vaṁśī-hṛti-rati-madhupānārka-pūjādi-līlau rādhā-kṛṣṇau satṛṣṇau parijana-ghaṭayā sevyamānau smarāmi

I meditate upon Śrī Rādhā-Kṛṣṇa, who at midday enjoy each other's company, being beautifully decorated with various transcendental sentiments, such as aṣṭa-sāttvika-bhāvas and vyabhicāri-bhāvas. They become extremely restless due to contrariness (vāmya) and yearning (utkaṇṭhā). In Their amorous play (kandarpa-yajña) the joking words of Śrī Lalitā and the other sakhīs give Them much pleasure. They blissfully enjoy sports like swinging (jhūlā), frolicking in the forest (vana-vihāra), playing in the water (jala-keli), stealing the flute (vaṁśī-haraṇa), amorous meeting (rati-krīḍā), drinking honey (madhu-pāna), worshipping the Sun-god (sūrya-pūjā) and many other kinds of pastimes, while being served by Their dear ones.

rādhā-kuṇḍe sumilana, vikārādi-vibhūṣaṇa, vāmyotkaṇṭha-mugdha-bhāva-līlā sambhoga-narmādi-rīti, dolā-khelā vaṁśī-hṛti, madhu-pāna, sūrya-pūja khelā

jala-khelā, vanyāśana, chala-supti, vanyāṭana, bahu-līlānande dui jane parijana suveṣṭita, rādhā-kṛṣṇa susevita, madhyāhna-kālete smari mane

BHAJANA-RAHASYA-VRTTI: After finishing Her prasāda-sevā at Nanda-bhavana, Śrīmatī Rādhārānī returns to Jāvata with Her sakhīs, where She very eagerly waits to meet Her prāna-priyatama, Śrī Krsna. Her mother-in-law, Jatilā, orders Her to worship Sūryadeva, and on this pretext, she leaves Her house with Her sakhīs and secretly departs for Rādhā-kunda, where She is able to freely meet with Her beloved. There, His darśana and touch decorate Her with asta-sattvika, kila-kińcita and many other bhāvas. Śrīmatī Rādhikā's contrary mood (vāmyabhāva) enables Her prāņeśvara to relish the mellows of pastimes to their highest extent, and it also stimulates His ever-fresh eagerness. Then many pastimes take place with the *qopīs*, such as meeting with Krsna (sambhoga), joking while playing dice (pāśā-krīdā), playing hide-and-seek (āṅkha-micaunī), stealing the flute (vaṁśī-corī), drinking honey (madhu-pāna, or prema-pāna), engaging in watersports (jala-krīdā), having a picnic (vanya-bhojana), feigning sleep (chala-śayana) and worshipping the Sun-god (sūrya-pūjā). Absorbed in meditating on these pastimes, the raganuga-sadhaka chants Śrī Krsna's names.

> Thus ends the Caturtha-yāma-sādhana, Madhyāhna-kālīya-bhajana, of Śrī Bhajana-rahasya.

# Chapter Five

## Pańcama-yāma-sādhana

Aparāhna-kālīya-bhajana — kṛṣṇa-āsakti (from three-and-a-half praharas of the day until dusk: approximately 3.30 p.m. – 6.00 p.m.)

#### Text 1

The constitutional nature of the  $n\bar{a}ma$ - $s\bar{a}dhaka$  and his prayer for the eternal servitorship of Śrī Kṛṣṇa are described in Śrī Śikṣāṣṭaka (5):

ayi nanda-tanuja kiṅkaraṁ patitaṁ māṁ viṣame bhavāmbudhau kṛpayā tava pāda-paṅkajasthita-dhūli-sadṛśaṁ vicintaya

O Nanda-nandana, as a result of my fruitive activities, I have fallen into this fearful ocean of material existence. Please bestow Your mercy upon this eternal servant of Yours. Consider me to be just like a speck of dust at Your lotus feet and always accept me as Your purchased servant.

tava nitya dāsa muňi, tomā pāsariyā padiyāchi bhavārnave māyā-baddha haiyā

kṛpā kari' kara more pada-dhūli-sama tomāra sevaka, karoṅ tomāra sevana "O Lord, I am Your eternal servant, but due to my misfortune I have abandoned You. Being bound by  $m\bar{a}y\bar{a}$ , I am drowning in this bottomless ocean of material existence. Please mercifully accept me as a particle of dust at Your lotus feet. I will become Your servant and serve You eternally."

BHAJANA-RAHASYA-VṛTTI: When a devotee attains the state of āsakti, his prayers are filled with extreme humility and lamentation. In the fully matured stage of āsakti, there is some appearance of his perfected body (siddha-deha), and attachment arises for both bhajana and bhajanīya, the object of bhajana. When one performs bhajana, śraddhā gradually develops through anartha-nivṛtti and niṣṭhā, up to the stage of ruci. Śrī Kṛṣṇa, as the Supersoul situated in the heart, accepts the prayers of devotees who are in these stages. However, Śrī Kṛṣṇa Himself hears the prayers of a devotee who is endowed with āsakti, and His heart melts with compassion.

#### Text 2

When one performs  $k\bar{\imath}rtana$  that is free from offences,  $bh\bar{a}va$  will arise by Śrī Kṛṣṇa's mercy. Śrīmad-Bhāgavatam (1.2.17–19) states:

śṛṇvatāṁ sva-kathāḥ kṛṣṇaḥ puṇya-śravaṇa-kīrtanaḥ hṛdy antaḥ-stho hy abhadrāṇi vidhunoti suhṛt satām

naṣṭa-prāyeṣv abhadreṣu nityaṁ bhāgavata-sevayā bhagavaty uttama-śloke bhaktir bhavati naisṭhikī

tadā rajas-tamo-bhāvāḥ kāma-lobhādayaś ca ye ceta etair anāviddhaṁ sthitaṁ sattve prasīdati Both hearing and chanting the glories of Śrī Kṛṣṇa are purifying. Because Kṛṣṇa is the eternal friend of saintly persons, He situates Himself in the hearts of those who hear narrations of Him and He destroys their lust and other inauspicious passions. By continuous service to both Śrīmad-Bhāgavatam and the mahā-bhāgavata devotee, inauspicious desires are almost completely destroyed, and irrevocable devotional service (naiṣṭhikī-bhakti) is awakened to Bhagavān Śrī Kṛṣṇa, who is praised with transcendental prayers. As soon as this naiṣṭhikī-bhakti is awakened, the qualities of the modes of passion and ignorance, such as lust and anger, become pacified, and one's heart reaches the stage of purity.

yānra kathā śravaṇa-kīrtane puṇya haya sei kṛṣṇa hṛdaye vasiyā nāśe bhaya

sādhakera abhadra kramaśaḥ kare nāśa bhaktira naiṣṭhika bhāva karena prakāśa

rajas-tama-samudbhūta kāma-lobha-hīna haiyā bhakta-citta sattve hayata pravīna

BHAJANA-RAHASYA-VṛTTI: Taste for the topics of Śrī Vāsudeva will manifest only after one has sincerely accepted the shelter of the lotus feet of śrī guru. By the sādhaka's performance of the activities of sādhana, such as śravaṇa and kīrtana, his inauspiciousness – anarthas and aparādhas – will be removed, and his heart will become pure. The Supreme Lord Himself enters the devotee's heart through the medium of hari-kathā and destroys all kinds of inauspiciousness and misfortune. In other words, the bad results of the devotee's prārabdhakarma are destroyed, his hṛd-roga (disease of the heart in the form of lust) is removed, and Śrī Bhagavān comes to dwell in his heart forever.

Bhāgavata-sevā means service to both the book bhāgavata (Śrīmad-Bhāgavatam) and the devotee bhāgavata (the pure Vaiṣṇava). As a result of this service, steady bhakti arises in the sādhaka's heart.

Naisthikī means that through nisthā the mind becomes fixed. Then gradually, by the association of devotees, one's fruitive activities, false renunciation and so forth are destroyed, and the unhealthy inclination to seek the company of non-devotees, such as impersonalists and those inclined towards enjoyment with the opposite sex, does not awaken. It is impossible to be freed from these tendencies by one's own endeavour. Naisthikī-bhakti appears in the heart only through hearing topics of the Supreme Lord described in exalted verses spoken by highly qualified devotees (uttama-bhāgavatas). By this act of devotion, passion, ignorance, lust, anger and so on are destroyed. Moreover, even if these qualities remain, they are just like fried seeds, unable to produce any fruit. The mode of passion (rajo-guna) and the mode of ignorance (tamo-guna) cause sleep, distraction and desires unrelated to serving Śrī Krsna to arise within the living entities. The words etair anaviddham in this Text mean that upon the awakening of naisthikī-bhakti, the heart of the sādhaka is not agitated by the enemies headed by lust. This is because his heart is fixed on the path of bhakti and he no longer has taste for the objects of sense enjoyment.

## Text 3

A prayer explaining the Supreme Lord's mercy is given in  $Śr\bar{\imath}mad-Bh\bar{a}gavatam$  (10.14.8):

tat te 'nukampām su-samīkṣamāṇo bhuñjāna evātma-kṛtam vipākam hṛd-vāg vapurbhir vidadhan namas te jīveta yo mukti-pade sa dāya-bhāk

A person who accepts as Your mercy the results of his own actions, as well as the happiness and distress of his *prārabdha-karma*, who endures them with an undisturbed mind, and who maintains his life by offering himself unto You by body, mind and words, is eligible to attain Your lotus feet, which are the shelter of liberation.

duḥkha bhoga kari' nija-kṛta-karma-phale kāya-mano-vākye tava caraṇa-kamale

bhakti kari' kāṭe kāla tava kṛpā āśe mukti-pada, tava pada pāya anāyāse

BHAJANA-RAHASYA-VṛTTI: In this prayer to Śrī Bhagavān, Brahmā instructs the *sādhaka* thus: a *sādhaka* should understand the attainment of both happiness and distress to be the Supreme Lord's mercy, or he should understand them to be an opportunity to completely eradicate sins and offences performed due to previous impressions (*saṁskāras*). Sometimes Śrī Bhagavān creates happiness or distress for the *sādhaka*, in order to increase the eagerness in his heart. In this Text, the word *mukti-pada* means the one at whose lotus feet (*pada*) liberation (*mukti*) takes shelter. This refers either to Śrī Bhagavān or to *bhakti*, i.e. service to Him.

# Text 4

Upon reaching the condition described in the following verse (Śrīmad-Bhāgavatam 11.2.43), one attains supreme spiritual peace (parā-śānti):

ity acyutāṅghriṁ bhajato 'nuvṛttyā bhaktir viraktir bhagavat-prabodhaḥ bhavanti vai bhāgavatasya rājan tatah parāṁ śāntim upaiti sāksāt

O King, whoever devoutly worships the lotus feet of Śrī Bhagavān will develop detachment from material existence and devotion to Him that is saturated with *prema*. All knowledge related to Śrī Bhagavān will manifest in his heart, and thus he will begin to experience supreme peace.

hena anuvṛtti saha yei kṛṣṇa bhaje subhakti, virāga, jñāna, tāṅhāra upaje

# se tina sundara-rūpe ekatre bāḍiyā parā-śānti-prema-dhana deya ta' āniyā

BHAJANA-RAHASYA-VRTTI: In this Text, Kavi Rṣi, the best of the nine Yogendras, responds to one of Nimi Mahārāja's questions by saying that besides devotion to the Supreme Lord, there is no way to attain eternal auspiciousness. Temporary endeavours to attain imaginary peace or freedom from material suffering are foolish and can bring no actual auspiciousness to the living entity. The only auspiciousness is to take shelter of Śrī Bhagavān's devotees, and by steady practice attain bhakti, which is beyond the three modes of material nature. A person who has pure bhakti, who is established in the devotional way of life (bhāgavata-dharma) and who performs service with appropriate renunciation (yukta-vairāgya) can never be touched by ignorance. Established in the kingdom of bhakti, he acquires higher and higher stages of elevated devotion and thus attains transcendental peace.

Practising and following means to take exclusive shelter of Śrī Bhagavān's devotees; to remember and follow Śrī Kṛṣṇa's associates is more beneficial than to remember and follow Śrī Kṛṣṇa Himself. It is more useful for the *bhakti-sādhaka* to follow the process of devotion shown by Śrīla Rūpa Gosvāmī and Śrīla Raghunātha dāsa Gosvāmī, who themselves follow the *gopīs*, than it is to follow Śrī Caitanya Mahāprabhu directly. The method to awaken transcendental greed (*lobha*) is to remember, pray and weep for the sentiments of elevated devotees. *Sādhana* means to practise *bhakti* through the senses and with the aim of attaining *svarūpa-siddhi*<sup>1</sup>. When *bhāva* appears, one's practice is no longer *sādhana-bhakti* but *bhāva-bhakti*, and when one achieves *vastu-siddhi*<sup>2</sup> he will attain transcendental loving service (*prema-sevā*).

<sup>1</sup> The stage in which one's internal spiritual form and identity becomes manifest.

<sup>2</sup> The stage in which the vastu, or substantive entity known as the  $j\bar{v}u$ , is fully liberated from matter.

### Text 5

The nine types of *bhakti-sādhana* are described in Śrīmad-Bhāgavatam (7.5.23–24):

śravaṇaṁ kīrtanaṁ viṣṇoḥ smaraṇaṁ pāda-sevanam arcanaṁ vandanaṁ dāsyaṁ sakhyam ātma-nivedanam

iti pumsārpitā viṣṇau bhaktiś cen nava-lakṣaṇā kriyeta bhagavaty addhā tan manye 'dhītam uttamam

A person is said to have perfectly studied the scriptures if he is completely surrendered to Bhagavān Śrī Viṣṇu, if he is free from karma, jñāna, yoga and other obstructions, and if he is engaged in the nine kinds of bhakti: hearing topics related to the Supreme Lord (śravaṇam); chanting His name (kīrtanam); remembering His name, form, qualities and pastimes (smaraṇam); serving His lotus feet (pāda-sevanam); performing deity worship (arcanam); offering prayers (vandanam); becoming His servant (dāsyam); becoming His friend (sakhyam); and offering one's very self (ātma-nivedanam). Only such a person's study of the scriptures is successful.

śravaṇa-kīrtana-ādi-bhaktira prakāra cid-ghana-ānanda kṛṣṇe sākṣāt yāṅhāra

sarva-śāstra-tattva bujhi' kriyā-para tini sarvārtha-siddhite tinha vijña-śiromaṇi

BHAJANA-RAHASYA-VṛTTI: The nine kinds of devotion, *navadhā-bhakti*, comprise *svarūpa-siddha-bhakti*, unalloyed devotion. Other

types of devotional practices fall into the categories of *sanga-siddha-bhakti*, *āropa-siddha-bhakti* and so forth. It is essential that one completely surrender to Śrī Bhagavān, for one cannot enter *svarūpa-siddha-bhakti* without surrender. This is the import of the phrase *iti pumsārpitā viṣṇau* in this Text. According to Śrīla Sanātana Gosvāmī, the word *pumsā* here indicates the *māyā-baddha-jīva*, conditioned living entity, who is attached to sense enjoyment. The words *bhagavaty addhā* refer to the instruction to perform service to the Supreme Lord that is stimulated by devotion that flows like a continuous stream of oil.

### Text 6

When one cultivates this kind of devotion,  $bh\bar{a}va$  will gradually arise and  $d\bar{a}sya$ -rati will naturally awaken within him. This is evident in Vṛtrāsura's prayer in Śrīmad-Bhāgavatam (6.11.24):

aham hare tava pādaika-mūladāsānudāso bhavitāsmi bhūyaḥ manaḥ smaretāsu-pater guṇāms te gṛṇīta vāk karma karotu kāyaḥ

The living entity is Your eternal servant, but by the misuse of his free will, he has forgotten his position of eternal servitude. Consequently, he is caught in the snare of the illusory energy and endures many kinds of afflictions in this material existence. Moreover, the desire to become the servant of Your servant can only be fulfilled by the causeless compassion of guru and Vaiṣṇavas. This mood of servitorship can only be obtained by performing bhakti. O Lord, please bestow such mercy upon me that in my next birth, I may obtain the opportunity to exclusively serve the servants who have taken shelter of Your lotus feet. May my mind always remember Your all-auspicious qualities, may my speech always chant the glories of these qualities, and may my body always remain engaged in Your service.

chinu tava nitya-dāsa, gale bāṅdhi' māyā-pāśa, saṁsāre pāinu nānā-kleśa ebe punaḥ kari āśa, haiyā tava dāsera dāsa, bhaji' pāi tava bhakti-leśa

prāneśvara tava guṇa, smaruk mana punaḥ punaḥ, tava nāma jihvā karuk gāna kara-dvaya tava karma, kariyā labhuk śarma, tava pade saṃpinu parāṇa

### Text 7

By nature, the living entity is the object to be enjoyed (*bhogya-vastu*) and Śrī Kṛṣṇa is the enjoyer (*bhoktā*). By performing *bhajana* in the association of *rasika-bhaktas*, the desire to serve Śrī Rādhā, who is permeated with transcendental bliss, becomes strong, and the loving sentiments of the *gopīs* (*gopī-bhāva*) awaken. Śrīmad-Bhāgavatam (10.29.38) states:

tan naḥ prasīda vṛjinārdana te 'ṅghri-mūlaṁ prāptā visṛjya vasatīs tvad-upāsanāśāḥ tvat-sundara-smita-nirīkṣaṇa-tīvra-kāmataptātmanāṁ puruṣa-bhūṣaṇa dehi dāsyam

[Attracted by the sound of Śrī Kṛṣṇa's flute, the *gopīs* approached Him and said:] O You who remove suffering, we have given up our homes, family members and relatives, and we have come to Your lotus feet only because we desire to serve You. O jewel among men, be pleased with us. O best among men, Your sweet smile and attractive glances have set our hearts ablaze with a burning desire for intimate meeting with You. Every pore of our bodies burns with this desire. Please accept us as Your maidservants.

tava dāsya-āśe chāḍiyāchi ghara-dvāra dayā kari' deha kṛṣṇa, caraṇa tomāra

# tava hāsya-mukha-nirīkṣaṇa-kāmi-jane tomāra kaiṅkarya deha praphulla-vadane

BHAJANA-RAHASYA-VṛTTI: Immersed in the mood of the *gopīs*, Śukadeva Gosvāmī uttered this verse. Hearing the sound of the flute, the *vraja-gopīs* go to the place of *rāsa*, where they come face to face with Kṛṣṇa. Vrajendra-nandana Śyāmasundara, the ocean of all nectarean mellows, then begins to joke with them, in order to taste the sentiments hidden within their hearts. The *gopīs* retorts are full of sarcastic humour.

The general meaning of this verse is that the  $gop\bar{\imath}s$  are praying to become the maidservants of Kṛṣṇa –  $dehi\ d\bar{a}syam$ . Kṛṣṇa begins by saying, "O you who are intoxicated with your fresh youth, it is extremely rare to attain service to Me."

The *gopīs* reply, "O Śyāmasundara, You fulfil the desires of those who are surrendered unto You. Your beautiful smiling glances have set intense lust ablaze in our hearts, and this is tormenting us. Nevertheless, we want no kind of compensation for our suffering. Please, just give us service to Your lotus feet."

Or the *gopīs* say, "O Śyāmasundara, we are young women and want to give You happiness by means of our bodily limbs. Your gentle, smiling glance, the nectar of Your lips and so on are the paraphernalia we wish to employ in Your service. O ornament amongst men, we are fair-complexioned, and You are like a sapphire, so You are the natural ornament for our bodily limbs."

Or the *gopīs* say sarcastically, "We are not praying to obtain the dust of Your lotus feet. You are making us suffer from moral guilt and unhappiness – You are certainly living up to Your name Vṛjina-ardana (vanquisher of distress)! We have heard from Paurṇamāsī that even Lakṣmī, who enjoys pastimes on the chest of Śrī Nārāyaṇa, comes to take shelter of Your lotus feet – *te 'nghri-mūlam* – but we are not Lakṣmī. We have just come here out of curiosity to view the natural beauty of Vṛndāvana on a moonlit night. So give Your

shelter to Lakṣmī of Vaikuṇṭha, not to us! You should remember, though, that not even Lakṣmī and others would completely accept servitude to You. O best amongst men, You so eagerly desire to attain the young brides of Gokula that You even adorn the sakhās – Subala and others – in  $gop\bar{\imath}$  dress. O jewel among men, the male gender has been defamed by Your doing this. Do not think we are suffering from lust. And we are not Your beloveds. This is only Your imagination."

### Text 8

Taking shelter of the perfect sentiments of the *gopīs* (*siddha-gopī-bhāva*) is described in Śrīmad-Bhāgavatam (10.29.39):

vīkṣyālakāvṛta-mukhaṁ tava kuṇḍala-śrīgaṇḍa-sthalādhara-sudhaṁ hasitāvalokam dattābhayaṁ ca bhuja-daṇḍa-yugaṁ vilokya vakṣaḥ śriyaika-ramaṇaṁ ca bhavāma dāsyaḥ

[The gopīs said:] O beloved, after seeing Your beautiful lotus face, decorated with glossy black curling tresses; Your beautiful cheeks, upon which enchanting earrings (kuṇḍalas) radiate Your boundless loveliness; Your sweet lips, whose nectar defeats all other nectar; Your charming glance, which is made radiant by Your slight smile; Your two arms, which liberally bestow fearlessness to surrendered souls; and Your chest, beautified by Lakṣmī who resides there as a golden line, we have all become Your maidservants.

o mukha alakāvṛta, o kuṇḍala-śobhā adhara-amṛta-gaṇḍa-smita-manolobhā

abhaya-da bhuja-yuga, śrī-sevita-vakṣa dekhiyā halāma dāsī, sevā-kārye daksa BHAJANA-RAHASYA-VŖTTI: The *gopīs*' internal *bhāva* is present within this verse. When a transcendental revelation (*sphūrti*) of *siddha-gopī-bhāva* appears to Śrīla Bhaktivinoda Ṭhākura, he remembers and utters this verse. Vrajendra-nandana Śyāmasundara is *rasika-cūḍāmaṇi*, the crest jewel amongst those who relish *rasa*. Concealing His own submissive mood (*dākṣiṇya-bhāva*), Śrī Śyāmasundara expresses a mood of indifference towards the *vraja-devīs*, saying, "O *vraja-devīs*, why do you want to be My unpaid maidservants?"

The *gopīs* meekly reply, "O Śyāmasundara, it is impossible to describe the value of the payment You have given us."

Smiling, Śyāmasundara asks, "What was that payment?"

The *gopīs* reply, "You have given all us *ramanīs* the naturally perfect nectar of Your lips, the touch of Your alluring arms and other limbs, and the embrace of Your chest, which is the shelter of Śrī Laksmī. Our eyes, which are fickle like the movement of khañjana birds, have been imprisoned by the net of Your face, which is encircled by Your curly hair. Those curls are not actually hair, but a snare, and both Your earrings are traps. The nectar of Your lips is the lure for the *khañjana* birds of our eyes, and Your smiling, restless glances are well-bred and trained to capture our eyes. Your alluring arms and Your chest, which bestow rati, calm our hearts. O Krsna, even before we reached adolescence. You called us to Your arboured retreat (kunja-mandira) by the means of Your enchanting sweetness, and You gave us darśana of the wealth of Your earrings and other ornaments made of precious stones (nīla-nidhi and padma-nidhi) and of the best gold (jāmbu-nada-svarna), and fed us the nectar of Your lips. Such enticements have forced us to hanker to become Your maidservants." With loving anger, the *vraja-devīs* then say, "O Krsna, upon seeing the unequalled wealth of Your beauty, we have developed the desire to become Your maidservants, but if this desire is not fulfilled, it will change into hopelessness."

Or the *gopīs* shake a chastising finger at Kṛṣṇa and say, "O crest-jewel of the religious, we know very well about the nature of Your

religiosity; You always flirt with the wives of other men. You also keep the *ramaṇīs* of Vaikuṇṭha upon Your chest for amorous dalliance. You can be forgiven by Nārāyaṇa, but not by us, and not by our husbands. Rather, after our husbands complain to the mighty Kamsa, You will be punished. We are chaste women from good, noble families, and the idea of having a paramour is extremely contemptible for us. You cannot make us into Your maidservants by showing Your beauty and sweetness."

Śrīla Viśvanātha Cakravartī Ṭhākura, the crest jewel of those who relish *vraja-rasa*, describes how the *gopīs* became the maidservants of Kṛṣṇa after seeing the unprecedented beauty of His form:

Śyāmasundara says to the *gopīs*, "I did not purchase you with any payment, so how have you become My maidservants?"

The *vraja-ramanīs* reply, "You have given us a payment that is millions and millions of times more than enough. If You want to know what that priceless treasure is, then listen. Ever since the very beginning of our youth, You called us into Your kuñja-mandira and showed us Your beautiful face, covered with falling locks of curling hair. When You wrap a tilted turban on Your head, we get darśana of Your lotus face through the lattice made by Your curly tresses. Then, with Your small delicate finger, You push those curling locks into Your turban and Your beauty is thoroughly revealed. Your curling tresses also hang loose when You tie a centred turban, and when You untie Your turban to take rest, Your hair falls all over Your face. In this way, Your lotus face is sometimes uncovered, sometimes slightly covered and sometimes completely beautified by these curly locks. When You laugh and joke, Your earrings swing to and fro to kiss Your cheeks. By the impressions resulting from this meeting. Your most attractive cheeks emanate an unprecedented beauty. In this way, when we see Your moon-like face, the lotuses of our hearts blossom. You have purchased us with the incomparable sweetness of Your beauty as payment."

Kṛṣṇa may say, "I am devoted to religious principles, and you are the wives of other men. How can I make you My maidservants?"

Upon hearing this, the *gopīs* shake a finger at Him and reply, "O best of the followers of *dharma*, You keep Lakṣmī, the wife of Nārāyaṇa of Vaikuṇṭha, upon Your chest where, in front of us, out of shame, she is present merely as a golden line. In private, though, she enjoys amorous sports with You. Can any woman in the three worlds reject You? None can. By showing us the priceless treasure of Yourself, You compel us to become Your maidservants."

#### Text 9

The superiority of paramour love ( $parak\bar{\imath}ya$ - $bh\bar{a}va$ ) is described in  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.29.33):

kurvanti hi tvayi ratim kuśalāḥ sva ātman nitya-priye pati-sutādibhir ārti-daiḥ kim tan naḥ prasīda parameśvara mā sma chindyā āśām dhrtām tvayi cirād aravinda-netra

[The *gopīs* said:] O Paramātmā, the great personalities, who are the well-wishers of everyone's soul, direct their love to You because You are the soul of all souls. What is the use of loving or serving husbands, sons and other relations, who are temporary and sources of misery? Be pleased with us and give us Your mercy. O lotus-eyed one, please do not cut the flourishing creeper of our desire to serve You, which we have nourished for such a long time.

tumi priya ātmā, nitya ratira bhājana ārti-dātā pati-putre rati akāraṇa

baḍa āśā kari' āinu tomāra caraṇe kamala-nayana, hera prasanna-vadane

BHAJANA-RAHASYA-VṛTTI: The living entity's material relationships, such as those with his wife and children, do not endure after

he attains self-realisation. He understands the futility of material existence and naturally becomes immersed in deep attachment to Śrī Kṛṣṇa. At this stage, the *jīva* is no longer under the jurisdiction of rules and regulations. Engaged in *rāgamārga-bhakti*, he performs exclusive *bhajana* of Śrī Rādhā-Kṛṣṇa.

At this point in the conversation between the *vraja-devīs* and Śrī Kṛṣṇa, the *gopīs* say to Him, "We have forevermore given up our relationships with husbands and everyone else, and have now come here before You. The love that appeared in our hearts as a sprout has since become a vine of desire that has grown very large. We have been attached to You since childhood and have sincere love and affection for You. Please do not cut down this creeper of affection."

Or the  $gop\bar{\imath}s$  say, "Our hearts have become naturally delighted by seeing Your reddish lotus eyes, and we have already become Your unpaid maidservants."

The *vraja-devīs* say rebukingly, "O lotus-eyed one, as lotus flowers close at night, Your eyes are also half-closed, and You are therefore deprived of the *darśana* of our youth and bodily beauty. Your having eyes is thus useless."

Or they say, "We have understood Your inner heart's desire. It is right for us to desist from taking part in Your improper activities, so we will not stay here long. Please give up whatever desire is in Your heart."

## Text 10

The necessity of taking shelter of the lotus feet of Śrī Rādhā is expressed by Śrī Raghunātha dāsa Gosvāmī in his *Sva-sankalpa-prakāśa-stotra* (1):

anārādhya rādhā-padāmbhoja-reņum anāśritya vṛndāṭavīṁ tat-padāṅkām asambhāṣya-tad-bhāva-gambhīra-cittān kutaḥ śyāma-sindho rasasyāvagāhaḥ How can a person become immersed in the ocean of ecstatic mellows of Śyāma (śyāma-rasa-sindhu) if he has never worshipped the dust of Śrī Rādhā's lotus feet; if he has never taken shelter of Her pastime place, Śrī Vṛndāvana, which is marked with the impressions of Her lotus feet; and if he has never served the devotees whose hearts are already submerged in Her profound sentiments? It will never be possible.

rādhā-padāmbhoja-reņu nāhi ārādhile tānhāra padānka-pūta-vraja nā bhajile

nā sevile rādhikā-gambhīra-bhāva-bhakta śyāma-sindhu-rase kise habe anurakta?

BHAJANA-RAHASYA-VŖTTI: While remembering this *stotra*, Śrīla Bhaktivinoda Ṭhākura yearns to attain the wonderful and astonishing service of Śrī Rādhā-Mādhava.

In order to be submerged in the ocean of *śyāma-rasa* (*śṛṅgāra-rasa*, or the amorous mellow), it is absolutely essential to worship the dust of the lotus feet of Śrīmatī Rādhikā, who is the personification of *hlādinī* (the pleasure-giving potency); to worship Śrī Vṛndāvana-dhāma, Her place of playful, amorous pastimes (*keli-vilāsa*); and to worship Her dear most devotees. Besides this method there is no way to attain the service of Śrī Rādhā-Mādhava. Considering there to be another way is only a vain and useless hope. Śrī Rādhā-rasa-sudhā-nidhi (80) confirms this:

rādhā-dāsyam apāsya yaḥ prayatate govinda-saṅgāśayā so 'yaṁ pūrṇa-sudhā-ruceḥ paricayaṁ rākāṁ vinā kāṅkṣati

Those who endeavour to attain the association of Śrī Kṛṣṇa but reject  $r\bar{a}dh\bar{a}$ - $d\bar{a}sya$  are like people who endeavour to see the full moon when it is not a full moon night.

Stavāvalī (Sva-niyama-daśakam 6) states:

ya ekam govindam bhajati kapaṭī dāmbhikatayā tad abhyarṇe śīrṇe kṣaṇam api na yāmi vratam idam

I will never go near a hypocrite who worships Govinda alone [without Rādhā]. This is my vow.

If Śyāma is directly the emperor of all transcendental mellows (rasarāja) and the embodiment of the amorous mellow (śṛṅgārarasa), then Śrīmatī Rādhikā is the form of madanākhya-mahābhāva³. Śrīmatī Rādhikā, with Her śṛṅgāra-rasa, feeds Śyāma honey in the form of Kandarpa (Cupid):

kṛṣṇake karāya śyāma-rasa-madhu pāna nirantara pūrṇa kare kṛṣṇera sarva-kāma Śrī Caitanya-caritāmṛta (Madhya-līlā 8.180)

Śrīmatī Rādhikā makes Śrī Kṛṣṇa drink the honey of the amorous mellow (syama-rasa). She is therefore engaged in satisfying all of Kṛṣṇa's lust (kama).

Śṛṅgāra-rasa is also called śyāma-rasa. This is the opinion of Śrī Viṣṇu-daivata, found in Sāhitya-darpaṇa (3.186): śyāma-varṇo 'yam viṣṇu-daivataḥ.

Śrīla Bhaktivinoda Ṭhākura sings in his song *Rādhikā-caraṇa-padma* (3–5):

rādhikā ujjvala-rasera ācārya rādhā-mādhava-śuddha-prema vicārya

ye dharila rādhā-pada parama yatane se pāila kṛṣṇa-pada amūlya-ratane

<sup>3</sup> See explanation in Glossary.

## rādhā-pada vinā kabhu kṛṣṇa nāhi mile rādhikā dāsīra krsna, sarva-vede bole

Śrīmatī Rādhikā is the ācārya of ujjvala-rasa (the resplendent mellows of amorous love). The pure prema between Rādhā and Mādhava is meant to be contemplated and discussed. One who takes hold of Śrī Rādhā's lotus feet with great care obtains the priceless jewel of Śrī Kṛṣṇa's lotus feet. Without the lotus feet of Śrī Rādhā, one can never attain Śrī Kṛṣṇa. All the Vedic scriptures declare that Kṛṣṇa belongs to the maidservants of Śrī Rādhā.

Vṛndāvana-dhāma is the place of Śrī Rādhā-Mādhava's various amorous pastimes ( $l\bar{l}\bar{a}$ - $vil\bar{a}sa$ ). The youthful Divine Couple roam here performing Their pastimes, and the land of Vṛndāvana is marked with the impressions of Their lotus feet, as Bhaktivinoda Ṭhākura sings in  $R\bar{a}dhik\bar{a}$ -caraṇa-padma (1) -  $r\bar{a}dh\bar{a}$ - $pad\bar{a}nkita$ - $dh\bar{a}ma$ ,  $vṛnd\bar{a}vana$   $y\bar{a}$ 'ra  $n\bar{a}ma$ .

Śrīmad-Bhāgavatam (10.30.28) states:

anayārādhito nūnam bhagavān harir īśvaraḥ yan no vihāya govindaḥ prīto yām anayad rahaḥ

[The *gopīs* said:] Most certainly She is Śrī Kṛṣṇa's worshipper. Therefore, being pleased with Her, Śyāmasundara has left us and taken Her away to a solitary place.

When Śrī Kṛṣṇa disappeared from the *rāsa-sthalī* (taking Rādhā with Him), the *gopīs* who were searching for Him saw His footprints in the forest, along with Śrīmatī Rādhikā's. Praising Her good fortune, they said (Śrīmad-Bhāgavatam 10.30.27): "kasyāḥ padāni caitāni yātāyā nanda-sūnunā — here are the footprints of some *gopī* who was walking with the son of Nanda Mahārāja."

All of Vṛndāvana, including Govardhana and Rādhā-kuṇḍa, is the abode of Śrī Rādhā-Kṛṣṇa's *keli-vilāsa* and is marked with Their footprints. *Jāta-rati-sādhakas* have internal revelations of Śrī Rādhā-Kṛṣṇa's pastimes in Vṛndāvana's bowers. Here, the meaning of taking shelter of Śrī Vṛndāvana-dhāma is to remember the various pastimes performed there and to be absorbed in the sentiments of them. But such realisation can only be obtained by the association and mercy of great personalities who are like-minded, affectionate towards oneself, more advanced than oneself, and who taste *vraja-rasa*.

In *Prema-bhakti-candrikā* (9.9) Śrīla Narottama dāsa Ṭhākura sings:

tāṅra bhakta saṅge sadā, rāsa-līlā prema kathā, ye kare se pāya ghanaśyāma

By staying in the company of devotees who always discuss the sweet, nectarean pastimes of the  $r\bar{a}sa$  dance, one is sure to attain Ghanasyāma.

The sweetness of the *rasa* of Śrī Rādhā-Śyāmasundara's pastimes can only be relished through association with and service to the great personalities who taste *rasa* and who are submerged in the waves of this endless and eternal ocean of sweetness.

# Text 11

The conception of being a maidservant of Śrī Rādhā is described in the following words of the Gosvāmīs:

abhimānam parityajya prākṛta-vapur-ādiṣu śrī-kṛṣṇa-kṛpayā gopī-dehe vraje vasāmy aham rādhikānucarī bhūtvā parakīya-rase sadā rādhā-kṛṣṇa-vilāseṣu paricaryām karomy aham

After giving up false identification with this material body, may I obtain the body of a *gopī* and reside in Vraja by the mercy of

Śrī Kṛṣṇa. May I become Śrī Rādhā's maidservant, and always serve Rādhā and Kṛṣṇa, who revel in the *rasa* of paramour love.

sthūla-dehādite ātma-buddhi parihari' kṛṣṇa-kṛpāśraye nitya-gopī-deha dhari'

kabe āmi parakīya rase nirantara rādhā-kṛsna-sevā-sukha labhiba vistara

BHAJANA-RAHASYA-VŖTTI: As long as the *sādhaka* identifies himself with the material body, he cannot enter the realm of *bhajana*. Only after one has rejected all kinds of false identities pertaining to the body, such as, 'I am a *brāhmaṇa*', 'I am a *kṣatriya*', and pertaining to character, such as, 'I am so qualified', 'I am rich', 'I am a scholar', and only after he becomes more humble than a blade of grass (*tṛṇād api sunīca*) and prays with extreme distress, is it possible to obtain Śrī Kṛṣṇa's mercy. All types of *anarthas*, *aparādhas* and false identifications (*abhimānas*) can only be eradicated by good association (*sat-sanga*).

We should weep and pray in a distressed and humble voice, "O Śrī Kṛṣṇa! O Śrī Rādhā! *Gopī-dehe vraje vasāmy aham* — when will I obtain such mercy as to reside in Vraja and become the *dāsī* of the *dāsī* of the *dāsī* of Śrīmatī Rādhikā, and when will I eternally serve Your *parakīya-rasa-vilāsa* day and night?"

By such distress-filled prayers,  $gop\bar{\imath}-bh\bar{a}va$  will arise in the heart by the mercy of Śrī Rādhā's  $sakh\bar{\imath}s$ , the eternally perfect  $gop\bar{\imath}s$  of Vraja. Without  $gop\bar{\imath}-bh\bar{a}va$  it is impossible to attain the land of Vṛndāvana-dhāma where Rādhā and Kṛṣṇa perform Their amorous pastimes in the solitary bowers. This mood is attained only by following Śrī Rādhā's intimate  $sakh\bar{\imath}s$ , who attend to Her in Her private chambers. Only they can enter these pastimes, no one else, and only they expand these pastimes and taste them. The  $ek\bar{a}da\acute{s}a-bh\bar{a}vas$  and the five  $da\acute{s}\bar{a}s^4$  are evoked by their mercy.

<sup>4</sup> These terms are explained on p. 247.

Śrīla Narottama dāsa Ṭhākura sings in *Prema-bhakti-candrikā* (5.7):

yugala-caraṇa sevi, nirantara ei bhāvi, anurāge thākiba sadāya sādhane bhāviba yāhā, siddha-dehe pāba tāhā, rāga-pathera ei se upāya

I will constantly serve the lotus feet of Śrī Rādhā and Śrī Kṛṣṇa with loving attachment. Whatever I contemplate during *sādhana* will certainly be achieved upon attaining the perfection of a spiritual body (*siddha-deha*). This is the method of the path of *rāga*.

Parakīya-rase sadā — The scriptures establish the pre-eminence of the paramour love (parakīya-rasa) of Vraja. By serving Śrī Rādhā-Kṛṣṇa in the mood of wedded love (svakīya), one will attain Goloka Vṛndāvana, and by serving in paramour love (parakīya), one will attain Vraja-Vṛndāvana, the absolute innermost chamber of Goloka-dhāma, where Śrī Rādhā-Kṛṣṇa's nikuñja-līlās take place. There, the mañjarī-sakhīs are topmost, as they are endowed with ullāsa-rati, or much stronger affection for Rādhā than for Kṛṣṇa. They render service to the rasa-laden loving exchanges (rasa-keli-līlā-vilāsa) in the secluded groves without any hesitation. Śrīla Raghunātha dāsa Gosvāmī says in Vraja-vilāsa-stava (38):

tāmbūlārpaṇa-pāda-mardana-payodānābhisārādibhir vṛndāraṇya-maheśvarīm priyatayā yās toṣayanti priyāḥ prāṇa-preṣṭha-sakhī-kulād api kilāsaṅkocitā bhūmikāḥ kelī-bhūmiṣu rūpa-maṅjarī-mukhās tā dāsikāḥ saṁśraye

I take shelter of the maidservants of Śrīmatī Rādhikā of whom Rūpa Maňjarī is prominent. Unlike the *prāṇa-preṣṭha-sakhīs*, they can perform any service without hesitation. They perpetually and affectionately satisfy Śrīmatī Rādhikā by their various services, such as offering *tāmbūla*, massaging Her feet, bringing Her water and arranging for Her trysts with Śrī Kṛṣṇa.

## Text 12

The rejection of all types of *dharma*, out of the desire to serve Śrī Rādhā's lotus feet, is described in Śrī Rādhā-rasa-sudhā-nidhi (33):

dūrād apāsya svajanān sukham artha-koṭim sarveṣu sādhana-vareṣu ciram nirāśaḥ varṣantam eva sahajādbhuta-saukhya-dhārām śrī-rādhikā-caraṇa-reṇum aham smarāmi

The desire for the pleasure received from relationships with family and friends; for the four goals of life, namely dharma, artha, kāma and mokṣa; and for vast wealth, etc., are the causes of all unwanted desires. Knowing this, I abandoned them all. I worship the footdust of Śrī Rādhā, which showers natural, wonderful happiness, and I always keep this foot-dust upon my head.

svajana-sambandha-sukha, catur-varga artha sakala-sādhana chāḍi' jāniyā anartha

sahaja-adbhuta-saukhya-dhārā vṛṣṭi kari rādhā-pada-renu bhaji, śire sadā dhari'

BHAJANA-RAHASYA-VṛTTI: The first line of this Text, dūrād apāsya sva-janān sukham artha-koṭim, means that the desires for wealth and the happiness derived from the company of relatives cause impediments in remembering the dust of Śrīmatī Rādhikā's lotus feet, and therefore those desires should be rejected. Pure renunciation is actually a natural distaste for material matters and a taste for the dust of Śrī Rādhā's lotus feet. Sādhakas who possess exclusive faith in Śrī Rādhā (rādhā-niṣṭhā) are solely attached to the fragrance of Her lotus feet. Without Śrī Rādhā, they have no taste for Śrī Kṛṣṇa. Material happiness seems insignificant to such sādhakas, who have firm attachment for Her lotus feet and who are not slightly inclined toward any other transcendental practice and goal. Indeed, on the path

of *prema-bhakti*, other practices (*sādhanas*) are obstacles, as stated in the following verse:

puṇya ye sukhera dhāma, tāra nā laio nāma, puṇya mukti dui tyāga kari'

prema-bhakti-sudhā-nidhi, tāhe ḍūba niravadhi, āra yata kṣāra-nidhi prāya Prema-bhakti-candrikā (6.15—16)

Although piety is the abode of material happiness, do not strive for it. Rather, give up the desire for piety, as well as for liberation. Loving devotional service is an ocean of nectar. Always be immersed in it.

Pious activities, liberation and so forth are like a pile of ashes to the premī-bhakta (the devotee at the stage of prema). Indeed, if a devotee persistently desires to submerge himself in the nectarean ocean of loving devotional service, and his bee-like heart is attracted by the fragrance of Śrī Rādhā's foot-dust, which is full of immaculate rasa, how can he go anywhere else? After receiving happiness from a supremely excellent object, can one become attracted by some trifling pleasure? Compared to the happiness of merging with brahma (brahmānanda), the bliss of bhajana (bhajanānanda) is vastly greater. That ecstasy is indescribable. Bhajanānanda in its most condensed form is premānanda, but it is beyond words to express the nature of *premānanda*, as it is a stage to be experienced. Amongst all varieties of *premānanda*, the *prema* of the *gopīs* when distressed in separation crosses beyond the ultimate limit of ananda and attains a state that cannot be expressed in words. From the dust of the lotus feet of the crest jewel of all gopīs, Śrī Rādhā, a stream of this indescribable happiness continuously flows towards that sādhaka who remembers Her. This stream of ānanda, composed of pure sweetness and devoid of even a scent of aiśvarya-jñāna, is natural and filled with wonderful astonishment. This is the meaning of the words sahajādbhuta-saukhya-dhārā in this Text.

Śrī-rādhikā-caraṇa-reṇum aham smarāmi — In the absence of directly receiving the exceedingly rare dust of Śrī Rādhā's lotus feet, the sādhaka who is established in rādhā-dāsya remembers that dust. What this actually means is that he yearns to obtain his cherished service in Śrī Rādhā's pastimes in the pleasure groves (vilāsa-kuñjas). This is the heartfelt desire of Gauḍīya Vaiṣṇavas, and it is their topmost sādhana. Prema-bhakti-candrikā (2.2) states: "sādhana smaraṇa līlā, ihāte nā kara helā, kāya mane kariyā susāra — the sādhana at this stage is to remember Śrī Rādhā-Kṛṣṇa's pastimes; do not neglect this. Make this the most essential endeavour of your body and mind."

### Text 13

In this way, the *sādhaka* worships the dust of Śrīmatī Rādhikā's lotus feet. In *Śrī Rādhā-rasa-sudhā-nidhi* (198) Śrī Prabodhānanda Sarasvatī prays:

> āśāsya dāsyam vṛṣabhānu-jāyās tīre samadhyāsya ca bhānu-jāyāḥ kadā nu vṛndāvana-kuñja-vīthiṣv aham nu rādhe hy atithir bhaveyam

O Rādhā! O Vṛṣabhānu-nandinī! When will I, who am residing on the bank of the Yamunā with the hope of becoming Your maidservant, become a guest on the pathways of Vṛndāvana's kuñjas?

vṛṣabhānu-kumārīra haiba kiṅkarī kalinda-nandinī tīre ra'ba vāsa kari'

karuṇā kariyā rādhe e dāsīra prati vṛndāṭavī kuṅja-pathe haiba atithi

BHAJANA-RAHASYA-VṛTTI: Similarly, in one place Śrīla Viśvanātha Cakravartī Thākura prays, "O Vrsabhānu-nandinī, there is a hope

growing in my heart, that You will become a guest on the path of my vision as You go to Your rendezvous on the paths of Vṛndāvana's *kunjas* on the bank of the Yamunā."

In an extremely restless condition, Śrīla Prabodhānanda Sarasvatī has composed this Text while remembering service to Śrī Svāminī. In the absence of this service, vast pain and longing has arisen in his heart as he remembers the sweetness of these pastimes. Realising his disqualification to taste such sweetness, his life air is agitated by an intolerable unhappiness and pain. However, a firm hope of one day attaining the eternal service of Svāminī is stirring his heart. One symptom of the *jāta-rati-bhakta* is a firm hope of attaining the Supreme Lord (āśā-bandha), and the ultimate development of this āśā-bandha is seen in mahābhāva. The resolute hope of the vrajadevīs is indescribable. Even in the condition of long-term separation from Śrī Kṛṣṇa, the expectation of attaining His service keeps them alive. They have faith in Kṛṣṇa's words spoken when He left for Mathurā (Śrīmad-Bhāgavatam 10.39.35): "āyāsya iti—I will return."

With this hope, Śrīla Prabodhānanda Sarasvatī prays at Śrī Svāminī's lotus feet, "O Rādhā! O Vṛṣabhānu-nandinī! When will I, with the hope of becoming Your maidservant, be a guest on the pathways of the *kunjas* situated on the bank of the Yamunā?"

"O Rādhā, You are the daughter of King Vṛṣabhānu, the empress of Vṛndāvana and a treasury of overflowing compassion. Therefore, do not neglect me, a destitute and lowly person. Please engage me as a maidservant in the service of You and Your <code>prāṇa-priyatama</code> in Your pastimes within the secluded groves. Filled with intensely passionate pure love (<code>premānurāga</code>), You move along the bank of the Yamunā towards the <code>nikunjas</code> of Vṛndāvana to meet with the lord of Your life. When will this destitute guest sit on the path You travel? My determination will be fixed; I will not move from that place without first receiving Your mercy. Upon seeing this destitute guest sitting there, Your heart will certainly be moved by compassion. O Svāminī, You are Kṛṣṇa's most treasured beloved and His worshipper. Please

# Śrī Bhajana-rahasya

make me successful by giving me an opportunity to perform some tiny service in the worship of the love of Your life. Now, at the end of my life, I am a beggar for Your mercy. Please accept me as Your unpaid maidservant. If You deprive me of this, Your name will be defamed, and that I cannot tolerate."

## Text 14

Constantly seeking Śrī Kṛṣṇa through saṅkīrtana in the mood of rādhā-dāsya is described in Śrī Rādhā-rasa-sudhā-nidhi (259):

dhyāyams tam śikhi-piccha-maulim aniśam tan-nāma sankīrtayan nityam tac-caraṇāmbujam paricarams tan-mantra-varyam japan śrī-rādhā-pada-dāsyam eva paramābhīṣṭam hṛdā dhārayan karhi syām tad-anugraheṇa paramābhutānurāgotsavah

Keeping in my heart my highest aspiration of one day becoming a maidservant of Śrī Rādhā's lotus feet, I will always meditate on Śrī Kṛṣṇa, whose head is decorated with a peacock feather. I will constantly chant His name, eternally serve His lotus feet and continually utter His most excellent mantras. May He bestow mercy upon me at any moment so I will attain anurāgotsava, the great festival of overwhelming love for Śrī Rādhā.

nirantara kṛṣṇa-dhyāna, tan-nāma-kīrtana kṛṣṇa-pāda-padma-sevā, tan-mantra-japana

rādhā-pada-dāsya-mātra abhīṣṭa-cintana kṛpāya labhiba rādhā-rāgānubhāvana

BHAJANA-RAHASYA-VṛTTI: Prabodhānanda Sarasvatī is expressing a desire to continuously seek Śrī Kṛṣṇa through *sankīrtana* in the mood of being a servant of Śrī Rādhā (*rādhā-dāsya*). The only desire and cherished objective of Gauḍīya Vaiṣṇavas is to attain *rādhā-dāsya*.

It is the only goal of their kṛṣṇa-bhajana. The principal mantra of their kṛṣṇa-bhajana is found in the ninth verse of Śrī Manaḥ-śikṣā: "madīśā-nāthatve vraja-vipina-candram vraja-vaneśvarīm tām nāthatve — always remember Vṛndāvana-candra as the prāṇanātha of my Svāminī, Vṛndāvaneśvarī Śrī Rādhikā."

This Text 14 describes that, upon decorating the heart with the most cherished wealth of  $r\bar{a}dh\bar{a}$ - $d\bar{a}sya$ , one will meditate upon Śrī Kṛṣṇa, whose head is adorned with a peacock feather. Śrī Kṛṣṇa is a little late in arriving at the  $ku\bar{n}ja$ , so Śrī Rādhā, endowed with  $mad\bar{\imath}ya$ - $abhim\bar{a}na$  (the mood that 'Kṛṣṇa is Mine'), becomes sulky,  $m\bar{a}nin\bar{\imath}$ . To please His beloved, Śyāmasundara bows His head at Her lotus feet, and His peacock feather crown falls to the ground. This is described in Śrī Gīta-govinda (10.8): smara-garala-khaṇḍanam sirasi maṇḍanam.

May the remembrance of how my Svāminī controls *dhīra-lalita-nāyaka* Śrī Kṛṣṇa, who is a brilliant festival of *anurāga*, manifest in my heart. May I remain submerged in this most charming *kṛṣṇa-saṇkīrtana*.

Śrīla Raghunātha dāsa Gosvāmī prays, "The name of Śrī Rādhā is unprecedented, beautiful and enchanting like ambrosia. The name of Śrī Kṛṣṇa is delicious like condensed milk. O my tongue, O you who are faint with hunger, please constantly drink these two unprecedented substances, which are made delightful by the ice of fragrant anurāga."

I will worship Śrī Svāminī by serving Śrī Kṛṣṇa's lotus feet, and then giving Her Kṛṣṇa's prasāda and flower remnants. The nitya-sakhīs and prāṇa-sakhīs serve Śrī Kṛṣṇa in the mood that they will offer to Svāminī whatever flower remnants and other articles they collect when attending to Him. Upon receiving the objects used by Her prāṇanātha, Svāminī will become greatly pleased. When I witness Her pleasure, extreme attachment toward serving Śrī Kṛṣṇa will fill my heart.

# Text 15

A prayer to attain the service of Śrī Rādhā birth after birth is given in Śrī Rādhā-rasa-sudhā-nidhi (40):

tasyā apāra-rasa-sāra-vilāsa-mūrter ānanda-kanda-paramādbhuta-saukhya-lakṣmyāḥ brahmādi-durlabha-gater vṛṣabhānu-jāyāḥ kaiṅkaryam eva mama janmani janmani syāt

May I attain the position of being a maidservant of the daughter of King Vṛṣabhānu birth after birth. She is the personification of playful pastimes (*vilāsa-mūrti*) of Śyāmasundara, who is Himself the essence of limitless *rasa*. She is the happiness of Śrī Kṛṣṇa and She is most difficult to attain for Brahmā and others.

apāra-rasera sāra, vilāsa-mūrati parama-adbhuta-saukhya-ānanda nirvṛtti

brahmādira sudurlabha vṛṣabhānu-kanyā janme janme tāṅra dāsye hai yena dhanyā

BHAJANA-RAHASYA-VṛTTI: In a voice filled with extreme distress, the poet is praying to become a maidservant of Śrī Rādhā. It is not possible that this prayer ever be fulfilled in a gross material body. The sādhaka attains his spiritual body and eternal identity (svarūpa) by continuously reciting the mantras and the holy name given by his spiritual master. Upon receiving his svarūpa, deep attachment for Svāminī Śrī Rādhā arises in his heart, and he receives an internal vision (sphūrti) of Her sweetness and beauty. Śrīmatī Rādhikā is the personification of Śyāmasundara's playful pastimes (vilāsa). In other words, Her intrinsic nature as concentrated rasa manifests in the kuñjas, where it is tasted by Śrī Śyāmasundara, the emporium of all rasa. Śrī Rādhā, the essence of all rasa, is the personification of playful pastimes. She is the essence of unlimited mādhurya-rasa.

The joy of meeting is hidden within the mind of Śrī Govinda, who is the embodiment of condensed happiness. Śrī Rādhā's mādanākhya-prema causes this joy to blossom, thus making Him restless and beside Himself to meet with His beloved by any means possible. Therefore, in His eagerness to meet Her, He sometimes dresses Himself as a woman, and sometimes He bows down at the feet of the sakhīs. The bliss of meeting (sambhoga-rasānanda) that Śrī Svāminī provides is indescribable, even more so than Govinda Himself can imagine.

rātri-dina kuṅje kriḍā kare rādhā-saṅge kaiśora-vayasa saphala kaila krīḍā-raṅge Śrī Caitanya-caritāmṛta (Madhya-līlā 8.189)

Day and night Śrī Kṛṣṇa enjoys the company of Śrī Rādhā in the *kunjas* of Vṛndāvana. Thus His early youth was made successful through His loving affairs with Her.

Śrī Rādhā is the *hlādinī-svarūpa-śakti* of Vrajacandra, who is ananda-kanda, the source of transcendental bliss. She is a dhīrādhīrā-nāyikā, a heroine who with tearful eyes speaks crooked words to her beloved, and for this reason Śrī Nanda-nandana is completely controlled by Her. As stated in Śrī Rādhā-krpā-katāksastavarāja (3): "nirantaram vašī-kṛta-pratīti nanda-nandane -She always brings Nanda-nandana into submission." Śrī Krsna is the source of transcendental bliss and Śrīmatī is His supremely wonderful saumya-laksmī, gentle goddess of fortune. Laksmīdevī, who always enjoys pastimes on the chest of Śrī Nārāyaṇa, is restless and proud of her opulence, but the prema-laksmī of Vraja, Śrī Rādhā, is very sweet and endowed with a gentle, steady nature. She is kṛṣṇa-mayī in prema [which means She sees Śrī Kṛṣṇa everywhere, internally and externally], She is gaurāngī in rasa [which means She is so expert, so beautiful, dances so well and sings so sweetly that She becomes golden-limbed (*gaurāṅgī*), and Śrī Krsna becomes so attracted by Her that He becomes rādhā-mayī and gaurāṅga],

She is *sarva-lakṣmī-mayī* in *aiśvarya* [which means She manifests everywhere, and Śrī Kṛṣṇa sees Her everywhere], and She is the prominent *gopikā* in *mādhurya*.

It is very difficult for Brahmā and other demigods to attain Vṛṣabhānu-nandinī Śrīmatī Rādhikā's service. Brahmā, being endowed with an awareness of the Supreme Lord's majesty (aiśvarya-jñāna), is unable to comprehend the mādhurya-rasa of Vraja. He could not even understand Śyāmasundara's early boyhood pastimes (paugaṇḍa-līlā), and he became an offender by stealing the calves and cowherd boys. How, then, can he possibly understand the profound secrets of the highly confidential adolescent pastimes (kaiśora-līlā)? Only the vraja-gopīs have the qualification to serve in these most confidential pastimes that take place in the secluded bowers. Without following in the footsteps of the sakhīs, it is impossible to attain this service.

sakhī vinā ei līlāya anyera nāhi gati sakhī-bhāve ye tāṅre kare anugati

rādhā-kṛṣṇa kuñja-sevā-sādhya sei pāya sei sādhya pāite āra nāhika upāya Śrī Caitanya-caritāmrta (Madhya-līlā 8.204–205)

Without the guidance of the *sakhīs*, one cannot enter these pastimes. One who worships Śrī Kṛṣṇa in the mood of the *sakhīs*, following in their footsteps, can attain the service of Śrī Rādhā-Kṛṣṇa in the *kunjas* of Vṛndāvana. There is no other means to achieve this goal.

Śrī Kiśorī's maidservants (kiṅkarīs) are always devoted to Her service. The word kaiṅkarya expresses a mood of being ardent to serve, and it means kiṁ karomi, "What may I do? What service may I do? What service can I do?" – this mood is expressed in pure rādhā-dāsya, or maṅjarī-bhāva. May I attain this kaiṅkarya of Śrī Vrsabhānu-nandinī birth after birth.

To serve exclusively under the guidance of the *uraja-devīs* is called *tat-tad-bhāva-icchāmayī kāmānugā-bhakti*. This is the deep meaning of this Text.

### Text 16

Searching for Śrī Rādhānātha while engaged in the service of Śrī Rādhā (*rādhā-dāsya*) is described in *Śrī Rādhā-rasa-sudhā-nidhi* (142):

rādhā-nāma sudhā-rasam rasayitum jihvās tu me vihvalā pādau tat-padakānkitāsu caratām vṛndāṭavī-vīthiṣu tat-karmaiva karaḥ karotu hṛdayam tasyāḥ padam dhyāyatām tad-bhāvotsavataḥ param bhavatu me tat-prāṇanāthe ratiḥ

May my tongue become constantly overwhelmed by relishing the nectarean rasa of the name Rādhā, may my feet wander on the pathways of that Vṛndāvana where Vṛṣabhānu-nandinī walks, may both my hands be engaged in Svāminī's service, and may my heart contemplate Her lotus feet. May one-pointed attachment manifest within me for the Lord of Her life, Śrī Śyāmasundara by Her festival of ecstatic moods (bhāvotsava). This is my earnest prayer.

jihvā hauka su-vihvala, rādhā-nāma gāne vṛndāraṇye cala pada, rādhā anveṣaṇe

rādhā-sevā kara-kara, rādhā smara mane rādhā-bhāve mati, bhaja rādhā-prāna-dhane

BHAJANA-RAHASYA-VṛTTI: Śrīla Prabhodānanda Sarasvatī is humbly praying to attain attachment to the lotus feet of Śrī Rādhā's *prāṇanātha* through Her festival of ecstatic moods (*bhāvotsava*), by engaging all his senses in *rādhā-bhajana*. When will my tongue become overwhelmed by tasting the nectarean *rasa* of Śrī Rādhā's name? There is no equal to the happiness experienced by the tongue that, with

heartfelt *prema*, tastes the nectar of Śrīmatī's name. Happiness comes when one has achieved the desired perfection by performing *nāma-saṅkīrtana* of one's object of worship. The name appears primarily upon the tongue, and both the chanter and the hearer derive bliss.

nāma-saṅkīrtanaṁ proktaṁ kṛṣṇasya prema-sampadi baliṣṭhaṁ sādhanaṁ śreṣṭhaṁ paramākarṣa-mantravat

tad eva manyate bhakteḥ
phalaṁ tad-rasikair janaiḥ
bhagavat-prema-sampattau
sadaivāvyabhicārataḥ
Śrī Bṛhad-bhāgavatāmṛta (2.3.164–165)

It is said that to obtain the wealth of *prema* for Śrī Kṛṣṇa, nāma-saṅkīrtana is the best and most powerful sādhana. This supremely attractive mantra draws Śrī Kṛṣṇa towards the sādhaka. Therefore, rasika devotees of the Supreme Lord conclude that saṅkīrtana is the result of bhakti. It never fails to bestow the wealth of bhagavat-prema.

Relish of the very rasa of the Supreme Lord, who is Himself an embodiment of concentrated rasa, is definitely contained within His name. Although there is such taste in His name, that same  $n\bar{a}m\bar{\iota}$ , or possessor of the name, Śrī Śyāmasundara, becomes overwhelmed when He tastes the name of Śrī Rādhā. It is the nature of prema that a lover will have deep affinity for the name of the beloved.

Once, due to the vigilance of Jațilā, Śrī Kiśorī could not meet Śyāmasundara, who fainted in separation from Her. Madhumaṅgala went to Kiśorī, but since She was under guard, She was unable to leave the house. To pacify Kṛṣṇa's fire of separation, She wrote the two syllables  $r\bar{a}$  and  $dh\bar{a}$  on a leaf and sent it to Him. When He

received it, Kṛṣṇa returned to His senses and said to Madhumaṅgala, "Friend, I am completely satisfied with what you have given Me."

In the second line of this Text, Śrīla Prabhodānanda Sarasvatī is praying: "pādau tat-padakānkitāsu caratām vṛndāṭavī-vīthiṣu — may my feet traverse the paths of Vṛndāvana-dhāma, which is marked with the footprints of Śrī Rādhā. While wandering there, may this sentiment be in my heart: My Svāminī is travelling on these paths to meet with Her prāṇanātha. Every infinitesimal particle of Vraja is mixed with the dust from Her lotus feet and is thus perceived as the nectar of love, prema-makaranda. May my Īśvarī's playful pastimes (vilāsa-līlā) be painted on the canvas of my heart. May the dust particles that have touched Her lotus feet be the ornaments of my limbs."

Śrī Kṛṣṇa's dear associate Uddhava also desired to attain a particle of this dust by taking birth in Vraja as a blade of grass or a shrub. Such a heart's longing will only be fulfilled by remembering Śrī Kiśorī's foot-dust, which lies upon the pathways of Vraja.

Śrīla Prabhodhānanda Sarasvatī continues: "tat-karmaiva karaḥ karotu — may both my hands be engaged in stringing various kinds of flowers into garlands, ornaments and so forth for Śrī Svāminī. When Svāminī is fatigued from Her  $vil\bar{a}sa$ , I pray to be so fortunate as to massage Her lotus feet.

"Tad-bhāvotsavataḥ param bhavatu me tat-prāṇanāthe ratiḥ — Śrī Rādhā's festival of ecstatic moods, bhāvotsava, constitutes Her pastimes with Śrī Govinda. Sometimes, when Śrīmatī becomes sulky, māninī, Govinda will pray to me with clever words, 'O beautiful one! O merciful one! Please appease Śrī Rādhā and thereby pacify My fire of separation.' Upon hearing His petition, I will catch hold of His hand and lead Him to Svāminī. May it be my goal and all-good fortune to arrange for my Svāminī to meet with Her prāṇa-priyatama. Govinda will certainly give me mercy, knowing that I have taken shelter of Śrī Rādhā's lotus feet."

## Text 17

A prayer to attain Śrī Rādhā's lotus feet, the ultimate attainment, is given in Śrī Vilāpa-kusumānjali (8):

devi duḥkha-kula-sāgarodare dūyamānam ati-durgatam janam tvam kṛpā-prabala-naukayādbhutam prāpaya svapada-paṅkajālayam

O Devī Śrī Rādhikā, I am in a helpless condition, drowning in an ocean of unhappiness. Please lift me into the strong boat of Your mercy and give me the shelter of Your lotus feet.

duḥkha-sindhu mājhe devi, durgata e jana kṛpā-pote pāda-padme uṭhāo ekhana

BHAJANA-RAHASYA-VŖTTI: Feeling himself to be bereft of service, Śrīla Raghunātha dāsa Gosvāmī is extremely agitated by separation from Śrī Rādhā. He feels himself to be without shelter and is drowning in the deep ocean of unhappiness. As he remembers this verse, he glorifies Śrī Svāminī in every way by using the word devī. The root of devī is div, which means 'playful' or 'sportive'. In other words, She enjoys pastimes of divine love sports with Śrī Kṛṣṇa. Remembering this, Dāsa Gosvāmī uses the word devī. In Śrī Caitanya-caritāmṛta (Ādi-līlā 4.84) it is said: "'devī' kahi dyotamānā, paramā sundarī — devī means 'resplendent and most beautiful'."

"O Śrīmatī Rādhikā, deprived of service to Your lotus feet, I am drowning in this ocean of material existence, which is difficult to cross. Please shelter me within the boat of Your mercy and bestow upon me the qualification to serve Your lotus feet, for apart from this service, there is no other remedy to remove the exhaustion caused by pangs of separation from You. Everything in the material world causes misery; only service to You is fully blissful."

The *mañjarīs* are firmly and resolutely fixed in the mood of being Śrī Rādhā's maidservants. The only thing on their minds is service to Śrī Rādhā's lotus feet. A desire to enjoy bodily association with Śrī Hari does not arise even in their dreams. If Śrī Kṛṣṇa forcefully catches hold of them and begins to speak to them, they say archly, "O Nanda-nandana! Do not dare touch this body!"

The sentiments that Śrī Rādhā's maidservants have towards Her is pure and completely free from the desire for self-enjoyment. They do not even have a tinge of any desire other than to serve Her.

### Text 18

The inclination to be solely attached to serving Śrī Rādhā is described in Śrī Vilāpa-kusumānjali (16):

pādābjayos tava vinā vara-dāsyam eva nānyat kadāpi samaye kila devi yāce sakhyāya te mama namo 'stu namo 'stu nityam dāsyāya te mama raso 'stu raso 'stu satyam

O Devī, I have no desire other than for the topmost attainment of servitude to Your lotus feet. I forever offer obeisances to the position of being Your  $sakh\bar{\imath}$ , but may I remain firmly attached to being Your maidservant. This is my solemn vow.

tava pada-dāsya vinā kichu nāhi magi tava sakhye namaskāra, āchi dāsya lāgi'

BHAJANA-RAHASYA-VṛTTI: In this Text, Śrīla Raghunātha dāsa Gosvāmī, absorbed in his internal *manjarī* form, is praying in great distress to the lotus feet of his Svāminī. "O Svāminī, please make me Your maidservant by bestowing upon me the great fortune of service to Your lotus feet." This servitorship (*dāsya*) is topmost (*vara*) because Śrī Rādhā's maidservants are free from reverence and fear. Their

service is devoid of hesitation and is supremely relishable. The desire for this servitorship is the compassionate gift of Śrīman Mahāprabhu, and its attainment is the heartfelt aim of the Gauḍīya Vaiṣṇavas.

As maidservants, the *mañjarīs* are also receptacles of *mādhurya-rasa*. They can, without fear or shyness, enter the secluded grove (*nikuñja*) where amorous pastimes are taking place, and very gracefully and cleverly perform their service. They also thoroughly know the requirements of the youthful Divine Couple, as well as when and how to fulfil them. The speciality of these *mañjarīs* is that they know the innermost feelings of the Divine Couple's hearts and perform their services inspired by this. Seeing the enchanting skill of the *mañjarīs*' service, Śyāmasundara Himself, the crest jewel of all those who relish *rasa*, wants to perform such service.

As <code>svādhīna-bhartṛkā</code>, a heroine who controls her lover, Śrī Rādhā orders Him, "Fix My dishevelled clothes and ornaments, or the other <code>sakhīs</code> will see them and tease Me." Understanding Svāminī's mood, the <code>kiṅkarīs</code> bring clothes and cosmetics. Śrīmatī orders Śyāmasundara to apply footlac (<code>altā</code>), and upon seeing the beauty of Her lotus feet, He becomes overwhelmed with <code>prema</code>. Ecstatic transformations (<code>sāttvika-vikāras</code>) make all His limbs horripilate and tremble, and as a result He is unable to hold the brush. Observing His condition, Śrīmatī softly and sweetly smiles and orders Rati Mañjarī to apply the <code>altā</code>. The <code>mañjarīs</code> taste various types of sweet pastimes like this in a completely unobstructed way.

Śyāmasundara has to take shelter of the *manjarīs* in order to get the opportunity to meet with Śrīmatī or to pacify Her sulky mood (*māna*). While eating at the house of Nanda in the evening, Śyāmasundara becomes restless to know if He will be able to meet with Rādhikā that night or not. Through subtle gestures He inquires from Śrīmatī's maidservants about the possibility of this meeting. A maidservant indicates, "Yes, it will take place." Whatever these *manjarīs* have is for the pleasure of the Divine Couple; they have nothing of their own. In rank, the *priya-narma-sakhīs* are superior,

but from the perspective of having the most fortunate service, the *manjarīs* are superior.

The kāmātmikā-bhakti<sup>5</sup> of Vraja, which is exclusive to mādhurya-rasa, is of two kinds: sambhoga-icchāmayī<sup>6</sup> and tat-tad-bhāva-icchāmayī<sup>7</sup>. The mādhurya-bhāva that Vraja's yūtheśvarīs (group leaders) such as Rādhā, Candrāvalī and Śyāmalā have for Śrī Kṛṣṇa is called sambhoga-icchāmayī. Serving the Divine Couple in the mood of mañjarīs like Śrī Rūpa and Śrī Rati, whose inclination is towards Śrīmatī Rādhikā (rādhā-snehādhikā), is called tat-tad-bhāva-icchāmayī.

The sakhīs are of three kinds: (1) rādhā-snehādhikā — those more inclined towards Śrī Rādhā, (2) kṛṣṇa-snehādhikā — those more inclined towards Śrī Kṛṣṇa, and (3) ubhaya-snehādhikā — those equally disposed to both. The sakhīs can also be divided into five kinds: (1) sakhī, (2) nitya-sakhī, (3) prāṇa-sakhī, (4) priya-sakhī and (5) priya-narma-sakhī (or, parama-preṣṭha-sakhī). Both the nitya-sakhīs and prāṇa-sakhīs are rādhā-snehādhikā and are called mañjarīs. The mañjarīs are absorbed in the mood of service, even though they feel friendship (sakhya) for Śrī Rādhā. They remain exclusively intent on Śrī Rādhā's lotus feet and do not desire bodily contact with Śrī Kṛṣṇa, even in their dreams. This is confirmed in Śrī Vṛndāvana-mahimāmṛta (16.94):

ananya-śrī-rādhā-pada-kamala dāsyaika-rasadhīr hareḥ saṅge raṅga-svapana-samaye nā 'pi dadhatī

One-pointed service to the lotus feet of Śrī Rādhā is an ocean of transcendental *rasa*. One who wishes to enter that ocean will never desire enjoyment with Śrī Hari, even in dreams.

<sup>5</sup> Devotion characterised by the transcendental desires of the *vraja-gopīs*.

<sup>6</sup> Sambhoga-icchāmayī means the desire to engage in playful sportive pastimes (keli) with Śrī Kṛṣṇa. His transcendental sportive pastimes with the gopīs are called sambhoga. (Jaiva-dharma, chp 21)

<sup>7</sup> Tat-tad-bhāva-icchāmayī is the desire to experience the sweet sentiments that the *vraja-gop*īs have towards Śrī Kṛṣṇa. (Jaiva-dharma, chp 21)

The object (*viṣayālambana*) of the *mañjarīs*' love and affection is the Youthful Couple. The *mañjarīs* experience all kinds of *rati* by beholding the Divine Couple embracing, by hearing Them conversing, by tasting Their chewed *tāmbūla* remnants, by smelling the matchlessly beautiful fragrance arising from Their amorous pastimes, by touching Their lotus feet as they massage them, and so forth. They also taste the ecstasy of Rādhā and Kṛṣṇa's most intimate union (*samprayoga*). In this regard, Śrīla Kṛṣṇadāsa Kavirāja describes in Śrī Caitanya-caritāmṛta (*Madhya-līlā* 8.209–210):

rādhāra svarūpa—kṛṣṇa-prema-kalpa-latā sakhī-gaṇa haya tāra pallava-puṣpa-pātā

kṛṣṇa-līlāmṛta yadi latāke siñcaya nija-sukha haite pallavādyer koṭi-sukha haya

By nature, Śrī Rādhā is like a creeper of *kṛṣṇa-prema* and the *sakhīs* are the leaves, flowers and twigs of that creeper. When the nectar of Śrī Kṛṣṇa's pastimes is sprinkled on that creeper, the leaves, flowers and twigs experience a happiness millions of times greater than if they were to be directly sprinkled with this nectar.

In Śrī Govinda-līlāmṛta, one also finds this type of description: when Śrī Kṛṣṇa touches Śrī Rādhā, sāttvika-bhāvas also arise on the bodies of Her mañjarīs. And when Kṛṣṇa drinks the nectar of Rādhā's lips, the resultant bhāva is also reflected in the nitya-sakhīs and prāṇa-sakhīs, who become as if intoxicated. This is described in the first verse of Śrī Vilāpa-kusumānjali:

tvam rūpa-manjari sakhi! prathitā pure 'smin pumsah parasya vadanam na hi paśyasīti bimbādhare kṣatam anāgata-bhartṛkāyā yat te vyadhāyi kim u tac chuka-pungavena My dear *sakhī* Rūpa Mañjarī, you are well known in Vraja for not even looking at the face of any man other than your husband. Therefore, it is surprising that your lips, red like *bimba* fruits, have been bitten, even though your husband is not at home. Has this been done by the best of parrots?

Like Śrī Rādhā, Her *mañjarīs* also have *samartha-rati*<sup>8</sup>. This *rati* is causelessly present in them in a transcendental, incomprehensible and inconceivable way. Śrī Caitanya-caritāmṛta (Madhya-līlā 18.225) says: "śunileo bhāgya-hīnera nā haya pratīti — even after hearing of this, those devoid of good fortune cannot perceive it."

In this Text 18, Dāsa Gosvāmī prays to attain *pālya-dāsī-bhāva*. Using the words *raso 'stu*, he expresses an ever-fresh heightening of *prema* and prays to Śrī Svāminī to not cheat him, either with clever words or by giving him other blessings.

### Text 19

A sincere prayer for attaining  $r\bar{a}dh\bar{a}-d\bar{a}sya$ , spoken in a voice choked with emotion, is found in  $Stava-m\bar{a}l\bar{a}$  ( $\hat{S}r\bar{\imath}$   $G\bar{a}ndharv\bar{a}-sampr\bar{a}rthan\bar{a}stakam\ 2$ ):

hā devi! kāku-bhara-gadgadayādya vācā yāce nipatya bhuvi daṇḍavad-udbhaṭārtiḥ asya prasādam abudhasya janasya kṛtvā gāndharvike! nija-gaṇe gaṇanāṁ vidhehi

O Devī Gāndharvikā! Today, in utter desperation, I throw myself on the ground like a stick. Filled with great distress, I implore You with a choked voice to be merciful to this fool and count me as one of Your own.

<sup>8</sup> The word samartha means 'capable, suitable, complete'; therefore samartha rati means 'capable of controlling Śrī Kṛṣṇa'.

bhume daṇḍavat-paḍi' bahu ārti-svare kāku-bhare gadgada-vacane yoḍa kare

prārthanā kari go devi, e abudha jane tava gaṇe gaṇi' kṛpā kara akiṅcane

BHAJANA-RAHASYA-VṛTTI: Here Śrī Rūpa Gosvāmī is offering an extremely woeful prayer at the lotus feet of Śrī Svāminī: "Please also count me amongst Your intimate maidservants." Even though he is one of Śrīman Mahāprabhu's eternal associates, he considers himself an ajāta-rati-sādhaka. There is not a great difference between humility and prema. Śrī Bṛhad-bhāgavatāmṛta (2.5.224–225) states, "In the fully mature stage of the most exalted prema, natural humility arises, and incessant prema develops when humility matures. Therefore, in humility and prema, a relationship of mutual 'cause and effect' or 'producer and product' is clearly seen."

The phrase  $k\bar{a}ku$ -bhara-gadgaday $\bar{a}dya$   $v\bar{a}c\bar{a}$  indicates melting of the heart, which is the external symptom of *prema*. The word  $h\bar{a}$  expresses longing ( $utkanth\bar{a}$ ), and the word gadgada, which means 'with a choked voice', indicates that his prayer is beseeching and filled with humility.

Because their longing is so intense, the *vraja-devīs* are able to reject their family members and the rules and regulations of society. Due to intense feelings that 'Śyāmasundara is mine' (*mamatā*), they are also able to cross over all obstacles and impediments. Śrī Kṛṣṇa, who is controlled by this *mamatā*, which is filled with longing, considers Himself ever-indebted to the *gopīs*.

The words *devī gāndharvike* express the glories of Śrī Rādhā's good fortune. They refer to She who is a mine of sweetness and beauty and who, by Her captivating dancing, singing, playing on musical instruments and performance of other charming arts, completely enchants the mind of Śrī Kṛṣṇa.

Deep attachment (rati) filled with longing and humility is the wealth of rāgamārga-sādhakas. Śrīla Sanātana Gosvāmī defines

humility as follows: "If, in spite of possessing all good qualities, one considers oneself wretched, abhorrent and incompetent, this is humility (dainya)." It is humility only that attracts the mercy of Śrī Bhagavān and makes a person a worthy recipient of Śrī Kṛṣṇa's grace. Pretentious humility is inimical to bhakti and should always be abandoned. In fact, real humility is not mere external behaviour; it manifests from the heart.

Śrīla Bhaktivinoda Ṭhākura sings (Hari Hari! Kabe Mora Habe Hena Dina, verse 2):

antara-bāhire, sama vyavahāra, amānī mānada ha'ba kṛṣṇa-saṅkīrtane, śrī-kṛṣṇa-smaraṇe, satata majiyā ra'ba

No disparity shall remain between my internal and external behaviour. I shall not desire honour for myself and shall instead offer respect to others. I shall remain constantly absorbed in chanting Kṛṣṇa's names and remembering Him.

#### Text 20

A prayer to become a maidservant of Śrī Rādhā, who attracts the mind of Śrī Kṛṣṇa, is found in Śrī Rādhā-rasa-sudhā-nidhi (39):

veṇuḥ karān nipatitaḥ skhalitaṁ śikhaṇḍaṁ bhraṣṭaṁ ca pīta-vasanaṁ vraja-rāja-sūnoḥ yasyāḥ kaṭākṣa-śara-ghāta-vimūrcchitasya tāṁ rādhikāṁ paricarāmi kadā rasena

When will I be engaged in the rasa-laden service to Śrī Rādhā, whose arrow-like sidelong glance causes Śrī Nanda-nandana to faint, the flute to fall from His hands, the peacock feather crown to slip from His head, and His yellow cloth to fall from His body?

yānhāra kaṭākṣa-śare śrī-kṛṣṇa mūrcchita kara haite vaṁśi khase, śikhanda skhalita pīta-vastra bhraṣṭa haya, se rādhā-caraṇa kabe āmi rasa-yoge kariba sevana?

BHAJANA-RAHASYA-VRTTI: Bhakti-rasāmṛta-sindhu (1.2.291) states: "teṣām bhāvāptaye lubdho bhaved atrādhikāravān — (the deep attachment [anurāga] from which everfresh greed is born and which is displayed in a varigated way, manifests in an astonishing, unparalleled manner and reaches the stage of mahābhāva.) Only a person who craves to attain this kind of transcendental sentiment (bhāva) is eligible to enter rāgamārga."

Taste, or *ruci*, is the most important aspect of *bhāva-bhakti*. When a person has *ruci* for *rāgānuga-bhajana* in the mood of *mādhurya-rasa*, he relishes Śrī Rādhā-Mādhava's names, forms, qualities and pastimes in his hearing and chanting. By this kind of *bhajana*, one can perceive the method of the service of the *nitya-siddha-mañjarīs*.

In this Text, Śrī Sarasvatīpāda is praying for the nectarous loving service of Śrī Rādhā, who enchants the mind of Kānu, or Kṛṣṇa. Concealed within this verse is the influence of *mādanākhya-mahābhāva* on the heart of Śrī Kṛṣṇa, who is the emporium of all nectarean mellows, *akhila-rasāmṛta-mūrti*.

Padmā and other *sakhīs* somehow allured Śrī Kṛṣṇa to Candrāvalī's *kuñja*, leaving Śrīmatī distressed in a state of extreme separation. The clever *kiṅkarīs*, however, skilfully brought Him from there and submitted Him to Śrīmatī. Śrī Rādhā's mood of contrariness was then set in motion. First, She forbade Kṛṣṇa to touch Her; then She exhibited feigned anger and cast a crooked sidelong glance at Him.

Śrī Rādhā is the embodiment of *mahābhāva*, and the only function of *mahābhāva* is to incite happiness in Śrī Kṛṣṇa's heart. Here, *mādanākhya-mahābhāva* aroused countless indescribable, transcendental sentiments in the heart of *akhila-rasāmṛta-mūrti* Śrī Kṛṣṇa, thus silencing His boastfulness. Pierced by the arrow of Śrīmatī's crooked sidelong glance, Śrī Kṛṣṇa was overwhelmed by

a swoon of bliss. On a battlefield a hero faints when struck by an arrow, and his bow, arrows, crown, clothes, ornaments - everything scatter. Similarly, in this battle of Cupid, the strike of one arrowlike glance makes the flute fall from the hand, the peacock feather crown fall from the head and the yellow cloth fall from the body of the transcendental young Cupid – and He faints. That person whose crooked sidelong glances pierce the vraja-sundarīs like Cupid's arrows has now fallen to the ground. Only by Śrī Rādhā's sidelong glance does He who bewilders Cupid fall unconscious. That flute by whose very sweet sound hundreds and hundreds of vraja-sundarīs become stricken with restlessness, like deer struck by arrows, now falls to the ground from Mādhava's trembling hand. His peacock feather crown, an emblem of the pastimes of Vraja which enamours the minds of the gopa-ramanīs, now rolls in the dust as a result of Śrī Rādhā's crooked sidelong glance. That yellow cloth (pītāmbara), which like a lightning bolt from a fresh thundercloud, emanates splendorous beauty and upon seeing which the vraja-ramanīs gave up the honour of their lineage, has now also fallen down. This condition of the dhīra-lalita-nāyaka is all due to the crooked sidelong glance of Śrī Rādhā.

The embodiment of blissful rapture (ānanda-rasa) has fainted by the arrow of Śrī Rādhā's sidelong glance. Although Śrīmatī makes many attempts to break this swoon of bliss, it cannot be broken. Now the service starts for the rasa-kiṅkarīs. With a sweet voice, a maidservant sings a madana-rāga (a melody of Cupid), which she learnt from Śrī Svāminī. The kiṅkarī breaks the swoon of the hero (nāyaka) who has fainted in prema, and thus facilitates Śrī Svāminī's meeting with Her beloved. This is the maidservant's rasa-paricaryā (her service that enhances rasa): to arrange for the sweet pastime of the Divine Couple to begin. Then, at the end of Their pastime, the maidservants desire to attain the good fortune of serving Them by offering Them cool water, betel nuts, garlands, a fan and so forth.

### Text 21

Śrīmad-Bhāgavatam (11.6.46) describes the mood of a sādhaka who has attained attachment for  $r\bar{a}dh\bar{a}$ -dāsya:

tvayopabhukta-srag-gandhavāso-'laṅkāra-carcitāḥ ucchiṣṭa-bhojino dāsās tava māyāṁ jayema hi

O Prabhu, we decorate ourselves with the garlands, sandalwood paste, cloth and ornaments worn by You. Since we are Your servants who subsist on Your remnants, we will certainly conquer Your illusory energy ( $m\bar{a}y\bar{a}$ ). (Therefore, Prabhu, we are not afraid of Your  $m\bar{a}y\bar{a}$ ; we are only afraid of being separated from You.)

tomāra prasāda-mālā-gandha-alaṅkāra vastrādi pariyā dina yāya ta āmāra

tomāra ucchiṣṭa-bhojī-dāsa-paricaye tava māyā jaya kari anāsakta ha'ye

BHAJANA-RAHASYA-VŖTTI: Persons who are not inclined to serve Śrī Kṛṣṇa perform various activities, such as resting, sitting, travelling about, staying in one place and running after recreation, with the purpose of their own sense enjoyment. However, if the same activities are connected to the Supreme Lord, the living entity becomes eternally blessed. If the living entity is eager for the service of honouring the remnants enjoyed by Śrī Kṛṣṇa, such as garlands, fragrant oils, clothes and ornaments, he will not be ensnared by the bondage of material existence. Here Śrī Uddhava is saying to the Supreme Lord, "By obtaining Your remnants, the living entity becomes freed from the slavery of the illusory energy."

Hari-bhakti-vilāsa states that a person who doubts the potency of items offered to Śrī Viṣṇu will reside in hell for eternity. One

should not disrespect mahā-prasāda. Even mahā-prasāda that has fallen from the mouth of a dog is supremely pure and acceptable even for a brāhmaṇa. Prasāda, or items offered to ancient deities or deities established by mahāpuruṣas, is extremely pure and worthy of acceptance. But it is not proper to distribute the prasāda of deities who have been established here and there by persons who indulge in sense enjoyment. This is confirmed in the Śrī Nārada-pañcarātra:

śruti-smṛti-purāṇādipañcarātra-vidhiṁ vinā aikāntikī harer bhaktir utpātāyaiva kalpate

Even one who practises one-pointed devotion to  $\dot{S}r\bar{l}$  Hari will only create a disturbance if he abandons the rules of  $\dot{S}ruti$ , Smrti, the Purāṇas and the  $N\bar{a}rada$ -pañcarātra.

The remnants of Śrī Kṛṣṇa are called *mahā-prasāda*. When a pure devotee honours this *mahā-prasāda*, his remnants are called *mahā-mahā-prasāda*. Śrī Kṛṣṇadāsa Kavirāja Gosvāmī says in Śrī Caitanya-caritāmṛta (Antya-līlā 16.60):

bhakta-pada-dhūli āra bhakta-pada-jala bhakta-bhukta-avaśeṣa,—ei tina mahābala

The foot-dust of a devotee, the water that has washed his feet and the remnants of food left by him are three very powerful items.

By serving these three items, *kṛṣṇa-prema-bhakti* will appear. They are extremely powerful.

It is improper for a *sādhaka-bhakta* to imitate the behaviour of pure devotees. Once, my *gurudeva*, then Śrī Vinoda-bihārī Brahmacārī, and his godbrother Śrī Narahari Prabhu went to Śrī Vaṁśīdāsa Bābājī's *bhajana-kuṭī* to take his *darśana*. Bābājī had

offered tea and was distributing it. Vinoda-bihārī and Narahari Prabhu also received some tea *prasāda*. Vinoda-bihārī paid his respects to it, put it aside and did not take it. When Narahari Prabhu asked him why, Śrī Vinoda-bihārī answered philosophically, "An object which is taken by a *mahā-bhāgavata* can still be unsuitable for us. Mahādeva drank a deadly poison. He is capable of doing that, but if an ordinary person drinks poison, he is sure to die. For a *sādhaka* it is only proper to follow the rules of the *bhakti-śāstras*."

#### Text 22

The late afternoon pastimes ( $apar\bar{a}hna$ - $l\bar{l}l\bar{a}$ ) are described in *Govinda-līlāmṛta* (19.1):

śrī-rādhām prāpta-gehām nija-ramaṇa-kṛte kļpta-nānopahārām susnātām ramya-veśām priya-mukha-kamalāloka-pūrṇa pramodām śrī-kṛṣṇam cāparāhne vrajam anucalitam dhenu-vṛndair-vayasyaiḥ śrī-rādhāloka-tṛptam pitṛ-mukha-militam mātṛ-mṛṣtam smarāmi

In the afternoon, after madhyāhna-līlā, Śrī Rādhā goes to Her home, bathes and gets dressed and decorated. On the affectionate order of Śrī Yaśomatī, She prepares a variety of preparations, including karpūra-keli and amṛta-keli, for Her prāṇanātha Śrī Kṛṣṇa. As He returns to Vraja from the forest with the cows and sakhās, She beholds His lotus face and becomes filled with delight. Śrī Kṛṣṇa also becomes fully satisfied by beholding Her. After meeting with Śrī Nanda and the other paternal gopas, He is bathed and dressed by the mature maternal gopīs. I contemplate this Śrī Rādhā-Kṛṣṇa.

śrī-rādhikā-gṛhe gelā, kṛṣṇa lāgi' viracilā, nānā-vidha-khādya-upahāra snāta ramya-veśa dhari', priya-mukhekṣaṇa kari', pūrṇānanda pāila apāra śrī-kṛṣṇāparāhna-kāle, dhenu-mitra laiyā cale, pathe rādhā-mukha nirakhiyā nandādi milana kari', yaśodā-mārjita hari, smara mana ānandita haiyā

BHAJANA-RAHASYA-VṛTTI: The various pastimes of Śrī Rādhā-Kṛṣṇa during midday (madhyāhna), such as water sports (jala-krīḍā), playing dice (pāśā-khelā), swinging (dola-līlā), and laughing and joking (hāsa-parihāsa-līlās), are now completed. In the house of Nanda, Śrī Svāminī is not able to feed Her priyatama with Her own hands, but at midday, Her desire to serve in this way is fulfilled. Kṛṣṇa goes to the forest with His sakhās to herd the cows, and on the pretext of beholding the beauty of the forest, He slips away from His sakhās to go to Svāminī. Text 20 described Kṛṣṇa's condition when He sees Svāminī's charmingly attractive lotus face. After madhyāhna-līlā, Śrī Rādhā and Her sakhīs return to Her home in Jāvaṭa, and Śyāmasundara, along with His cows, calves and sakhās, also returns from the forest.

In Her home, Śrī Svāminī busily performs various activities with a restless mind, eagerly desiring to meet with Her *priyatama*. At the time of Śrī Kṛṣṇa's return, the *sakhās* accompanying Him play their horns and other instruments, making a tumultuous sound. The Vrajavāsīs become extremely blissful when they see the dust flying from the cows' hooves. The arrival of Śrī Kṛṣṇa is like the arrival of the rainy season. The sky is filled with clouds of dust raised by the cows, the song of the flute is like a shower of nectar raining from the sky, and the cows' mooing is like the rumbling of clouds. Like extremely thirsty *cātaka* birds (who only drink rainwater as it falls), the Vrajavāsīs come forward. When the cowherd boys leave to go cowherding, Kṛṣṇa walks in the front, and when they return, Baladeva Prabhu is at the front.

When Śrī Kṛṣṇa passes through the village of Jāvaṭa, Śrī Rādhā sees Him through the small latticed windows of Her house. Śrī Kṛṣṇa also craves the *darṣaṇa* of His beloved, and sometimes receives it

## Śrī Bhajana-rahasya

directly when He begs something from Her. Before Priyājī can give Him anything, though, He steals Her heart like a dextrous thief. But my Svāminī is no less. She also steals the heart of Her *priyatama*. Now each acts with the heart and mind of the other. Śrīla Jīva Gosvāmī, in his Śrī Yugalāṣṭakam (6), prays:

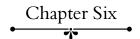
kṛṣṇa-citta-sthitā rādhā rādhā-citta-sthito hariḥ jīvane nidhane nityam rādhā-kṛṣṇau gatir mama

Rādhā is always firmly situated within the mind of Kṛṣṇa and Kṛṣṇa is always firmly situated within the mind of Rādhā. May Rādhā and Kṛṣṇa be my shelter in life or death. (Service to that Divine Couple is my only desired object.)

Śrī Kṛṣṇa arrives at His home, the house of Nanda. With the end of her *sārī*, Yaśodā cleans her *lālā's* face, which is covered with dust from the cows, performs *ārati* and then, placing Him on her lap, breast-feeds Him. After some time, Kṛṣṇa goes to milk the cows. Upon His return, Yaśodā bathes Him and very lovingly feeds Him the sweets sent by Śrī Rādhā. Śrī Rādhā's *kinkarīs* have *darśana* of all these pastimes and, returning to their Svāminī, who is restless and agitated, relate all these events to Her.

He who chants *harināma* while contemplating these pastimes will, by Śrī Svāminī's grace, become eligible to one day serve these pastimes.

Thus ends the Pańcama-yāma-sādhana, Aparāhna-kālīya-bhajana, of Śrī Bhajana-rahasya.



# Şaştha-yāma-sādhana

Sāyam-kālīya-bhajana — bhāva (six daṇḍas after dusk: approximately 6.00 p.m. — 8.30 p.m.)

#### Text 1

The sixth verse of  $Śr\bar{\imath}$   $Śikṣ\bar{a}ṣṭaka$  describes the visible manifestations of perfection:

nayanam galad-aśru-dhārayā vadanam gadgada-ruddhayā girā pulakair nicitam vapuḥ kadā tava nāma-grahaṇe bhaviṣyati

O Lord, when will tears flow from my eyes, my voice falter and all the hairs on my body stand erect as I chant Your holy names?

> prema dhana vinā vyartha daridra jīvana 'dāsa' kari' vetana more deha prema-dhana

"Without the wealth of *prema*, life is wretched and useless. O Lord, please accept me as Your servant and grant me the wealth of *prema* as my salary."

## Text 2

The intrinsic nature of *bhāva* is described in *Bhakti-rasāmṛta-sindhu* (1.3.2):

premṇas tu prathamāvasthā bhāva ity abhidhīyate sāttvikāḥ svalpa-mātrāḥ syur atrāśru-pulakādayaḥ

The first stage of *prema* is known as *bhāva*. In this stage, *sāttvika-bhāvas*, such as horripilation (*pulaka*), tears (*aśru*) and shivering (*kampa*), are slightly manifest.

premera prathamāvasthā bhāva nāma tāra pulakāśru svalpa haya sāttvika vikāra

BHAJANA-RAHASYA-VṛTTI: Bhāva, also known as rati, is considered to be the sprout of prema, which is the fully blossomed state of bhakti. Bhāva, a special manifestation of śuddha-sattva, is compared to a ray of the sun of prema and it softens the heart by ruci (various tastes). In other words, bhāva is the condition in which the heart melts as a result of cultivating activities favourable to Śrī Kṛṣṇa (kṛṣṇānuśīlana).

*Bhāva* is also described in the following verse from *Bhakti-rasāmṛta-sindhu* (1.3.1):

śuddha-sattva-viśeṣātmā prema-sūryāṁśu-sāmyabhāk rucibhiś citta-māsṛṇyakṛd asau bhāva ucyate

Bhāva-bhakti is a special manifestation of śuddha-sattva. In other words, the constitutional characteristic of bhāva-bhakti is that it is a phenomenon entirely constituted of śuddha-sattva. It is like a ray of the sun of prema and it softens the heart by ruci.

In his commentary on this verse, Śrīla Viśvanātha Cakravartī Thākura writes, "When sādhana-bhakti succeeds in softening the heart by ruci, it is called bhāva-bhakti." The word ruci here refers to (1) the desire to attain the Supreme Lord (bhagavat-prāpti-abhilāsa), (2) the desire to do what is favourable for the Supreme Lord (ānukūlyaabhilāsa) and (3) the desire to serve the Supreme Lord with affection (sauhārda-abhilāsa). The constitutional nature of bhāva-bhakti is śuddha-sattva-viseśātmā, which means it is fully comprised of śuddhasattva. Śuddha-sattva refers to the self-manifest cognitive function of the Supreme Lord's svarūpa-śakti known as samvid-vrtti, the function of divine cognisance. When the word *visesa* is added to *suddha-sattva*, it indicates *hlādinī*, another great potency of *svarūpa-śakti*. One should understand from this that mahābhāva, which is the highest state of hlādinī, is included within śuddha-sattva-viśesa. Hence, śuddha-sattva*viseśātmā* is that supreme function of *svarūpa-śakti* which is possessed of desire favourable to the Supreme Lord, which is the essence of the combined samuit- and hladini-śaktis, and which is situated in the hearts of the Supreme Lord's eternal associates. It is one with the mood of their hearts (tādātmya-bhāva). In simple words, the eternally perfect moods situated within the eternal associates of Śrī Krsna are called śuddhasattva-viśesātmā. The constitutional nature of bhāva-bhakti is śuddhasattva-viśesātmā and, because it is likened to the first ray of the sun of prema-bhakti, it is also called the sprout of prema.

The natural function of *bhāva* is to manifest Śrī Kṛṣṇa's inherent nature (*svarūpa*) and the inherent nature of His pastimes. *Bhāva* can arise in two ways: (1) by absorption in one's spiritual practice (*sādhana-abhiniveśa-ja*) and (2) by the mercy of Śrī Kṛṣṇa or His devotees (*kṛṣṇa-prasāda-ja* or *kṛṣṇa-bhakta-prasāda-ja*).

By the influence of associating with great personalities, a person practices devotional service. Gradually a taste (*ruci*) for *bhakti* arises within him, he develops attachment (*āsakti*) for the Supreme Lord, and finally he attains *bhāva*. *Bhāva* received in this way is called *sādhanaabhiniveśa-ja*.

Bhāva that suddenly arises without any spiritual practice is called kṛṣṇa-prasāda-ja-bhāva or kṛṣṇa-bhakta-prasāda-ja-bhāva. Prasāda-ja-bhāva is rare; generally, the living entity attains bhāva by spiritual practice.

Kṛṣṇa-prasāda-ja-bhāva is received by Śrī Kṛṣṇa's benediction, His darśana, or by a revelation (sphūrti) within the heart. Śrīla Śukadeva Gosvāmī received bhāva as a result of mercy manifesting in his heart. Numerous examples of these three kinds of prasāda-ja-bhāvas were seen during the advent of Śrīman Mahāprabhu. Bhāva arose in the hearts of countless people just by receiving Mahāprabhu's darśana. Jagāi and Mādhāi received bhāva as a result of a benediction, and Śrīla Jīva Gosvāmī's bhāva manifested as a revelation within his heart.

Dhruva and Prahlāda are examples of personalities who attained *bhāva* from devotees (*kṛṣṇa-bhakta-prasāda-ja-bhāva*), as they received love for the Supreme Lord (*bhagavad-bhāva*) by the mercy of Śrī Nārada Muni. *Bhāva* was also awakened in the hearts of countless people by the mercy of Śrī Rūpa, Śrī Sanātana and other associates of Mahāprabhu.

## Text 3

The characteristics of *bhāva* are described in *Bhakti-rasāmṛta-sindhu* (1.3.25–26):

kṣāntir avyartha-kālatvam viraktir māna-śūnyatā āśā-bandhaḥ samutkaṇṭhā nāma-gāne sadā ruciḥ

āsaktis tad-guṇākhyāne prītis tad-vasati-sthale ity ādayo 'nubhāvāḥ syur jāta-bhāvāṅkure jane When bhāva arises, the following nine symptoms are observed in the sādhaka: forbearance, effective use of one's time, detachment, absence of pride, steadfast hope that Śrī Kṛṣṇa will bestow His mercy, intense longing to obtain one's goal, constant taste for chanting the holy name, attachment to hearing about Kṛṣṇa's qualities and affection for Kṛṣṇa's pastime places.

kṣobhera kāraṇa sattve kṣobha nāhi haya sadā kṛṣṇa bhaje, nāhi kare kāla-kṣaya

kṛṣṇetara-viṣaye virakti sadā raya māna thākileo abhimānī nāhi haya

avaśya pāiba kṛṣṇa-kṛpā āśā kare kṛṣṇa bhaje aharahaḥ vyākula antare

hare-kṛṣṇa-nāma-gāne ruci nirantara śrī-kṛṣṇera guṇākhyāne āsakti vistara

prīti kare sadā kṛṣṇa-vasatira sthāne ei anubhāva bhāvāṅkura vidyamāne

#### BHAJANA-RAHASYA-VŖTTI:

- (1) *Kṣānti* When one remains calm and composed although there is reason to be angry or restless, it is called *kṣānti*, forbearance. A *sādhaka* naturally displays forbearance, as seen in the example of Parīkṣit Mahārāja. Even after he received the curse of imminent death by Śṛṅgī, the son of a *muni*, he did not become disturbed, but with a steady mind proceeded to hear *hari-kathā*.
- (2) Avyartha-kālatva This means not wasting time and always being absorbed in hari-bhajana.
- (3) Virakti A natural distaste for material sense enjoyment is called virakti, detachment.
- (4) *Māna-śūnyatā* Pride arises from one's high birth, social class, stage of life, wealth, beauty, high position, etc. *Māna-śūnyatā* is

- the condition in which the heart remains free from pride even though one may have all these qualifications.
- (5) Āśā-bandha To apply one's mind very diligently to bhajana with the firm faith that "Śrī Kṛṣṇa will surely bestow His mercy upon me" is called āśā-bandha, steadfast hope.

Śrīla Raghunātha dāsa Gosvāmī has expressed his hope (āśā) in Śrī Vilāpa-kusumānjali (102):

āśā-bharair amṛta-sindhu-mayaiḥ kathańcit kālo mayātigamitaḥ kila sāmpratam hi tvam cet kṛpām mayi vidhāsyasi naiva kim me prāṇair vrajena ca varoru bakāriṇāpi

O Varoru Rādhā, it is as rare to fulfil my hope as it is to attain an ocean of nectar, but I pass my days, greatly longing to fulfil it. Now You must give mercy to this poor, unhappy person. What to speak of my life, everything — my residing in Vraja and even my service to Kṛṣṇa — is useless without Your mercy.

(6) Samutkanṭhā — Intense longing to attain one's desired object is called samutkanṭhā. This kind of eagerness is shown in the prayer of Vṛṭrāsura (Śrīmad-Bhāgavatam 6.11.26):

ajāta-pakṣā iva mātaram khagāḥ stanyam yathā vatsatarāḥ kṣudhārtāḥ priyam priyeva vyuṣitam viṣaṇṇā mano 'ravindāksa didrksate tvām

O lotus-eyed Lord, as baby birds that have not yet developed their wings always look for their mother to return and feed them, as small calves tied with ropes await anxiously the time of milking when they will be allowed to drink the milk of their mothers, or as a morose wife whose husband is away from home always longs for him to return and satisfy her in all respects, I always yearn for the opportunity to render direct service unto You.\*

(7) Nāma-gāne sadā ruci — To constantly chant the name of Śrī Hari with the faith that nāma-bhajana is the topmost form of bhajana, is called nāma-gāne sadā ruci, taste in constant chanting of the holy name. To have a taste for the holy name is the key to obtaining the ultimate auspiciousness.

Kṛṣṇa-nāma is both the practice (sādhana) and the goal (sādhya). The topmost name, as taught by Śrī Gaurasundara, is the Hare Kṛṣṇa mahā-mantra. Nowadays, non-devotees write lyrics that are imaginary and full of rasa-ābhāsa, contradictory sentiments. Many people understand these lyrics to be nāma-mantras, but such mantras are not mentioned in the scriptures and it is improper to chant them. Śrīman Mahāprabhu (Śrī Caitanya-bhāgavata, Madhya-khaṇḍa 13.10) has given the order: "ihā vai āra nā balibā, balāibā — ask them to chant only Hare Kṛṣṇa, nothing else."

- (8) Āsaktis tad-guṇākhyāne The thirst of a bhāva-bhakta to describe and hear the sweet pastimes of Śrī Kṛṣṇa, which are filled with all auspicious qualities, is never satiated. The more he hears, the more his attachment increases.
- (9) Tad-vasati-sthale-prīti The desire to reside in Śrī Vṛndāvana, Śrī Navadvīpa or other abodes of the Supreme Lord is called tadvasati-sthale-prīti, affection for the transcendental residences of Bhagavān. Living in the dhāma is only beneficial when one has the association of pure devotees.

Śrīla Bhaktivinoda Ṭhākura writes in his song Śuddha-bhakata:

gaura āmāra, ye-saba sthāne, karala bhramaṇa raṅge se-saba sthāna, heriba āmi, praṇayi-bhakata-saṅge

In the company of devotees who have transcendental love, I will behold all the places where my Gaura joyfully wandered.

And in the song *Kabe gaura-vane*, he prays: "dhāma-vāsī-jane, praṇati kariyā, māgiba kṛpāra leśa — offering my obeisances to all the residents of the dhāma, I shall beg a drop of mercy from them."

If it is not possible to physically live in the  $dh\bar{a}ma$ , then one should live there mentally, and, in the company of pure devotees, one should hear and recite  $\dot{S}r\bar{\iota}mad$ - $Bh\bar{a}gavatam$  and other scriptures. This is the same as living in the  $dh\bar{a}ma$ .

If some of the symptoms of *bhāva* are observed in *karmīs*, who desire sense enjoyment, or in *jñānīs*, who aspire for liberation, one should understand that such symptoms are nothing but a reflection (*pratibimba*) of *bhāva* or a semblance of *rati* (*raty-ābhāsa*). When ignorant persons exhibit these symptoms of *bhāva* by virtue of their association with devotees, it can be called a shadow of *bhakti* (*chāyā-rūpa-bhakty-ābhāsa*).

## Text 4

The anubhāvas that arise in a devotee when he reaches a developed stage of bhāva are listed in Bhakti-rasāmṛta-sindhu (2.2.2):

nṛtyam viluṭhitam gītam krośanam tanu-moṭanam huṅkāro jṛmbhaṇam śvāsabhūmā lokānapekṣitā lālāsrāvo 'ṭṭa-hāsaś ca ghūṛṇā-hikkādayo 'pi ca

The external transformations that reveal the heart's emotions (bhāvas) are called anubhāvas. They are dancing (nṛtya), rolling on the ground (viluṭhita), singing (gīta), loud crying (krośana), writhing of the body (tanu-moṭana), roaring (huṅkāra), yawning (jṛmbhaṇa), breathing heavily (śvāsa-bhūmā), neglecting others (lokānapekṣitā), drooling (lālāsrāva), loud laughter (aṭṭa-hāsa), staggering about (ghūrṇā) and hiccups (hikkā).

nṛtya, gaḍāgaḍi, gīta, cītkāra, huṅkāra tanu-phole, hāṅī uṭhe, śvāsa bāra bāra

lokāpekṣā chāḍe, lālāsrāva, aṭṭahāsa hikkā ghūrṇā bāhya anubhāva suprakāśa

BHAJANA-RAHASYA-VṛTTI: With the development of the sādhaka's transcendental emotions, the above-mentioned anubhāvas manifest. Not caring for public opinion, the sādhaka chants and dances. It is impossible for worldly-minded persons to understand such activities of the devotees. The behaviour of the devotees who can taste bhāva (bhāvuka bhaktas) is completely different from that of mundane persons. Sometimes, hypocrites, who desire material gain, worship or fame, imitate the activities of pure devotees. Once, while watching a snake dance, nāmācārya Śrīla Haridāsa Ṭhākura remembered Śrī Kṛṣṇa's pastime of subduing Kāliya-nāga (kāliya-damana-līlā) and started to dance. Other devotees took his foot-dust and smeared it on their heads, considering themselves very fortunate. An envious brāhmaṇa began to imitate Haridāsa Ṭhākura, but no devotee was attracted to him, and instead he was scolded by the snake-charmer

### Text 5

Bhakti-rasāmṛta-sindhu (2.3.16) describes the aṣṭa-sāttvika-bhāvas as follows:

te stambha-sveda-romāñcāḥ svara-bhedo 'tha vepathuḥ vaivarṇyam aśru pralaya ity aṣṭau sāttvikāḥ smṛtāḥ

The aṣṭa-sāttvika transformations of bhāva are (1) becoming stunned (stambha), (2) perspiration (sveda), (3) horripilation (romāñca), (4) faltering of the voice (svara-bheda), (5) trembling

(kampa), (6) loss of colour (vaivarṇya), (7) tears (aśru) and (8) loss of consciousness, or fainting (pralaya).

stambha, sveda, romāñca o kampa svara-bheda vaivarṇya, pralaya, aśru vikāra-prabheda

BHAJANA-RAHASYA-VṛTTI: In the pure consciousness (śuddha-sattva) of the living entity, when the action of the heart (citta) becomes stimulated, it causes further action. At that time a natural wonderfulness arises, which makes the heart blossom in various ways. This externally manifests as udbhāsvaras, anubhāvas that manifest as external actions. These transformations, such as dancing, are of many varieties. When the anubhāvas, which nourish vibhāva, arise in the heart, they pervade the body as udbhāsvaras.

The word *sattva* refers to the heart that is directly stimulated by transcendental sentiments. The *bhāvas*, or emotions, that arise from this *sattva* are called *sāttvika-bhāvas*. Becoming stunned (*stambha*), trembling (*kampa*) and so forth are symptoms of *sāttvika* transformations. When the *sādhaka's* heart attains oneness with *sāttvika-bhāvas*, it submits itself to the life air (*prāṇa*). Then, when the *prāṇa* is excited, it is transformed, causing excessive agitation to the body. At that time, *stambha* (becoming stunned) and other transformations arise.

In *anubhāvas* such as dancing (*nṛtya*), the *bhāva* that is manifested by *sattva* does not directly perform the activity. Rather, the activity is performed as a result of the intelligence being stimulated. In the *sāttvika-bhāvas* such as *stambha*, however, the intelligence is not needed, as the *sāttvika-bhāva* itself directly performs the activity. For this reason, *anubhāvas* and *sāttvika-bhāvas* are considered to be different.

In some conditions, the life air  $(pr\bar{a}na)$  becomes present as the fifth element, together with the other four elements of earth, water, fire and sky. Sometimes it consists mainly of itself – that is, it is predominated by air  $(v\bar{a}yu)$  – and it moves throughout the body of the

living entity. When the <code>prāṇa</code> comes in contact with the earth element, inertness (<code>stambha</code>) is observed; when it takes shelter of water, tears (<code>aśru</code>) manifest; when it contacts fire, perspiration (<code>sveda</code>) and change in bodily colour (<code>vaivarṇya</code>) are evident; and when it takes shelter of sky, it manifests devastation (<code>pralaya</code>) or loss of consciousness (<code>mūrccha</code>). When it consists predominately of itself, or in other words, when it takes shelter of the element air, horripilation (<code>romānca</code>), trembling (<code>vepathu</code>) and faltering of the voice (<code>svara-bheda</code>) manifest respectively, corresponding to the degree of the life air's strength, whether it be mild, moderate or intense.

Stambha is a state in which one becomes inert, and it arises from jubilation, fear, astonishment, dejection, regret, anger and depression. Perspiration (sveda) arises from jubilation, fear, anger, etc. When the bodily hairs stand on end, the condition is known as romāñca, and it arises from astonishment, jubilation, enthusiasm and fear. Faltering of the voice (svara-bheda) arises from despair, wonder, anger, jubilation and fear. Trembling (vepathu) is caused by fear, anger, jubilation, etc. When the body changes colour it is called vaivarnya, and it arises from despair, anger, fear, etc. Tears (aśru) come from the eyes through the influence of jubilation, anger, despair, etc. Tears of joy are cool, whereas tears of anger and so forth are warm. Cessation of all action, loss of consciousness, becoming motionless and falling to the ground are called pralaya. Pralaya arises from both happiness and distress.

These *sāttvika-bhāvas* manifest in five stages of intensity, according to the progressive gradation of *sattva*: (1) smouldering (*dhūmāyita*), (2) flaming (*jvalita*), (3) burning (*dīpta*), (4) brightly burning (*uddīpta*) and (5) blazing (*sūddīpta*). They are gradually reflected in the heart of a sincere, pure devotee according to the level of his *sādhana*. Many people exhibit these *bhāvas* to impress others or to achieve success in their own activities in this material world, but such demonstrations are not the transcendental sentiments of pure devotion.

### Text 6

In his spiritual body (*siddha-deha*), the living entity is a transcendental servant of Śrī Kṛṣṇa. When attachment to service (*dāsya-rati*) arises, the *jīva* deems his material designations insignificant. The following statement of Śrīman Mahāprabhu is found in *Padyāvalī* (74):

nāham vipro na ca nara-patir nāpi vaišyo na šūdro nāham varņī na ca gṛha-patir no vanastho yatir vā kintu prodyan-nikhila-paramānanda-pūrṇāmṛtābdher gopī-bhartuḥ pada-kamalayor dāsa-dāsānudāsaḥ

I am not a brāhmaṇa, kṣatriya, vaiśya or śūdra, nor am I a brahmacārī, gṛhastha, vānaprastha or sannyāsī. My nature is to be a servant of the servants of the Vaiṣṇavas who are the servants of the lotus feet of Śrī Rādhā-vallabha, the maintainer of the gopīs. He is naturally effulgent and the complete ocean of bliss.

vipra, kṣatra, vaiśya, śūdra kabhu nāhi āmi gṛhī, brahmacārī, vānaprastha, yati, svāmī

prabhūta paramānanda-pūrṇāmṛtāvāsa śrī-rādhā-vallabha-dāsa-dāsera anudāsa

BHAJANA-RAHASYA-VṛTTI: The living entity is actually a servant of the transcendental Śrī Kṛṣṇacandra, the ocean of all nectarean mellows. This is confirmed in Śrī Caitanya-caritāmṛta (Ādi-līlā 5.142):

ekalā īśvara kṛṣṇa, āra saba bhṛtya yāre yaiche nācāya, se taiche kare nṛtya

Lord Kṛṣṇa alone is the supreme controller, and all others are His servants. They dance as He makes them do so.\*

The living entity who is bound by  $m\bar{a}y\bar{a}$  identifies himself with the temporary material body of a woman or man and various other

designations. However, with His own lotus mouth, Śrī Gaurasundara, the incarnation in Kali-yuga and saviour of all fallen souls, instructed the human beings tormented by Kali. He said, "We are not bound by social classes (varṇas), such as brāhmaṇa, kṣatriya, vaiśya or sūdra, nor by brahmacārya or other stages of life (āśramas). Our pure identity is gopī-bhartuḥ pada-kamalayor dāsa-dāsānudāsaḥ, that of the servant of the servant of the maintainer of the gopīs."

Because the living entity is conditioned, he receives a new body according to his previous life's desires and impressions (samskāras), and thus takes birth in one of the varṇas. The destination he attains after death is in accordance with his karma. This is called karmacakra, the cycle of action and reaction. The living entity realises his pure form (śuddha-svarūpa) by taking shelter of the lotus feet of a bona fide guru and thereby following the path of bhajana as established by the previous mahājanas. His material identification is removed by his constant performance of nāma-bhajana. A pure spiritual mood then manifests, and he attains a pure, transcendental body with which he can serve Śrī Kṛṣṇa. This body is also endowed with hands, legs and so forth, just like the material body.

In pure, transcendental nature, Śrī Kṛṣṇa is the only male and all jīvas are female. Actually, in the structure of the jīva's heart, male and female characteristics do not exist; yet when embodied, the living entity naturally conceives of himself as being male or female. The jīva attains a pure body through the medium of sādhana-bhajana. A person who is inclined towards the amorous mellow (mādhurya-rasa) will perform sādhana-bhajana under the guidance of rasika-bhaktas and, according to his own desire and constitutional nature, he will attain his spiritual form, which will be the body of a gopī. Yogamāyā makes all arrangements for the devotee's service in a specific rasa by the potency that makes the impossible possible (aghatana-qhatana-patīyasī-śakti). Prema-bhakti-candrikā states:

# sādhane bhāviba yāhā, siddha-dehe pāba tāhā, pakvāpakva mātra se vicāra

Whatever one contemplates in *sādhana*, one will attain at perfection. The only difference is that in *sādhana* it is unripe, and at perfection, ripe.

Dāsānudāsa — No one has the qualification to enter mādhurya-sevā to Śrī Yugala-kiśora unless he is under the guidance of the vraja-gopīs. By performing bhajana under the guidance of the mañjarī-sakhīs, who are following those gopīs, one can attain the post of a maidservant. At the time of sādhana, one desires to have a mood of service to Śrī Kṛṣṇa according to the moods of the vraja-gopīs. Then, when bhāva arises he considers himself to be a maidservant of a vraja-gopī like Lalitā Sakhī and serves Śrī Rādhā-Kṛṣṇa under her guidance. In śṛṅgāra-rasa-upāsana, worship through the amorous mellow, one conceives of oneself as a paramour (parakīya or paroḍhā).

Some persons, although male, consider themselves to be Lalitā or Viśākhā. They adopt feminine attire, pose as <code>sakhīs</code>, and thus perform 'bhajana'. By such actions, they only destroy themselves and others. To think, "I am Lalitā" or "I am Viśākhā" is the <code>ahaṅgrahopāsanā</code> of the <code>māyāvādīs</code>, a type of worship in which one considers himself to be identical with the object of worship. Those who think like this are offenders at the lotus feet of Lalitā, Viśākhā and others, and they descend into the most dreadful hell. The living entity can never become Rūpa Maňjarī, Śrīmatī Rādhikā's eternal <code>kiṅkarī</code>, nor can he become Lalitā or any other <code>sakhī</code>. These <code>sakhīs</code> are not in the category of living entities; they are Śrī Rādhā's direct expansions (<code>kāya-vyūha-svarūpa</code>).

While performing śṛṅgāra-rasa-upāsana at the time of sādhana, the living entity should serve Śrī Rādhā-Kṛṣṇa under the guidance of Śrīmatī Rādhikā's eternal sakhīs. Conceiving oneself as a paramour, one's aspiration should be to take birth in the home of a vraja-gopī, marry a specific gopa and remain a childless gopa-kiśorī. This kiśorī,

whose mood is *parakīya-bhāva*, is a female *sādhaka* with an intense yearning to serve Śrī Kṛṣṇa under the guidance of Śrī Rādhā. When this *bhāva* is perfected, one attains *gopī-bhāva*.

In his song *Dekhite dekhite*, Śrīla Bhaktivinoda Ṭhākura sings: "vraja-gopī-bhāva, haibe svabhāva, āna-bhāva nā rahibe — my sole disposition will be that of a vraja-gopī. Any other mood will not remain."

#### Text 7

In *Bhakti-rasāmṛta-sindhu* (1.2.295) it is described how the devotee in *rāgamārga* is fixed in two kinds of service moods — one is executed with his external body (*sādhaka-deha*) and the other with his internally contemplated body (*siddha-deha*):

sevā sādhaka-rūpeņa siddha-rūpeņa cātra hi tad-bhāva-lipsunā kāryā vraja-lokānusāratah

One who has intense longing to attain  $r\bar{a}g\bar{a}tmik\bar{a}$ -bhakti follows in the footsteps of the Vrajavāsīs [such as Rūpa Gosvāmī] who are devoted to  $r\bar{a}gam\bar{a}rga$ . With his external body ( $s\bar{a}dhaka$ - $r\bar{u}pa$ ) he should chant and hear according to the practice of  $r\bar{a}g\bar{a}nuga$ -bhakti, and with his internally contemplated body (siddha- $r\bar{u}pa$ ) bestowed upon him by his guru, he should perform service.

śravaṇa-kīrtana bāhye sādhaka-śārīre siddha-dehe vrajānuga-sevā abhyantare

BHAJANA-RAHASYA-VṛTTI: Rāgānuga-bhakti is performed in two ways: (1) with the external body (sādhaka-rūpa) and (2) with the internally contemplated body (siddha-rūpa) that is suitable for carrying out the prema-sevā for which one aspires. With the external body, one should perform service like Śrī Rūpa, Śrī Sanātana and other eminent

Vrajavāsīs. With an intense desire to obtain one's cherished object, Śrī Kṛṣṇa, who resides in Vraja, and the sentiments of His beloved associates (in other words, their affection for Śrī Kṛṣṇa), one should execute service within the mind (*mānasī-sevā*), following eternal residents of Vraja such as Śrī Rādhā, Lalitā, Viśākhā and Rūpa Manjarī.

Because unqualified people are unable to understand the *sādhaka*'s transcendental activities and gestures, for their benefit, he practises the rules and regulations of *vaidhī-bhakti* with his external body. If such unqualified people were to imitate the *sādhaka*'s transcendental activities, their process of *bhajana* itself would become the cause of their entanglement in material existence. Our previous *ācāryas* personally followed rules and regulations just to instruct the *ajātarati-sādhakas* (those not on the platform of *bhāva*) and to enable them to enter into pure *bhakti*.

The meaning of *vidhimārga* is the practice of the sixty-four limbs of *bhakti*, beginning with *guru-padāśraya* (taking shelter of the lotus feet of a genuine spiritual master). By following *vidhimārga* in this way and by the influence of associating with devotees who are practising *rāgamārga*, intense longing for *rāgānuga-bhakti* manifests in the heart and one attains the qualification to enter that path. Śrīla Bhaktivinoda Ṭhākura confirms this in *Kalyāṇa-kalpataru: vidhimārga-rata-jane, svādhīnatā ratna-dāne, rāgamārge karāna praveśa*.

Day and night one should serve Śrī Rādhā-Kṛṣṇa Yugala in Vraja in one's spiritual body (siddha-deha) that has been revealed by the mercy of śrī guru. The sādhaka, following Śrī Kṛṣṇa's beloved associates whom he cherishes in his heart and for whose service he has developed greed (lobha), should constantly serve the youthful Divine Couple with an enraptured heart. By following the mood of one of Kṛṣṇa's associates who is among His servants, friends, parents or beloveds, and whose disposition corresponds to his own, the sādhaka attains affection for Śrī Kṛṣṇa's lotus feet. This affection is of the same nature as the affection of the associate whom he follows. This is the method of rāgānuga-bhakti.

Smaraṇa (remembrance) is the primary limb of rāgānuga-bhakti. In accordance with one's own internal mood, smaraṇa, kīrtana and the other limbs of devotion should be performed in relation to Śrī Kṛṣṇa, His pastimes, His abode, His specific natures and His beloved associates. Because smaraṇa is predominant in rāgānuga-bhakti, some persons, who still have anarthas and in whose hearts genuine attachment to Kṛṣṇa has not yet appeared, make a deceitful display of solitary bhajana. Considering themselves rāgānuga devotees, they practise what they call aṣṭa-kālīya-līlā-smaraṇa. However, Bhakti-rasāmṛṭa-sindhu (1.2.101) quotes from the āgama-śāstras as follows:

śruti-smṛti-purāṇādipañcarātra-vidhiṁ vinā aikāntikī harer bhaktir utpātāyaiva kalpate

If a person violates the regulations mentioned in the Śruti, Smṛti, Purāṇas and the *Nārada-pañcarātra*, great misgivings (*anarthas*) are produced, even though he may be engaged in unalloyed devotion to Śrī Hari (*aikāntikī-hari-bhakti*).

The specific point to be understood in connection with *rasa* is that, upon hearing of the sweetness of *śṛṅgāra-rasa* and the other transcendental sentiments of the eternal associates in *vraja-līlā*, a greed arises to obtain those same sentiments. At that point, a person is no longer dependent on the logic of the scriptures that explain *vaidhī-bhakti* and he inquires, "How may this irresistible *vraja-bhāva* be obtained?" He must then depend on *śāstra*, because only *śāstra* describes the means by which he can attain it. The scripture that establishes the method of *bhagavad-bhajana* is *Śrīmad-Bhāgavatam*.

There are five kinds of sādhana in rāgānuga-bhakti:

(1) Svābhīṣṭa-bhāvamaya (composed of one's cherished mood) — When śravaṇa, kīrtana and other such limbs of bhakti are saturated with one of the primary bhāvas (dāsya, sakhya,

- vatsālya or mādhurya), they nourish the tree of the sādhaka's future prema. At that time, they are called bhāvamaya-sādhana. When prema manifests, they are called bhāvamaya-sādhya.
- (2) Svābhīṣṭa-bhāva-sambandhī (related to one's desired mood) The limbs of bhakti, including guru-padāśraya, mantra-japa, smaraṇa, dhyāna and so on, are known as bhāva-sambandhī-sādhana. Because the following of vows on holy days such as Ekādaśī and Janmāṣṭamī assists the limb of smaraṇa, it is considered partial bhāva-sambandhī.
- (3) Svābhīṣṭa-bhāva-anukūla (favourable to one's desired mood) Wearing neckbeads made of tulasī, applying tilaka, adopting the outward signs of a Vaiṣṇava, serving Tulasī, performing parikramā, offering praṇāma and so forth are bhāva-anukūla.
- (4) Svābhīṣṭa-bhāva-aviruddha (neither opposed to nor incompatible with one's desired mood) Respecting cows, the banyan tree, the myrobalan tree and brāhmaṇas are conducive limbs and therefore called bhāva-aviruddha.

The aforementioned (1-4) kinds of spiritual practices are all to be adopted in the performance of *bhajana*.

(5) Svābhīṣṭa-bhāva-viruddha (opposed to one's desired mood) – Nyāsa (mental assignment of different parts of the body to various deities), mudrā (particular positions of intertwining the fingers), dvārakā-dhyāna (meditation on Kṛṣṇa's pastimes in Dvārakā) and other such limbs should be abandoned in the performance of rāgānuga-bhakti, because they are opposed to the attainment of one's cherished bhāva.

The *rāgamārga-sādhaka* always follows the Vrajavāsīs; in other words, he follows Śrī Rūpa Gosvāmī, Śrī Sanātana Gosvāmī and Śrī Ragunātha dāsa Gosvāmī, and constantly practises the process of *bhajana* shown by them. A *rāgamārga-sādhaka* should always reside in Vraja. If possible, he should reside there physically; otherwise, by mind.

Siddha- $r\bar{u}pena$  — By the mercy of the spiritual master, the  $s\bar{a}dhaka$  gains the  $ek\bar{a}dasa$ - $bh\bar{a}vas$  and the five  $das\bar{a}s$ . He then performs  $sev\bar{a}$  in meditation while being internally absorbed in these sentiments; that is to say, he remains absorbed in remembrance of  $asta-k\bar{a}l\bar{v}ya-l\bar{v}l\bar{a}$ .

The ekādaśa-bhāvas are (1) sambandha, relationship, (2) vayasa, age, (3) nāma, name, (4) rūpa, personal form, (5) yūtha, group, (6) veśa, dress, (7) ājňā, specific instruction, (8) vāsa, residence, (9) sevā, exclusive service, (10) parākāṣṭhā-śvāsa, the utmost summit of divine sentiment, which is the aspirant's very life breath and (11) pālya-dāsī-bhāva, the sentiment of a maidservant.

The five daśās are (1) śravaṇa-daśā, the stage of hearing; (2) varaṇa-daśā, the stage of acceptance; (3) smaraṇa-daśā, the stage of remembrance; (4) bhāvāpanna-daśā, the stage of spiritual ecstasy; and (5) prema-sampatti-daśā, the stage in which the highest success of prema is achieved.

By the mercy of the *svarūpa-śakti*, the *sādhaka* receives a spiritual body appropriate for service to Śrī Kṛṣṇa. The *Sanat-kumāra-samhitā* (184–188) describes how a *sādhaka* in *mādhurya-rasa* is always absorbed in his internally contemplated body:

ātmānaṁ cintayet tatra tāsāṁ madhye manoramām rūpa-yauvana-sampannāṁ kiśorīṁ pramadākṛtim

nānā-silpa-kalābhijñāṁ kṛṣṇa-bhogānurūpiṇīm prārthitām api kṛṣṇena tato bhoga-parāṅmukhīm

rādhikānucarīm nityam tat-sevana-parāyaṇām kṛṣṇād apy adhikam prema rādhikāyām prakurvatīm prīty anudivasam yatnāt tayoḥ saṅgama-kāriṇīm tat-sevana-sukhāhlādabhāvenāti¹-sunirvṛtām

ity ātmānam vicintyaiva tatra sevā samācaret brāhma-muhūrtam ārabhya yāvat sāntā mahāniśa

[Sadāśiva said to Śrī Nārada:] O Nārada, while you are amidst Krsna's beloved damsels, who look upon Him as their paramour, contemplate your eternal nature (svarūpa) in the transcendental land of Vrndāvana in the following way: "I am a young girl, whose beautiful youthful form is full of happiness. I am skilled in many fine arts that please Krsna. I am an eternal maidservant of Śrī Rādhā, Krsna's most beloved consort, and I am always joyful to arrange Her meeting with Him. Therefore, even if Krsna implores me for a private rendezvous, I will do anything to avoid that kind of meeting, because it would not be for Krsna's pleasure but my own. I am always ready to serve and attend to Krsna's beloved Śrīmatī Rādhikā, and I have more affection for Śrīmatī than I do for Krsna. Every day I am devoted to affectionately and carefully arranging meetings between Śrī Rādhā and Śrī Krsna. Remaining absorbed in the happiness of serving Them, I will increase Their bliss in that meeting."

In this way, attentively contemplating one's *svarūpa*, one should impeccably perform *mānasī-sevā* in the transcendental land of Vṛndāvana, from *brāhma-muhūrta* until midnight.

The word *siddha-rūpeṇa* in this Text 7 is defined by Śrīla Jīva Gosvāmī as follows: "*antaś cintita abhīṣṭa tat sevopayogi deha* – the internally contemplated body that is suitable for carrying out one's desired service." One should thus be engaged in service according

<sup>1</sup> sukhāhlāda-bhāvenāti can also read as sukhāsvāda bharenāti

to one's mood and with a body suitable for serving Śrī Kṛṣṇa. One should serve with absorption in the ocean of sentiments of Kṛṣṇa's beloved associates in Vraja, who fulfil His innermost desires.

Śrī gurudeva, the desire-tree of the devotees, makes the siddha-deha appear within the heart of his dear disciple, and thereafter acquaints him with this siddha-deha. Having full faith in the guru's words, the sādhaka performs bhajana with niṣṭhā, and by the mercy of the hlādinī-śakti, he fully realises his ultimate state of being. The sādhaka then completely identifies himself with his siddha-deha and in this perfected form, he intently engages in the service of his most cherished Śrī Kṛṣṇa, the skilful enjoyer of pastimes (līlā-vilāsī).

#### Text 8

Śrīman Mahāprabhu (Śrī Caitanya-caritāmṛta, Madhya-līlā 1.211) has described the public behaviour of rāgamārga-bhaktas with the following words:

para-vyasaninī nārī vyagrāpi gṛha-karmasu tam evāsvādayaty antar nava-saṅga-rasāyanam

When a woman is attached to a man other than her husband, she continues to carry out her many household duties, but within her heart she relishes the new pleasure of her meeting with her paramour. Similarly, a devotee may be engaged in activities within this world, but he always relishes the *rasa* of Kṛṣṇa that he has tasted in the association of devotees.

para-puruṣete rata thāke ye ramaṇī gṛhe vyasta thākiyāo divasa-rajanī

gopane antare nava-saṅga-rasāyana parama-ullāse kare sadā āsvādana

# sei rūpa bhakta vyagra thākiyāo ghare kṛṣṇa-rasāsvāda kara niḥsaṅga antare

BHAJANA-RAHASAYA-VṛTTI: In this verse, by using a mundane example, Śrī Caitanya Mahāprabhu explains both the internal and external behaviour of the *rāgamārga-sādhaka*. A woman who is attached to her paramour very competently performs her household duties, but her mind and heart are with her lover. She remembers their laughing and loving exchanges, and she relishes the happiness of their recent meeting. Similarly, the *rāgamārga-sādhaka* always tastes the pleasure of serving the Supreme Lord within his heart, even though he seems to be occupied with his various duties. The opinion of the *ācāryas* is that externally, one should serve with the physical body, and internally, one should remember Kṛṣṇa's form, qualities, pastimes, associates and so forth.

Śrīla Narottama dāsa Ṭhākura sings: "gṛhe vā vanete thāke, 'hā gaurāṅga' bale ḍāke, narottama māge tāra saṅga — whether a person lives in his home as a householder or in the forest as a renunciant, if he exclaims 'O Gaurāṅga!' Narottama dāsa begs for his association."

# Text 9

When a devotee engages in *rāgamārga-bhajana* at this stage, he has affection for places that are dear to Śrī Kṛṣṇa, and he longs to stay in those places. This is described in the following verse from *Bhakti-rasāmrta-sindhu* (1.2.156):

kadāham yamunā-tīre nāmāni tava kīrtayan udvāspaḥ puṇḍarīkākṣa! racayiṣyāmi tāṇḍavam

O lotus-eyed Kṛṣṇa, when, upon the banks of the Yamunā, will I chant Your holy names and dance like a madman, my eyes brimming with tears of love?

BHAJANA-RAHASYA-VṛTTI: According to Śrīla Jīva Gosvāmī, this is an example of *lālasāmayī-vijňapti* made by a *jāta-rati-bhakta*; that is, a devotee in whom *bhāva* has appeared. *Lālasāmayī-vijňapti* is a prayer in which such a devotee prays to attain his desired *sevā*. *Samprārthanātmikā-vijňapti* is a prayer by a *sādhaka* in whom *rati* has not yet awakened. Such a prayer is also full of longing (*lālasā*), but *bhāva* is absent. This Text 9 is a prayer by a devotee on the path of *rāgānuga*.

The name Puṇḍarīkākṣa (lotus-eyed) here excites the devotee's heart with pastimes related to that name: "Śrī Kṛṣṇa's eyes have become reddish like a lotus due to sporting with the <code>vraja-gopīs</code> at night in a vine-covered bower situated in a secluded grove on the bank of the Yamunā. Blossoming with joy, in the company of the <code>sakhīs</code>, I will describe Śrī Kṛṣṇa's beauty." This is the mood that manifests. Or, "After arranging the union of Śrī Kṛṣṇa with my beloved <code>sakhī</code>, I will dance in a festival of bliss. Being satisfied, my Svāminī will bless me." Or, "When Śrīmatī Rādhikā becomes victorious in water sports (<code>jala-keli-vihāra</code>) in the Yamunā, I will dance like a madwoman, horripilating and shivering, with tears welling in my eyes."

Śrīla Bhaktivinoda Ṭhākura sings:

yāmuna-salila, āharaṇe giyā, bujhiba yugala-rasa prema-mugdha ha'ye, pāgalinī-prāya, gāiba rādhāra yasa

When I go to draw water from the Yamunā, I shall understand the confidential mellows of the Divine Couple's loving affairs. Being overwhelmed with *prema*, I shall sing Śrī Rādhā's glories just like a madwoman.

# Text 10

Apart from devotees, who desire to love Kṛṣṇa, everyone else's hearts are impure and stone-like due to offences. According to Śrīmad-Bhāgavatam (2.3.24), the emotions exhibited by such people are artificial:

tad aśma-sāram hṛdayam batedam yad gṛhyamānair hari-nāma-dheyaiḥ na vikriyetātha yadā vikāro netre jalam gātra-ruheṣu harṣaḥ

When a sādhaka performs harināma-sankīrtana, the hairs of his body stand on end and tears of joy begin to flow from his eyes. But the heart of one in whom such sāttvika-bhāva transformations do not arise, is actually not a heart, but a hard thunderbolt.

harināma-saṅkīrtane roma-harṣa haya daihika vikāra netre jala-dhārā baya

se samaye nahe yāra hṛdaya-vikāra dhik tāra hrdaya kathina vajra-sāra

BHAJANA-RAHASYA-VṛTTI: If someone has been chanting the holy name for a long time but his heart is not melting, it is certain that he is a nāma-aparādhī. The holy name is omnipotent (sarva-śaktimān), but no immediate result takes place in a stone-like heart. Criticising sādhus or committing other such offences obstructs the desired transformation of the heart. If the obstruction is ordinary, the utterance of the holy name manifests as a semblance of the name (nāma-ābhāsa). If the obstruction is deep, however, then it manifests as nāma-aparādha. In other words, by offences committed at the lotus feet of a great personality (mahāpuruṣa), one's heart becomes hard like iron, and it will not melt even if one performs śravaṇa, kīrtana and so on.

The external symptoms of a heart that is melted by *harināma* are tears, horripilation and so forth. However, such symptoms are also seen in one whose heart is full of distress. Śrīla Rūpa Gosvāmī says that occasionally tears, horripilation, etc. are observed in those whose hearts are naturally devious. Externally such people appear to be soft-hearted, but internally their hearts are actually hard stone. These symptoms can also be observed in those who believe they can acquire *sāttvika-bhāvas* by determined practice, even without

sattva-ābhāsa (the semblance of sāttvika-bhāvas). Such emotions are never connected to bhakti.

One will definitely observe the nine symptoms of bhāva, such as forbearance (kṣānti) and not wasting time (avyartha-kālatva), in a fortunate person whose heart has been transformed by the appearance of pure harināma on his tongue, which is always engaged in service (sevonmukha). One should therefore understand that extraordinary forbearance and exceptional attachment to chanting the holy name are symptoms of a transformed heart. If an ordinary person, a so-called Vaisnava who is actually envious, chants the 'holy name' (in other words, nāma-aparādha) for a long time, his heart will not melt. He cannot perceive the sweetness of the holy name due to the offences in his heart. The nine symptoms of bhāva, beginning with kṣānti, may appear to be observed in a person whose heart is disturbed by aparādha, but his heart is actually hard like stone and he is worthy of reproach. However, if that person associates with devotees, he will gradually pass through anartha-nivrtti and come to nisthā, ruci and progress to the upper stages. Then, at the suitable time, the offences hardening his heart will be removed and his heart may melt. By receiving the mercy of Vaisnavas and a pure niskiñcana, mahā-bhāgavata guru and practising spiritual life under their guidance, one will become free from the influence of aparādhas and anarthas. Finally, he will become fixed in uraja-bhāva, which is filled with rasa, and he will attain the supreme goal, prema.

## Text 11

In *Kṛṣṇa-karṇāmṛta* (107), it is said that when attachment (*rati*) for the holy name arises, the youthful form of Kṛṣṇa easily manifests:

bhaktis tvayi sthiratarā bhagavan yadi syād daivena naḥ phalati divya-kiśora-mūrtiḥ muktiḥ svayaṁ mukulitāñjaliḥ sevate 'smān dharmārtha-kāma-gatayah samaya-pratīksāh O Bhagavān, if someone has steady devotion unto Your lotus feet, he easily perceives Your most charming divine youthful form. Thereafter, liberation stands before him with folded hands, and *dharma*, *artha* and *kāma* also wait for an opportunity to serve him.

bhakti sthiratarā yāṅra vrajendra-nandana tomāra kaiśora-mūrti tāṅra prāpya dhana

kara-yuḍi' mukti seve tāṅhāra caraṇa dharma-artha-kāma kare ājṅāra pālana

BHAJANA-RAHASYA-VŖTTI: The pure name manifests in a person's heart when he chants with pure devotees. At that stage, *bhakti* that is symptomised by *prema* manifests in his heart as visions of pastimes (*līlā-sphūrtis*). When this *prema-bhakti* becomes steadfast, Śrī Kṛṣṇa's transcendental youthful form automatically appears in the heart. Although Mukti-devī is neglected by the devotee, she personally prays with folded hands for the devotee to accept her service. *Dharma, artha* and *kāma* also wait for the opportunity to beg the devotee for service.

The  $j\bar{a}ta$ -rati-bhakta inclined towards  $m\bar{a}dhurya$ -rasa is greatly allured by the divine adolescent form of Śrī Kṛṣṇa, whose topmost pastimes of amorous love ( $sṛng\bar{a}ra$ -rasa- $vil\bar{a}sa$ ) are displayed at this age. Śrī Caitanya-caritāmṛta (Madhya- $līl\bar{a}$  8.189) states:

rātri-dina kuňje kriḍā kare rādhā-saṅge kaiśora-vayasa saphala kaila krīḍā-raṅge

Day and night Śrī Kṛṣṇa enjoys the company of Śrī Rādhā in the *kunjas* of Vṛndāvana. Thus, His adolescence is made successful through His pastimes with Her.

The amorous arts (*rati-kalā*), which employ a host of clever stratagems, manifest in their full sweetness during adolescence (*kaiśora*). *Bhakti-rasāmṛta-sindhu* states, "Śrī Kṛṣṇa embarrasses Śrī Rādhā by revealing to the *sakhīs* His skill and arrogance during

the previous night's amorous pastimes and showing them how He expertly painted wonderful keli-makar $\bar{\imath}^2$  on Her breasts. In this way Śr $\bar{\imath}$  Kṛṣṇa sports in the kunjas, making His youth successful."

#### Text 12

Śrīmad-Bhāgavatam (11.3.30–31) describes the practice of chanting the holy name at the stage of *rati*, in the association of pure devotees:

parasparānukathanam pāvanam bhagavad-yaśaḥ mitho ratir mithas tuṣṭir nivṛttir mitha ātmanaḥ

smarantaḥ smārayantaś ca mitho 'ghaugha-haraṁ harim bhaktyā sañjātayā bhaktyā bibhraty utpulakāṁ tanum

Śrī Bhagavān's glories are supremely purifying. Devotees discuss these glories amongst themselves and thus develop loving friendships, feel satisfaction, and gain release from material existence. They practise sādhana-bhakti, constantly remembering and reminding each other of Śrī Hari, the killer of Aghāsura. In this way, para-bhakti, or prema-bhakti, arises in their hearts, and their bodies manifest ecstatic symptoms such as horripilation.

bhakta-gaṇa paraspara kṛṣṇa-kathā gāya tāhe rati tuṣṭi sukha paraspara pāya

hari-smṛti nije kare, anyere karāya sādhane udita bhāve pulakāśru pāya

<sup>2</sup> A  $makar\bar{\imath}$  is the female counterpart of the makara, a large sea creature that is considered to epitomise sensual desire.

BHAJANA-RAHASAYA-VṛTTI: Śrī Kṛṣṇa burns up heaps of sins in a moment; therefore, everyone should remember Him and also remind others about Him. In this way, by continuously following sādhana-bhakti, prema-bhakti arises in the devotee. Due to the predominance of prema, the devotee's body then displays ecstatic symptoms.

A sādhaka's duty is to increase his affection for the svajātīya-bhaktas (like-minded devotees who are more advanced than and affectionate to oneself) with whom he is associating, and to arrange for their happiness. It is also his duty to give up sense objects that are unfavourable to bhakti. The pure-hearted svajātīya-bhakta purifies one's heart by glorifying Śrī Kṛṣṇa's qualities. Thus, by cultivating devotion through processes such as the hearing and speaking of kṛṣṇa-kathā, bhāva arises in the heart. By hearing, speaking and remembering hari-kathā, which destroys all inauspiciousness, the sādhaka enters the stage of perfection.

The special meaning of this verse is that by the influence of associating with *vraja-rasika-bhaktas* who have the same mood as oneself, Bhakti-devī enters the heart. Hearing such devotees' *hari-kathā* with a pure, open heart matures a new *sādhaka's* impressions of *bhakti*.

In *Prema-bhakti-candrikā* it is said: "sādhane bhāviba yāhā, siddha-dehe pāba tāhā — whatever one contemplates in sādhana, one will attain at perfection" and "pakvāpakva mātra se vicāra — the only difference is that in sādhana it is unripe, and at perfection, ripe."

By the mercy of a bona fide *guru*, the *sādhaka* realises his constitutional spiritual form (*siddha-svarūpa*) and receives further instruction in the method of *bhajana*.

When like-minded pure devotees (svajātīya-śuddha-bhaktas) meet, they speak only kṛṣṇa-kathā, and become overwhelmed by describing Kṛṣṇa's form, qualities, etc. At Ṭer-kadamba and other places, Śrī Rūpa Gosvāmī and Śrī Sanātana Gosvāmī used to become submerged in aṣṭa-sāttvika-bhāvas while sharing realisations resulting from their bhajana.

The *sādhaka* should be careful, though, that on the pretext of speaking *bhagavat-kathā*, he does not gratify his senses with female association, economic gain, fame, adoration and so forth. The *sādhaka* should be extremely cautious in the cultivation of his Kṛṣṇa consciousness (*kṛṣṇānuśīlana*), otherwise he will deviate from the correct path and be cheated of the wealth of Śrīman Mahāprabhu's *prema*.

#### Text 13

Sometimes the prideless pure devotee preaches  $n\bar{a}ma$ -prema throughout the world by means of  $k\bar{\imath}rtana$ . As stated in  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (1.6.26):

nāmāny anantasya hata-trapaḥ paṭhan guhyāni bhadrāṇi kṛtāni ca smaran gāṁ paryaṭaṁs tuṣṭa-manā gata-spṛhaḥ kālaṁ pratīkṣan vimado vimatsaraḥ

[While telling his life story, Śrī Nārada said:] Not feeling shy or embarrassed, I began to chant and remember the mysterious and auspicious sweet names and pastimes of Śrī Bhagavān. My heart was already free from longing, pride and envy. Now I roamed the Earth joyfully, waiting for the right time.

lajjā chāḍi' kṛṣṇa-nāma sadā pāṭha kare kṛṣṇera madhura-līlā sadā citte smare

tuṣṭamana, spṛhā-mada-śūnya-vimatsara jīvana yāpana kare kṛṣṇecchā tatpara

BHAJANA-RAHASAYA-VṛTTI: Śrī Nārada engaged himself in the activities of chanting the holy names and remembering Śrī Bhagavān's confidential pastimes while he waited for his *vastu-siddhi*. Pure devotees wholly absorb themselves in chanting the holy name without a trace of hypocrisy, and they never allow criticism to enter their ears. They reveal confidential pastimes of Śrī Rādhā-Govinda, which are

filled with extremely deep loving, playful pastimes (*prema-vilāsa*), to affectionate devotees who are of a similar disposition (*svajātīya-snigdha bhaktas*). In his poem *Vaiṣṇava ke?*, Śrīla Bhaktisiddhānta Sarasvatī Prabhupāda states:

kīrtana prabhāve, smaraṇa haibe, se-kāle nirjana bhajana sambhava

Smaraṇa, remembrance, will come as a result of performing  $k\bar{\imath}rtana$ , and only at that time will solitary bhajana be possible.

*Nāma* and *nāmī* are non-different. Upon attaining the stage of *bhāva*, a devotee's material sentiments are destroyed and he becomes humble, respecting everyone. He does not expect honour for himself, and giving up any sense of shyness and inhibition, he performs *harināma-saṅkīrtana*. Śrī Nārada is describing this condition in this Text. Giving up all pride and shyness, he propagated the chanting of the holy name everywhere. The topmost devotees preach everywhere for the welfare of human society. Śrīla Bhaktisiddhānta Sarasvatī Prabhupāda says: "*prāṇa āche yāra se hetu pracāra* – he who has life can preach."

Smaraṇa is a limb of bhakti that is subservient to śravaṇa and kīrtana. According to Śrīla Jīva Gosvāmī, narrations of the deep and confidential activities of the Supreme Lord – that is, His pastimes of vilāsa with His beloveds – should not be revealed in the presence of ordinary persons. One should perform smaraṇa and kīrtana according to one's qualification.

Śrī Caitanya-caritāmṛta (Madhya-līlā 22.157, 159) states:

'mane' nija-siddha-deha kariyā bhāvana rātri-dine kare vraje krsnera sevana

The perfected devotee serves Śrī Kṛṣṇa in Vṛndāvana day and night within his mind, in his original, pure, self-realised position (*nija-siddha-deha*).

## nijābhīṣṭa kṛṣṇa-preṣṭha pāche ta' lāgiyā nirantara sevā kare antarmanā hañā

Actually, the inhabitants of Vṛndāvana are very dear to Kṛṣṇa. If a person wants to engage in spontaneous loving service, he must follow the inhabitants of Vṛndāvana and constantly engage in devotional service within his mind.\*

#### Text 14

Śrīmad-Bhāgavatam (11.3.32) states:

kvacid rudanty acyuta-cintayā kvacid dhasanti nandanti vadanty alaukikāḥ nṛtyanti gāyanty anuśīlayanty ajaṁ bhavanti tūṣṇīṁ param etya nirvṛtāḥ

The transcendental mahā-bhāgavata's condition is astonishing. Sometimes he starts to worry, thinking, "So far I have not had direct audience of the Supreme Lord. What shall I do? Where shall I go? Whom shall I ask? Who will be able to find Him for me?" Thinking like this he begins to weep. Sometimes he receives an internal revelation of Bhagavān's sweet pastimes, and he laughs loudly as he beholds the Supreme Lord, who is endowed with all opulences, hiding in fear of the gopīs. Sometimes he is submerged in bliss upon receiving Śrī Bhagavān's darśana and directly experiencing His prema. Sometimes, when situated in his siddha-deha, he speaks with Bhagavān, saying, "O Prabhu, after so long, I have attained You," and he proceeds to sing the glories of his Lord. Sometimes, when he receives Śrī Bhagavān's affection, he starts to dance, and sometimes he experiences great peace and remains silent.

bhāvodaye kabhu kāṅde kṛṣṇa-cintā phale hāse ānandita haya, alaukika bale

# nāce gāya, kṛṣṇa ālocane sukha pāya līlā-anubhave haya, tūṣṇīm bhūta prāya

BHAJANA-RAHASYA-VṛTTI: Upon the appearance of *bhāva*, the *sādhaka's* internal and external activities become extraordinary. Due to remembering narrations of the Supreme Lord, sometimes he cries, sometimes he laughs, sometimes he dances, sometimes he displays delight and sometimes, becoming silent, he is grave. And at other times, in the association of like-minded devotees, he describes his transcendental realisations, which are filled with *prema*.

In the Gambhīrā, Śrīman Mahāprabhu was immersed in many transcendental sentiments and would reveal them to Svarūpa Dāmodara and Rāya Rāmānanda. Mahāprabhu's mind would completely drown in the ocean of Śrī Rādhā's sentiments, and He would become as if mad (unmatta), sometimes losing external consciousness and sometimes, in a half-conscious state (ardha-bāhyadaśā), He would express some of the sentiments in His heart. While dreaming (svapnāveśa), He would become silent, fully absorbed in bliss. Sometimes, in ardha-bāhya-daśā, He saw Krsna, and sometimes He lost Him. When He was in full external consciousness (bāhya-daśā), He was unhappy to be separated from the jewel He had attained but had now lost. Sometimes, like a madman, He asked animals, birds and people, "Where is Krsna? Have you seen Him?" At night, when the atmosphere was calm and it was time for Rādhikā's rendezvous with Kṛṣṇa, He could not keep His composure. As He remembered the rāsa-līlā. He would become overwhelmed with bhāva and begin to sing and dance.

In internal consciousness (antar-daśā) there is only meeting and happiness. Sometimes, while thus absorbed, Mahāprabhu would say, "Today Kṛṣṇa was sporting in the midst of the sakhīs at Rādhā-kuṇḍa. One sakhī helped Me behold those pleasure-filled dalliances from a distance." When Mahāprabhu returned to full external consciousness, He would say, "Svarūpa! Did I just say something to you?

What? Oh, I am a *sannyāsī* named Caitanya!" He then lamented in the anguish of separation. Remembering Kṛṣṇa's qualities, He would clasp the neck of Rāya Rāmānanda and Svarūpa Dāmodara, and cry with great restlessness. This would happen every day.

In the stage of bhāva, a sādhaka sometimes cries, "Alas, alas! It is impossible for me to obtain kṛṣṇa-prema, so it is useless for me to remain alive." Sometimes he laughs as he remembers a pastime, and thinks, "Śrī Kṛṣṇa, who steals the young wives of the cowherd men, passed the whole night under a tree in the courtyard. Although He was calling the gopīs with various sounds, He was defeated by Jaṭilā and Kuṭilā's careful guard and interrogation, and He did not succeed in meeting with the gopīs." Sometimes a sādhaka becomes silent and peaceful, concealing the wealth of prema in his heart. Sometimes, imitating a pastime of Śrī Hari, he dances, and sometimes he speaks in a strange and incomprehensible way.

#### Text 15

Attachment to beholding the beautiful form of the deity is described in  $\dot{S}r\bar{l}mad$ - $Bh\bar{a}gavatam$  (10.23.22):

syāmam hiraṇya-paridhim vanamālya-barhadhātu-pravāla-naṭa-vesam anuvratāmse vinyasta-hastam itareṇa dhunānam abjam karṇotpalālaka-kapola-mukhābja-hāsam

He is dark-complexioned like a fresh raincloud, and His yellow cloth, which defeats the splendour of gold, shimmers against His body. His head is decorated with a peacock feather, and every part of His body is ornamented with designs drawn with various coloured minerals. Sprigs of new leaves adorn His body, and around His neck is an enchanting five-coloured garland of forest flowers. Dressed in this way, He appears as a fresh, youthful,

expert dancer. He rests one hand upon His sakhā's shoulder and with the other He twirls a pastime lotus. His ears are decorated with earrings, curly locks of hair splash against His cheeks, and His lotus face blossoms with a gentle smile.

kṣaṇe-kṣaṇe dekhe śyāma, hiraṇya-valita vanamālā-śikhi-pincha-dhātvādi-maṇḍita

naṭa-veśa, saṅgī-skandhe nyasta-padma-kara karna-bhūsā-alakā-kapola-smitādhara

BHAJANA-RAHASYA-VRTTI: Upon the appearance of rati, the state of divine, passionate love known as anuraga arises in the sadhaka's heart upon beholding the deity, and he experiences the splendour of Śrī Krsna's beauty as described in this verse. Śrī Krsna's head is decorated with a peacock feather crown, and His neck is beautified by a garland of flowers and leaves strung by the *vraja-gopīs*. His body is decorated with pictures made with aromatic minerals from Kāmyavana. Śrī Krsna, who attracts everyone with His smiling face, puts His left arm around the shoulder of a priya-narma-sakhā, and His right hand twirls a pastime lotus. The ācāryas explain that His twirling the pastime lotus indicates that Krsna's heart dances like that lotus when He sees the devotees. Or, the devotees' hearts dance like the lotus when they see Kṛṣṇa. Here, by His twirling of the lotus, Śrī Krsna expresses the sentiment, "O fortunate brāhmanīs, I am holding your lotus-like hearts in My hand." He implies, "Now that you have seen Me, your hearts are dancing like this lotus." Or, "I will accept your hearts and make you My own."

Śrī Kṛṣṇa entices all living entities to drink nectar by attracting them with the sweetness of His beauty. By this mercy, many kinds of pastimes manifest within the  $s\bar{a}dhaka's$  heart, and he experiences the happiness of relishing these pastimes.

#### Text 16

Also in Śrīmad-Bhāgavatam (10.21.5):

barhāpīḍam naṭa-vara-vapuḥ karṇayoḥ karṇikāram bibhrad vāsaḥ kanaka-kapiśam vaijayantīm ca mālām randhrān veṇor adhara-sudhayāpūrayan gopa-vṛndair vṛndāraṇyam sva-pada ramaṇam prāviśad gīta-kīrtiḥ

[Seeing Kṛṣṇa through the eyes of bhāva, the gopīs in pūrva-rāga described His beauty:] Śyāmasundara is entering the forest of Vṛndāvana accompanied by His cowherd boyfriends. In His turban there is a peacock feather; over His ears, a karṇikāra flower; on His body, a pītāmbara glitters like gold; and around His neck, extending down to His knees, is a charming garland strung with five kinds of fragrant forest flowers. His beautiful dress is like that of an expert dancer on a stage, and the nectar of His lips flows through the holes of His flute. Singing His glories, the cowherd boys follow from behind. In this way, this Vṛndāvana-dhāma, which is more charming than Vaikuṇṭha, has become even more beautiful due to the impressions of Śrī Kṛṣṇa's lotus feet, which are marked with the conch, disc and other symbols.

śikhicūḍa, naṭavara, karṇe karṇikāra pītavāsa, vaijayantī-mālā-galahāra

veņu-randhre adhara-pīyūṣa pūrṇa kari' sakhā-saṅge vṛndāraṇye praveśila hari

BHAJANA-RAHASYA-VṛTTI: With this verse Śrī Śukadeva Gosvāmī, the crown jewel of all *paramahamsas*, has drawn an amazing picture of the sweet form of Śrī Kṛṣṇa that manifested in the hearts of the beautiful damsels of Vraja when they heard the sound of His *veṇu*. The *vraja-ramaṇīs*, filled with deep attachment for Kṛṣṇa, became overwhelmed upon hearing the sweet sound of His flute. As they

began to describe to each other the astonishing sweetness of that sound, the image of Śrī Kṛṣṇa in His very beautiful threefold-bending form (*tribhanga-lalita*), with His playful way of strolling, His crooked glances, His sweet slight smile and so on, manifested within their hearts and overwhelmed them with *prema*.

Barhāpīḍam — Amidst the locks of black curly hair on Śrī Kṛṣṇa's head sits a peacock feather crown that looks like a rainbow on a fresh raincloud. These feathers were a gift from blissfully dancing peacocks. By wearing this crown on His head, the dhīra-lalita-nāyaka Kṛṣṇa reveals the hāva, bhāva and other ecstatic symptoms of His beloveds in an unprecedented way. The nakha-candrikā, the shining bluish-green centre of the peacock feather, is a seal of cleverness in the loving affairs (prema-vidagdha) that comprise the art of rasa. By wearing a peacock feather on His head, Kṛṣṇa proclaims the victory of His beloved Rādhā in the previous night's pastimes in the pleasure groves.

Naṭa-vara-vapuḥ — Even the art of dancing (nṛṭya-vilāsa) is defeated by Kṛṣṇa's playful way of strolling. Śyāmasundara, the best of dancers, is the personification of the highest sweetness, which is beyond comparison. When, accompanied by His cowherd friends, He follows the cows into the Vṛndāvana forest, His lotus feet dance in His own natural style, which shames the art of dancing itself. At the same time, His jewelled anklebells, golden-coloured pītāmbara, waist bells and the vaijayantī-mālā on His chest also dance. His fingers, too, dance upon the holes of His flute in a unique manner. Kṛṣṇa's two eyes, which defeat the beauty of the restless movement of khañjana birds and baby deer, also dance with various expressions. His makara-shaped earrings, His black curling tresses and the peacock feather adorning the top of His head also start to dance. Thus, He Himself is the unequalled expert dancer (naṭa-vara) and every part of His body is also a naṭa-vara.

*Karṇayoh karṇikāram* – The yellow *kanera* flower (*karṇikāra*) that Śyāmasundara wears on His ears as He enters the forest increases

the incomparable sweetness of His fresh youth. Rasika-śekhara Śrī Kṛṣṇa wears only one kanera flower, sometimes on His right ear and sometimes on His left, thus demonstrating His carefree, intoxicated youth. He places this flower on the ear that faces the loving  $gop\bar{\imath}s$ , who stand on the rooftops, thus showing them His great affection.

Bibhrad vāsaḥ kanaka-kapiśam – Naṭa-vara Śyāmasundara's body, whose dark complexion defeats the colour of fresh rain clouds, is adorned with a golden-yellow garment (pītāmbara), which resembles lightning against a thundercloud. By covering His body with the pītāmbara, which is similar in colour to the vraja-gopīs' golden complexions, He expresses how He feels when they embrace Him; thus He reveals His deep love for them. On His very broad chest, a vaijayantī-mālā, made from five kinds of flowers, swings gently and sweetly. When the gopīs see this, their hearts surge with ever-fresh waves of emotion. These five flowers are like five arrows released by the gopīs that pierce each and every part of Kṛṣṇa's body.

Randrān veṇor adhara-sudhayāpūrayan — When Śrī Kṛṣṇa covers the holes of the veṇu with His fingers, puts it to His tender, bud-like lips that defeat the beauty of ripe bimba fruits, and gently blows into it, a sweet sound pours forth that infatuates the entire world and enchants all moving and non-moving beings. The lifeless veṇu becomes alive and stirs the gopīs' hearts, stimulating transcendental lust (kāma) within them. Moreover, when the gopīs see that the veṇu is enjoying the nectar of Kṛṣṇa's lips (adhara-sudhā) — which they consider their wealth — right in front of them, even though the flute is male, the sancāri-bhāva called jealousy (īrṣyā) arises in their hearts.

In this way, Śyāmasundara plays on His *veņu* as He enters the most pleasant forest of Vṛndāvana. The moment a stream of the flute's sweet nectar enters the ears of the *vraja-ramaṇīs*, who are endowed with *mahābhāva*, an amazing condition arises in their hearts. They become restless with a strong desire to meet with Kṛṣṇa, and although they try to conceal this mood, they are unsuccessful.

A sādhaka who aims to attain the *gopīs*' love for Kṛṣṇa will gradually develop his *bhāva-mādhurya* by performing *sādhana* under the guidance of his spiritual master. When the stage of *bhāva* arises, Śrī Kṛṣṇa's form manifests within the *sādhaka's* heart. At this stage, the *sādhaka's* mood is similar to that of a *gopī*. He understands himself (in his *svarūpa*) to be a young girl (*kiśorī*), and he becomes absorbed in rendering service under the guidance of the *nitya-siddha-gopīs*.

#### Text 17

When the holy name fully manifests, one becomes enchanted by the deity, who enchants even Himself. In  $\acute{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (3.2.12)  $\acute{S}r\bar{\imath}$  Uddhava says to Vidura:

yan-martya-līlaupayikam sva-yogamāyā-balam darsayatā gṛhītam vismāpanam svasya ca saubhagarddheḥ param padam bhūṣaṇa-bhūṣaṇāṅgam

Through His Yogamāyā potency, Bhagavān appeared in His transcendental form suitable for His pastimes as a human being. This form was so beautiful that it not only enchanted the entire world, but also amazed Bhagavān Himself. This blessed form is the ultimate summit of beauty, and His beautiful bodily lustre even embellishes His ornaments.

martya-līlā-upayogī savismaya-kārī prakaṭila vapu kṛṣṇa cic-chakti vistāri'

subhaga-ṛddhira para-pada camatkāra bhūsana-bhūsana-rūpa tulanāra pāra

BHAJANA-RAHASYA-VŖTTI: By the influence of His *cit-śakti*, Bhagavān Śrī Kṛṣṇa manifests a completely captivating form appropriate for His human-like pastimes. The unparalleled beauty of

this form astonishes even Śrī Kṛṣṇa Himself. Śrī Kṛṣṇa has unlimited pastimes, as well as unlimited manifestations. These include: His <code>svayam-prakāśa</code> (personal manifestations) like Vāsudeva and Saṅkarṣaṇa; His <code>vilāsa-mūrti</code> (pastime form) Śrī Nārāyaṇa; and His <code>svāṁśa-rūpa</code> (personal expansions), which are the <code>puruṣa-avatāras</code> (Lords of creative energy – Kāraṇodakaśāyī Viṣṇu, Garbhodakaśāyī Viṣṇu and Kṣīrodakaśāyī Viṣṇu), <code>guṇa-avatāras</code> (incarnations of the three qualities of nature – Brahmā, Śiva and Viṣṇu) and <code>āveśa-avatāras</code> (empowered living entities). Of all these expansions, He Himself (<code>svayam-rūpa</code>) – Śrī Kṛṣṇa of Gokula, who is an ever-youthful and expert dancer, who is dressed as a cowherd boy, and who holds a flute – is the best and the most attractive. A single particle of this sweetness fully submerges Gokula, Mathurā, Dvārakā and even Devī-dhāma.

By His Yogamāyā, Kṛṣṇa manifests Himself in such an unparalleled form in this material world, along with His most confidential jewel, the eternal pastimes of Goloka Vṛndāvana. This astonishing nature amazes even Kṛṣṇa Himself, rendering Him helpless in His attempts to taste its sweetness. Śrī Kṛṣṇa, complete in the six opulences of wealth, beauty, fame, strength, knowledge and renunciation, is situated in His ultimate perfection. These six opulences are adorned with sweetness and assume an unprecedented divine beauty.

Ornaments usually beautify the body, but Śrī Kṛṣṇa's body enhances the beauty of His ornaments. His charming threefold-bending form (*tribhaṅga-lalita*) enhances the amazing beauty of His limbs and attracts the hearts of all. The arrow of His crooked sidelong glance joined to the bow of His eyebrows stirs the minds of Śrī Rādhā and the other *vraja-devīs*. The Lakṣmīs, proclaimed in the Vedas to be virtuous and chaste, are also attracted by His beauty and desire to serve the effulgence emanating from His toenails. Even though Śrī Rādhā and Her *sakhīs* in Vraja worship with their lives, millions of times over, the moonbeams emanating from Śrī Kṛṣṇa's toenails, it is His moon-like face that they eternally keep in the inner recesses of their hearts.

## Śrī Bhajana-rahasya

On the strength of His own *cit-śakti*, Bhagavān Kṛṣṇacandra manifests an extraordinary form for His pastimes in the material world. This form generates astonishment even in Nārāyaṇa, His *vilāsa-vigraha*. Even Kṛṣṇa Himself becomes mad to taste His own sweetness. Śrī Caitanya-caritāmṛta (Ādi-līlā 4.158) confirms this: kṛṣṇera mādhurye kṛṣṇe upajaya lobha.

## Text 18

Śrī Kṛṣṇa's beauty attracts the hearts of all. Śrīmad-Bhāgavatam (9.24.65) describes the Vrajavāsīs' anger towards Lord Brahmā for making eyes that blink and thus obstruct their vision of Kṛṣṇa while they drink the beauty of His form:

yasyānanam makara-kuṇḍala-cāru-karṇabhrājat-kapola-subhagam savilāsa-hāsam nityotsavam na tatṛpur dṛśibhiḥ pibantyo nāryo narāś ca muditāḥ kupitā nimeś ca

The makara-shaped earrings that swing on Śrī Kṛṣṇa's ears play in the lake of His cheeks, and this splendour increases even further the beauty of His cheeks. When He smiles with enjoyment, the bliss that is always visible on His face is augmented. With the cups of their eyes, all the residents of Vraja, men and women alike, drink the nectarean beauty of His lotus face. They are never satiated, however, so they become angry with Brahmā for creating eyes that blink and thus obstruct their relish of this sweetness.

subhaga-kapola heri' makara-kuṇḍala savilāsa hāsya-mukha-candra niramala

nara-nārī-gaṇa nitya-utsave mātila nimeṣa-kārīra prati kupita haila BHAJANA-RAHASYA-VŖTTI: Śrīla Śukadeva Gosvāmī, radiant with joy, began to describe the sweetness of Śrī Kṛṣṇa's beautiful form to Mahārāja Parīkṣit. When the Vrajavāsīs see this beauty, they are overwhelmed with *prema* and their own loving attachment (anurāga) is unlimitedly amplified, attaining a delightfulness beyond description. The *vraja-sundarīs*, filled with *mahābhāva*, relish Kṛṣṇa's extraordinary beauty to its fullest extent due to their very thick and deep anurāga. Their sentiments are on the topmost level, and although there is no higher position, their transcendental moods keep increasing to the stage of yāvad-āśraya-vṛtti³. In this state of anurāga, which cannot be described in words, they experience nothing but rasa. They attain sva-samvedya-daśā⁴, which is the ultimate stage of mahābhāva. This condition is the wealth of the vraja-sundarīs alone.

The radiance of Śrī Kṛṣṇa's divine earrings glows on His cheeks, which are encircled by locks of curly hair. An eternal festival of unprecedented beauty suffuses His charming lotus face. In the centre of this eternal festival, a gentle, nectarean smile gracefully resides, like the emperor of the sweetest of all sweetness. Śrī Kṛṣṇa is at the juncture of childhood (paugaṇḍa) and adolescence (kiśora); and thus happiness, impatience, liveliness and so forth have appeared on His lotus face, revealing His restlessness. His white teeth, stained by chewing tāmbūla, and His reddish lips, endowed with a charming smile, have reached the extreme limit of beauty.

It seems that on the full moon night, the moon rays remove the burning suffering of all living entities and give rise to greed in the hearts of the devotee-like *cakora* birds. In the same way, when the *vraja-devīs* see the unprecedented sweetness of Śrī Kṛṣṇa's beauty, their ocean of *kāma* (lust) increases. Kṛṣṇa's beauty thus destroys their consideration of family, caste, religion, constancy and so forth.

<sup>3</sup> Please refer to the Glossary for an explanation of this term.

<sup>4</sup> Please refer to the Glossary for an explanation of this term.

They become besotted and drown in an ocean of bliss. Constantly swinging *makara*-shaped earrings dance on the cheeks of Śrī Kṛṣṇa's gentle, softly smiling face as they embrace and kiss His cheeks. When the *gopīs* see this, Śrī Kṛṣṇa appears in their hearts as *dhīra-lalita*, a hero expert in amorous sports. The earrings' touching and embracing His cheeks is suggestive of His intention to embrace the *vraja-sundarīs* and kiss their breasts.

The *gopīs*, however, are not thoroughly satisfied by watching the festival of Śrī Kṛṣṇa's sweetness in this way. Angry with Brahmā for creating eyelids that momentarily interrupt their *darśana*, they curse him. "Brahmā is not qualified to create. To view such a beautiful scene, he has given only two eyes, and they even have doors on them in the form of eyelids! After dying, we will become Brahmā in our next lives and show how creation should be done. Two eyes alone are not sufficient to behold such elegance and beauty. The entire body should have eyes with no eyelids, so that we can have unlimited *darśana* of Kṛṣṇa without blinking!"

The words *nāryo narāś ca* in this Text indicate that all the Vrajavāsīs, men and women alike, drink the nectarean beauty of Kṛṣṇa's lotus face. *Nāryaḥ* means Rādhā and the other *gopīs*, and *narāḥ* refers to Subala and other *priya-narma-sakhās*.

Only in Vraja are Śrī Kṛṣṇa's four unique qualities — premamādhurya, līlā-mādhurya, rūpa-mādhurya and veṇu-mādhurya — present in their most complete form. For this reason, there is a special importance and a distinguishing virtue that Vraja-dhāma has over other dhāmas and that Vrajendra-nandana Śrī Rādhā-ramaṇa and the vraja-gopikās have over other incarnations.

# Text 19

The Creator fashioned Śrī Kṛṣṇa in an unprecedented way, as described in  $Śrīmad-Bh\bar{a}gavatam$  (3.2.13):

yad dharma-sūnor bata rājasūye nirīkṣya dṛk-svasty-ayanaṁ tri-lokaḥ kārtsnyena cādyeha gataṁ vidhātur arvāk-sṛtau kauśalam ity amanyata

When the people from all three worlds who were present at Dharmarāja Yudhiṣṭhira's  $r\bar{a}jas\bar{u}ya-yaj\bar{n}a$  beheld Bhagavān Śrī Kṛṣṇa's form, which is so pleasing to the eye, they thought that in fashioning this form, the Creator had reached the zenith of his expertise in creating human forms.

yūdhiṣṭhira-rājasūye nayana-maṅgala krsna-rūpa loka-traya-nivāsī sakala

jagatera sṛṣti madhye ati camatkāra vidhātāra kauśala e karila nirdhāra

BHAJANA-RAHASYA-VŖTTI: Uddhava, overwhelmed with *kṛṣṇa-prema*, is describing the beautiful form of Śrī Kṛṣṇa to Vidura. "Those who personally saw Śrī Kṛṣṇa at Yudhiṣṭhira Mahārāja's *rājasūya-yajña* praised Vidhātā's (Brahmā's) skill in creating by saying, 'Even the Creator, Brahmā, becomes wonderstruck upon seeing the splendour of this graceful body, which eclipses the lustre of a blue lotus or a sapphire.'"

This Text praises Vidhātā's creative skill, yet Śrī Kṛṣṇa's form is eternal, without a beginning. Nevertheless, for the sake of material perspective, words like 'creation' have been used. Śrī Kṛṣṇa's form is completely uncreated and eternally human-like. This form is manifest in Vṛndāvana and is suitable for human-like pastimes (nara-līlā). Among all the pastimes performed by Kṛṣṇa in His different svarūpas in His various abodes, such as Vaikuṇṭha, His nara-līlā, which He performs in Vraja like an ordinary human being, is topmost. He is glorified in three ways according to the degree to which His qualities are manifest: pūrṇa (complete), pūrṇatara (more

complete) and *pūrṇatama* (most complete). His form in which all of His qualities such as beauty, sweetness and opulence are manifest in the most complete way is called *pūrṇatama*, and this form is manifest in Vṛndāvana. He appears in His most complete form of Śrī Bhagavān only there, because that is where His associates express the ultimate limit of *prema*. In all other places, He manifests as either *pūrṇa* or *pūrṇatara*, according to the level to which *prema* is developed in His associates of that abode.

In Vraja, Kṛṣṇa manifests as pūrṇatama. In three of the bhāvas in which He has relationships with the Vrajavāsīs (dāsya, sakhya and vātsalya), there is an expectation of only one kind of relationship. (For instance, in dāsya only servitude is expected.) Also, there is some etiquette (maryādā) in the service rendered to Him by the devotees in these three rasas. But the relationship the vraja-gopīs have with Śrī Kṛṣṇa is that of lover and beloved (kānta-kāntā), and their service follows solely in the wake of their desire for Him. They do not hesitate to transgress chastity and dignity for the sake of serving Him and giving Him happiness. Therefore, kāntā-prema is supreme. Śrī Rādhā is the crown jewel of all these kāntās and Her love entirely controls Śrī Kṛṣṇa. By the influence of Śrī Rādhā's prema, the pūrṇatama beauty and sweetness of Śrī Kṛṣṇacandra increase without cessation.

## Text 20

The result of having *darśana* of the deity, with all-consuming love (*anurāga*), is described in Śrīmad-Bhāgavatam (3.2.14):

yasyānurāga-pluta-hāsa-rāsalīlāvaloka-pratilabdha-mānāḥ vraja-striyo dṛgbhir anupravṛttadhiyo 'vatasthuh kila krtya-śesāh When the young women of Vraja were honoured by Kṛṣṇa's affectionate laughter, joking words and playful glances, their eyes would become fixed on Him. Their minds would become so absorbed in Him that they would become unaware of their bodies and homes, and they would remain standing as if lifeless, like dolls.

anurāga hāsa-rāsa-līlāvalokane sampūjita-vraja-gopī nitya-darašane

sarva-kṛtya-samādhāna antare māniyā kṛṣṇa-rūpe mugdha-netre rahe dāṅḍāiyā

BHAJANA-RAHASYA-VṛTTI: Śrī Kṛṣṇa, who is controlled by *prema*, laughs playfully as He casts sidelong glances at the *gopīs*. This causes a surge of *prema* in the *gopīs*' hearts, which awakens their desire to enhance Śrī Kṛṣṇa's pleasure. Coming under the sway of their different ways of laughing, joking and sulking, He becomes eager to meet them. In response to their love for Him, Kṛṣṇa runs with an eager heart to pacify their *māna*. Controlled by the deeply affectionate *prema* of the *gopīs*, He announces His gratitude by accepting eternal indebtedness to them.

Unlimited waves swell up in the ocean of *bhāva* of the *vraja-ramaṇīs*, who are endowed with *mahābhāva*, and while attending to their household duties, such as cleaning, smearing cow dung over the floor and churning yoghurt, they are always absorbed in remembering Śrī Kṛṣṇa's different pastimes. The *vraja-ramaṇīs'* hearts and senses become His dedicated followers, and their minds become imprisoned within His heart. Seeing their activities, Kṛṣṇa Himself becomes astonished, what to speak of others.

Śrī Kṛṣṇa is extremely attached to the *gopīs*. He prays to them in various ways, He spends much time trying to appease their *māna*, and He waits at the gate of a *kuňja* for permission to enter. At that time, the *gopīs* also feel content and successful. They drink the splendour of His beauty and thus become motionless like statues.

## Text 21

The mood of absolute opulence assuming the form of sweetness (*mādhurya*) is described in Śrīmad-Bhāgavatam (3.2.21):

svayantv asāmyātiśayas tryadhīśaḥ svārājya-lakṣmy-āpta-samasta-kāmaḥ balim haradbhiś cira-loka-pālaiḥ kirīṭa-koṭīḍita-pāda-pīṭhaḥ

Śrī Kṛṣṇa is Himself the Supreme Lord of the three potencies (sandhinī, samvit and hlādinī). No one is equal to Him, so who can be greater than Him? All of His desires are fulfilled by His own transcendental goddess of fortune. Indra and innumerable other loka-pālas, deities presiding over different regions of the universe, bring Him varieties of offerings and pay their obeisances, touching the tops of their crowns to the footstool on which He rests His lotus feet.

samādhika-śūnya kṛṣṇa tri-śakti-īśvara svarūpa-aiśvarye pūrṇa-kāma nirantara

sopāyana-lokapāla-kirīṭa-niścaya lagna-pāda-pīṭha stavanīya atiśaya

BHAJANA-RAHASYA-VṛTTI: The general meaning of the word tryadhīśvara is that Śrī Kṛṣṇa has innumerable forms and incarnations. He has unsurpassed opulence. Brahmā, Viṣṇu and Mahādeva are the lords of creation, but they are under the rule of Śrī Kṛṣṇa, who is the Supreme Lord (adhīśvara) of everyone.

The intermediate meaning of *tryadhīśvara* is that the three *puruṣa-avatāras* – Kāraṇodakaśāyī, Garbhodakaśāyī and Kṣīrodakaśāyī – are the partial expansions of Śrī Kṛṣṇa's expansion, Baladeva Prabhu. This means that Śrī Kṛṣṇa is the Supreme Lord of them all.

The essential meaning of tryadhīśvara is as follows. In the scriptures, Śrī Kṛṣṇa is known to have three places of residence. One place is His inner quarters, Goloka Vṛndāvana, where He is eternally present with His mother, father, friends and beloveds. There Yogamāyā serves Him as a maidservant. Beneath this Goloka-dhāma is Paravyoma, also known as Viṣṇuloka. Śrī Kṛṣṇa's vilāsa-mūrti, Śrī Nārāyaṇa, and unlimited other forms reside there. This is Kṛṣṇa's intermediate place of residence. Below this Paravyoma is Śrī Kṛṣṇa's third place of residence, called bāhyāvāsa, His external residence. It is situated in the material realm, across the Virajā River where countless universes are present like separate chambers. This place is also called Devī-dhāma, or Māyā-devī's realm, and the living entities who are bound by māyā reside there. The material energy (jagat-lakṣmī), the shadow of the transcendental goddess of fortune (rājya-lakṣmī), protects the wealth of this world.

Śrī Kṛṣṇa is the Supreme Lord of these three places – Goloka, Paravyoma and the material universes. Both Goloka and Paravyoma are transcendental and are the divine opulence (vibhūti) of the cit-śakti. They are therefore called tripāda-aiśvarya, the opulence comprising three-quarters of the Lord's energy. The vibhūti of māyā, the material universe, is called ekapāda-aiśvarya. The opulence in Śrī Kṛṣṇa's transcendental dhāmas is three times that of the material world. His tripāda-vibhūti (the spiritual world) cannot be glorified in words. In the unlimited universes of the ekapāda-vibhūti, there are countless Brahmās and Śivas, and they are called loka-pālas, eternal maintainers of the order of creation.

Once in Dvārakā, Brahmā came for Śrī Kṛṣṇa's *darśana*. When the doorman went to inform the Lord that Brahmā had come to meet with Him, Śrī Kṛṣṇa asked, "Which Brahmā has come? What is his name? Go and ask him." The door-keeper went back and enquired accordingly. Brahmā became astonished and said, "Please go and tell Him that the father of the four Kumāras. Caturmukha Brahmā, has come."

When Brahmā reached the threshold of the Sudharmā assembly hall, he became stunned. The crowd was such that he could not enter. Millions and millions of Indras, Brahmās, Śivas and other *loka-pālas*, each with heads numbering from eight to thousands, were paying their prostrated obeisances in front of Śrī Kṛṣṇa's footstool. When their crowns, which were inlaid with jewels, touched the ground, loud clattering sounds arose and mixed with sounds of the *loka-pālas' jaya-dhvani* (calls of victory), which resounded in all directions. Caturmukha Brahmā was like a firefly in the midst of millions of suns. Suddenly everything disappeared and the dumbfounded Caturmukha Brahmā stood alone. He was astonished to see this magnificent opulence of Śrī Kṛṣṇa, and his pride vanished. Ashamed of his offence, he began to glorify the Lord, praying for forgiveness. Thereafter, Śrī Kṛṣṇa sent Brahmā on his way.

Tryadhīśvara has another confidential meaning. The word tri refers to Śrī Kṛṣṇa's three abodes — Gokula, Mathurā and Dvārakā. Another name for these abodes is Goloka. Śrī Kṛṣṇa is naturally and eternally present in these three abodes, and He Himself is their adhīśvara (Supreme Lord). Therefore, He is called tryadhīśvara. The dik-pālas, who preside over the ten directions of the globe of the unlimited material universes, as well as all the cira-loka-pālas who reside in the coverings of the unlimited Vaikuṇṭhas, were paying their daṇḍavat-praṇāmas at Śrī Kṛṣṇa's footstool.

Svārājya-lakṣmy-āpta-samasta-kāmaḥ — Svarājya-lakṣmī, the transcendental goddess of fortune, fulfils all Śrī Kṛṣṇa's desires. He has unlimited pastimes in Vaikuṇṭha and other abodes, but amongst them all, His human-like pastimes (nara-līlā) are topmost. In His inner quarters of Śrī Goloka Vṛndāvana, His opulence (aiśvarya), being adorned with sweetness (mādhurya), is billions of times greater than His opulence in Vaikuntha.

## Text 22

It is stated in  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.16.36) that  $Śr\bar{\imath}$  Kṛṣṇa's mercy is inconceivable (acintya) and causeless ( $ahaituk\bar{\imath}$ ):

kasyānubhāvo 'sya na deva vidmahe tavāṅghri-reṇu-sparśādhikāraḥ yad-vāṅchayā śrīr lalanācarat tapo vihāya kāmān su-ciraṁ dhṛta-vratā

[The Nāgapatnīs prayed to Śrī Kṛṣṇa:] O Lord, we cannot understand what sādhana our husband has performed to become qualified to receive the touch of the dust of Your lotus feet. This dust is so rare that to attain it, even Your wife Lakṣmī gave up all forms of enjoyment for many, many days and performed austerities according to rules and regulations.

ki puṇye kāliya pāya pada-reṇu tava bujhite nā pāri krsna krpāra sambhava

yāhā lāgi' lakṣmī-devī tapa ācarila bahu-kāla dhṛta-vratā kāmādi chāḍila

BHAJANA-RAHASYA-VṛTTI: The astonished wives of Kāliya-nāga are saying, "O Gokuleśvara, we cannot understand what kind of *sukṛti* resulted in this lowly Kāliya attaining Your rare foot-dust. The supremely gentle and very beautiful Lakṣmī, who plays on the chest of Śrī Nārāyaṇa, gave up the association of her husband and observed a *vrata* in which she performed severe austerities to attain this dust, but she was unsuccessful. Prabhu, it is not possible even for Lakṣmī to have the same fortune as Kāliya and receive the direct touch of Your lotus feet."

This Text describes Kāliya's great fortune. Lakṣmī desired the association of Nanda-nandana Śrī Kṛṣṇa in her body as Lakṣmī. However, Nanda-nandana does not accept any demigoddess or beautiful lady;

the only way to attain Him is to follow the *vraja-devīs* and accept the body and mood of a *gopī*. Since this was impossible for Lakṣmī, she could not attain Śrī Kṛṣṇa's association. Śrīla Jīva Gosvāmī says that the one-pointedness of the *gopīs* was absent in Lakṣmī: *aprāpti-kāraṇam ca gopīvat tad-ananyatābhāva aivati ca*.

There can be two reasons why Kāliya attained Śrī Kṛṣṇa's lotus feet. The first reason is that he had the association of his wives, who were very good devotees. The second reason is his residence in the Yamunā, which is within Vṛndāvana. Due to <code>saṃskāras</code>, impressions, from his previous lives, he attained both of these, but due to his offensive inclination, he was indifferent to them. The <code>dhāma</code> and other transcendental objects do not manifest immediately before offensive persons. When Śrī Kṛṣṇa split Kāliya's hoods with a blow from His dancing feet, Kāliya began to vomit blood. He then believed the words of his wives, that Śrī Kṛṣṇa is the Supreme Lord, and surrendered to Him. Kṛṣṇa had merely been waiting to bestow His mercy upon him.

Śrīla Viśvanātha Cakravartī explains in his commentary to this verse that Kāliya had the seed of *bhakti* in his heart due to the association of his devotee wives, but this seed could not sprout in his hard heart, which was like barren land due to his offences and cruelty. By the touch of Śrī Kṛṣṇa's feet, that barren land became fertile enough for the seed of *bhakti* to germinate.

## Text 23

Śrīmad-Bhāgavatam (10.47.60) states that the *vraja-gopīs'* devotion is topmost:

nāyam śriyo 'nga u nitānta-rateḥ prasādaḥ svar-yoṣitām nalina-gandha-rucām kuto 'nyāḥ rāsotsave 'sya bhuja-daṇḍa-gṛhīta-kaṇṭhalabdhāśiṣām ya udagād vraja-sundarīṇām<sup>5</sup>

<sup>5</sup> Vraja-sundarīnām can also read as vraja-vallabīnām.

In the *rāsa* festival, Śrī Kṛṣṇa embraced the *vraja-sundarīs'* necks with His vine-like arms, thus fulfilling their hearts' desires. Even Lakṣmī, who eternally resides on His chest, does not attain this mercy. It is also not attained by the most beautiful girls of the heavenly planets, whose bodily lustre and fragrance resemble the lotus flower, what to speak of other beautiful women.

rāse vraja-gopī skandhe bhujārpaṇa kari' ye prasāda kaila kṛṣṇa, kahite nā pāri

lakṣmī nā pāila sei kṛpā-anubhava anya devī kise pābe se kṛpā-vaibhava?

BHAJANA-RAHASYA-VŖTTI: With this Text, Śrī Uddhava, desirous of *vraja-bhāva* and filled with patience, meekness and humility, offers his precious *puṣpāṅjali* to the lotus feet of Śrī Kṛṣṇa's beloved *vraja-gopīs*, the crown jewels amongst His devotees. These words reveal the glory of the *vraja-sundarīs' prema*. To proclaim that the *vraja-gopīs* are worshipable for the entire world, Uddhava says, "Such unprecedented mercy of Śrī Bhagavān has never been seen or received by anyone else." Uddhava's astonishment is shown in this Text by his use of the exclamation *u*. In the festival of *rāsa*, Śrī Kṛṣṇa joyfully embraced the *vraja-gopīs*, putting His arms around their necks and fulfilling their hearts' desires. This good fortune was not even attained by Lakṣmī, who is eternally situated on His chest. Nor can such fortune be attained by the beautiful heavenly damsels, whose excellent bodily lustre and fragrance are like lotuses, so how can it be possible for other beautiful ladies?

In his commentary on this Text, Śrīla Jīva Gosvāmī raises an argument: "In *tattva*, Śrī Kṛṣṇa and Nārāyaṇa are non-different, and the most affectionate Lakṣmī-devī, who sports on the chest (*vakṣaḥ-vilāsinī*) of Nārāyaṇa, is His *svarūpa-śakti*. She also resides on Śrī Kṛṣṇa's chest as a golden line, and she is never separated from Him. Why, then, are the *gopīs*' moods glorified over hers?"

He then resolves this argument: "Although Śrī Krsna and Nārāyana are non-different in *tattva*, Śrī Krsna's unique pastimes, which are filled with astonishingly excellent rasa, are embellished with an exceedingly splendid brilliance. Laksmī is only engaged in meeting (sambhoga-rasa), but the gopīs sometimes engage in meeting (milana) and sometimes in separation (viraha). Laksmī is Nārāyana's beloved who enjoys pastimes on His chest, but the *gopīs* are not merely Śrī Krsna's beloveds; they delight in the nectar of amorous pastimes endowed with paramour love (parakīya-bhāva), thereby expanding His prema-mādhurya in an unprecedented way. Vrajendra-nandana Śyāmasundara's aiśvarya and mādhurya only manifest in their topmost form when He is with the *vraia-devis*. Eagerly desiring this mādhurya, Laksmī also hankers to meet with Krsna. However, the *gopīs'* one-pointed, steady devotion is absent in Laksmī. In nara-līlā, Śrī Krsna belongs to the caste of gopas, cowherds. Because He considers Himself a gopa, His beloveds are naturally daughters of *gopas*, and only they can be His beloveds. Śrī Lakṣmī did not want to accept the body of a gopī. She was unable to take birth in the home of a gopi, marry a gopa other than Krsna for the sake of entering parakīya-bhāva, associate with the nityasiddha-gopīs and give up her identification as a brāhmanī. This is why she was unable to meet with Krsna."

In Śrīmad-Bhāgavatam (10.47.35) it says:

yathā dūra-care preṣṭhe mana āviśya vartate strīṇāṁ ca na tathā cetaḥ sannikṛṣṭe 'kṣi-gocare

When her lover is far away, a woman thinks of him more than when he is present before her.\*

Śrīla Viśvanātha Cakravartī Ṭhākura comments on this śloka as follows: "The lover's heart is more attracted to the beloved when she

is far from him than when she is living near him. Due to this, although Lakṣmī perpetually sports upon Nārāyaṇa's chest, the glories of her good fortune are less than those of the *gopīs*'."

The rāsa-līlā is the crown jewel amongst all Śrī Kṛṣṇa's pastimes. Śrī Sanātana Gosvāmī says: "rāsah parama-rasa-kadambamayarati-yaugikārtha – the rāsa dance is the supreme rasa, or loving exchange. Supreme rasa is that in which there is a relationship with the supreme object." The rāsa-līlā does not take place in this world, nor does it occur in the heavenly planets. In Dvārakā, where there are 16,108 queens, the rāsa dance is a possibility, but it does not take place there either. Nor does it take place in Śrī Bhagavān's other abodes, such as Vaikuntha. The *rāsa-līlā* only manifests in Vrndāvana and the *vraja-ramanīs* are its participants. The main fountainhead of this pastime, which is filled with all the consummate mellows, is Śrī Vṛṣabhānu-nandinī. In extreme joy, Śrī Śyāmasundara both floats upon and becomes submerged in the waves of the ocean of prema that are found in the supreme festival of rāsa-līlā. To protect Himself from the towering waves of the *gopīs*' charming behaviour and sidelong glances in this vast ocean of prema, He clutches the gopīs' necks and rests Himself upon their breasts.

Being especially insightful, Uddhava foresaw the marriage of Kṛṣṇa and Rukmiṇī. Rukmiṇī is celebrated in this world as Hari-priyā, the beloved of Hari; nevertheless, she did not attain even a scent of the <code>vraja-gopīs</code> good fortune. How, then, could it be possible for the other queens of Dvārakā and the heavenly goddesses? The <code>vraja-devīs</code> are capable of completely controlling Śrī Kṛṣṇa. The pinnacle of <code>mahābhāva - mādanākhya-bhāva</code> endowed with <code>samartha-rati</code> (that <code>rati</code> which is capable of controlling Kṛṣṇa) – is the <code>bhāva</code> of Śrī Rādhā only, and She is the main source of pleasure in <code>mādhurya-rasa</code>. All the other <code>gopīs</code> are like ingredients for <code>rasa</code>. The words <code>vraja-sundarīṇām</code> in this Text allude to Śrī Rādhā's love, elegance, erudition, virtuous nature, good qualities, skill in dancing and singing, and great wealth of beauty.

#### Text 24

All types of devotees long for  $gop\bar{\imath}$ - $bh\bar{a}va$ . This is explained in  $\acute{S}r\bar{\imath}mad-Bh\bar{a}gavatam$  (10.47.61):

āsām aho caraṇa-reṇu-juṣām ahaṁ syāṁ vṛndāvane kim api gulma-latauṣadhīnām yā dustyajaṁ sva-janam ārya-pathaṁ ca hitvā bhejur mukunda-padavīṁ śrutibhir vimṛgyām

Aho! The *vraja-devīs* have given up everything that is difficult to renounce, such as children, family and the path of chastity, and they have taken shelter of the path of *prema-bhakti* to Śrī Kṛṣṇa that is eternally searched for by the Śrutis. My prayer is that in a future birth I may acquire a form among the bushes, creepers and herbs of Śrī Vṛndāvana that receive the dust of these *gopīs'* lotus feet.

dustyajya ārya-patha-svajana chāḍi' diyā śruti-mrqya krsna-pada bhaje gopī giyā

āhā! vraje gulma-latā-vṛkṣa deha dhari' gopī-pada-reṇu ki seviba bhakti kari'?

BHAJANA-RAHASYA-VṛTTI: In the previous Text, Śrī Uddhava described the excellence of the *gopīs' prema-mādhurya*. In his heart he understands his insignificance and wretchedness, and an eager longing awakens in him for *prema* like that of the *gopīs*. The only means to attain this *prema*, which is unattainable even for Lakṣmī and the queens of Dvārakā, is to be sprinkled with the foot-dust of the *gopīs* possessing *mahābhāva*. The exclamation *aho*! expresses the rarity of the attainment of this *prema*. The *nitya-siddha-gopīs* have a natural, overwhelming love (*anurāga*) for Kṛṣṇa, and because of this intense passion, they successfully renounced the honour awarded by society for respecting social etiquette, etc., which is very difficult to give up. The Śrutis and Upaniṣads such as *Gopāla-tāpanī* are searching for such

kṛṣṇa-anurāga, eagerly desiring to attain it. Uddhava began to ponder, "It will not be possible for me to receive such good fortune as the *gopīs* possessing *mahābhāva*, unless I can somehow obtain the dust of their lotus feet." Thus, considering himself very fallen and insignificant, he prays to take birth in Vṛndāvana as a bush, creeper or herb.

Śrī Viśvanātha Cakravartī Ṭhākura elaborates on this in his Sārārtha-darśanī commentary as follows: "It is because of their anurāga that the <code>vraja-devīs</code> gave up their reputation, self-control and so forth, and departed in the middle of the night for a rendezvous (<code>abhisāra</code>) with Śrī Śyāmasundara. Due to the strength of their <code>prema</code>, they were helpless and could not consider whether their decision to leave their family was right or wrong. As soon as they heard the sound of Śrī Śyāmasundara's flute, they were pierced by the arrow of lust (<code>kāma</code>), and, as if mad (<code>unmādinī</code>), they moved like deer, leaving the forest path without caring for shrubs, thorns and sharp grass. At that time, the dust of their feet fell on the grass, bushes and other vegetation. I can only receive this dust by one day becoming such grass, creeper or bush. Even if I were to beg humbly for a particle of that dust, they would never bestow it upon me."

Uddhava also had a doubt in this regard. "My birth and mood are not compatible with *vraja-bhāva*, so why would the *gopīs* be merciful to me?"

In this verse, the word *caraṇa-reṇu* (foot-dust) is singular, thus indicating the foot-dust of Śrīmatī Rādhikā, the crown jewel of the *gopīs*.

Mukunda-padavī means 'attaining the service of Kṛṣṇa'. The gopīs always attain this service. Śrī Jīva Gosvāmī says, "The name Mukunda comes from muktim dadāti, which means 'He who liberates one from one's hair plait or waist cloth'." Śrīla Sanātana Gosvāmī's purport of mukunda-padavī is tad-anurakti-bhajana, or bhajana imbued with the gopīs' affection for Kṛṣṇa. The gopīs, before and after Kṛṣṇa's cowherding (in pūrvāhna-līlā, morning, and aparāhna-līlā, late afternoon pastimes), eagerly watch for Kṛṣṇa's departure to and arrival from the pastures. Absorbed in waiting for Him, they

steal His heart and mind by their bodily gestures and demeanour. Only the *gopīs* can render this special service. Actually, the path followed by the *gopīs* in serving Kṛṣṇa is the real *ārya-patha*, the path of honesty and chastity indicated in the scriptures. The Vedas enjoin that one should completely give up all kinds of mundane and transcendental rules for love for Śrī Kṛṣṇa that is one-pointed and free from material designations (*aikāntika-nirupādhika-prema*). To attain Kṛṣṇa, there is no fault in transgressing the apparent *ārya-patha*.

According to another meaning of *mukunda-padavī*, the topmost devotees on the path of devotion are none other than the *gopīs*.

Śrīla Sanātana Gosvāmi has raised a question in Śrī Bṛhad-bhāgavatāmṛta: "To attain Śrī Kṛṣṇa, Rukmiṇī-devī even abandoned her own marriage ceremony, which was arranged by her father. By personally writing a letter to Śrī Kṛṣṇa, offering herself completely to Him and sending it with the son of her priest, she also abandoned the honour of being a chaste girl from a reputable family. So, what is the feature that distinguishes the <code>vraja-devīs</code>, who renounced everything in order to attain Kṛṣṇa, from Rukmiṇī, who gave up her noble family for Him?"

Śrīla Sanātana Gosvāmī then explains, "The *gopīs*' attachment (*rati*) to Kṛṣṇa has no cause, whereas Rukmiṇī's *prema* for Him developed after hearing about His name, form, qualities and so on. From birth, the *gopīs* have natural love for Kṛṣṇa, and with an extreme eagerness to meet Him, they abandon their family members and the path of proper behaviour."

In *Prīti-sandarbha* Śrī Jīva Gosvāmī says, "The *gopīs*' zeal reveals their *prema* as being far superior. Their extraordinary eagerness causes the development of an amazing power by which the standards of respectable behaviour are naturally abandoned."

The word *mukunda* in this verse also refers to one whose enchanting lotus face is like a *kunda* flower. In addition it refers to the *dhīra-lalita-nāyaka* Śrī Kṛṣṇacandra, who fully manifests His sweetness in the assembly of the *qopīs*.

#### Text 25

In  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.47.58), Uddhava mentions that Brahmā is also distracted upon seeing the mood of the  $gop\bar{\imath}s$ :

etāḥ param tanu-bhṛto bhuvi gopa-vadhvo govinda eva nikhilātmani rūḍha-bhāvāḥ vāñchanti yad bhava-bhiyo munayo vayam ca kim brahma-janmabhir ananta-kathā-rasasya

The gopīs have one-pointed rūḍha-bhāva towards Śrī Kṛṣṇa, who is the soul of all living entities. This is the topmost level of kṛṣṇa-prema, and by this, their lives are successful. This bhāva is hankered for, not only by fearful persons desiring liberation from this material existence, but also by great mahāpuruṣas, as well as devotees like ourselves; but none of us are able to attain it. For one whose mind is attached to kṛṣṇa-kathā, the three kinds of birth – seminal, brahminical and sacrificial – are not necessary; but for one who has no taste for hearing kṛṣṇa-kathā, what is the benefit of taking birth, even as Brahmā, again and again for many, many eons?

bhava-bhīta muni-gaṇa āra deva-gaṇa yāṅhāra caraṇa-vāṅchā kare anukṣaṇa

se govinde rūḍha-bhāvāpanna gopī dhanya kṛṣṇa rasa-āge brahma-janma nahe gaṇya

BHAJANA-RAHASYA-VŖTTI: With this verse and others, Śrī Uddhava is praising the crown jewels of all devotees, the *gopīs*, who are worshipable by all the worlds. Uddhava is Kṛṣṇa's dear most friend. Seeing the extraordinary *prema* of the *gopīs*, he became astonished and reflected as follows: "Lord Brahmā is Kṛṣṇa's son, but is proud of being His son. Śaṅkara's nature is one with Kṛṣṇa's, but his mind is more absorbed in his oneness with Kṛṣṇa than in thinking about

bhakti. Sankarṣaṇa has the mood of a brother, and Lakṣmī the mood of a wife, and these feelings are more prominent in them than the mood of prema. But the gopīs love Kṛṣṇa as their prāṇa-priyatama, the treasure of their lives. Their love is nirupādhika, free from any other designation and it has reached the zenith of prema. They have rūḍha-bhāva for Gokulendra-nandana Govinda."

Rūḍha-bhāva is endowed with a vast sweetness that is free from any sense of awe and reverence. It is affection for Kṛṣṇa without any designation, and it is paramour bhāva without any expectation. Rūḍha-bhāva appears in the higher levels of mahābhāva. Rūḍha-bhāva is mentioned in this verse, but the gopīs actually attain adhirūḍha-bhāva, which is the final limit of their mahābhāva. To only mention rūḍha-bhāva restricts the extent of the gopīs' emotions. The vraja-devīs, who are endowed with adhirūḍha-bhāva, in other words with mādana, mohana and all other bhāvas, are the very soul of Govinda. This is the meaning of the words nikhilātmani rūḍha-bhāvāḥ.

Uddhava starts to contemplate the following: "Govinda is the condensed form of Svayam Bhagavān Parameśvara." All scriptures state that the original, non-dual truth, Govinda, is the original Person (ādi-puruṣa). Govinda gives pleasure to the Vrajavāsīs with the sweetness of His form: "go vindayati iti govinda — Govinda is He who gives pleasure to the gopas, gopīs and cows." Go means one who pervades the senses, and the gopīs pervade the senses of Govinda. It is a severe offence to ascribe the moods of ordinary females to the vraja-devīs, who, being extraordinary in every respect, are the very embodiments of concentrated prema.

Vānchanti yad bhava-bhiyo munayo vayam ca — Those desiring liberation, munis and others who have attained liberation and who are fully self-satisfied (ātmārāma), and even Uddhava, who lives with Govinda, as well as the Pāṇḍavas, Yādavas, Caturmukha Brahmā and others, are attracted by the gopīs' mahābhāva and eagerly desire it. If one has no taste for hearing narrations about Ananta-krsna, then

even birth as Brahmā is useless. There is even no gain if as Brahmā one performs the act of creation, or as a *brāhmaṇa* one studies the Vedas, Upaniṣads and other scriptures, and takes vows, performs austerities and so on. Śrīla Jīva Gosvāmī says, "The life and death of a person who has no taste for hearing narrations of Śrī Kṛṣṇa's *premamādhurya* are insignificant and meaningless." If a person's mood is not similar to that of the *gopīs*, then Kṛṣṇa does not accept him. This is why He sent the *māthura-brāhmaṇīs* back to their homes, as described in Chapter 23 of the Tenth Canto of Śrīmad-Bhāgavatam.

*Bhuvi* refers to this Earth, the heavenly planets and the spiritual world. The only success in these three worlds is to take birth as a *gopī*.

Tanu-bhṛto bhuvi — Kṛṣṇa delivers all living entities from material existence, even those who are low and insignificant. He nourishes them accordingly with the *prema* of the *gopīs*, who are situated in His heart. He propagates *prema*, He relishes this extraordinary *prema* and induces others to savour it, and He increases *prema* in those to whom He gives it. The name of this potency is 'gopī'.

Uddhava is profusely praising the greatness of the *vraja-devīs* in this verse. He also establishes the superiority of a married *gopī's* paramour mood in comparison to the mood of a husband and wife. This paramour mood is not possible anywhere else except Vraja. In paramour love (*parakīya-bhāva*), *rasa* is produced by unprecedented astonishment.

# Text 26

Even devotees inclined towards Śrī Bhagavān's opulence (aiśvarya) long to attain  $gop\bar{\imath}$ - $bh\bar{a}va$ . This is stated in  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.44.14):

gopyas tapaḥ kim acaran yad amuṣya rūpaṁ lāvaṇya-sāram asamordhvam ananya-siddham dṛgbhiḥ pibanty anusavābhinavaṁ durāpam ekānta-dhāma yaśasaḥ śriya aiśvarasya Sakhī, I do not know what austerities the gopīs have performed to be always drinking the sweetness of Kṛṣṇa's form with their eyes. What is the nature of His form? It is the essence of bodily beauty (lāvaṇya-sāra)! Within this material existence or above it, there is no beauty equal to His, what to speak of a greater beauty. He is not decorated by anyone, nor is He perfected by ornaments and clothes. Rather, He is perfect in Himself. While seeing this form, one does not become satiated, because its beauty increases at every moment. All fame, beauty and opulence take shelter of it. Only the gopīs are fortunate enough to have such a darśana of Kṛṣṇa; no one else.

yaśaḥ śrī aiśvarya-dhāma durlabha ekānta atīva-lāvaṇya-sāra svataḥ-siddha kānta

ki tapa karila gopī yāhe anukṣaṇa nayanete śyāma-rasa kare āsvādana

BHAJANA-RAHASYA-VŖTTI: This Text was spoken by the young, beautiful women of Mathurā in Kamsa's wrestling arena when they had received darśana of Śrī Kṛṣṇa's unprecedented lustrous body. Amazed by that form, they yearned to taste it. They said, "O sakhī, what kind of austerities have the gopīs performed to be able to fill their eyes with the extraordinary beauty of Śrī Kṛṣṇa's form (rūpa-mādhurya)? They have made their birth, body and mind successful. What is this beauty like? There is no rūpa-mādhurya equal to or greater than this. In Paravyoma, there are so many forms of the Supreme Lord, but even Nārāyaṇa, Śrī Kṛṣṇa's pastime expansion (vilāsa-mūrti-svarūpa), does not have such rūpa-mādhurya, what to speak of other forms."

Śrī Kṛṣṇa's beauty is topmost. It is incomparable, perfect and natural, and it is not brought about by any kind of ornamentation. In fact, it is both the origin and treasury of all beautiful, sweet qualities. Śrī Kṛṣṇa's form, which is filled with unequalled beauty, is only present in Vṛṇdāvana, and Vrajabhūmi is blessed because the Original Person (purāṇa-puruṣa) performs pastimes there in disguise. In this

Vrajabhūmi, the *vraja-devīs* are especially blessed because they received *darśana* of *dhīra-lalita-nāyaka* Śrī Kṛṣṇa, who is adorned with all beauty and sweetness.

By the word *amuṣya*, the women of Mathurā note, "Today in this wrestling arena, by our insignificant piety, we are receiving Śrī Kṛṣṇa's *darśana*, but the *gopīs*' piety is complete. O omniscient *munis*, please direct us how to perform austerities like those performed by the *gopīs*, so that we also will be able to gaze upon Śrī Kṛṣṇa's sweet form in Vraja."

Another woman of Mathurā said with amazement, "O <code>sakhī</code>, the good fortune of the <code>vraja-devīs</code> is not the result of any austerity; their <code>prema</code> is without cause and cannot be expressed in words." If she had said, "We can also go to Vraja and drink the nectar of Kṛṣṇa's beauty like the <code>gopīs</code>," another lady would have replied, "That is very difficult for us. Only by the mercy of the <code>gopīs</code>, who possess the topmost <code>prema</code>, is it possible to drink this nectar."

Another lady started speaking. "Oh! In front of the *vraja-gopīs*, Śrī Kṛṣṇa's beauty manifests in newer and newer forms, uninterruptedly, moment by moment."

The women of Mathurā glorified the good fortune of the *vrajadevīs* and eagerly desired to serve as they do. They used to hear from the fruit-sellers and others coming from Vraja about the sweet pastimes of Śrī Kṛṣṇa and the *vraja-devīs*. By hearing descriptions of these pastimes, a yearning for the services the *gopīs* perform arose in their hearts.

# Text 27

An introduction to the evening pastimes  $(s\bar{a}ya\dot{m}-k\bar{a}l\bar{\imath}ya-l\bar{\imath}l\bar{a})$  is found in  $Govinda-l\bar{\imath}l\bar{a}mrta$  (20.1):

sāyam rādhām sva-sakhyā nija-ramaṇa-kṛte preṣitāneka-bhojyām sakhyānīteśa-śeṣāśana-muditam-hṛdam tām ca tam ca vrajendum susnātam ramya-veśam gṛham anu-jananī-lālitam prāpta-goṣṭham nirvyūḍho 'srālidoham sva-gṛham anu punar bhuktavantam smarāmi I remember Śrī Rādhā who, in the evening, sends many kinds of cooked foodstuffs with Her sakhīs to Her lover, Śrī Kṛṣṇa, and who becomes joyful by taking Kṛṣṇa's remnants that are brought back to Her by Her sakhīs. I remember Śrī Kṛṣṇa, who takes bath upon returning from cowherding, who dresses very beautifully, and who is fondly attended in many ways by Mother Yaśodā. He goes to the cowshed, and after milking the cows returns home for His evening meal.

śrī-rādhikā sāyam-kāle, kṛṣṇa lāgi' pāṭhāile, sakhī haste vividha miṣṭhānna kṛṣṇa-bhukta śeṣa āni', sakhī dila sukha māni', pāṅā rādhā haila prasanna

snāta ramya-veśa dhari', yaśodā lālita hari, sakhā-saha godohana kare nānā-vidha pakva anna, pāṇā haila parasanna, smari āmi parama ādare

BHAJANA-RAHASYA-VṛTTI: When Śrī Rādhā sees that evening has come, in Her heart, She becomes very eager and thinks, "Now Kṛṣṇa must have returned from cowherding!" In the kitchen, She wears a white dress, and together with Her sakhīs prepares many kinds of sweets, such as amṛta-keli, karpūra-keli, candrakānti and modaka. All the preparations are put into new clay pots and covered with white cloth. She places the pots in the hands of Her nitya-sakhīs and prāṇa-sakhīs to take to Her priyatama in Nanda-bhavana. The sakhīs depart, and Śrī Rādhā's mind goes with them. She thinks, "When My sakhīs reach the house of Nanda, Maiyā will embrace them to her heart, and she will remember Me and give Me her blessings. My prāṇanātha, surrounded by Bābā and the sakhās, will eat these preparations. I do not know which ones He will like and which ones He will not." In this way, with eyes of bhāva, Śrī Rādhā has internal darśana of the evening meal. The sakhīs offer all the preparations to Yaśodā, the queen of

# 6 • Şaştha-yāma-sādhana

Vraja, who affectionately serves them to Kṛṣṇa, Balarāma and the <code>sakhās</code>. Cleverly, Dhaniṣṭhā places Śrī Kṛṣṇa's remnants in the hands of a <code>sakhī</code> and sends them to Śrī Rādhā, along with information about the location of Their <code>abhisāra</code> later that night. At that time, Śrī Rādhā anxiously awaits the <code>sakhīs</code>' return from Nanda-bhavana. When they arrive, they describe all the conversations at Nanda-bhavana and how Kṛṣṇa appreciated each preparation. Śrī Rādhā relishes Śrī Kṛṣṇa's remnants in the same way. The <code>sakhīs</code> are also extremely happy to take the remnants of Śrī Kṛṣṇa and Śrī Rādhā.

Thus ends the Ṣaṣṭha-yāma-sādhana, Sāyam-kālīya-bhajana, of Śrī Bhajana-rahasya.

# Chapter Seven

## Saptama-yāma-sādhana

Pradoṣa-kālīya-bhajana – vipralambha-prema (from six daṇḍas of the night until midnight: approximately 8.30 p.m. – 00.00 a.m.)

#### Text 1

The internal symptom of devotion at the stage of perfection (*sādhya-bhakti*) is worship of Śrī Kṛṣṇa in a mood of separation. Śrī Śikṣāṣṭaka (7) states:

yugāyitam nimeṣeṇa cakṣuṣā prāvṛṣāyitam śūnyāyitam jagat sarvam govinda-viraheṇa me

O sakhī, in separation from Govinda, even a moment seems like a millennium. Tears pour from My eyes like torrents of rain in the monsoon season, and this entire world seems empty.

udvege divasa nā yāya kṣana haila yuga-sama varṣāra megha prāya aśru-varṣe nayana

govinda-virahe śūnya haila tribhuvana tuṣānale poḍe—yena nā yāya jīvana

BHAJANA-RAHASYA-VŖTTI: Śrīman Mahāprabhu is absorbed in Śrī Rādhā's feelings of intense separation from Śrī Krsna. He says,

"Sakhī, in My distress without Śrī Nanda-nandana, My days stand still. Each and every moment seems like an entire millennium. Tears flow incessantly from My eyes, like torrents of rain from the clouds. I cannot tolerate separation from Govinda anymore. The entire universe appears void, and My body constantly burns in the fire of separation from Him. It is as if My limbs have been placed in a fire of burning husks.¹ But still, My life air does not leave Me. What shall I do now?"

Both  $p\bar{u}rva$ - $r\bar{a}ga$  (attachment prior to meeting one's beloved) and  $prav\bar{a}sa$  (separation by distance) are favourable to bhajana in the mood of separation. Rati (attachment) that is filled with eagerness and which exists prior to meeting is called  $p\bar{u}rva$ - $r\bar{a}ga$ . When the  $gop\bar{\imath}s$ , who are deeply attached to Śrī Kṛṣṇa, hear the glories of His form, qualities and so forth, many types of sentiments are stimulated in their hearts and an astonishing impatience ( $vyagrat\bar{a}$ ) arises that is impossible to describe. Those learned in the rasa- $s\bar{a}stras$  call this impatience  $p\bar{u}rva$ - $r\bar{a}ga$ . In this state of  $p\bar{u}rva$ - $r\bar{a}ga$ , various  $sa\bar{n}c\bar{a}ri$ - $bh\bar{a}vas$  arise, such as longing ( $l\bar{a}las\bar{a}$ ), anxiety (udvega) and sleeplessness ( $j\bar{a}garana$ ). Texts 2–6, taken from  $Sr\bar{i}mad$ - $Bh\bar{a}gavatam$ , describe the  $p\bar{u}rva$ - $r\bar{a}ga$  of the  $gop\bar{\imath}s$ .

## Text 2

The *gopīs* praise the flute, which drinks the nectar of Śrī Kṛṣṇa's lips. Śrīmad-Bhāgavatam (10.21.9) states:

gopyaḥ kim ācarad ayaṁ kuśalaṁ sma veṇur dāmodarādhara-sudhām api gopikānām bhuṅkte svayaṁ yad avaśiṣṭa-rasaṁ hradinyo hrsyat-tvaco 'śru mumucus taravo yathāryāh

What pious activities has this flute performed to relish the nectar of Kṛṣṇa's lips, which is meant for us *gopīs*? He is drinking all the *rasa* and not even leaving us one drop. *Sakhī*, upon seeing the

<sup>1</sup> Burning husks are difficult to extinguish, burn very slowly and emit much heat.

good fortune of the *veṇu*, the Yamunā, Mānasī-gaṅgā, and other rivers and ponds manifest the ecstatic symptom of horripilation in the form of blossoming lotuses and other flowers. The trees shed tears of love, delighted to have such a descendant in their dynasty, just as noble persons are delighted that a Vaiṣṇava has taken birth in their family.

ohe sakhi! kivā tapa kaila kṛṣṇa-veṇu gopī prāpya mukhāmṛta piye punaḥ punaḥ

avaśeṣa-jale deya taru aśru-chale sādhu-putra-prāptye yena pitṛ-aśru gale

BHAJANA-RAHASYA-VṛTTI: One *gopī* says to another, "O *sakhī*, I do not know what kind of highly pious activities this *veṇu*, a dry piece of wood, has performed to profusely and independently relish the nectar of Śrī Kṛṣṇa's lips, which is meant to be enjoyed only by us *gopīs*. He does not leave even a drop of this nectar for us. Seeing the good fortune of this *veṇu*, Mānasī-gaṅgā and other ponds secretly display their ecstasy through their blossoming lotus flowers. When family elders see that one of their descendents is filled with love for Śrī Bhagavān, they shed tears of joy. Similarly, since the trees have a relationship with the *veṇu*, they emit streams of honey, as if shedding tears of bliss."

Now the *vraja-ramaṇīs*, already eager to meet with Kṛṣṇa, become even more restless. A vision of the sweetness of Śrī Kṛṣṇa's beauty appears in their hearts, and in this vision, they see the *veṇu* on His lips. The *gopīs* reflect on the flute's rare good fortune. "O *sakhī*, this *veṇu* always relishes the nectar of Kṛṣṇa's association, so there is no doubt about his extreme fortune. But he has now become so proud and arrogant that we find it intolerable. The nectar of Dāmodara's lips is meant for the pleasure of the *gopikās*, but the *veṇu* considers it his. Dāmodara was born in the *gopa* dynasty and so were we. From childhood we shared deep love for each other. He is our *priyatama*, so we alone have full rights to the nectar of His lips. But this

impudent and shameless *veṇu* is depriving us of our birthright, and he drinks the nectar of Dāmodara's lips just as he pleases. We have taken birth in the dynasty of *gopas*, but we are deprived of the nectar of Gopendra-nandana Śrī Kṛṣṇa's lips. Yet the *veṇu*, who has taken birth in the dynasty of inert trees, constantly drinks that nectar. He does so despite being masculine, thus mocking us.

"The day Yasodā-maiyā bound Kṛṣṇa with rope, He became celebrated as Dāmodara, and that very same day we *gopikās* began our loving relationships with Him. No one in Vraja knew anything about the *veṇu* then. It was when Kṛṣṇa started taking the cows out to graze that the *veṇu's* relationship with Him began. By this meagre relationship, the *veṇu* became the complete heir to the nectar of Kṛṣṇa's lips. Even though we *gopikās* have loved Kṛṣṇa since childhood, we remain deprived of this right. Therefore, I say, O sakhī, birth as a *veṇu* is higher and more blessed than birth as a *gopī*.

"Seeing the great fortune of the *veṇu*, the trees, unable to contain themselves, become covered with fruits and flowers and ooze honey. It is as if they become ecstatic and their hair stands on end upon seeing the supreme good fortune of their own child, and they shed tears of love due to pride. And why not? The *veṇu* is made of bamboo, and bamboo is considered to be in the family of trees. Bamboo is nourished by the water of rivers and ponds, so for the bamboo, this water is actually milk, and the rivers and ponds are the bamboo's mothers. Seeing the rare good fortune of their son, these mothers, such as the Yamunā, Mānasī-gaṅgā, Pāvana-sarovara, Māna-sarovara and Kusuma-sarovara, sometimes laugh by displaying blossoming flowers. Sometimes, in their great rapture, they express their joy through their undulating waves, and at other times they shed tears of happiness."

In this way the *gopīs*, endowed with *mahābhāva*, deliberate upon the *veṇu's* great fortune and on their own misfortune, and they display envy (*asūyā*) and other *saňcāri-bhāvas*. They say, "In his previous life, this *veṇu* must have performed some severe austerity

or pious activity. If we knew what it was, we would do the same and also attain such rare good fortune. Paurṇamāsī is a perfected ascetic who knows past, present and future. Let us go and ask her! By acting according to her instruction, we will attain that rare good fortune."

According to Śrīla Sanātana Gosvāmī, this verse is spoken by Vṛṣabhānu-nandinī Herself, as She reveals Her *bhāvas* to Her dear Lalitā Sakhī. Upon analysing the various statements and indications in this verse, it is apparent that this *prema* is on the level of *adhirūḍha-mahābhāva*.

#### Text 3

Śrīmad-Bhāgavatam (10.21.11) describes the good fortune of the does and their husbands when they hear the sound of the flute:

dhanyāḥ sma mūḍha-gatayo 'pi hariṇya etā yā nanda-nandanam upātta-vicitra-veśam ākarṇya veṇu-raṇitaṁ saha-kṛṣṇa-sārāḥ pūjāṁ dadhur viracitāṁ praṇayāvalokaiḥ

O sakhī, when Nanda-nandana Śyāmasundara, wearing beautiful, multi-coloured attire, vibrates a sweet melody on His flute, even the does, who are foolish due to having taken birth from the wombs of ignorant animals, run towards Him along with their husbands and gaze upon Him with love-laden eyes. They are not merely gazing, sakhī, but they are worshipping Him with crooked sidelong glances from their large lotus-like eyes, and He is accepting their worship with His own loving sidelong glance. The lives of these deer are truly blessed. Sakhī, although we are gopīs of Vṛndāvana, we are unable to offer ourselves like this because our family members harass us. How ironic!

kṛṣṇa-citra-veśa svīya cakṣete heriyā tāṅhāra vāṁśarī-dhvani karṇete śuniyā

## pūjāra vidhāna kaila praṇaya-nayane kṛṣṇa-sāra-saha āja dhanya mṛgī-gaṇe

BHAJANA-RAHASYA-VŖTTI: The *vraja-ramaṇīs* are always restless to meet with Kṛṣṇa. This restlessness is due to their inability to be satisfied, which is a natural characteristic of their *prema*. They are also unable to steady their minds in any way. They consider anyone who has even the slightest relationship with Kṛṣṇa to be extremely fortunate. While sitting in their homes, the *gopīs* hear the flute-song of Govinda, who steals the hearts of all beings in Vṛṇdāvana, and they become completely submerged in *prema-rasa*. With eyes of *bhāva*, they see the does in the forest not only abandon grazing when they hear the sound of the *veṇu*, but ignore their offspring and everything else as well. These does dash towards Kṛṣṇa with great speed, coming up so close to Him that He can touch them with His hands.

The *gopīs* express their moods in a concealed way (*avahittha-bhāva*). One says, "O *sakhī*, just see the affection that these does, from the animal kingdom, have for Kṛṣṇa. Indeed, they are blessed! We, on the other hand, who have taken birth as human beings, are deprived of taking such *darśana* and performing such *sevā*, which are a human being's right. This is the frustration of our lives."

In autumn, Vrajendra-nandana Śrī Kṛṣṇa, beautifully decorated in marvellous attire suitable for roaming in the forest, enters Vṛndāvana to herd the cows and blissfully plays enchanting notes on His flute. Śyāmasundara, with His sweet form, steals the hearts of everyone in the universe. Seeing His sweet form and hearing the sound of His flute, the does feel content. One <code>sakhī</code> begins to speak, saying, "When the does hear the sound of <code>prāṇanātha</code> Śyāmasundara's flute, they become senseless and proceed towards Him, staggering and stumbling. At that time, their husbands, the <code>kṛṣṇa-sāra</code> deer, follow behind them, accepting the guidance of their wives. In this way, no obstacle prevents the does from meeting with Kṛṣṇa." <code>Kṛṣṇa-sāra</code> means that Kṛṣṇa alone is the essence of their lives.

Hearing this, another  $sakh\bar{\iota}$  says, "O friend, this is really true. We do not have such fortune. We are females and the wives of other men, so we cannot overcome our fear of public condemnation. When Syāmasundara leaves for cowherding on the path that runs by our homes, we can only gaze upon Him through the holes in the latticed windows. For this only, our family members abuse us and create obstacles for us. Our husbands are also disapproving. Birth as a deer would be more useful than birth as a human."

The *vraja-devīs*' longing to meet with Kṛṣṇa increases more and more. Eagerness (*utkaṇṭhā*) and longing (*lālasā*) to meet Śrī Kṛṣṇa are very helpful for a *sādhaka*.

Praṇayāvalokaiḥ pūjām dadhau means that the does lovingly look upon Kṛṣṇa with their very beautiful eyes, which serve as lamps to perform ārati to Him. Kṛṣṇa reciprocates by accepting their worship.

In Śrī Ujjvala-nīlamaṇi Śrīla Rūpa Gosvāmī defines praṇaya as the state in which the hearts of both the hero (nāyaka) and heroine (nāyikā) become one. The hearts of the does are one with Kṛṣṇa's heart, and therefore, the gopīs have used the word praṇayāvalokaiḥ. With these glances, the does offer their bhāvas as flowers and other articles to worship Kṛṣṇa. In this Text, the sweetness of the vrajadevīs' paramour love is expressed through metaphors.

## Text 4

Hearing the sound of the venu, all the rivers stop flowing and worship Kṛṣṇa's feet with lotus flowers. Śrīmad-Bhāgavatam (10.21.15) states:

nadyas tadā tad upadhārya mukunda-gītam āvarta-lakṣita-manobhava-bhagna-vegāḥ āliṅgana-sthagitam ūrmi-bhujair murārer gṛhnanti pāda-yugalaṁ kamalopahārāḥ Hearing the song of Śrī Kṛṣṇa's flute, the Yamunā, Mānasī-gaṅgā and other rivers have become deluded by lust (kāma). Their hearts' desires for love cause many whirlpools to surface and they stop flowing. Bringing lotuses as gifts with their arm-like waves, they embrace Madana-mohana and place His lotus feet on their breasts.

āhā! nadī kṛṣṇa-gīta śravaṇa kariyā śrota-vega phirāila mohita haiyā

urmi-chale kṛṣṇa-pada āliṅgana kaila o pada-yugale padma upahāra dila

BHAJANA-RAHASYA-VRTTI: Hearing the sweet sound of Kṛṣṇa's flute, the <code>vraja-devīs</code>, who are attached to Kṛṣṇa with profound love (kṛṣṇa-anurāgiṇī), have become overwhelmed with <code>prema</code>. They started speaking with <code>sakhīs</code> from their own groups about the effects of the sound of the flute (<code>veṇu-nāda</code>) and other such topics. With metaphors, they describe how lifeless rivers exhibit transformations of love upon hearing the sweet sound of Kṛṣṇa's <code>veṇu</code>. Although it is not possible for rivers to experience any feeling, the <code>vraja-ramaṇīs</code>, who are endowed with <code>mahābhāva</code> and controlled by its astonishing nature, do not consider whether a being is sentient or insentient, and they ascribe their own respective <code>bhāvas</code> everywhere they look. Whatever mood and relationship an <code>uttama-adhikārī</code> devotee has with his worshipable deity (<code>iṣṭadeva</code>), Śrī Bhagavān, that same mood and relationship is seen by him to exist in all living entities. This is described in Śrī Caitanya-caritāmṛta (<code>Madhya-līlā 8.273-274</code>):

mahā-bhāgavata dekhe sthāvara-jaṅgama tāhāṅ tāhāṅ haya tāṅra śrī-kṛṣṇa-sphuraṇa

sthāvara-jaṅgama dekhe, nā dekhe tāra mūrti sarvatra haya tāṅra iṣṭa-deva-sphūrti While roaming in the charming Vṛndāvana forest, Nandanandana Śrī Kṛṣṇa arrives at the banks of the Yamunā or Mānasīgangā, where He hears the sweet murmur of water, sees the beautiful lotus flowers floating on high waves, hears the sounds of cuckoo birds on the river banks, and is pleasantly touched by a gentle, fragrant breeze. Overwhelmed with immense elation, He plays a sweet melody on His *muralī*. Upon hearing it, the river stops flowing, and on the still waters of her breast, unlimited whirlpools appear. Gradually, the water of the river rises to the height of Śrī Kṛṣṇa's chest. The repeated crashing of waves causes the lotus flowers to break from their stems and present themselves at Kṛṣṇa's lotus feet.²

Upon seeing these whirlpools in the rivers, the *gopīs* are unable to conceal their own *bhāvas*. One says, "O *sakhī*, hearing our *prāṇakānta's* flute-song, this river is affected by lust (*kāma*) and has become senseless. His face is all-pleasing. It is radiant, fragrant, soft, sweet and attractive to the heart, like a *kunda* flower. This is why He is called Mukunda. With His soft, delicate lotus face, He relishes kissing, the biting of lips and other transcendental mellows of union. When these mellows are relished, all kinds of obligations are cut and, due to an increase in *kāma*, He observes with an agitated heart the *gopīs* lotus-navels, which look like whirpools."

Another *vraja-devī* says, "When the rivers see Mukunda's sweet beauty and hear the ascending and descending waves of sound from His *veṇu*, both of which enchant the whole universe, their hearts become afflicted with *kāma*. Now they have reversed their flow with great force, and instead of moving towards their husband, the ocean, they flow towards Kṛṣṇa. Their arm-like waves rise up higher and embrace Murāri's chest."

There is a reason why the *gopīs* call Kṛṣṇa 'Murāri'. They say, "We have taken shelter of Śrī Nanda-nandana, who has all the qualities of

<sup>2</sup> Śrīla Viśvanātha Cakravartī Ṭhākura explains that the river, after trying to embrace Śrī Kṛṣṇa, became ashamed and withdrawn, and instead presented lotus flowers at Kṛṣṇa's feet.

Nārāyaṇa, the destroyer of the Mura demon. It is very sad, however, that we are always tormented by *kāma*, or Cupid. Although the killer of Mura is aware of this, He makes no arrangement to punish *māra*, or *kāma* (lust). Śrī Nārāyaṇa has become famous as Murāri by killing the demon Mura, thus making the demigods fearless. In the same way, if Kṛṣṇa destroys *māra*, He will become famous as Murāri and will be recognised as having the same qualities as Nārāyaṇa, otherwise not. With *māra* destroyed, we *vraja-ramaṇīs* will also breathe a sigh of relief."

Ālingana-sthagita — The waves of the rivers move closer and closer to Kṛṣṇa's chest and upon reaching it, they subside and ripple at His lotus feet. Seeing this, the *gopīs*, whose hearts are filled with overpowering love for Kṛṣṇa, say, "O *sakhī*! Look, look! At first these *anurāgī* rivers were trying to bind Śyāmasundara in their embrace, but seeing His indifference, they have become ashamed. They have stopped trying to embrace Him and are again offering lotus flowers at His feet with their arm-like waves."

Upon observing the behaviour of the Yamunā and other rivers, the *vraja-ramaṇīs* express various *bhāvas*. Seeing how the moods of Śrī Yamunā and Mānasī-gaṅgā are one with those of the *gopa-ramaṇīs* is an unprecedented *darśana*.

## Text 5

Giri-Govardhana becomes blissful by the touch of Śrī Kṛṣṇa's and Śrī Balarāma's lotus feet, and he worships them with various articles.  $Śrīmad-Bh\bar{a}gavatam$  (10.21.18) states:

hantāyam adrir abalā hari-dāsa-varyo yad rāma-kṛṣṇa-caraṇa-sparśa-pramodaḥ mānaṁ tanoti saha-go-gaṇayos tayor yat pānīya-sūyavasa-kandara-kandamūlaih

O sakhīs, this mountain, Govardhana, is the crown jewel of Śrī Hari's servants. Blessed is his fortune! By the touch of the lotus feet of

our prāṇa-vallabha Śrī Kṛṣṇa and Baladeva Prabhu, who is most pleasing to the eyes, Govardhana is blossoming with delight and supplying crystal-clear water, soft grass, wonderful caves and varieties of roots. By thus serving Śrī Kṛṣṇa and Balarāma, who are surrounded by the cowherd boys and cows, he highly honours them.

haridāsa-varya ei giri-govardhana rāma-kṛṣṇa pada-sparśe sukhe acetana

sakhā-dhenu-saha kṛṣṇe ātithya karila pānīya-kandara-kandamūla nivedila

BHAJANA-RAHASYA-VṛTTI: The *vraja-devīs*, who are the embodiments of *mahābhāva*, say, "If anyone can be said to be the topmost devotee, it must be Girirāja. In a variety of ways he serves our *prāṇa-vallabha* and the cowherd boys and cows who accompany Him. We do not have the strength of *kṛṣṇa-prema*, and therefore we are weak (*abalā*). This Girirāja, however, is the proprietor of *kṛṣṇa-prema*. Let us go, *sakhī*. We should bathe in Mānasī-gaṇgā, circumambulate Girirāja, take *darśana* of his presiding deity, Śrī Harideva, and worship him. Then the desires we have long held in our hearts will be fulfilled. Even though attainment of the wealth of *prema* is extremely rare, Girirāja will give some of it to us. O sister, we want to touch *priyatama* Śyāmasundara's chin and talk to Him. It is so frustrating that we are unable to talk with Him, what to speak of render direct service to Him.

"Just look! Girirāja becomes ecstatic by the touch of Kṛṣṇa's limbs as Kṛṣṇa climbs upon his body, and one can easily see his ecstatic sentiments, such as tears, horripilation and perspiration. The appearance of grass is horripilation, the humidity is his perspiration and the waterfalls are his tears. Moreover, Kṛṣṇa also receives pleasure by performing playful pastimes on Govardhana's body. Having seen all this, we do not have even the slightest doubt that Girirāja-Govardhana is haridāsa-varya, the topmost servant of Śrī Hari."

That servant who delights Śrī Hari with his service, and who receives the greatest happiness by rendering that service to Him, is topmost among Śrī Hari's servants. In Śrīmad-Bhāgavatam, three great personalities are called haridāsa: Mahārāja Yudhiṣṭhira, Śrī Uddhava and Śrī Girirāja-Govardhana. Mahārāja Yudhiṣṭhira accepts Śrī Kṛṣṇa, who is the Supreme Absolute Truth and fully independent, as his intimate friend, and he serves Him lovingly in the mood of a servant (dāsya), a friend (sakhya) and a parent (vātsalya).

Śrī Uddhava, the second haridāsa, became Śrī Kṛṣṇa's messenger and went to Vraja to console Kṛṣṇa's parents as well as the *vraja-ramaṇīs* and other Vrajavāsīs. Upon seeing the symptoms of the *gopīs*' high class of *prema*, Śrī Uddhava became astonished. He not only realised the glories of the *gopīs*' foot-dust, he also expressed a desire to take birth in Vraja as grass, a shrub or a herb. He fulfilled this desire at the most magnanimous Girirāja-Govardhana, by taking birth in Girirāja's lap near Kusuma-sarovara as a blade of grass, but still he was unable to serve the Vrajavāsīs as Girirāja does.

Girirāja is haridāsa-varya, the topmost servant of Śrī Hari. Why? Because he fulfils all the needs of Kṛṣṇa and the Vrajavāsīs. He serves Krsna and His companions, the cowherd boys and cows, with his body, mind, wealth and very life, sacrificing everything to satisfy all of their inner hearts' desires. He offers them the pure, cool, sweet drinking water of Mānasī-gaṅgā and other sarovaras, very tasteful fruits and roots to eat, varieties of flowers and red minerals for decoration, jewelled seats and beds, precious stones to use for lamps and mirrors, and well-adorned caves and kuñjas for resting and playing. And he offers nutritious grass and plants to the cows. Śrī Krsna and His beloveds relish very confidential pastimes in the beautifully decorated groves and caves of Girirāja, who is expert in performing the topmost service in śrngāra-rasa. Because Rādhā and Krsna's confidential nikuñja-līlās take place inside and upon his body, so as to not disturb these confidential pastimes, he has permanently assumed the stationary form of stone.

In this way, the *gopīs* lavishly praise Girirāja-Govardhana upon seeing the many kinds of services he renders to Kṛṣṇa.

#### Text 6

Upon hearing the sound of Kṛṣṇa's flute, moving living entities acquire the nature of the non-moving, and non-moving entities acquire the nature of the moving.  $\dot{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.21.19) states:

gā gopakair anu-vanam nayator udāraveņu-svanaiḥ kala-padais tanu-bhṛtsu sakhyaḥ aspandanam gati-matām pulakas tarūṇām niryoga-pāśa-kṛta-lakṣaṇayor vicitram

O sakhīs, the elegance and charm of the two brothers, our Śyāmasundara and Gaurasundara Balarāma, are quite unique and wonderful. When Śyāmasundara, together with His cowherd friends, leads the cows from one forest to another by sweetly playing a melody on His veṇu, He binds the top of His turban with the niryoga rope, which is used for binding the legs of calves, and from His shoulders (like His pītāmbara) hangs a rope known as pāśa. Upon seeing that sweet, unparalleled beauty and hearing the sound of the veṇu, moving living entities, such as animals and birds, as well as rivers — and what to speak of human beings — become inert like stone. And ecstatic symptoms like horripilation are displayed in non-moving entities, such as trees. Sakhī, how can I describe the magical sound of that flute?

sakhā-dhenu-sange kṛṣṇa udāra-svabhāva muralīra gāne sabe deya sakhya-bhāva

jangame karila spanda-hīna, taru-gaņe pulakita kaila aho! vicitra laksane

hena kṛṣṇa nā pāiyā prāṇa pheṭe yāya kabe sakhi! vidhi krsna dibena āmāya BHAJANA-RAHASYA-VṛTTI: The beautiful women of Vraja, being filled with *mahābhāva*, reflect, "All the moving and non-moving entities of Vṛndāvana are blessed. Their lives are successful because, regardless of their form, they have attained the touch of Kṛṣṇa's lotus feet, or else they have attained some kind of relationship with Him. In the whole of Vraja, only we are unfortunate." As the *vraja-ramaṇīs* speak, the pastime of Kṛṣṇa taking the cows to graze in the forest and the melodious sound of His *veṇu* manifest in their hearts. Now they become completely immersed in ecstatic rapture, as if seeing Kṛṣṇa directly.

Overwhelmed with *prema*, they say, "Look *sakhī*! How sweet are the movements of Śyāmasundara, the best of dancers, as He gracefully roams from one forest to another. The sweet sound of His flute causes all moving and non-moving living entities to become overwhelmed with the ecstasy of *prema*, and they visibly manifest *aṣṭa-sāttvika* transformations."

Furthermore, the *gopīs* say, *niryoga-pāśa-kṛta-lakṣaṇayor vicitram*. "Aho! What a beautiful sight are the two brothers, Rāma and Kṛṣṇa, as They walk into the forest wearing the *niryoga* and *pāśa* on Their bodies." While the cows are being milked, with a rope their restless calves are tied before them to a post in the ground. In this way, their mothers can see them. This rope is called *niryoga*. Another rope, *pāśa*, binds the two hind legs of a restless cow to keep her calm while being milked. The *niryoga* and *pāśa* used by Śrī Kṛṣṇa are made of soft, yellow threads of jute, tied at either end with clusters of pearls. Like the other *gopas*, Kṛṣṇa ties the *niryoga* to the top of His turban and lets the *pāśa* hang from His shoulders on to His chest. His attire is so fascinating that anyone who sees it cannot help being charmed, and the mere sight of it renders the *prema*-filled *gopa-ramaṇīs* unconscious.

They continue, "O *sakhī*, in Vidhātā's creation there is no living entity who will not be charmed by the sight of the sweetness of Rāma's and Krsna's beauty, which attracts the entire universe. When Krsna

plays a melody on His enchanting *muralī* to gather together the cows who are far away, the condition He creates is difficult to describe. When the tinkling of the ankle bells on Kṛṣṇa's lotus feet mixes with the inexpressibly melodious sound of His captivating *muralī*, the sweetness of that sound increases even more. Is there any person who can remain composed upon hearing this?"

While discussing Kṛṣṇa's enchanting cowherd attire and the sound of His flute, the <code>vraja-ramaṇīs</code>, who are helplessly immersed in <code>prema</code>, say, "<code>Sakhī</code>, upon seeing Kṛṣṇa's <code>niryoga</code> and <code>pāśa</code>, it seems that they really are <code>niryoga-pāśa</code> — through them, <code>yoga</code> (meeting) is certain to take place uninterruptedly, for one's whole life. Even continuous <code>samādhi-yoga</code> is insignificant compared to this. Kṛṣṇa's <code>niryoga-pāśa</code> are really <code>prema-pāśa</code>, ropes of love. The Vrajavāsīs and the <code>vana-vāsīs</code> (forest entities) are rendered helpless by His <code>niryoga-pāśa</code>. This demonstrates the amazing effect of these 'ropes of love'.'' In this way, the <code>gopīs</code> consider Śrī Kṛṣṇa's <code>niryoga-pāśa</code> to be a trap of love.

Hearing the sound of Kṛṣṇa's flute, all the deer, birds and other forest creatures are overwhelmed by *prema* and become inert. The trees, creepers and other non-moving living entities give up their natures and adopt the characteristics of moving beings. They become jubilant and experience ecstatic symptoms. Furthermore, the Yamunā, Mānasī-gaṅgā and other rivers stop flowing, and the stones on Govardhana and other mountains melt and flow like streams.

## Text 7

The sentiments of Śrī Rādhā in the state of dūra-pravāsa (separation by distance) are most favourable for the meditation of the sādhaka, who, immersed in these sentiments, should read Śrīmad-Bhāgavatam's Bhramara-gīta and other such chapters. Śrī Mādhavendra Purī has expressed Śrī Rādhikā's bhāvocchvāsa, outburst of feeling that expresses the bhāva hidden in the heart, at the time of pravāsa (Padyāvalī 334):

## ayi dīna-dayārdra nātha he mathurā-nātha kadāvalokyase hṛdayaṁ tvad-aloka-kātaraṁ dayita bhrāmyati kiṁ karomy aham

O You whose heart is most merciful to the wretched! O Master! O Lord of Mathurā! When will I see You again? O beloved Lord of My life, because I cannot see You, My heart has become agitated. What shall I do now?

he dīna-dayārdra-nātha, he kṛṣṇa mathurā-nātha, kabe punaḥ pāba daraśana nā dekhi' se cāṅdamukha, vyathita hṛdaye duḥkha, he dayita! ki kari ekhana?

BHAJANA-RAHASYA-VŖTTI: As the Kaustubha jewel is the topmost of all jewels, this verse is foremost among *rasa* poetry. Śrī Svāminī spoke it in the state of *divyonmāda* (divine madness), when She was deeply aggrieved in separation from Kṛṣṇa, and by Her mercy it manifested in the speech of Śrī Mādhavendra Purīpāda. Then, accepting the mood of Śrī Rādhā, Śrī Kṛṣṇacandra relished this verse as Śrī Gauracandra. No fourth person has ever tasted its inner moods. Uttering this verse, Śrīman Mahāprabhu would become overwhelmed by *prema* and faint. In the madness of love, sometimes He would run here and there, sometimes He would laugh and sometimes He would dance. He was unable to utter more than "*ayi dīna*, *ayi dīna*" due to absorption in ecstatic love (*premāveśa*). Tears would flow from His eyes, and *sāttvika*, *vyabhicārī* and other *bhāvas* appeared in His body in their blazing state (*sūddīpta*). (This is described by Śrī Kṛṣṇadāsa Kavirāja Gosvāmī in *Śrī Caitanya-caritāmrta*, *Madhya-līlā* 4.191–203.)

Śrīman Mahāprabhu is the gardener of the desire tree of *kṛṣṇa-prema*. He distributes the fruits of this tree and also relishes them Himself. Śrī Mādhavendra Purī, whose heart was saturated with *kṛṣṇa-prema*, was the very first sprout of this desire tree. With

Śrī Īśvara Purī, this sprout of *prema-rasa* grew. The gardener, Śrī Caitanya Himself, manifested as the trunk. Previous to Śrī Mādhavendra Purīpāda, there was no *rasamayī-upāsanā*, devotional service in amorous love, in the Madhva *sampradāya*. Through the ideas expressed by the Tattvavādīs, whom Śrīman Mahāprabhu met while travelling in South India, one can understand that worship in the Madhva *sampradāya* used to be performed only in a mood of awe and reverence (*aiśvaryamayī-upāsanā*).

Various  $sa\tilde{n}c\bar{a}ri$ - $bh\bar{a}vas$  manifest in the state of separation (viraha) and agitate the ocean of prema. Humility (dainya), envy ( $as\bar{u}y\bar{a}$ ) and contrariness ( $m\bar{a}na$ ) due to jealousy appear in the heart and nourish the  $sth\bar{a}yibh\bar{a}va$ . Many kinds of  $sa\tilde{n}c\bar{a}ri$ - $bh\bar{a}vas$  arise in Śrī Rādhā's heart when She is submerged in the ocean of separation from Śrī Kṛṣṇa.  $Bh\bar{a}va$ -utpatti (the generation of a  $bh\bar{a}va$ ),  $bh\bar{a}va$ -sandhi (the meeting together of two  $bh\bar{a}vas$ , either of the same or different types),  $bh\bar{a}va$ - $sa\bar{a}balya$  (the clashing of many  $bh\bar{a}vas$ , in which one  $bh\bar{a}va$  suppresses another and becomes prominent) and  $bh\bar{a}va$ - $sa\bar{a}nti$  (pacification of an extremely powerful  $bh\bar{a}va$ ) create waves in this ocean of separation.

Rādhā, who is mad in separation (*viraha-unmādinī*), addressed Kṛṣṇa in extreme humility: "*Ayi dīna-dayārdra-nātha*! O Kṛṣṇa, You are very simple-hearted and affectionate. It is You who remove the sorrows of the residents of Vraja, so please bestow Your mercy upon Me. You give mercy to all living entities, thus protecting them from all distress, so why will You not give mercy to Me, who am separated from My master? If You do not bestow Your mercy upon Me, Your reputation as 'He who removes the distress of the residents of Vraja' will be ruined. Only You are My beloved." This is why the word *nātha*, meaning 'master', is used in this verse.

In this ocean of separation, though, there is a towering wave that represses this feeling of humility (dainya) and manifests the mood of envy ( $as\bar{u}y\bar{a}$ ) and contrariness ( $m\bar{a}na$ ) due to jealousy. Now Śrī Rādhā addresses Śyāmasundara as Mathurā-nātha, the Lord of Mathurā.

"O Mathurā-nātha, why would You be merciful to us now? How can You remember us while You are in Mathurā, where hundreds of affectionate, beautiful ladies serve You? Surely You have forgotten us milkmaids. Since You are receiving so much honour from the fabulously opulent kings of Mathurā, how can You have time to remember us wretched persons? In the company of Mathurā's Yādavas, Your heart has also become hard. Why would it melt upon seeing the condition of us *gopīs*, who are anguished in separation?"

Speaking thus, Śrī Rādhā becomes momentarily stunned, and the sañcāri-bhāva of dainya again appears. She says, "O beloved (dayita)! O Śyāmasundara, You are more dear to us than our own lives. How can we forget Your loving dealings? When we would become tired during the rāsa dance, You would wipe away our drops of perspiration with Your own pītāmbara. And if our kunkuma stained the pītāmbara, You would lovingly hold it to Your heart. When You left us You said, 'I will return.' With this assurance, we remain alive. But having to wonder whether You will return or not confuses us, so please give us some consolation. Our restless hearts are truly hankering to see Your moon-like face."

Śrīla Bhaktivinoda Ṭhākura writes that the topmost *bhajana* is to follow the *vraja-devīs*' moods of separation from Śrī Kṛṣṇa.

### Text 8

Agitated by separation from Śrī Kṛṣṇa, the  $gop\bar{\imath}s$  blame Vidhātā (Providence). Śr $\bar{\imath}mad$ -Bhāgavatam (10.39.19) describes:

aho vidhātas tava na kvacid dayā samyojya maitryā praņayena dehinaḥ tāmś cākṛtārthān viyunaṅkṣy apārthakam vikrīditam te 'rbhaka-ceṣṭitam yathā

O Vidhātā, you are the one who arranges everything, but there is not even a trace of mercy in your heart. First you unite living

entities in this world in friendship and love, but before they can fulfil their desires and hopes, you pointlessly separate them while they are still unsatisfied. The truth is that, like the play of a child, this whimsical behaviour of yours is useless.

vidhātaḥ he! nāhi dayā kichui tomāra maitra-bhāve praṇayete, dehī-dehī-saṃyogete, kena eta kaile avicāra? akṛtārtha-avasthāya, viyoga karile hāya, bālakera ceṣṭā e vyāpāra

BHAJANA-RAHASYA-VṛTTI: The <code>vraja-devīs</code>, whose hearts have been seized by Śrī Kṛṣṇa, are distressed in fear of impending separation from Him. They have heard that Akrūra has come with a chariot to take their <code>prāṇakānta</code> Śyāmasundara to Mathurā. Tormented by the fear of impending separation, the <code>vraja-devīs</code>, speaking to like-minded <code>gopīs</code>, express their own special sentiments of love and afflictions of separation, and in doing so reveal their helplessness due to being in the <code>grip</code> of <code>prema</code>.

"Śrī Kṛṣṇa is going to Madhupurī!" Hearing this, the lustre of Bhadrā's lotus face and the lotus faces of the other taṭasthā-gopīs³ withered and became dejected. Śyāmalā's and other suhṛt-pakṣā-gopīs' dresses, belts, hair and so on loosened. In samādhi, Candrāvalī, who is vipakṣā, began to see Śrī Govinda in her heart, which was lost in meditation. The crown jewel of all the vraja-gopīs, mahābhāva-vatī Śrīmatī Rādhikā, svapakṣā-gopīs like Lalitā and Viśākhā, and other beloveds of Śrī Kṛṣṇa, envisioned in their hearts their prāṇa-priyatama's various amorous activities (prema-vilāsa) — His behaviour, dealings, laughter, glances, etc. Then, overwhelmed by the deep pain of separation from Him, they began to weep.

<sup>3</sup> The four groups of *gopīs* are as follows: (1) *taṭastha-pakṣā*, those who are neutral towards Śrī Rādhā, (2) *suhṛt-pakṣā*, those who are friendly to Śrī Rādhā, (3) *vipakṣā*, Śrī Rādhā's rivals and (4) *svapakṣā*, those who belong to Śrī Rādhā's personal party.

In different groups, the *gopīs* express their own innermost feelings according to their prema. Together in each group, they voice the agony of separation: "If our life airs leave our bodies due to the pain of separation from Śrī Kṛṣṇa, Vidhātā is solely responsible. O Vidhātā, you rule the entire universe very well, but is there no arrangement for compassion in your kingdom? If you had ever just once contemplated justice or injustice, you would not be so harsh. You arrange for the meeting and separation of living beings according to a mere whim. You also establish affectionate friendships between jīvas, but only for a moment do you let them relish the happiness of meeting before you again submerge them in an ocean of separation. You are heartless and cruel, and we are witness to this. Your behaviour is like that of an ignorant child who makes toys and then destroys them. Therefore, O Vidhātā, you are not only merciless, unscrupulous and inconsiderate, you are also wicked. Your present behaviour is highly contemptible. First, you created the form of our prānakānta Mukunda, who embodies all beauty, sweetness and charm, and who fascinates the entire universe, and then you granted us darśana of that form, by which our hearts experienced boundless love. However, after placing this unprecedented form before our eyes, you again removed it and took our prāṇakānta far away. Such deceit is not proper; only a wicked person acts like this. Why do you behave sinfully even though you are so wise and learned? Are you not committing the sin of taking back what you have given?"

## Text 9

For a person attached to Śrī Kṛṣṇa, even a moment of separation from Him is intolerable. Śrīmad-Bhāgavatam (10.39.29) states:

yasyānurāga-lalita-smita-valgu-mantralīlāvaloka-parirambhaṇa-rāsa-goṣṭhyām nītāḥ sma naḥ kṣaṇam iva kṣaṇadā vinā taṁ gopyaḥ kathaṁ nv atitarema tamo durantam Sakhīs, by His captivating, affectionate smile, sweet, intimate conversations, playful glances and loving embraces, the long, long nights of the  $r\bar{a}sa-l\bar{\iota}l\bar{a}$  passed in a moment. Indeed, how can we now overcome the boundless anguish we feel in His absence?

anurāga-vilokita, valgu-mantra-sulalita, smita-āliṅgana rāsa-sthale brahma-rātra kṣane gela, tabu tṛpti nā haila, ebe kṛṣṇa-viraha ghaṭila

> gopīra emana dina kemane yāibe duḥkhera sāgare ḍūbe prāṇa hārāibe

BHAJANA-RAHASYA-VṛTTI: When Śrī Kṛṣṇa was about to depart for Mathurā, the *vraja-gopīs*, who were distressed by the fear of imminent separation from Him, began to lament and reproach Vidhātā (Providence) in various ways. They said, "Today cruel (*krūra*) Vidhātā has arrived in Vraja, bearing the name Akrūra ('not cruel'). We gave up our families and religious principles, and offered our everything unto the lotus feet of our *prāṇakānta* Śyāmasundara. Now what will happen to us? Oh! Destiny is unfavourable to us! There is no way to save us from this."

Another *gopī* said, "O *sakhī*, today we shall give up all shyness and hesitation; we will somehow put a stop to Govinda's journey. Seeing our boldness and independence, all of our relatives will be displeased, our family elders will not tolerate our shamelessness and our relatives and friends will punish us, threaten us with death, or forcibly evict us from our homes. But *sakhī*, we have already given up all attachment to home and bodily relationships. If we are put out of our homes, it will be auspicious for us, because then we will easily attain the company of Govinda. We shall give up our homes and roam here and there with Him. Even if they punish us with death, there will be no loss, because it is better to die than be separated from Govinda. If they lock us in our homes we will die happily, meditating on Govinda. Therefore *sakhī*, why wait? Go quickly! Do not delay in putting a stop to Govinda's journey."

While Śrī Krsna's beloveds lamented in the burning heat of separation, they fell unconscious. At that time, happy memories of meeting began to awaken in their hearts, where the previous night of *rāsa* manifested. Śrī Krsna's gentle, sweetly smiling and loving lotus face, His affectionate, charming conversations and His affectionate, strong embrace manifested on the screen of their hearts, and that night seemed to pass very slowly. The pain of separation, stimulated by the thought of being deprived of Śrī Krsna's sweet company, felt like countless forest fires. The *gopīs* lamented, "How can we cross this ocean of suffering? How can we remain alive without our prānakānta? In the afternoon, when Śrī Krsna, surrounded by the cowherd boys, returns home from the forest, the beauty of His face is unprecedented. The indescribable sound of the *muralī* and His sidelong glances stir our hearts. His face, which is covered by the dust that has been raised by the cows' hooves, His curly locks of hair, the extraordinarily beautiful garland of forest flowers around His neck, and His sidelong glances all reveal His love-filled desires. How can we forget all our loving exchanges?"

That day Śrī Kṛṣṇa prepared to go to Mathurā, leaving the *gopīs* behind. Who can express their deep anguish? When the time for departure came, the barrier of their composure broke and they all assembled, loudly expressing the great pain in their hearts by incessantly wailing, "O Govinda! O Dāmodara! O Mādhava!"

## Text 10

Śrī Rādhā's strong expressions of separation from Śrī Kṛṣṇa are described in *Hamsadūta* (2):

yadā yāto gopī-hṛdaya-madano nanda-sadanān mukundo gāndinyās tanayam anurundhan madhu-purīm tadāmāṅkṣīc cintā-sariti ghana-ghūrṇāparicayair agādhāyāṁ bādhāmaya-payasi rādhā-virahinī Upon the request of Akrūra, Śrī Kṛṣṇacandra, who gladdens the *gopīs'* hearts, departed Nanda-bhavana for Mathurā. Now separated from Her lover, Śrī Rādhikā became greatly agitated and was completely submerged in a river of anxiety, which was full of deep whirlpools of unlimited suffering.

gopikā-hṛdaya-hari, vraja chāḍi' madhupurī, akrūra-sahita yabe gelā tabe rādhā virahiṇī, ghana-ghūrṇa-taraṅgiṇī, cintā-jale agādhe paḍilā

BHAJANA-RAHASYA-VŖTTI: In his book *Haṁsadūta*, Śrīla Rūpa Gosvāmī gives an incomparable description of the *vraja-ramaṇī's* feelings of separation (*vipralambha-rasa*) that resulted from Śrī Kṛṣṇa's residing in a distant place (*sudūra-pravāsa*). In *śṛṅgara-rasa*, *vipralambha-rasa* is most relishable. Śrī Rūpa Gosvāmī has enabled *rasika* devotees to dive deep into the ocean of *vipralambha-rasa* by writing about the waves of separation that arose in all the limbs of Śrī Rādhā's body, Her incoherent conversations in *divyonmāda*, and Her sorrowful speech, which were all due to blazing (*sūddīpta*) *sāttvika* transformations.

The very bliss of the *vraja-gopīs'* hearts, Śrī Nanda-nandana, was taken to Mathurā by Akrūra, whose name means 'not cruel'. Actually, however, Akrūra was supremely cruel, and as a consequence, all the *gopīs* drowned in a bottomless ocean of separation.

One day the crown jewel of the *gopīs*, the personification of *mahābhāva*, Śrī Rādhā, overwhelmed by feelings of separation from Kṛṣṇa, went to the bank of the Yamunā with Śrī Lalitā and other *sakhīs* to soothe Her affliction. However, just by again seeing the *kunjas* where Their playful pastimes took place, Śrī Rādhā fainted, distressed by the burning fire of that separation. The *sakhīs* lifted Her up and laid Her on a bed of lotus petals. Śrī Lalitā fanned Her with the end of her veil and the *sakhīs* chanted the names of Krsna.

By fanning Her and anointing Her with cooling sandalwood paste, they tried to bring Her back to consciousness.

Impatient, Śrī Lalitā went to bring Her cool water from the Yamunā. There, she saw an extremely beautiful, white, male swan. An inspiration arose in her to send a message to *prāṇa-vallabha* Śrī Kṛṣṇa about the incidents that were destroying the life of her dear *sakhī*, Śrī Rādhā. She understood that this male swan (*haṃsa*) would be a suitable messenger (*dūta*), and she politely petitioned him to go to Mathurā. While describing the main road, she remembered previous pastimes with Kṛṣṇa. She mentioned these pastimes to the swan, thus making him thoroughly understand all the sufferings in Śrī Rādhā's heart, which was overwhelmed by separation from Kṛṣṇa.

After Śrī Kṛṣṇa departed for Mathurā with Akrūra, Śrī Rādhā became submerged in a fathomless ocean of anxiety. She began to think, "Shall I protect this life air, which is burning in the fire of agony, by binding it with the rope of hope? Or shall I liberate My body from this rope? As Prāṇanātha left Vṛndāvana, He said, 'Āyāsya iti dautyakai — I will return the day after tomorrow.' But the day after tomorrow has been replaced with many years, and we still have not received news that He is coming. Shall I give up that hope and choose death by entering fire or the waters of the Yamunā?"

Śrī Rādhikā further reflected, "When <code>prāṇakānta</code> Śyāmasundara returns from Mathurā and does not find Me here, He will become so distressed. So what shall I do? My intelligence is perplexed. If My <code>prāṇanātha</code> cannot see Me, He also will be unable to remain alive. What shall I do? If I die, I will not see My <code>priyatama's</code> soft, delicate lotus face which resembles a <code>kunda</code> flower. But I am unable to remain alive, as I am burning in separation. That Lord of our lives has not abandoned us; therefore, it is only right that I protect My life." In this way, Śrī Rādhā was submerged in the boundless ocean of separation, in whirlpools of thoughts filled with pain. The <code>vrajasundarīs</code> yearning to meet Kṛṣṇa is a transformation of their <code>prema</code>. It increases unlimitedly, exuding a wonderful sweetness.

Śrī Rūpa Gosvāmī follows Śrī Rādhā's *bhāvas* and becomes one with them. He taunts Akrūra by using the word *gāndinī-tanaya*, the son of Gāndinī, which has a double meaning. Akrūra took birth from the womb of Gāndinī, the daughter of the king of Kāśī. He stayed in her womb for twelve years, which caused her much pain. His father asked, "O child, why are you not taking birth? Why are you making your mother suffer like this?"

The child in the womb replied, "Father, if you give one cow to each brāhmaṇa every day, I will take birth after one year." His father gave the cows as requested, and after one year, the child took birth. The Purāṇas state that a son who is named after his father or his paternal grandfather is blessed, but that son who is known by his mother's name is worthless. In this Text, Śrī Rūpa Gosvāmī indicates Akrūra's cruel nature by making him known through his mother, not his father. The Viṣṇu Purāṇa describes that Akrūra's mother gave her family suffering, anxiety and worry. Consequently, Akrūra, having the same qualities as his mother, threw the gopīs and Vrajavāsīs into a limitless ocean of grief.

This Text expresses *cintā* (anxious consideration) aroused in the state of *udghūrṇā* in *mohana-mahābhāva*. *Cintā* is one of the ten stages of *pravāsa-vipralambha*.

## Text 11

The ten conditions of *viraha*, separation, are described in  $\hat{S}r\bar{\iota}$  *Ujjvala-nīlamaņi* (15.167):

cintātra jāgārodvegau tānavam malināṅgatā pralāpo vyādhir unmādo moho mṛtyur daśā daśa

Ten conditions arise in separation (viraha): (1) cintā — anxious consideration, (2) jāgara — sleeplessness, (3) udvega — agitation, (4) tānava — emaciation of the body, (5) malinānatā — discolouring

of bodily limbs, (6)  $pral\bar{a}pa$  – incoherent speech, (7)  $vy\bar{a}dhi$  – being stricken with a tormenting ailment, (8)  $unm\bar{a}da$  – madness, (9) moha – bewilderment and (10) mrtyu – death, or being unconscious for a long time. At the stage of mohana, an extraordinary condition manifests in  $\hat{S}r\bar{1}$  Rādhā, in which She experiences extreme anguish of separation from Kṛṣṇa.

jāgara, udvega, cintā, tānavāṅga-malinatā, pralāpa, unmāda āra vyādhi moha, mṛtyu, daśādaśa, tāhe rādhā suvivaśa, pāila duḥkha-kulera avadhi

## Text 12

While Śrī Rādhā suffers from the scorching poison of *viraha*, She expresses Her transcendental emotions, as described in *Jagannātha-vallabha-nāṭaka* (3.9):

prema-ccheda-rujo 'vagacchati harir nāyam na ca prema vā sthānāsthānam avaiti nāpi madano jānāti no durbalāḥ anyo veda na cānya-duḥkham akhilam no jīvanam vāśravam dvi-trāṇy eva dināni yauvanam idam hā hā vidhe kā gatiḥ

Śrī Hari does not understand the pain of separation in *prema*. In fact, *prema* does not know anything about who is deserving of it and who is not. Kāmadeva also torments us, knowing us to be weak. It is impossible for anyone to understand another's misery. Life is so fleeting – it has no certainty – and youth remains only two or three days. Alas, alas! What kind of arrangement of Vidhātā (the Creator) is this?

sakhī bale dhairya dhara, āsibe nāgara-vara, vyākula haile kivā phala rādhā bale ohe sakhi, patha āra nāhi lakhi', prema-ccheda roga ye bādila latā vāṅcāite hari, nā āsila madhupurī,
prema nā bujhila sthānāsthāna
niṭhura kānura preme, paʾḍe gelām mahābhrame,
madana tāhāte hāne bāna

duḥkha nā bujhila sakhi, jīvana caṅcala lakhi, tāte e yauvana-śobhā yāya āra ki nāga-ramaṇi, e vraje āsibe dhani, hā hā vidhi! ki habe upāya

BHAJANA-RAHASYA-VŖTTI: Śrī Rāya Rāmānanda gives the following description in his Jagannātha-vallabha-nāṭaka. Once Śrī Rādhā and Her sakhīs entered the Vṛndāvana forest. The sakhīs began to describe the sweetness of Śrī Kṛṣṇa's beauty with verses appropriate for pūrva-rāga, such as so 'yam yuvā yuvati-citta-vihaṅga-śākhī (Jagannātha-vallabha-nāṭaka 1.50). Śrī Kṛṣṇa spotted Rādhā from a distance and They both became extremely restless to meet each other. Rādhā sent a love-letter to Śrī Kṛṣṇa through Śaśimukhī Sakhī. Although Śrī Kṛṣṇa became overwhelmed with emotion upon reading it, He concealed His emotion and disrespected Rādhā and the gopīs with words of indifference: "It is improper for women from good families to forsake their family honour to love Me like this."

Śaśimukhī returned to Śrī Rādhikā, and relating all this to Her, advised Rādhā to place Her attention elsewhere. This made Śrī Rādhā attain an unbearably severe state of separation, and She conveyed Her sentiments in this Text 12. Śrī Rādhā said to the *gopī* Madanikā, "Attracted by the incomparably beautiful form of Śrī Kṛṣṇa, I was unable to remain calm, so I sent a letter to Him. O *sakhī*, what was My fault in doing that? He is certainly crooked, as His sole intention was to give Me a punishment equal to death. First, He attracted Me with the sweetness of His form and now He is rejecting Me. O *sakhī*, you may ask, 'Why do You feel affection for Śrī Kṛṣṇa when He is very competent in killing women?' but what can I say? *Hā hā vidhe kā gatiḥ*. It is very difficult to understand why Vidhātā gives a particular

punishment to someone. I loved Kṛṣṇa for pleasure, but instead of Vidhātā giving Me pleasure, he gave Me sorrow, and because of this My life air is now leaving Me." This is also described in Śrī Caitanya-caritāmṛta (Madhya-līlā 2.20) as follows:

sakhi he, nā bujhiye vidhira vidhāna sukha lāgi' kailun prīti, haila viparīta gati, ebe yāya, nā rahe parāṇa

My dear friend, I do not understand the regulative principles given by the Creator. I loved Kṛṣṇa for happiness, but the result was just the opposite. I am now in an ocean of distress. It must be that I am now going to die, for My vital force no longer remains. This is My state of mind.\*

Śrī Rādhā continues, "Sakhī Madanikā, the movement of *prema* is crooked, like that of a snake, and it is foolish. It does not consider whether the place is suitable or unsuitable, or if the object is fit or unfit. This *prema* moves in a crooked way and has tied My hands, feet and neck with the ropes of that wicked one's beauty and virtues. I am unable to untie that knot."

Śrī Rādhā is so captivated by Śrī Kṛṣṇa's qualities that it is impossible for Her to abandon the hope of meeting Him. Her condition is similar to that of a person who relishes the sweetness of hot sugar cane so much that he cannot give up chewing it, even if his mouth is burning. Moreover, She says, "Observing My helpless condition, Madana (Cupid) torments Me with his five arrows, thus exhausting My entire body."

The *sakhī* says, "O Rādhā, take revenge on Kāmadeva (Cupid)." Rādhā answers, "O *sakhī*, Kāmadeva has no body, so how can I retaliate? He tears My body asunder with His five arrows, causing Me agony, but these arrows do not take away My life."

"Svāminī, since Śrī Kṛṣṇa is an ocean of mercy, He will certainly bestow mercy upon You. Have patience."

Śrī Rādhā replies, "Dvi-trāṇy eva dināni yauvanam idam. Life is momentary. Who can remain alive until then? The lifespan of the living entity in a human body is one hundred years, but youth only lasts a few days. Without youth, how will I serve Him? My youth only is the cause of His happiness."

In reality, Śrī Rādhā is the eternal beloved of Śrī Kṛṣṇa. She is not an ordinary *māninī*, or a woman who has been offended by Her lover — She is the personification of *viśuddha-sattva*. By her power, Yogamāyā has manifested these pastimes on the surface of the Earth for the purpose of accomplishing Kṛṣṇa's *nara-līlā*. Śrī Caitanya-caritāmṛta (Ādi-līlā 4.29—30) confirms this with the following words:

mo-viṣaye gopī-gaṇera upapati-bhāve yoga-māyā karibeka āpana-prabhāve

āmiha nā jāni tāhā, nā jāne gopī-gaṇa duṅhāra rūpa-guṇe duṅhāra nitya hare mana

The influence of Yogamāyā will inspire the *gopīs* with the sentiment that I am their paramour. Neither the *gopīs* nor I shall notice this, for our minds will always be entranced by one another's beauty and virtues.\*

## Text 13

Śrī Rādhā's condition of *udvega*, anxiety, in separation from Śrī Kṛṣṇa is described in *Kṛṣṇa-karṇāmṛta* (42):

kim iha kṛṇumaḥ kasya brūmaḥ kṛtaṁ kṛtam āśayā kathayata kathām anyāṁ dhanyām aho hṛdayeśayaḥ madhura-madhura-smerākāre mano-nayanotsave kṛpaṇa kṛpaṇā kṛṣṇe tṛṣṇā ciraṁ bata lambate

What shall I do now? To whom shall I speak? What is the purpose of holding on to the futile hope of receiving His darsana? Please

speak about something better. Aho! But how can I possibly stop talking about He who is contained within My heart? His gentle, sweet smile is a festival for the mind and eyes. My longing to see this form of Śrī Kṛṣṇa increases moment by moment.

ebe bala ki kariba, kāre duḥkha jānāiba, deha dhari kṛṣṇera āśāya kaha anya kathā dhanya, yāte citta suprasanna, sakhi! tāhā nā haibe upāya

kṛṣṇa hṛde śu'ye āche, mṛdu madhu hāsiteche, mano-nayanera mahotsava kṛṣṇa lakhibāra āśā, mane kaila cira vāsā, se āśā kṛpaṇā asambhava

BHAJANA-RAHASYA-VṛTTI: A variety of sentiments are arising in Śrī Rādhā's heart. While in this state of *bhāva-śābalya* (the clashing and jostling of many different *bhāvas*, in which one *bhāva* suppresses another and becomes predominant), Śrī Rādhā says, "O *sakhīs*, what shall I do in this state of misfortune? I do not know how I will attain *darśana* of Kṛṣṇa. To whom shall I express this heart-breaking anguish? In this state of separation from Kṛṣṇa, your condition is similar to Mine, so who in Vraja can I tell about the condition of My heart?"

A moment later, Śrī Rādhā conceals Her <code>bhāva-śābalya</code> and says (Śrīmad-Bhāgavatam 11.8.44): "'Āśā hi paramam duḥkham—hope itself is the consummate giver of sorrow.' For many days I have sat and waited, hoping that Kṛṣṇa would soon come, but so far He has not arrived. Now it is appropriate to give up that hope." Here the <code>sancāri-bhāva</code> called <code>mati</code> (resolve or wisdom) has arisen, after which <code>amarṣa</code> (intolerance or indignation) appears. Śrī Rādhā then says, "O <code>sakhīs</code>, stop talking about that ungrateful Kṛṣṇa! Please tell Me about something else." As She says this, Kṛṣṇa manifests to Her in an internal vision. Wounded by the arrow of <code>kāma</code>, She becomes restless like a deer pierced by an arrow, and the <code>bhāva</code> of <code>amarṣa</code>

becomes covered by the appearance of *trāsa* (fear). Overwhelmed, She cries, "Oh, what pain! Kṛṣṇa is lying in My heart, casting a sweet, gentle sidelong glance at Me with His laughing eyes. This smiling glance is a great festival for the eyes and minds of all *vraja-ramaṇīs*."

Suddenly this *bhāva* disappears, and great distress and remorse stir in Her heart. Again She laments, saying, "Sakhī, what shall I do? You tell Me to be patient, but how can I be? The hope of receiving Kṛṣṇa's darśana occupies My mind, but this seems to be merely a vain hope that should be cast off." While lamenting in this way, autsukya-bhāva (ardent desire) again arises. Restless in separation from Kṛṣṇa, Śrīmatī says, "Understanding that her hope was causing extreme distress, the prostitute Pingalā<sup>4</sup> renounced it and became happy. I should also give up the hope of attaining Kṛṣṇa, but it is so difficult to stop talking about Him. Alas! The thirst for Śrī Kṛṣṇa's darśana is increasing in My heart moment by moment. That thirst is also increasing madana (kāma), which is sweeter than sweet."

## Text 14

The *divyonmāda* (transcendental madness) of Śrī Rādhā, who is restless in the intense fire of separation from Śrī Kṛṣṇa, is described in *Kṛṣṇa-karnāmrta* (41):

amūny-adhanyāni dināntarāṇi hare! tvad-ālokanam antareṇa anātha-bandho! karuṇaika-sindho! hā hanta! hā hanta! kathaṁ nayāmi

Alas, alas! O Hari! O friend of the helpless! O You who are the only ocean of mercy! How can I pass these unfortunate days without seeing You?

<sup>4</sup> The story of Piṅgalā is narrated in  $\dot{S}r\bar{\imath}mad\text{-}Bh\bar{a}gavatam$ , Eleventh Canto, Chapter 8.

nā heriye tava mukha, hṛdaye dāruṇa, duḥkha, dīna-bandho, karuṇā-sāgara e adhanya divā-niśi, kemane kāṭābe dāsī, upāya balaha ataḥpara

BHAJANA-RAHASYA-VṛTTI: Without Śrī Kṛṣṇa's darśana, a moment seems like hundreds of yugas for Śrī Rādhā, who is burning in the fire of separation, and Her days stand still. "These days and nights, in which I cannot serve You, are not blessed."

The word  $h\bar{a}$  (meaning 'alas') in this verse expresses a distress that is full of grief. Kṛṣṇa may say, "O Rādhā, Your body, which is pierced by the arrows of Anaṅga (Cupid), burns in the fire of  $k\bar{a}ma$ , so You should search for Your husband, as he is searching for You. As it is said (Śrīmad-Bhāgavatam 10.29.20) 'patayaś ca vaḥ, vicinvanti — not seeing you, your husbands are searching for you.'5 So, You should go to him."

Then Śrī Rādhā will reply, "O Śyāma, I am searching for My prāṇa-priyatama Vrajendra-nandana. 'Pati-sutādibhir ārti-daiḥ kim' (Śrīmad-Bhāgavatam 10.29.33). What need have I for husband and children who give distress? Therefore, O anātha-bandhu, friend of the helpless, we are helpless, having been abandoned by our husbands and other family members. We have therefore come to our priyatama (You)."

If somebody were to say, "Why have You come to Your *priyatama*?" then Śrīmatī would answer, "He is the friend of the helpless and destitute. I am helpless, so He is also My friend."

If Kṛṣṇa says (Śrīmad-Bhāgavatam 10.29.24), "bhartuḥ śuśrūṣaṇaṁ strīṇāṁ paro dharmaḥ — a woman's prime duty is to serve her husband," then, in reply, Śrī Rādhā will say (Śrīmad-Bhāgavatam 10.29.34), "cittaṁ sukhena bhavatāpahṛtam — our minds and senses were satisfied engaging in household duties, but You stole them. O Hari, we have come to You in search of the great

<sup>5</sup> In this verse from the Śrīmad-Bhāgavatam Kṛṣṇa is addressing the gopīs.

wealth of our hearts and senses. If there is anything wrong with this, it is Your fault, not ours."

Kṛṣṇa could possibly say, "You are restless women! I am fully conversant with *dharma*. How could I steal your hearts, thus discarding *dharma*?" To this, She would reply (Śrīmad-Bhāgavatam 10.29.38), "tan naḥ prasīda — Be pleased with us, O karuṇaika—sindhu, You who are the only ocean of mercy, and therefore, You are capable of bestowing mercy upon us even if You transgress *dharma*."

### Text 15

Kṛṣṇa-karṇāmṛta (40) describes Śrī Rādhā's longing to meet Śrī Kṛṣṇa:

he deva! he dayita! he bhuvanaika-bandho! he kṛṣṇa! he capala! he karuṇaika-sindho! he nātha! he ramaṇa! he nayanābhirāma! hā hā kadā nu bhavitāsi padaṁ dṛśor me

O Lord! O dearest one! O only friend of the three worlds! O Kṛṣṇa! O restless one! O only ocean of compassion! O Deva! O lover (ramaṇa)! O You who delight the eyes! Oh! When will You again be visible to My eyes? When will I receive Your darśana?

he deva, he prāṇapriya, eka-mātra bandhu iha, he kṛṣṇa, capala, kṛpā-sindhu he nātha, ramaṇa mama, nayanera priyatama, kabe dekhā dibe prāṇa-bandhu

BHAJANA-RAHASYA-VŖTTI: The *sakhīs* are consoling Śrī Vṛṣabhānu-nandinī, who is suffering in separation from Kṛṣṇa. Suddenly, Śrī Rādhā looks here and there and says, "O *sakhī*, listen! It is the sound of Kṛṣṇa's ankle-bells! But why is He not coming before My eyes? Surely that rogue is dallying with some beautiful girl in a nearby *kunja*." While speaking like this, Śrī Rādhā becomes mad, and

in that frenzied condition, She sees that Śrī Kṛṣṇa has come. On His body, though, are signs that He has been enjoying with another woman. Upon seeing the marks, Śrī Rādhā becomes indignant (amarṣa) and, even though Śrī Kṛṣṇa is present before Her, She does not speak to Him but turns Her face away. Śrī Kṛṣṇa then disappears and Rādhā eagerly begins to search for Him here and there.

Restlessness resulting from a delay in seeing and attaining the desired object is called *autsukya*, ardent desire. When *bhāvas* overlap, it is known as *bhāva-śābalya*. When *autsukya* and *asūyā* (envy) awaken simultaneously, Śrī Rādhā sometimes criticises Kṛṣṇa, and sometimes She praises Him. Sometimes She goes into *māna*, sometimes She becomes proud and sometimes She praises Him sarcastically.

She says, "O Deva, because You sport with other women, You are called Deva<sup>6</sup>." Due to this disrespect, Kṛṣṇa leaves. Repentant, Śrī Rādhā begins to speak out of an eager longing to again enjoy His presence. "O beloved, You are the most dear of My life. Why did You desert Me? Please, grant Me Your *darśana*."

Hearing this, Śrī Kṛṣṇa again appears. As soon as Śrī Rādhā sees Him, the sentiments of *amarṣa* (indignation) and *asūyā* (envy) arise in Her, and She sarcastically derides Him. "O only friend of the three worlds (*bhuvanaika-bandhu*), by playing Your enchanting flute, You bring all women under Your control, and for this reason You are the friend of the entire world. You are the friend of all *gopīs*, therefore You are always near them. Isn't it Your own fault then, that You do not come to Me?"

Kṛṣṇa again disappears. Not seeing Him, Śrī Rādhā says, "O Kṛṣṇa! O Śyāmasundara! You attract the hearts of the entire universe. After stealing My heart, where have You gone? Please, kindly let Me see You, just once."

Śrī Kṛṣṇa returns and says, "O Priyā, I was just outside the *kunja*. Please, be satisfied with Me."

<sup>6</sup> Deva means 'someone who sports or plays'.

Upon hearing Śrī Kṛṣṇa's entreaty, which is mixed with fickleness, Rādhā says, "O fickle one (*capala*)! O snake of the cowherd maidens! Please, go away from here, stealer of other men's wives! I have no need for You. Go back where You came from."

Kṛṣṇa hears this and pretends to leave. Śrī Vṛṣabhānu-nandinī understands that Her *prāṇanātha* has gone and offers a supplication. "O only ocean of mercy, I know that I am an offender, but You are the ocean of compassion and Your heart is soft, so please give Me Your *darśana*. O lover (*ramaṇa*), You are always sporting with Me, so please come to the *kunja*."

Within Her mind, She understands that Kṛṣṇa has again arrived. Thus absorbed, She holds out Her arms to embrace Him but is unable to do so. Coming to external consciousness, She begins speaking in extreme distress, "O beloved to My eyes (nayanābhirāma)! O You who give joy to the eyes (nayanānanda)! My eyes are very thirsty to gaze upon You. Alas! When will You appear before them?"

## Text 16

Kṛṣṇa-karṇāmṛta (68) describes an internal vision (sphūrti-darśana) of Śrī Kṛṣṇa:

māraḥ svayaṁ nu madhura-dyuti-maṇḍalaṁ nu mādhuryam eva nu mano-nayanāmṛtaṁ nu veṇī-mṛjo nu mama jīvita-vallabho nu kṛṣṇo<sup>7</sup> 'yam abhyudayate mama locanāya

Is this Cupid himself, or is it a halo of sweet effulgence? Is this the personification of sweetness or the life-giving nectar of the mind and eyes? Is this the lover who loosens My braid, the beloved of My life, the youthful Kṛṣṇa, who has manifested before My eyes?

<sup>7</sup> In some editions of *Kṛṣṇa-karṇāmṛta 'kṛṣṇo'* reads 'bālo'.

svayam kandarpa eki, madhura-maṇḍala nāki, mādhurya āpani mūrtimāna mano-nayanera madhu, dūra ha'te āila bandhu, jīvana-vallabha vraja-prāṇa

āmāra nayana-āge, āila kṛṣṇa anurāge,
dehe mora āila jīvana
saba duḥkha dūre gela, prāṇa mora juḍāila,
dekha sakhi! pāinu hārādhana

BHAJANA-RAHASYA-VṛTTI: After Śrī Kṛṣṇa disappeared from the rāsa-līlā, the gopīs sang a piteous kīrtana filled with the mood of separation from Him. At that time, Kṛṣṇa, who is manmatha-manmatha, the bewilderer of the mind of Cupid, appeared before them. In Śrīmad-Bhāgavatam (10.32.2) Śrīla Śukadeva Gosvāmī describes that unprecedentedly beautiful form of Kṛṣṇa: "tāsām āvirabhūc chauriḥ smayamāna-mukhāmbujaḥ — with a smile on His lotus face, Kṛṣṇa came before the gopīs. Wearing a flower garland and a yellow garment, He appeared directly as one who can bewilder the mind of Cupid, who himself bewilders the minds of ordinary people."

Śauri Śrī Kṛṣṇa, who defeats even Cupid, appears before the *gopīs*. Upon seeing His beauty, Rādhā becomes perplexed and wonders, "Is Kṛṣṇa really present before us?" Confused, She says to Her *sakhīs*, "O *sakhīs*, is He who is standing before us Cupid incarnate, whose invisible form attacks everyone?" Here in this Text, the word *nu* (meaning 'whether') is used in the sense of deliberating. Again perceiving His sweetness, She says with astonishment, "That Cupid cannot be so sweet, so is this a halo of sweet beauty? This is also astonishing. No, no it is not merely a halo of beauty, it is some kind of embodied sweetness. No other kind of sweetness can satisfy our eyes, but our eyes are satisfied with this *darśana*." With great pleasure, She says, "Is this nectar itself? But *sakhī*, nectar does not have a form and this does, so it cannot be nectar." Again She says, "Is it our beloved,

who loosens our braids, who has come to us out of love?" Looking very carefully at Kṛṣṇa, She blissfully says, "O sakhīs, it is the love of our lives, the fresh, youthful dancer (nava-kiśora-naṭavara). It is He who gives pleasure to the eyes and who is our prāṇakānta."

### Text 17

A description of the direct *darśana* of Śrī Kṛṣṇa is given in Śrīmad-Bhāgavatam (10.32.2):

tāsām āvirabhūc chauriḥ smayamāna-mukhāmbujaḥ pītāmbara-dharaḥ sragvī sākṣān manmatha-manmathaḥ

Just then, Śrī Kṛṣṇa appeared in the midst of the *gopīs*. His lotus face blossomed with a mild, gentle smile. Hanging from His neck was a garland of forest flowers, and He wore a golden-yellow garment (*pītāmbara*). What was the nature of His beauty? That beauty stirs the mind of Kāmadeva (Cupid), who himself stirs the minds of everyone.

gopīra sammukha hari, dānḍāila veṇu dhari', smayamāna-mukhāmbuja-śobhā vanamālī pītāmbara, manmathera manohara, rādhikāra deha-mano-lobhā

BHAJANA-RAHASYA-VṛTTI: Śrī Kṛṣṇa, who is expert in increasing His devotees' *prema*, disappeared from the *rāsa* dance. Devastated by separation from Him, weeping, the *gopīs* arrived at the bank of the Yamunā. There they performed *kīrtana*, having exhausted all alternatives in their search for Him. Their voices were full of extreme feeling and they used metaphors with multiple meanings to express their sentiments. Restless in the pain of separation, the *vraja-ramaṇīs*'

tears, full of *prema*, flowed freely and continuously from their eyes. At that time, Śrī Kṛṣṇacandra, who was in the dense, dark forest, heard their weeping and suddenly appeared in their midst, manifesting His lustre.

In this Text, Śrīla Śukadeva Gosvāmī is thoroughly absorbed in *maňjarī-bhāva*, and in anger, he has used the word *śauri* as an insult. Śrī Kṛṣṇa appeared in a *kṣatriya* family within the Śūra dynasty, whose hearts were deceitful and hard. Śukadeva Gosvāmī was unable to tolerate Svāminī's agony of separation from Kṛṣṇa, and he therefore saw Śrī Kṛṣṇa's hiding as a defect. He thought, "The young girls of Vraja are simple loving girls (*premikās*), and You take pleasure in making them unhappy. Seeing the *gopīs* afflicted by grief, You display Your prowess (*śaurya*)." Śrīla Śukadeva Gosvāmī felt that such so-called prowess was a disgrace: "If Your heart were truly honest, You would not have done such a thing." These are examples of the defamatory remarks used in *prema*; only one whose *prema* is deep can speak like this.

Śrī Kṛṣṇacandra, the crown jewel of all those skilled in amorous pastimes (*vidagdha-cūḍāmaṇi*), appeared in the midst of the *vraja-devīs*, displaying His unparalleled beauty. This beauty is described in this Text by the use of three adjectives: *smayamāna*, *sragvī* and *sākṣān-manmatha-manmathaḥ*.

Smayamāna — Although His face was radiant and smiling, Śrī Kṛṣṇa's heart was remorseful. Smiling is a characteristic of bhagavattā (the quality of being Bhagavān), but Kṛṣṇa's smile before the gopīs was caused by the bhāvas He experienced upon seeing them. He smiled to remove their distress and console them. Darśana of His extremely enchanting lotus face removes all the gopīs' sorrow. When Śrī Kṛṣṇa, wearing a pītāmbara, heard the distress-filled cry of the vraja-devīs, He came swiftly, holding His pītāmbara around His neck so that it would not slip off.

Śrī Kṛṣṇa had charmed the *gopīs* with the sound of His flute. All those *gopīs* had abandoned their families, morality, steadfastness and shyness to arrive at Krsna's side. But on that day, Krsnacandra

had abandoned the *gopīs* and disappeared. Upon His return, He held His yellow cloth around His neck as a gesture, in order to show that He was praying for forgiveness. Conscious that He had given great suffering to His dear ones, Kṛṣṇa admitted that He Himself was an offender, and He held His *pītāmbara* with His hands to beg forgiveness for His transgression. Just as a repentant person clasps a piece of straw between his teeth, Kṛṣṇa humbly put His cloth around His neck, thus begging forgiveness. His hands held His *pītāmbara*, which He used to carefully wipe away the tears from the eyes of the *vraja-devīs*, who were grief-stricken in their feelings of separation from Him. Vrajendra-nandana is also relating the following mood to the *gopīs*: "You are of golden complexion, so I have covered My body, heart and mind with the *pītāmbara*; My inner heart is also coloured by your golden *anurāga*."

Sragvī – Leaving aside all other ornaments, Śrī Kṛṣṇa wore a fresh, radiant garland of forest flowers around His charming neck. He wore this garland of cooling lotuses only to remove the *gopīs*' fire of separation. In doing so, He expressed the sentiment, "You are like the garland's flowers; you are like My very heart. By embracing you, I am praying for forgiveness and beg you to soothe the heat of My feelings of separation from you. You strung this very garland yourself and garlanded Me with it. I am displaying My eternal gratitude by wearing it upon My heart."

Sākṣān-manmatha-manmathaḥ — Śrī Kṛṣṇa's extremely charming beauty, embellished by His being in the midst of the gopīs, churned the mind of Cupid. Vyaṣṭi-kāmadeva and samaṣṭi-kāmadeva are concealed in sākṣāt-manmatha, the original Kāmadeva. The vyaṣṭi-kāmadevas are the Kāmadevas that exists in different universes, samaṣṭi-kāmadeva is Pradyumna, and the original Kāmadeva is Nanda-nandana Himself. The material Madana (Kāmadeva) intoxicates all jīvas, but when this material Madana receives darśana of Śrī Kṛṣṇa's form, which enchants the three worlds, he falls unconscious. Sāksāt-manmatha-manmatha Kṛṣṇa,

who is the transcendental Kāmadeva, manifested such a form to calm the *gopīs'* suffering.

Śrīla Jīva Gosvāmī writes in the *Krama-sandarbha* that *manmatha-manmatha* signifies that person who infatuates even Madana. Śrī Kṛṣṇacandra displayed His Mohinī-mūrti and even bewildered Mahādeva in his form as Rudra.<sup>8</sup> But actually, Śrī Kṛṣṇa's form as *sākṣāt-manmatha-manmatha* is only displayed in the *rāsa-maṇḍala*. This is confirmed in Śrī Caitanya-caritāmṛta (Ādi-līlā 5.212–213):

vṛndāvana-purandara śrī-madana-gopāla rāsa-vilāsī sākṣāt vrajendra-kumāra

śrī-rādhā-lalitā-saṅge rāsa-vilāsa manmatha-manmatha-rūpe yāṅhāra prakāśa

Madana-gopāla, the Lord of Vṛndāvana, is the enjoyer of the *rāsa* dance and is directly the son of the King of Vraja. He enjoys the *rāsa* dance with Śrīmatī Rādhikā, Śrī Lalitā and others. He manifests Himself as the Cupid of Cupids.

# Text 18

Śrī Rādhā's meeting with Kṛṣṇa in Nava-Vṛndāvana, Dvārakā, and an expression of a desire for *vraja-bhāva*, is described in *Lalita-mādhava* (Act 10):

cirād āśā-mātram tvayi viracayantaḥ sthira-dhiyo vidadhyur ye vāsam madhurima gabhīre madhu-pure dadhānaḥ kaiśore vayasi sakhi tām gokula-pate prapadyethās teṣām paricayam avaśyam nayanayoḥ

<sup>8</sup> The story of how Mahādeva became bewildered by Śrī Kṛṣṇa's Mohinī-mūrti is narrated in  $Śrīmad-Bh\bar{a}gavatam$ , Eighth Canto, Chapter 12.

[Śrī Rādhā said:] O Śrī Kṛṣṇa, for a long time, persons with fixed intelligence have sustained their lives with the hope that You will one day return. You reside in Madhupurī, which is filled with profound sweetness. O master of Gokula, the adolescent sakhās are patiently gazing at Your return path. Therefore, You must give us Your darśana without fail.

gabhīra-mādhurya-maya, sei vraja-dhāma haya, tathā yata sthira-buddhi jana cira-āśā hṛde dhari', tomāra darśane hari, basiyāche se saba sajjana

tomāra kaiśora-līlā, hṛdaye varaṇa kailā, ebe se savāre kṛpā kari' nayana-gocara haiyā, līlā kara tathā giyā, ei mātra nivedana kari

### Text 19

Suffering pangs of separation from Śrī Kṛṣṇa, Rādhā desires to bring Him back to Vṛndāvana, which is filled with sweet memories. *Lalita-mādhava* (Act 10, text 261) states:

yā te līlā-rasa-parimalodgāri-vanyā-parītā dhanyā kṣauṇī vilasati vṛtā māthurī mādhurībhiḥ tatrāsmābhiś caṭula-paśupī-bhāva-mugdhāntarābhiḥ saṃvītas tvaṁ kalaya vadanollāsi venur vihāram

(Śrī Rādhā said:) Near the highly praised Mathurā is that land of Vṛndāvana, profuse with forests that emit the sublime fragrance of the mellows of Your pastimes, and which splendidly shines with sweetness and beauty. With a smiling face and playing the flute, please enjoy transcendental pastimes in that Vṛndāvana with those whose hearts are infatuated with capricious  $gop\bar{\imath}-bh\bar{\alpha}\nu\alpha$ .

mathurā-maṇḍala mājhe, mādhurī-maṇḍita sāje, dhanya-dhanya vṛndāvana-bhūmi tāhe tava nitya-līlā, parimala prakāśilā, acintya-śaktite kṛṣṇa tumi

gopī-bhāve mugdha yata, tomāra śṛṇgāra-rata, āmā ādi praṇayī-nicaya āmā-sabe la'ye punaḥ, krīḍā kara anukṣaṇa, vaṁśī-vādye vrajendra-tanaya

BHAJANA-RAHASYA-VRTTI: In his Lalita-mādhava, Śrīla Rūpa Gosvāmī gives the following narration. In one kalpa Śrī Rādhā was so unable to tolerate the affliction of separation from Krsna after He had left for Mathurā that She jumped into the Yamunā. Yamunā, the daughter of Sūryadeva, then took Śrī Rādhā to her father. Sūryadeva entrusted Her to his friend and devotee, Satrājit, who was childless, and told him, "Her name is Satyabhāmā. Consider Her to be your daughter." Later, upon being instructed by Nārada, King Satrājit sent Satyabhāmā to Śrī Kṛṣṇa's inner quarters in Dvārakā. The wife of Sūrya, Samjñā, was the daughter of Viśvakarmā. Through her father, Samiñā had previously created the captivating Nava-Vrndāvana for Satyabhāmā (Śrī Rādhā) in Dvārakā. Rukminī, Śrī Krsna's principal queen, kept the extraordinarily charming and beautiful Satyabhāmā hidden in Nava-Vrndāvana so that Krsna would not see Her. In due course, however, Satyabhāmā did meet with Krsna, and the secret that Satyabhāmā is actually Rādhā and Rukminī is actually Candrāvalī was revealed. Thereafter, Rukminī arranged for Satyabhāmā's marriage to Śrī Krsna. At the time of the wedding, Yaśodārānī, Paurnamāsī, Mukharā and other Vrajavāsīs were present in Dvārakā.

One day, in this Nava-Vṛndāvana, Kṛṣṇa said to Rādhā, "O Dearest, what more can I do to make You happy?"

Śrī Rādhā replied, "Prāṇeśvara, all the *sakhīs* of Vraja, My cousin-sister Candrāvalī, Mother Vrajeśvarī and everyone else came here, and I met with them. Nonetheless, My earnest request to You is

to please leave this abode of opulence, Dvārakā, and in Your form as a fresh, youthful, expert dancer, wearing the attire of a cowherd boy, enjoy with Me in the *kunjas* of Vraja-dhāma, the renowned land of eternal pastimes."

### Text 20

Anguished that their blinking prevented them from seeing Śrī Kṛṣṇa when they were taking His *darśana*, the *gopīs* curse the person who created eyelids. Śrīmad-Bhāgavatam (10.82.39) describes this condition of the *gopīs* at their meeting with Kṛṣṇa in Kurukṣetra:

gopyaś ca kṛṣṇam upalabhya cirād abhīṣṭaṁ yat-prekṣaṇe dṛśiṣu pakṣma-kṛtaṁ śapanti dṛgbhir hṛdī-kṛtam alaṁ parirabhya sarvās tad-bhāvam āpur api nitya-yujāṁ durāpam

(Śrīla Śukadeva Gosvāmī, who was experiencing the mood of the *gopīs* when they saw Śrī Kṛṣṇa at Kurukṣetra, said:) The *vraja-sundarīs*, who cursed the Creator for making eyelids that obstructed their *darśana* of Śrī Kṛṣṇa, now saw Śrī Kṛṣṇa again after a very long time. They took Him from the path of their eyes into their hearts and tightly embraced Him there. They attained that rare absorption that cannot be attained either by *yogīs* or by Rukmiṇī and the other queens of Dvārakā, who are always with Him.

cira-dina kṛṣṇa-āśe, chila gopī vraja-vāse, kurukṣetre prāṇanāthe pāiyā animeṣa-netra-dvāre, āni' kṛṣṇe premādhāre, hṛde āliṅgila mugdha haiyā

āhā se amiya bhāva, anya jane asambhava, svakīya-kāntāya sudurlabha gopī vinā ei prema, yena viśodhita hema, lakṣmī-gaṇe cira asambhava BHAJANA-RAHASYA-VṛTTI: At the time of the solar eclipse, all the Vrajavāsīs arrived at Kurukṣetra, eager to see and meet with Śrī Kṛṣṇa. When the <code>vraja-ramaṇīs</code> saw Kṛṣṇa after being separated from Him for so long, they became radiant with bliss, and their hearts and eyes did not move. Those <code>vraja-gopīs</code> had been unable to tolerate even a moment's separation caused by the blinking of their eyes, and had thus cursed the creator of eyelids. Who can describe their ecstasy when they again saw Śrī Kṛṣṇa after burning in a raging fire ignited by His absence?

The Śrutis say it is impossible to describe in words the happiness derived from merging into the impersonal effulgence of the Lord (*brahmānanda*); no one is able to determine the extent of it. This *brahmānanda*, however, is like a firefly before *rasānanda*, the bliss attained by the *gopīs* possessing *mahābhāva*, in their *prema*-filled service to Kṛṣṇa. The *gopīs*' bodies are composed of intense, loving attachment (*anurāga*), which is caused by the great depth of their relationship with Kṛṣṇa. *Anurāga* is a function of the *hlādinī-śakti* when it is endowed with *samvit*. This state is called *sva-samvedya*, which means that it can only be known by the person who experiences it.

According to the intensity of anurāga, prema is determined as perfect (pūrṇa), more perfect (pūrṇatara) or most perfect (pūrṇatama). Compared to the pūrṇatama anurāga of the gopīs, the bliss of the service performed by Lakṣmī, who revels on the chest of Nārāyaṇa, and also the skill of the queens of Dvārakā in the art of various loving affairs, are bland and insipid. Although they exhibit various extraordinary moods, enchantingly beautiful smiles, etc., they cannot bring Kṛṣṇa's heart under their control. The vraja-gopīs, however, who are coloured with dense anurāga, as well as with prema imbued with madīya-bhāva (a feeling that 'Kṛṣṇa belongs to me'), control Śrī Kṛṣṇa's heart through their crooked, sidelong glances. Śrīla Śukadeva Gosvāmī's reference to the gopīs' extraordinary prema in this Text is a sharp cue meant for the jñānīs, who meditate

on brahma. In effect he is saying, "O  $j\tilde{n}a\tilde{n}s$  performing arduous  $s\bar{a}dhana$ ! Fie on you! If you want to make your lives successful, then surrender at the lotus feet of these prema-filled  $gop\bar{s}s$ ."

Having witnessed the sweetness (*mādhurya*) of the *vraja-gopīs'* prema, Uddhava becomes eagerly desirous to attain it: *vāňchanti yad* bhava-bhiyo munayo vayam ca (Śrīmad-Bhāgavatam 10.47.58). Enchanted by this prema-mādhurya, the queens of Dvārakā, who always accompany Kṛṣṇa, pray to attain the fragrance of Śrī Kṛṣṇa's lotus feet, which are coloured with *kuṅkuma* from the *gopīs'* breasts.

One unprecedented experience of ecstasy in separation is called *divyonmāda*. This ocean of *prema* stirs enormous waves that inundate every universe. Its current bewilders the heavenly damsels, who are lustrous like lotus flowers. It stirs the hearts of earthly beings, invades Satyaloka, and even rebukes the beauty of the realm of Vaikuṇṭha. Uddhava, Nārada and others are astonished to see the *prema* born of the *gopīs' mahābhāva*; it even stuns the hearts of Rukmiṇī and Satyabhāmā. Despite performing many arduous practices, the *yogīs* cannot even establish the effulgence of the nails of Śrī Kṛṣṇa's lotus feet in their hearts. The *gopīs*, however, very easily and directly adorn their breasts with the lotus feet of youthful Kṛṣṇa, who is the essence of all beauty and lustre, and thus they pacify His fire of lust. Blessed are these masterful *gopīs*.

## Text 21

The  $gop\bar{\imath}s'$  intense longing to receive Śrī Kṛṣṇa in their own home, Vṛndāvana, is described in Śr $\bar{\imath}mad$ -Bhāgavatam (10.82.48):

āhuś ca te nalina-nābha padāravindam yogeśvarair hṛdi vicintyam agādha-bodhaiḥ samsāra-kūpa-patitottaraṇāvalambam geham juṣām api manasy udiyāt sadā naḥ [At the meeting in Kurukṣetra, Śrī Rādhikā and the prominent gopīs said:] O You whose navel is like a lotus (Kamalanābha), great yogīs who possess profound intelligence meditate upon Your lotus feet in their hearts. Your lotus feet are the only means of escape for those who have fallen into the well of material existence. O Lord, please give us the benediction that, even when we perform household work, Your lotus feet shall always reside in our hearts and we shall never forget them, even for a moment.

### kṛṣṇa he!

agādha-bodha-sampanna, yogeśvara-gaṇa dhanya, tava pada karuna cintana saṁsāra-patita jana, dharu tava śrī-caraṇa, kūpa haite uddhāra kāraṇa

āmi vraja-gopa-nārī, nāhi-yogī, na-saṁsārī,
tomā lañā āmāra saṁsāra
mama mana vṛndāvana, rākhi' tathā o'caraṇa,
ei vāṅchā pūrāo āmāra

BHAJANA-RAHASYA-VŖTTI: At the time of their meeting in Kurukṣetra, Śrī Kṛṣṇa tried to console the *vraja-gopīs*, who had been distraught in separation from Him, by instructing them on *brahma-jňāna* and *yoga*. He said, "I am all-pervading; I am never separated from you all. Endeavour to see Me in your hearts through devout meditation."

Hearing their *priyatama's* instructions on *brahma-jñāna* and *yoga*, the *gopīs* became somewhat angry and said, "O shining sun of the authorities on scriptural truth! Give these instructions on *jñāna-yoga* somewhere else; we very simple and ignorant *gopīs* cannot understand them. It is commendable to give an instruction that is suitable to the listener. When we hear these instructions, our hearts begin to burn. Prāṇanātha, it is true that the hearts of others are the same as their minds, but our hearts are the same as Vṛndāvana, so if You go to Vrndāvana, we shall consider that You have entered our

hearts. Only this will be Your complete mercy, nothing else. Vraja is not only our heart, it is also our home. Unless we meet You there, our life airs will certainly leave our bodies.

"First, You sent Uddhava to instruct us on *yoga* and *jñāna*, and today You are personally giving us this same instruction. You are *rasika* and supremely compassionate, and You also understand the feelings in our hearts, so why do You speak like this? You know we want to remove our affection for You and place it in household affairs, but even after a hundred thousand such attempts, we have been unable to do so. Now You are instructing us to meditate upon You. Can You not even slightly consider the persons You are instructing? We *gopīs* are not great *yogīs*, and we can never be satisfied by meditating on Your lotus feet. Hearing You talk like this makes us very angry. O simpleton, where is the possibility of a well of material existence and the desire for deliverance from it, for those who cannot even recall their own bodies? We are always drowning in the deep waters of separation from You, where the crocodiles of lust swallow us. O Prānanātha, please save us!

"O wealth of our lives, have You forgotten Vṛndāvana, Govardhana, the banks of the Yamunā, the  $r\bar{a}sa$ -līlā and other pastimes that took place in the kunjas? Aho! It is surprising that You have forgotten the  $sakh\bar{a}s$ , Your parents and all the other Vrajavāsīs. It is our misfortune. We are not unhappy for ourselves; we are unhappy for Vrajeśvarī Yaśodā-maiyā. It tears our hearts apart to see her so forlorn. We may or may not have a relationship with You, but You are related to Yaśodā-maiyā by blood, as Your body is made of her blood. You may forget that relationship, but it cannot be removed. Whether You come to Vṛndāvana or not is up to You, but why have You kept the Vrajavāsīs alive? Is it just to make them suffer again and again? Yes, if You want to keep them alive, then quickly come to Vṛndāvana. This royal attire of Yours, the elephants and horses, Your association with the officers of the king here, and this foreign land, do not slightly befit the Vrajavāsīs. Although we are unable to

abandon Vṛndāvana, we could not remain alive without seeing You. You are the life of Vraja, the wealth of Vrajarāja's life and also the very life of our existence. Quickly return to Vṛndāvana and protect the lives of everyone."

### Text 22

Śrīmad-Bhāgavatam (10.82.40) describes Śrī Kṛṣṇa's conversation with the *gopīs* that occurred in a solitary place:

bhagavāms tās tathā-bhūtā vivikta upasangataḥ āśliṣyānāmayam pṛṣṭvā prahasann idam abravīt

When Śrī Kṛṣṇa saw that the *gopīs* had attained oneness (*tādātmya*) with Him, He went with them to a secluded place. After embracing them to His heart and inquiring about their well-being, He laughed and spoke as follows.

vivikte laiyā, gopī āliṅgiyā, preme marma-kathā kaya kṛṣṇa gopī prīti, mahiṣīra tati, dekhiyā āścarya haya

BHAJANA-RAHASYA-VṛTTI: When Śrī Kṛṣṇa heard Śrī Rādhā's anguished talks of separation, He remembered His unlimited, honest love for the Vrajavāsīs and became very restless. Considering Himself indebted to them, He began to console them by addressing Śrī Rādhā. "O most beloved, accept the following as truth. Remembering You, I burn day and night in a fire of separation. No one knows the extent of My unbearable pain. The Vrajavāsīs, My parents and the *sakhās* are My very life, and among them, the *gopīs* are directly My life. And You are the life of My life. What more can I say? I am always subservient to

Your unconditional love. Misfortune is very strong, and no one can prevent it. This misfortune has separated Me from You, keeping Me in a distant country.

"It is true that the beloved cannot remain alive without the association of the lover, and that the lover cannot live without the beloved, but neither dies, because each thinks, 'If I die, his condition of separation will be the same as mine.' *Aho*! The faithful beloved and the truly affectionate lover think of each other's welfare even in separation. They never think of their own sorrows and sufferings, but always want their beloved to be happy. Such lovers meet each other again very quickly.

"You do not know that daily I worship Bhagavān Śrī Nārāyaṇa to protect Your life. By His power, I come to Vṛndāvana from this distant country every day to meet with You and engage in so many dalliances with You, but You think these are only visions. Beloved Rādhā, it is My good fortune that Your love for Me is unlimited and incomparable. This *prema* will quickly pull Me back to You in Vṛndāvana. In just a few days, after killing the remaining enemies of the Yādavas, I will return to Vṛndāvana. Consider that I have already come."

## Text 23

Śrī Kṛṣṇa spoke the following words to give the *gopīs* consolation. Śrīmad-Bhāgavatam (10.82.44) states:

mayi bhaktir hi bhūtānām amṛtatvāya kalpate diṣṭyā yad āsīn mat-sneho bhavatīnāṁ mad-āpanaḥ

Sakhīs, it is greatly fortunate that you have developed prema for Me, by which one can attain Me. Loving devotional service unto Me qualifies living entities to attain My supremely blissful eternal abode.

# āmāte ye prema-bhakti parama amṛta tava snehe niravadhi tava dāsye rata

BHAJANA-RAHASYA-VRTTI: After a long separation, the gopis met with Śrī Kṛṣṇa at Kurukṣetra. There, in a solitary place, Śrī Kṛṣṇa consoled the beautiful, lotus-eyed women of Vraja by embracing and kissing them, wiping the tears from their eyes, and inquiring about their health and well-being. He said, "O sakhīs, in this long separation you have remembered Me! You are convinced that I am ungrateful, but you do not consider Me cruel, do you? Without doubt, Bhagavān is the cause of the living entities' meeting and separating. Just as blades of grass, cotton fluff and granules of dust meet and again separate due to the wind, similarly everyone meets and parts according to the desire of İśvara, the Supreme Controller. If you say that I am that Isvara who arranges meeting and separation, then there is no reason for your sorrow, because by good fortune you have achieved that prema by which I can be attained. Devotion performed unto Me is capable of giving living entities the eternal supreme abode, but your loving affection for Me makes Me unable to remain far away from you. Rather, it pulls Me to you."

In his *Krama-sandarbha* commentary, Śrīla Jīva Gosvāmī says, "Through the practice of *sādhana-bhakti*, the living entity can attain the abode of the Supreme Lord, according to his desire and constitutional nature. Being pleased with such devotees, Śrī Kṛṣṇa accepts their service. The *sneha*, *rāga*, *anurāga* and *mahābhāva* of the *vraja-devīs* assume the highest excellence and therefore, Śrī Kṛṣṇa is controlled by the *gopīs*. Pure devotional service, affection, etc., which are endowed with possessiveness, attract Śrī Kṛṣṇa. One should understand that affection for the Supreme Lord is the topmost way to attract Him."

Śrī Kṛṣṇa again speaks. "The sky and the other four primary elements are in all material objects in their beginning, middle and end stages. Similarly, I exist in the beginning and end of all objects, and

inside and outside of them also. I am not, therefore, separated from you in any way. You are suffering from a false pain of separation – due to a simple lack of discrimination. Your bodies and life airs are all situated in My svarūpa. Try to realise this truth and in your hearts, meditate as yogīs do, then your pain of separation will be removed."

Upon hearing this spiritual teaching from the lotus mouth of their *prāṇa-vallabha* Śrī Kṛṣṇa, the *gopīs* began to speak, their lips quivering in anger born of affection. "O Nalina-nābha (one with an extremely beautiful lotus-like navel), You want to appease our hearts by instructing us in knowledge of *bhagavat-tattva*, but this knowledge does not enter our ears. We are already engaged in relishing the nectar of Your beauty through our eyes. Where is the time to hear these truths?"

Or by use of the word *nalina-nābha* the *vraja-devīs* insinuate, "O Kṛṣṇa, a lotus has grown from Your navel. This is a good thing, but just as the root of the lotus is connected with water and mud, Your intelligence has also become soiled. Please give these instructions to ignorant persons only, not to us. Does one give animal food to human beings? Now You are claiming Yourself to be Bhagavān. If the Vrajavāsīs hear this, You will become a laughing stock. *Agādha-bodhair yogeśvarair hṛdi vicintya*. Please give this *jṇāna-yoga* to profoundly intelligent *yogīs*, endowed with *tattva-jṇāna*, who are unable to meditate on Your feet."

Or the *gopīs* speak reproachfully, saying, "O Kṛṣṇa, we have heard from Paurṇamāsī that Brahmā was born from the lotus emanating from Your navel. By the association of that *jṇānī*, Brahmā, Your intelligence has also greatly decreased." ("*Yasya yat-saṅgatiḥ puṁso maṇivat syāt sa tad-guṇaḥ* — a person develops the qualities of the company he keeps, just as a crystal reflects the colour of those objects that are brought into its proximity." [*Hari-bhakti-sudhodaya* 8.51, quoted in *Bhakti-rasāṃrta-sindhu* 1.2.229])

Or the  $gop\bar{\imath}s$  angrily say, "O Kṛṣṇa, only great  $yog\bar{\imath}s$  endowed with profound intelligence are capable of meditating on Your lotus

feet. We are ignorant cowherd girls with restless minds, and it is impossible for us to meditate on Your lotus feet."

Or the *gopīs* reveal the inner feelings of their hearts to Śrī Kṛṣṇa: "O Kṛṣṇa, what to speak of meditating on Your lotus feet, now the mere memory of them distresses us. We fear placing Your lotus feet, which are softer than a newly-blossomed lotus, on our hard breasts.

yat te sujāta-caraṇāmburuham staneṣu
bhītāḥ śanaiḥ priya dadhīmahi karkaśeṣu
tenāṭavīm aṭasi tad vyathate na kim svit
kūrpādibhir bhramati dhīr bhavad-āyuṣām naḥ
Śrīmad-Bhāqavatam (10.31.19)

[The *gopīs* said:] O beloved, fearing that Your tender lotus feet will be hurt, we carefully place them on our hard breasts. With those very same feet, You wander in the forest. Are Your feet not in pain, injured by needle-sharp stones and other sharp objects? You are our very life; thinking of all this fills our hearts with great distress.

Or they say, "O Kṛṣṇa, the nineteen signs on Your lotus feet have appeared on the screen of our hearts, evoking memories of our previous pastimes in the *kunjas*. The flag on Your lotus feet reminds us of how Śrī Rādhā defeated You in amorous sports (*keli-vilāsa*). You said that You would take Her victory flag on Your shoulder and wander here and there. The sign of the goad on Your feet reminds us that Śrī Rādhā, who is likened to an elephant-driver, brings such an intoxicated elephant as You under Her control with the goad of Her *prema*. You Yourself have admitted, '*Na pāraye 'haṁ niravadya-saṃyujām* — O *gopīs*, I cannot repay you.'"

Or the *gopīs* say, "You assumed Your Mohinī form to cheat the demons out of nectar, and then You arranged for the demigods to relish it. Similarly, by instructing the *yogīs* on meditation, You deprive them of the secret of love. But we are not like the demon or *yogī* who is deprived of the confidential secret of *prema-tattva*."

Samsāra-kūpa-patitottaranāvalambam te padāravindam -With affectionate anger, the gopīs say, "O Krsna, You also sent Uddhava to Vraja with Your collection of tattva-jñāna, but instead of alleviating our pain of separation, Your message simply increased it. And now You again are giving us that same ridiculous instruction, which is suitable for a child. Brahmā and other great yogīs can be delivered from this material existence by meditating on Your lotus feet, but we have not fallen into the well of material existence. Rather, we have fallen into the ocean of separation from You and cannot even recollect our own bodies. We gave up attachment to our homes for Your happiness. How, then, is it possible for us to have fallen into the well of material existence? Rather, we have fallen into the ocean of separation, and the timingila fish of lust wants to swallow us. Therefore, O crown jewel of experts in amorous sports (vidagdha-śiromani), do not instruct us on jñāna-yoga. Please just give us the pleasure of Your association to deliver us from this ocean of separation. Our hearts run towards Vrndāvana, because Vṛndāvana's trees, creepers, fruits, flowers and every particle of dust are inseparably studded with memories of You. If Your lotus feet appear in Vrndāvana, they will also appear in our hearts."

Geham juṣām api manasy udiyāt — Distressed, the vraja-devīs say, "O Kṛṣṇa, we have again met with You here at Kurukṣetra, and our meeting with You is like a first meeting, but our minds are stolen away by memories of Vṛndāvana. Here is a lokāraṇya, a forest of people, and the uproarious sounds of elephants, horses and chariots. In Vṛndāvana there is puṣpāraṇya, a forest of flowers, where only the sweet sounds of bumblebees and cuckoos are heard. Vṛndāvana is very pleasant and filled with music and song. It resounds with the sweet sounds of śukas, sāris, peacocks and cuckoos. Here in Kurukṣetra, You are dressed in royal attire and are accompanied by kṣatriya warriors who are adorned with a variety of weapons. In Vṛndāvana, however, where You wore the attire of a gopa, You held a beautiful flute to Your lips. On Your head was a peacock feather crown, on Your ears were earrings

made from the buds of *campa* flowers, and You were decorated with creepers, leaves and minerals like *gairika* (red ochre)."

Śrī Rādhā says, "O lotus-eyed one, the hearts of others are non-different from their minds, and they are unable to separate their hearts from their minds. But My mind is Vṛndāvana. They are one; there is no difference between them. Being Vṛndāvana, My mind is the playground for My prāṇakānta. Previously, as the topmost connoisseur of mellows (rasikendra-śiromaṇi), You performed playful pastimes, filled with the sweetness of rasa, with Me there. My mind is eager to meet with You again in that Vṛndāvana."

prāṇanātha, śuna mora nivedana vraja—āmāra sadana, tāhān tomāra saṅgama, nā pāile nā rahe jīvana Śrī Caitanya-caritāmṛta (Madhya-līlā 13.138)

[Śrī Rādhā said:] Prāṇanātha, hear My submission. My home is Vṛndāvana, and I wish to have Your association there. If not, it will be very difficult for Me to maintain My life.

## Text 24

Pastimes during the first part of the night ( $pradoṣa-līl\bar{a}$ ) are described in  $Govinda-līl\bar{a}mrta$  (21.1):

rādhām sālīgaṇāntām asita-sita-niśā-yogya-veśām pradoṣe dutyā vṛndopadeśād abhisṛta-yamunā-tīra-kalpāga-kuñjam kṛṣṇam gopaiḥ sabhāyām vihita-guṇi-kalālokanam snigdha-mātrā yatnād āniya samśāyitam atha nibhrtam prāpta-kuñjam smarāmi

I remember Śrī Rādhā at dusk, Her dear sakhīs dressing Her in white garments or dark, in accordance with the lunar fortnight. Accompanied by Her messengers, She leaves for Her abhisāra with Śrī Kṛṣṇa in a Vṛndāvana kuñja, as per Vṛndā devī's indication.

I also remember Śrī Kṛṣṇa at that time, sitting in the assembly of *gopas* being entertained by their cleverness in various games. His doting mother takes Him from there to His bedchamber, and from there, He proceeds to the solitary *kunja* to meet Śrīmatī Rādhikā.

rādhā vṛndā upadeśe, yamunopakūladeśe, sāṅketika kuṅje abhisāre sitāsita-niśā-yogya, dhari' veśa kṛṣṇa-bhogya, sakhī-saṅge sānanda antare

gopa-sabhā-mājhe hari, nānā-guṇa-kalā heri', mātṛ-yatne karila śayana rādhā-saṅga saṅariyā, nibhṛte bāhira haiyā, prāpta-kuñja kariye smaraṇa

BHAJANA-RAHASYA-VŖTTI: In accordance with Śrī Vṛndā-devī's indication, Śrīmatī Rādhikā goes to a *keli-kuñja* on the bank of the Yamunā for Her *abhisāra* with Kṛṣṇa, bringing a few faithful maidservants or some *priya-narma-sakhīs* with Her. These most beloved *sakhīs* dress Kiśorī in black cloth on dark nights and in white on moonlit nights, and then they very carefully and blissfully take Her for *abhisāra*.

At that time, Śrī Kṛṣṇa is watching a charming performance of music, singing, magical tricks, drama and other arts in the assembly of the cowherds. Later, He hears Yaśodā-maiyā sing Him a lullaby and He feigns sleep. Then, to get Kiśorī's association, He slips away from the royal palace and proceeds alone to the *kunja* where They will meet.

The qualified *sādhaka*, while performing *harināma-kīrtana*, will lovingly remember these pastimes of the seventh *yāma*.

Thus ends the Saptama-yāma-sādhana, Pradoṣa-kālīya-bhajana, of Śrī Bhajana-rahasya.

# Chapter Eight

# Aṣṭama-yāma-sādhana

Rātri-līlā – prema-bhajana sambhoga (from midnight to three-and-a-half praharas of the night : approximately 00.00 a.m. – 3.30 a.m.)

### Text 1

Steadiness in perfection – that is, one-pointed dependence on Śrī Kṛṣṇa – is described in Śrī Śikṣāṣṭaka (8):

āśliṣya vā pāda-ratām pinaṣṭu mām adarśanān marma-hatām karotu vā yathā tathā vā vidadhātu lampaṭo mat-prāṇa-nāthas tu sa eva nāparaḥ

Let that debauchee (Kṛṣṇa) tightly embrace this maidservant, who is devoted to serving Him, and thus delight Me. Or, let Him trample Me under His feet, or break My heart by not being present before Me. He may do whatever He likes. Even if He dallies with His other beloveds directly in front of Me, He is still My prāṇanātha, the Lord of My life. In My heart there is no one other than Him.

āmi kṛṣṇa-pada-dāsī, tiṅho—rasa-sukha-rāśi, āliṅgiyā kare ātma-sātha kibā nā deya daraśana, na jāne mora tanu mana, tabu tiṅho—mora prāṇanātha "[Śrīmatī Rādhikā said:] My dear friend, I am a maidservant of the lotus feet of *rasika-śekhara* Śrī Kṛṣṇa, who is an ocean of happiness. He may make Me joyful by tightly embracing Me, or He may trample Me beneath His feet. He may make Me happy by mercifully being present before Me, or He may break My heart by not appearing before Me. He may not understand My inner desires; nonetheless, He is the Lord of My life" (Śrī Caitanya-caritāmṛta, Antya-līlā 20.48).

BHAJANA-RAHASYA-VŖTTI: In relation to this Text, Śrī Caitanya-caritāmṛta (Antya-līlā 20.49–52) states:

sakhi he, śuna mora manera niścaya kibā anurāga kare, kibā duḥkha diyā māre, mora prāṇeśvara—kṛṣṇa, anya naya

chāḍi' anya nārī-gaṇa, mora vaśa tanu-mana, mora saubhāgya prakaṭa kariyā tā-sabāre deya pīḍā, āmā-sane kare krīḍā, sei nārī-gaṇe dekhāṅā

kibā tenho lampaṭa, śaṭha, dhṛṣṭa, sakapaṭa, anya nārī-gaṇa kari' sātha more dite manaḥ-pīḍā, mora āge kare krīḍā, tabu tenho—mora prāṇanātha

nā gaṇi āpana duḥkha, sabe vāṅchi tāṅra sukha,
tāṅra sukha—āmāra tātparya
more yadi diyā duḥkha, tāṅra haila mahā-sukha,
sei duḥkha—mora sukha-varya

Sakhī, I have decided that He may love Me and display My fortune by abandoning other beautiful ladies in order that He be controlled by Me; He may make them unhappy by performing His loving affairs with Me in front of them, or, He may be deceitful, arrogant, duplicitous and debauched, and, just to

provoke Me, He may torment Me by showing affection to other ladies in My presence. Still, He and only He is My prāṇanātha. I am not the least concerned for My own suffering; I only desire His happiness, always. The goal of My life is to make Him happy in every way. If He takes pleasure in giving Me distress, that distress is My greatest joy.

#### Text 2

A devotee who remembers these pastimes is transcendental, being filled with eternality, knowledge and bliss (*sac-cid-ānanda*) just like the Supreme Lord. A Vaiṣṇava's body is non-different from Śrī Kṛṣṇa's body. In this regard, in *Śrīmad-Bhāgavatam* (11.29.34), Śrī Kṛṣṇa says to Uddhava:

martyo yadā tyakta-samasta-karmā niveditātmā vicikīrṣito me tadāmṛtatvaṁ pratipadyamāno mayātma-bhūyāya ca kalpate vai

When a person abandons all fruitive activities and fully surrenders himself to Me, he becomes a recipient of special *prema*. This is a result of My merciful treatment of him. I release him from old age and grant him entrance into My eternal pastimes, where he serves Me eternally.

sarva-karma teyāgiyā, more ātma nivediyā, yei kare āmāra sevana amṛtatva-dharma pāṅā, līlā-madhye praveśiyā, āmā-saha karaye ramaṇa

BHAJANA-RAHASYA-VṛTTI: Having explained sambandha-tattva (the living entity's relationship with the Supreme Lord), abhidheya-tattva (the process to attain the supreme goal) and prayojana-tattva

(the supreme goal) to His dear devotee Uddhava, Bhagavān Śrī Kṛṣṇa describes the situation of a pure devotee who is exclusively surrendered to Him.

As the mortal living entity wanders throughout this material existence, he attains the association of Śrī Kṛṣṇa's eternal associates according to the extent of his *sukṛti* (pious activity). Due to his association with pure devotees, he relinquishes the desire for performing *nitya-karma* and *naimittika-karma* (daily and occasionally prescribed duties), sense enjoyment and liberation, and he cultivates pure *bhakti*. The darkness of his ignorance is removed by the light of *bhakti*, just as darkness is removed by sunshine. The devotee then serves the Supreme Lord with a full sense of possessiveness (*mamatā*) towards Him, and Śrī Bhagavān bestows upon that devotee a spiritual body appropriate for rendering eternal service to Him. That means He bestows a body, qualities, activities, service and so on according to the particular mood of the *sādhaka*.

As a result of associating with devotees who are of the same mood (svajātīya) and affectionately disposed (snigdhāśaya) toward oneself, the sādhaka who is endowed with mādhurya-rati attains a desire in his heart to render service in the amorous mellow. And, by practising bhakti and by the mercy of devotees, he reaches the state of perfection (siddha-avasthā). Such a devotee performs his sādhana internally under the guidance of Lalitā and other sakhīs, and by their mercy, he attains a form like that of a nitya-siddha mañjarī and he experiences the pleasure of directly rendering intimate service to the Divine Couple (kuñja-sevā) in Śrī Vraja-dhāma. This constitutes the attainment of svarūpa-siddhi, after which the living entity achieves vastu-siddhi and for eternity serves Śrī Rādhā in the eternal land of Vṛndāvana. Such service is only attained by sādhakas in mādhurya-rati; not by others.

### Text 3

Steadiness in bhajana as described in Śrī Manaḥ-śikṣā (2):

na dharmam nādharmam śruti-gaṇa-niruktam kila kuru vraje rādhā-kṛṣṇa-pracura-paricaryām iha tanu śacī-sūnum nandīśvara-pati-sutatve guru-varam mukunda-preṣṭhatve smara param ajasram nanu manaḥ

O my dear mind, please do not perform either the *dharma*, which produces piety, or *adharma*, which gives rise to sin, that are mentioned in the Śrutis. Rather, render profuse loving service to Śrī Rādhā-Kṛṣṇa Yugala, whom the Śrutis have ascertained to be supremely worshipable above all others and the topmost Truth. Always remember Śacīnandana Śrī Caitanya Mahāprabhu, who is endowed with the sentiments and bodily lustre of Śrī Rādhā, knowing Him to be non-different from Śrī Nanda-nandana; and always remember śrī gurudeva, knowing him to be most dear to Śrī Mukunda.

śruti-ukta-dharmādharma, vidhi-niṣedha-karmākarma, chāḍi' bhaja rādhā-kṛṣṇa-pada gaurāṅge śrī-kṛṣṇa jāna, guru kṛṣṇa-priya māna, ei bhāva tomāra sampada

BHAJANA-RAHASYA-VṛTTI: Dharma and adharma are defined in the Śrutis and its subsidiary literature, such as the Smṛtis. Every activity a person performs falls into one of these two categories. If people were prohibited from performing dharma and adharma, it would be impossible for them to live a moment more. Therefore, Śrīla Raghunātha dāsa Gosvāmī has not forbidden all of the activities performed by the sense organs. Those who are ignorant are meant to perform dharma and auspicious activities, whereas learned jīvas who have attained knowledge of their spiritual identity are instructed to act

on the platform of ātma-rati, or kṛṣṇa-rati. In other words, they are instructed to perform loving service to Śrī Rādhā-Kṛṣṇa Yugala. The sādhaka should perform all his activities in a mood of service to the Supreme Lord. Householder devotees should worship deities at home and perform the activities of earning money, maintaining their family members and protecting their assets and home as services to their Lord. One should consider oneself a mere servant of the Lord.

### Text 4

Śrīla Sanātana Gosvāmī's mood of humility is reflected in the following statement, which is imbued with the firm hope (āśā-bandha), characteristic of a jāta-rati-bhakta devoted to bhajana. This verse is quoted by Śrīla Rūpa Gosvāmī in Bhakti-rasāmṛta-sindhu (1.3.35):

na premā śravaṇādi-bhaktir api vā yogo 'tha vā vaiṣṇavo jñānaṁ vā śubha-karma vā kiyad aho saj-jātir apy asti vā hīnārthādhika-sādhake tvayi tathāpy acchedya-mūlā satī he gopī-jana-vallabha vyathayate hā hā mad-āśaiva mām

My heart is devoid of *prema* for You, and I am not qualified to perform *bhakti* by hearing and chanting. I possess no knowledge, pious activities or qualifications of a Vaiṣṇava, nor have I taken birth in a high-class family. I am, therefore, unqualified in every respect. Nevertheless, O beloved of the *gopīs*, Your mercy also falls upon the lowest of the low. This firm hope of attaining You has me very agitated.

śravaṇādi-bhakti, prema-bhakti, yoga hīna jñāna-yoga-karma hīna, saj-janma-vihīna

kāṅgālera nātha tumi rādhā-prāṇa-dhana tomā-pade dṛḍha-āśāya vyakulita mana BHAJANA-RAHASYA-VRTTI: Humility is the foundation of bhakti, and it is by humility that bhakti increases. Śrīla Sanātana Gosvāmī defines humility as follows: "When a person has all good qualities, but feelings arise in his heart of being unqualified, wretched and inferior, this is called humility. In other words, humility is the utmost anxiety to attain Śrī Bhagavān. A humble person is without false ego, even though he possesses all good qualities." Only humility can attract Śrī Krsna's mercy, and genuine modesty only appears when prema is fully ripe. Due to such humility, the jāta-rati-sādhaka prays, "O Prāṇa-vallabha, I have no attachment for You and am incapable of performing śravana and the other practices in the ninefold path of devotion. My meditation is not unbroken like that of the jñānīs. I do not perform service according to varnāśrama, I have not taken birth in a high-class family and I have not performed any pious activities. My hope is solely dependent on Your mercy, which all the mahājanas glorify. You are the master of the wretched, and You bestow Your mercy upon them."

Śrīla Sanātana Gosvāmī possesses all virtues, yet filled with humility, he spoke this verse. Although a jāta-rati-sādhaka performs profuse service, he thinks, "I have never done any sevā." The sādhaka's only desire is to perform prema-sevā, pure bhakti that is devoid of karma and jñāna. This is svarūpa-siddha-bhakti, and it is attained only through śravaṇa, kīrtana and so forth. If a person is too attached to fruitive activities, whatever little devotion is in his heart disappears. And if someone desires material gain, adoration and fame, Bhakti-devī neglects that person. Bhakti only increases in the heart of one who is humble and sincere, and only humility that is thoroughly devoid of pride causes the flowing current of mercy to swell.

The method of performing  $n\bar{a}ma$ - $s\bar{a}dhana$  is to chant the holy name while feeling humbler than a blade of grass. Śrī Caitanya-caritāmṛta ( $\bar{A}di$ - $l\bar{l}l\bar{a}$  17.31–33) says:

tṛṇād api sunīcena taror api sahiṣṇunā amāninā mānadena kīrtanīyaḥ sadā hariḥ

ūrdhva-bāhu kari' kahon, śuna sarva-loka nāma-sūtre gāṅthi' para kaṇṭhe ei śloka

prabhu-ājñāya kara ei śloka ācaraṇa avaśya pāibe tabe śrī-kṛṣṇa-caraṇa

Considering oneself to be even lower and more worthless than insignificant grass that has been trampled beneath everyone's feet, being more tolerant than a tree, being prideless and offering respect to everyone according to their respective positions, one should continually chant the holy name of Śrī Hari.

Raising My hands, I declare, "Everyone please hear Me! String this verse on the thread of the holy name and wear it around your neck for continuous remembrance." \*

One must strictly follow the principles given by Śrī Caitanya Mahāprabhu in this verse. If one simply follows in the footsteps of Śrīman Mahāprabhu and the Gosvāmīs, certainly he will achieve the ultimate goal of life, the lotus feet of Śrī Kṛṣṇa.\*

## Text 5

The identity of a perfected soul is described in Śrī Rādhā-rasa-sudhā-nidhi (53):

dukūlam vibhrāṇām atha kucataṭe kañcu-kapaṭam prasādam svāminyāḥ svakara-tala-dattam praṇayataḥ sthitām nityam pārśve vividha-paricaryaika-caturām kiśorīm ātmānam kim hi sukumārīm nu kalaye

When will I be able to count myself as a very skilful, delicate young girl, always staying close by my Svāminī, alert to serving Her every

need, wearing Her silken bodice that She affectionately gave me with Her own hands?

siddha-dehe gopī āmi śrī-rādhā kiṅkarī rādhā-prasādita vastra-kaňculikā pari

gṛhe pati parihari, kiśorī-vayase rādhā-pada sevi kuṅje rajanī-divase

BHAJANA-RAHASYA-VŖTTI: The rasika-ācāryas conclude that when the sādhaka enters the stage of perfection, he attains the bhāva he meditated upon while in the stage of sādhana. The cherished desire of the Gauḍīya Vaiṣṇavas is to possess the self-identity (abhimāna) of being a maidservant of Śrī Rādhā. The appropriate sādhana to attain one's svarūpa and one's service to Śrī Rādhā is revealed by the spiritual master.

ātmānaṁ cintayet tatra
tāsāṁ madhye manoramām
rūpa-yauvana-sampannāṁ
kiśorīṁ pramadākṛtim
Sanat-kumāra-saṁhitā (184)

sakhīnām saṅginī-rūpām ātmānam vāsanā-mayīm ājňā-sevā-parām tat tat kṛpālaṅkāra-bhūṣitām Prema-bhakti-candrikā (5.10)

A *sādhaka* of *rāgamārga* should internally perceive himself to be one of the young, beautiful *gopī* beloveds of Śrī Kṛṣṇa. He should meditate on his desired *svarūpa* as a female companion of Śrī Rādhā's maidservants, such as Śrī Rūpa Mañjarī and Śrī Rati Mañjarī, and adorned with the ornaments mercifully given by them, he should completely absorb himself in service to Śrī Rādhā-Mādhava, according to their instructions.

The word *cintayet* in the above verse from the *Sanat-kumāra-saṃhitā* means that the *sādhaka* should nourish the following firm conception: "I am a *kiśorī* with the same moods and qualities as Śrī Rādhā's *nitya-siddha-mañjarīs.*" A Gauḍīya Vaiṣṇava *sādhaka* in deep meditation will be fixed in this idea: "I am not this body, these senses or mind; I am a maidservant of Śrī Rādhā and I am endowed with qualities such as the beauty and disposition (*rasa*) of a young cowherd maiden (*gopa-kiśorī*)." This deep meditation on the soul (*ātma-cintana*) will quickly result in his giving up identification with the material body, and he will attain *svarūpa-siddhi*.

In this Text 5, Śrīla Prabodhānanda Sarasvatī describes the method of becoming a beautiful young *gopa-kiśorī*. "I will meditate on myself as a *kiśorī* adorned with the silken cloth and bodice that Svāminī gave me with Her own hands." Svāminī's affection and compassion is directly experienced through the personal effects and articles of clothing She hands on, inherent to which is a visceral impression of the sweetness of the Divine Couple's amorous play (*vilāsa*). Absorption in one's *svarūpa* invokes moods of service and intimacy, and so a clever young girl is described who is always at her Svāminī's side and intent on performing various services to Her. Śrī Rādhā's maidservants derive their life force from Her service; it is the taste of service (*sevā-rasa*) that consolidates their spiritual forms.

The main goal of the Gaudīya Vaiṣṇavas is to become a  $r\bar{a}dh\bar{a}-d\bar{a}s\bar{i}$ , a maidservant of Śrī Rādhā. The  $s\bar{a}dhaka$  remains ever fixed on this goal, just as the position of the pole star is fixed in the sky. By the mercy of  $s\bar{r}i$  guru, the  $s\bar{a}dhaka$  is introduced to his eternal identity as a maidservant of Śrī Rādhā. Upon attaining that, he abandons his bodily identity as a servant of  $m\bar{a}y\bar{a}$ , and he purely identifies himself as  $r\bar{a}dh\bar{a}-d\bar{a}s\bar{i}$ .

In his song Śrī Rādhā-kṛṣṇa Pada-kamale Mana (10), Śrīla Bhaktivinoda Ṭhākura prays: "lalitā sakhīra, ayogyā kiṅkarī, vinoda dhariche pāya — This unworthy maidservant of Śrī Lalitā Sakhī, Bhaktivinoda, beseeches You by clasping Your lotus feet."

### Text 6

The method of *bhajana* and place of residence of one who possesses the mood described in the previous Text is explained in  $Śr\bar{\imath}$  *Upadeśāmṛta* (8):

tan-nāma-rūpa-caritādi-sukīrtanānusmṛtyoḥ krameṇa rasanā-manasī niyojya tiṣṭhan vraje tad-anurāgi-janānugāmī kālaṁ nayed akhilam ity upadeśa-sāram

While living in Vraja as a follower of those who are attached to Śrī Kṛṣṇa, one should utilise all his time by gradually transferring the absorption of his tongue and mind from matters other than Kṛṣṇa to the chanting and remembering of narrations of Śrī Kṛṣṇa's name, form, qualities and pastimes. This is the essence of all instruction.

kṛṣṇa-nāma-rūpa-guṇa-līlā-sukīrtana anusmṛti-krame jihvā-manaḥ-saṃyojana

kunje vāsa anurāgi-jana-dāsī haiyā aṣṭa-kāla bhaji līlā majiyā majiyā

BHAJANA-RAHASYA-VŖTTI: The essential meaning of this Text is that, in accordance with his own *bhāva*, the *sādhaka* should remember his beloved Śrī Kṛṣṇa as well as His devotees who possess the same mood as himself. One should reside in Vraja-maṇḍala while being immersed in chanting the names of Śrī Kṛṣṇa, such as Rādhā-ramaṇa and Rādhā-rāsa-bihārī, that are favourable to his own *bhāva*, and in hearing narrations of pastimes connected to those names. If it is not possible to reside in Vraja physically, one should reside there mentally.

This Text explains both the process of *bhajana* and the best place to perform *bhajana*. No place is superior to Vraja-maṇḍala for performing *bhajana* of Śrī Rādhā-Kṛṣṇa. The most exalted devotees, such as Brahmā and Uddhava, therefore, pray to take birth in Vraja as a blade of grass or a plant.

## Text 7

The *rāgānuga-bhakta's* method of *bhajana* is to perform his desired eternal service (*siddha-sevā*) under the constant guidance of the *guru*. *Bhakti-rasāmṛta-sindhu* (1.2.294) states:

kṛṣṇaṁ smaran janaṁ cāsya preṣṭhaṁ nija-samīhitam tat-tat-kathā-rataś cāsau kuryād vāsaṁ vraje sadā

The devotee who desires *rāgānuga-bhakti* should constantly remember Vṛndāvana-Kṛṣṇa, along with Kṛṣna's beloved associates who have the same mood as him. He should remain engrossed in hearing and speaking narrations of their pastimes and always reside in Vraja.

smari' kṛṣṇa, nija-kṛṣṇa-preṣṭha-vraja-jana kṛṣṇa-kathā-rata, vraja-vāsa anukṣaṇa

BHAJANA-RAHASYA-VŖTTI: The process of *rāgānuga-bhakti* is that the *sādhaka* should remember his beloved and worshipable, ever-youthful Nanda-nandana Śrī Kṛṣṇa, as well as the dear *sakhīs*, such as Śrī Rūpa Mañjarī, who possess the mood that he cherishes. He should hear narrations about them while remaining a resident of Śrī Nandarāja's Vraja; that is, by physically residing in Vṛndāvana, Govardhana, Rādhā-kuṇḍa and other such places if he is able to do so. Or, if not, he should reside there mentally. These places are saturated with *śṛṅgāra-rasa*, and in *bhajana*, they are stimuli (*uddīpaka*) for spiritual rapture (*rasa*) and [remembrance of] pastimes (*līlā*). Therefore, Śrīla Bhaktivinoda Ṭhākura prays: "*rādhā-kuṇḍa-taṭa-kuṇja-kuṭīra*, *govardhana-parvata*, *yāmuna-tīra* — a vine-covered bower on the banks of Rādhā-kuṇḍa; Govardhana Hill; the banks of the Yamunā..."

Such *sādhakas* should remember the narrations of Kṛṣṇa's dear associates, the *rasika* devotees of Vraja who are favourable for his *bhāva*, such as Śrī Rūpa Mañjarī and other *sakhīs*, and he should serve them. In this way, their moods will be transmitted into his heart. An example of this is Śrīla Raghunātha dāsa Gosvāmī who, under the guidance of Śrī Svarūpa Dāmodara and Śrīla Rūpa Gosvāmī, attained the summit of the *rasamayī-upāsanā* (devotional service in amorous love) of Vraja.

### Text 8

The *premī-bhakta's* behaviour, characteristics and activities are expressed in Śrīmad-Bhāgavatam (11.2.40):

evam-vrataḥ sva-priya-nāma-kīrtyā jātānurāgo druta-citta uccaiḥ hasaty atho roditi rauti gāyaty unmāda-van nṛtyati loka-bāhyaḥ

In the heart of one who adopts such a transcendental vow, attachment for chanting the name of his most dear Lord arises and melts his heart. Now he rises above the condition of the general mass of people, and he is beyond caring for their opinions and views. In a natural way — not out of pretence — he acts as if mad. Sometimes he bursts out laughing and sometimes he sheds floods of tears. Sometimes, in a loud voice, he calls out to Bhagavān and sometimes, with a sweet voice, he sings His glories. At other times, when he perceives his beloved standing before his eyes, he even starts dancing in order to please Him.

ei vrate kṛṣṇa-nāma kīrtana kariyā jāta-rāga dravaccitta hāsiyā kāṅdiyā cītkāra kariyā gāi loka-bāhya tyaji' ei vyavahāre bhāi, preme kṛṣṇa bhaji BHAJANA-RAHASYA-VRTTI: The devotees of the Supreme Lord always chant His auspicious names. As a result of this krsnasankīrtana, all kinds of anarthas are removed; the heart is purified; many lifetimes of sins and their result, transmigration, are destroyed; all kinds of good fortune arise; all the sādhana one needs to attain prema-bhakti is transmitted into the heart; krsna-prema appears; one begins to relish the nectar of prema; one attains Śrī Krsna; and finally, one becomes cooled and purified by immersing himself in the nectarean ocean of eternal service. At this stage, through the essential function of hlādinī (hlādinī-sāra-vrtti), krsna-saṅkīrtana boundlessly increases the living entity's natural bliss. Now the living entity is eternally fixed in one of the rasas (dāsya, sakhya, vātsalya or mādhurua), and moment by moment, he relishes complete nectar through an ever-fresh attachment for Śrī Krsna. Śrī Krsna's sweet pastimes appear in the devotee's heart and he repeatedly relishes the sweetness of the Lord's beauty and all His other qualities. This everfresh sweetness astonishes the devotee and his heart melts.

While describing the glories of *kṛṣṇa-nāma-saṅkīrtana* to Prakāśānanda Sarasvatī, Śrīman Mahāprabhu said, "When I chant the name My *guru* gave Me, it automatically makes My heart melt. Sometimes this name makes Me dance, sometimes it makes Me laugh and at other times it makes Me cry." This is the nature of the *mahāmantra*; it makes *kṛṣṇa-prema* arise within whomever chants it. *Kṛṣṇa-prema* is the topmost goal (*parama-puruṣārtha*); the other four *puruṣārthas — dharma*, *artha*, *kāma* and *mokṣa —* are insignificant in its presence. The nature of *prema* is that it gives rise to a restless heart, and the devotee who is controlled by this nature sometimes laughs, sometimes cries and sometimes, being maddened, starts dancing.

In his commentary on this verse, Śrīla Viśvanātha Cakravartī Ṭhākura writes that by chanting the holy name, the *sādhaka* experiences a variety of pastimes as they naturally appear in his heart. He laughs when he hears Śrī Kṛṣṇa's joking words with the *vraja-devīs* during the *rāsa-līlā* or in the pastime of stealing butter,

and he weeps when his vision of a pastime ( $l\bar{l}l\bar{a}$ -sph $\bar{u}$ rti) ceases. He thinks, "I have relished the nectar of Your sweetness only once — when will I attain it again?" Lamenting like this, he rolls on the ground and, heaving long sighs, falls unconscious. Later, when he again sees Bhagavān everywhere, he is overwhelmed by happiness and becomes maddened. The devotee who performs such transcendental activities is devoid of bodily needs.

### Text 9

Firm faith in *vraja-līlā* is found in this verse recited by Śrīman Mahāprabhu (from *Sāhitya-darpaṇa*, quoted in *Padyāvalī* 382):

yaḥ kaumāra-haraḥ sa eva hi varas tā eva caitra-kṣapās te conmīlita-mālatī-surabhayaḥ prauḍhāḥ kadambānilāḥ sā caivāsmi tathāpi tatra surata-vyāpāra-līlā-vidhau revā-rodhasi vetasī-taru-tale cetaḥ samutkaṇṭhate

O friend, that beautiful one who stole my heart in my youth is now here. These are also the same pleasant nights of the month of Caitra, with the same fragrance of blossoming mālatī flowers and the same cool, gentle, fragrant breeze from the kadamba trees. I am also the same; my beloved, too. Nonetheless, my mind is eager for amorous play at the foot of the vetasī tree on the bank of the river Revā.

kaumāre bhajinu yāre sei ebe vara sei ta' vasanta-niśi surabhi-pravara

sei nīpa, sei āmi, samyoga tāhāi tathāpi se revā-taṭa sukha nāhi pāi

BHAJANA-RAHASYA-VṛTTI: Śrīman Mahāprabhu would recite this verse while dancing in front of Śrī Jagannātha's chariot. At that time. He was immersed in the transcendental sentiments of Śrī Rādhā.

considering Himself to be Rādhā and Śrī Jagannātha to be Vrajendranandana Śyāmasundara. He was feeling that They were meeting each other at Kurukṣetra — this was His mood. At Kurukṣetra, Śrī Rādhā could not experience the same happiness She used to feel when meeting Śrī Kṛṣṇa in the solitary *nikunjas* of Vṛndāvana. Absorbed in the mood of Rādhā, Mahāprabhu revealed the distress She felt as She spoke to Her <code>sakhī</code>. "O <code>sakhī</code>, I am that same Rādhā and He is that same Kṛṣṇa, and We are now meeting each other again; nonetheless, My mind is eager for Us to meet and sport together in the secluded <code>nikunjas</code> of Vṛndāvana."

Śrīman Mahāprabhu expressed His moods through this Text taken from Sāhitya-darpana. It is described there how a young unmarried heroine (*nāyikā*) became strongly attached to the qualities of a hero (nāyaka) and met with him on the bank of the river Revā. There, her lover took away her innocence. A kumārī, a very young, unmarried girl, naturally has no desire for union. When this desire arises, youth (kaiśora) begins. After some time, that couple got married. Upon the arrival of the month of Caitra, that young wife now remembers that charming, moonlit night in the vetasī-kunja on the bank of the river Revā, and how the slow, gentle breeze carrying the fragrance of *mālatī* flowers stimulated their lust and increased their desire for union. Now, however, in the bonds of marriage, they do not have the same eagerness as then, even though there are no obstacles in their meeting. But her mind has gone to that bank of the river Revā, and happy memories have arisen in her heart of her first meeting with the beloved of her life and their amorous play under the vetasī tree.

In this verse, a mundane poet expresses the feelings of mundane lovers, but through it, Mahāprabhu relished the sweetness of transcendental *śṛṅgāra-rasa*. In worldly poetry, such a union is considered immoral and characterised by *rasābhāsa*, a mixing of incompatible sentiments, but Śrī Rādhā-Kṛṣṇa's pastimes are transcendental, with the supreme sweetness of *rasa* flowing through them. The meeting

of an ordinary couple is controlled by lust ( $k\bar{a}ma$ ) that arises from illusion. When their lust is fulfilled, their feelings for each other change. On the other hand, in transcendental amorous mellow ( $\dot{s}r\dot{n}g\bar{a}ra-rasa$ ), the  $n\bar{a}yaka$  and the  $n\bar{a}yik\bar{a}$  have prema for each other. This prema originates from the  $svar\bar{u}pa-\dot{s}akti's$  function of  $hl\bar{a}din\bar{\iota}$  and samvit, and its purpose is to give pleasure to Kṛṣṇa. In  $k\bar{a}ma$  one desires one's own enjoyment, but in prema one aims for Kṛṣṇa's happiness. This is confirmed in  $\dot{S}r\bar{\iota}$  Caitanya-carit $\bar{a}mrta$  ( $\bar{A}di-l\bar{\iota}l\bar{a}$  4.165):

ātmendriya-prīti-vāñchā—tāre bali 'kāma' kṛṣṇendriya-prīti-icchā dhare 'prema' nāma

Śrī Rādhā's desire to serve Kṛṣṇa is causeless and perpetual. The birth of a material desire, on the other hand, has a beginning and is therefore subject to ruin. The nāyaka and nāyikā who are tied by marriage have svakīya-bhāva (wedded love). Because they are with each other constantly, the variegatedness of rasa does not manifest in their meeting and the sweetness of rasa also remains concealed. However, the sweetness of a nāyaka and nāyikā's prema in parakīyabhāva (paramour love) manifests in an extraordinary way because their prema is endowed with an exalted, radiant rasa (samunnataujjvala-rasa). The sweetness of the vraja-devis' parakiya-bhāva is unprecedented. Because they do not always occur, their meetings with Kṛṣṇa are precious. Owing to the paramour relationship, their mood is characterised by contrariness, prohibition and secret amorous desires. This bhāva is the wealth of the vraja-devīs only. Its only hero is the crown jewel of rasikas, Vrajendra-nandana Śrī Kṛṣṇa and the crown jewel of all the *gopīs* is Vrsabhānu-nandinī Śrī Rādhā. Śrī Caitanyacaritāmrta (Ādi-līlā 4.80) states: "bahu kāntā binā nahe rasera ullāsa without many beloveds, there is no rapture in rasa." Thus, to fulfil Śrī Krsna's desire to taste paramour love, Śrī Rādhā manifests Herself as many beloveds. This parakīya-bhāva is manifest only in Vraja.

#### Text 10

Śrīla Rūpa Gosvāmī has explained the previous Text by composing this verse, which is found in *Padyāvalī* (383):

priyaḥ so 'yaṁ kṛṣṇaḥ sahacari kurukṣetra-militas tathāhaṁ sā rādhā tad idam ubhayoḥ saṅgama-sukham tathāpy antaḥ-khelan-madhura-muralī-pañcama-juṣe mano me kālindī-pulina-vipināya spṛhayati

[After meeting Śrī Kṛṣṇa at Kurukṣetra, Śrī Rādhā said:] O sakhī, today at Kurukṣetra, I met My same prāṇa-priya, Kṛṣṇa. I am that same Rādhā, and there is also happiness in Our meeting. But nonetheless, I deeply yearn for Vṛndāvana, for the kuñja on the bank of the Kālindī that is inundated by bliss as a result of Kṛṣṇa vibrating the fifth note on His playful muralī.

sei kṛṣṇa prāṇanātha, kurukṣetre pāinu sei rādhā āmi, sei saṅgama labhinu

tathāpi āmāra mana vaṁśī-dhvanimaya kālindī-puline spṛhā kare atiśaya

vṛndāvana-līlā-sama līlā nāhi āra vaikuṇṭhādye ei līlāra nāhi paracāra

vraje yei līlā tāhe viccheda, sambhoga dui ta' paramānanda, sadā kara bhoga

BHAJANA-RAHASYA-VṛTTI: Absorbed in the mood of Śrī Rādhā, Śrīman Mahāprabhu would recite the previous verse (Text 9, yaḥ kaumāra-haraḥ) from Sāhitya-darpaṇa in front of Śrī Jagannātha at the time of Ratha-yātrā. Only Śrī Svarūpa Dāmodara knew the essence of the sweet mood of that verse. Śrī Rūpa Gosvāmī was also present at Ratha-yātrā. By Śrīman Mahāprabhu's mercy, he too was able to understand the mood of that verse, and with this in mind he composed

this Text 10 (*priyaḥ so 'yaṁ kṛṣṇaḥ*). When Śrīman Mahāprabhu read it, He became overwhelmed with transcendental emotions.

Śrī Rādhā and Śrī Krsna met again at Kuruksetra after a long separation from each other. Although this meeting was pleasurable like Their very first meeting in Vrndavana, the heart of Śrī Radha was not satisfied. She expressed this heartfelt mood to Her intimate sakhī: "O sakhī, My heart is very anxious to meet Śrī Krsna in a kunja on the bank of the Yamuna. When Kṛṣṇa performs sweet pastimes in the forests upon the banks of the Kālindī, He manifests an unprecedented sweetness by vibrating the fifth note on His flute. In the forest of Vrndāvana, the heart is stimulated by the *ke-kā* sound of the peacocks and peahens, as well as by their captivating dance; by the cuckoos' kuhū-kuhū sound; by the humming of bumblebees around fragrant mango buds; by the life-giving air that is filled with the fragrance of *mādhavī* and *mālatī* flowers; by the male and female swans in the ponds; and by fragrant pollen from lotuses. In that Vrndāvana, the ever-youthful best of dancers, who has a peacock feather and flute and who is adorned with forest flowers, used to enjoy romance with Me. Here, at Kuruksetra, there is not the slightest scent of any of this. Here I do not taste even a drop from the ocean of pleasure I received from My meetings with Him in Vrndavana. What's more, here I am surrounded by persons who are not like-minded. My innermost desire is to enjoy with Śrī Kṛṣṇa in the nikunjas of that place which is well known to Me, Śrī Dhāma Vrndāvana."

# Text 11

Śrī Rādhā-Kṛṣṇa's pastimes of meeting ( $sambhoga-līl\bar{a}$ ) are described in Śrī Ujjvala-nīlamaṇi (15.222–224):

te tu sandarśanam jalpaḥ sparśanam vartma-rodhanam rāsa-vṛndāvana-krīḍāyamunādy-ambu-kelayaḥ nau-khelā-līlayā cauryaṁ ghaṭṭaḥ kuñjādi-līnatā madhu-pānaṁ vadhū-veśadhṛtiḥ kapaṭa-suptatā

dyūta-krīḍā paṭākṛṣṭiś cumbāśleṣau-nakhārpaṇam bimbādhara-sudhāpānaṁ samprayogādayo matāḥ

The anubhāvas of meeting (sambhoga) are as follows: seeing each other (sandarśana), talking (jalpa), touching (sparśana), blocking each other's way in a contrary mood (vartma-rodhana), the rāsa-līlā, enjoying pleasure pastimes in Vṛndāvana (vṛndāvana-krīḍā), playing water-sports in the Yamunā and Mānasī-gaṅgā (jala-keli), enjoying boat pastimes (nau-khelā), stealing flowers, clothes and the flute (līlā-caurya), enjoying pastimes of demanding taxes (ghaṭṭa), playing hide-and-seek in the kuñjas (kuñjādi-līnatā), drinking honey (madhu-pāna), Kṛṣṇa dressing in female attire (vadhū-veśa-dhṛti), pretending to sleep (kapaṭa-suptatā), playing dice (dyūta-krīḍā), pulling off each other's garments (paṭākṛṣti), kissing (cumba), embracing (āśleṣa), making nail-marks on each other (nakha-arpaṇa), drinking the nectar of each other's lips, which are like bimba fruit (bimba-adhara sudhā-pāna) and enjoying amorous union (samprayoga).

sandarśana, jalpa, sparśa, vartma-nirodhana rāsa, vṛndāvana-krīḍā, yamunā-khelana

naukā-khelā, puṣpa-curi, ghaṭṭa, saṅgopana madhupāna, vadhū-veśa, kapaṭa-svapana

dyūta-krīḍā, vastra-ṭānā, surata-vyāpāra bimbādhara sudhāpāna, sambhoga prakāra

# Text 12

Decorating Śrī Rādhā-Kṛṣṇa is described in *Stavāvalī* (Śrī Sva-saṅkalpa-prakāśa-stotra 9):

sphuran-muktā guñjā maṇi sumanasāṁ hāra-racane mudendor lekhā me racayatu tathā śikṣaṇa-vidhim yatha taiḥ saṅklptair dayita-sarasī madhya-sadane sphuṭaṁ rādhā-kṛṣṇāv ayam api jano bhūṣayati tau

May Indulekhā Sakhī, as *guru*, mercifully teach me the art of stringing very beautiful necklaces and garlands composed of pearls, jewels, *guñjā* berries and flowers. With these necklaces and garlands, I can decorate Śrī Rādhā-Kṛṣṇa for Their pleasure as They are seated on the jewelled throne in the middle of Rādhā-kuṇḍa.

muktā-guňjā-maṇi-puṣpa-hāra viracane indulekhā-guru-kṛpā labhiba yatane

rādhā-kuṇḍa ratnamaya mandire duṅhāre bhūṣita kariba āmi sulalita hāre

BHAJANA-RAHASYA-VŖTTI: In this Text, Śrī Raghunātha dāsa Gosvāmī, who is totally absorbed in his identity as a *mañjarī*, is drawing a delightful picture of his desire to serve Śrī Rādhā-Mādhava by decorating Them suitably in the *nikuñja* situated in the middle of Rādhā-kuṇḍa. Śrī Rādhā's *sakhīs* have a variety of natures with which they nourish many kinds of mellows (*rasas*). These *sakhīs* are proficient in knowledge of their own *rasa*, and sometimes they learn different arts from other *sakhīs*. By teaching all the *pālya-dāsīs* Herself, Śrī Rādhā makes them expert in Her service.

Here Śrīla Dāsa Gosvāmī, in the mood of Rati Manjarī, is praying to Śrīmatī Indulekhā, one of Śrī Rādhā's *aṣṭa-sakhīs*, to teach her many delightful arts, including stringing necklaces of pearls, jewels

and guñjā berries and making flower garlands. According to Śrīla Rūpa Gosvāmī's Śrī Rādhā-kṛṣṇa-gaṇoddeśa-dīpikā, Indulekhā is learned in scriptures dealing with snake-charming mantras and in the sāmudrika-śāstra, the science of reading the auspicious and inauspicious features on a person's body. She is expert in stringing necklaces and garlands, drawing pictures, decorating teeth, gemmology, weaving various kinds of cloth and writing auspicious mantras. She is also expert in stimulating the attraction Rādhā and Kṛṣṇa feel for one another.

As Śrī Rādhā-Mādhava engage in amorous sports (*rasa-vilāsa-krīḍā*) in the pastime grove known as Madana-vāṭikā, situated in the middle of Śrī Rādhā-kuṇḍa, Their necklaces of pearls, jewels and *guṇjā* berries and Their flower garlands break and scatter. The *prāṇa-sakhīs* do not hesitate to enter the *kuṇja* in order to rearrange Śrī Rādhā-Mādhava's clothes and ornaments. Śrīla Dāsa Gosvāmī is praying to Śrī Indulekhā, who is expert in all these arts, to impart knowledge about how to skilfully accomplish all these services. By their skill in stringing necklaces and garlands, the *pālya-dāsī-mañjarīs* have their desires to please Śrī Rādhā-Mādhava fulfilled.

# Text 13

For an understanding of *vipralambha-rasa*, one should read *Gopī-gīta* (Śrīmad-Bhāgavatam, Tenth Canto, Chapter 31). Only those who distribute *bhagavat-kathā* are most munificent. Śrīmad-Bhāgavatam (10.31.9) states:

tava kathāmṛtam tapta-jīvanam kavibhir īḍitam kalmaṣāpaham śravaṇa-maṅgalam śrīmad ātatam bhuvi gṛṇanti te bhūri-dā janāḥ

O Kṛṣṇa, nectar-filled narrations about You are the life and soul of persons suffering in separation from You, and they are sung

by great, realised poets who are Your devotees. Just by hearing the all-auspicious narrations about You, all kinds of sins, such as *prārabdha* and *aprārabdha*, are removed, and all prosperity, in the form of *prema-bhakti*, arises in the heart. Therefore, no one is equal to or more generous than he who broadcasts Your glories.

tava kathāmṛta kṛṣṇa! jīvanera sukha kavi-gaṇa gāya yāte yāya pāpa-duḥkha

śravaṇa-maṅgala sadā saundarya-pūrita sukṛta-janera mukhe nirantara gīta

BHAJANA-RAHASYA-VṛTTI: At the time of Ratha-yātrā, Śrī Gaurasundara, endowed with the mood of Śrī Rādhā, became tired and lay down to rest beneath a tree, extending His lotus feet. Within His mind, He relished the *vraja-devīs*' various moods. Mahārāja Pratāparudra came to Him dressed as an insignificant and lowly person and in a humble mood massaged Mahāprabhu's feet, while gently singing this śloka.

In the previous verse of *Gopī-gīta*, which begins with *madhurayā girā*, the *gopīs* who were suffering in separation from Kṛṣṇa pray for the nectar of Śrī Kṛṣṇa's lips to cure their disease. In reply Śrī Kṛṣṇa says, "O *gopīs*, I cannot understand how you can remain alive in such a diseased condition."

The *gopīs* reply, "Śyāmasundara, we are alive only due to the nectar of narrations about You, which do not allow us to die. If You ask what this nectar is like, we will answer that it can even bring peace to someone who is afflicted with the intractable disease of suffering the threefold material miseries. The nectar of descriptions of You even calms a forest fire of miseries."

Kṛṣṇa may say, "O *gopīs*, I will bring you nectar from heaven. You can take that!"

The *gopīs* answer, "Dear Śyāmasundara, nectar from heaven will make the body healthy, but it will increase lust (*kāma*) and

other inauspicious qualities, that cause much misfortune. Indra and the other demigods of Svarga are overrun with lust, anger, greed, illusion, pride and envy."

If Krsna says, "O gopis, take the nectar of liberation!" then the gopīs will reply, "Even if You offer liberation, Your devotees will not accept it, because it is unfavourable for prema-bhakti. Where are the loving exchanges in liberation? Dhruya, Prahlada, Brahma, Narada, the four Kumāras, Vyāsa, Śuka and other great devotees and poets glorify descriptions of You (hari-kathā). For those who aspire for liberation, this kathā is the effective medicine that immediately cures the disease of material existence. And for materialists, it gives pleasure to the ears and minds. Great personalities who are liberated within this world praise such narrations as nectar. Hearing them removes all the living entity's sins and offences and bestows auspiciousness. Just as with the arrival of the autumn season, rivers and ponds automatically become clean, similarly, by hearing descriptions of You, the dirt in the living entity's heart is removed. Such narrations give new life to the devotees who are burning in separation from You, and it bestows all kinds of beauty and wealth. One who distributes krsna-kathā throughout the world is a truly benevolent person."

# Text 14

When the  $gop\bar{\imath}s$  think of Kṛṣṇa wandering in the forest, they experience great sorrow. A description of their deep love for Him at this time is given in  $\hat{S}r\bar{\imath}mad$ - $Bh\bar{a}gavatam$  (10.31.11):

calasi yad vrajāc cārayan paśūn nalina-sundaram nātha te padam śila-tṛṇāṅkuraiḥ sīdatīti naḥ kalilatām manaḥ kānta gacchati

O Prāṇa-vallabha! O Kānta! When You go to the forests of Vraja to herd the cows, the soles of Your soft lotus feet, which are like beautiful blue lotuses, must suffer as they are pricked by small stones and dry straw. Thought of this disturbs our hearts and minds.

> dhenu la'ye vraja ha'te yabe yāo vane nalina-sundara tava kamala-carane

śilānkure kaṣṭa ha'be manete vicāri' mahā-duḥkha pāi morā ohe cittahāri

BHAJANA-RAHASYA-VRTTI: In the preceding verse [of Gopi-gita, beginning prahasitam priyal the vraja-sundarīs felt distress and their hearts became restless due to remembering their pūrva-rāga (attachment that proceeds meeting) towards their prānakānta Śrī Kṛṣṇa - His loving glances, His gentle smile, His joking and talking with them in a secluded place, and so forth. Now, they direct their words towards Śrī Krsna, saying, "O deceiver of the heart, how we will ever attain peace, we do not know! Our hearts are anxious both when we meet with You and when we are separated from You; they are agitated in all conditions. O Krsna, in the morning, You are surrounded by countless sakhās as You take innumerable cows to graze in the forest, and the Vrajavāsīs, deprived of Your darśana, are plunged into a deep ocean of separation from You. When we think of Your lotus feet, which are softer than a thousand-petalled lotus, being pierced by dry straw, thorns, sharp grass and so forth, our worry knows no bounds. How can we tolerate pain to Your lotus feet, which we consider nondifferent from our hearts? First, we suffer in separation from You, and then, on top of that, we experience the pain Your crimson lotus feet undergo. How can we tolerate this? Both types of pain break the limit of our endurance. O Prānakānta, please do not abuse Your lotus feet. We remember that while roaming throughout the forest with You, You would ask us to remove the thorns that pricked Your feet. We would take Your feet on our body and remove the thorns gently and slowly. But when Your feet are pricked now, who will care for them?"

*Kānta kalilatāṁ mano gacchati* – "We think, 'O Kānta, surely Your soft, tender, lotus feet will be pierced by thorns, sharp grass and stone chips.' By such thoughts, our minds begin to quarrel with us.

"Our minds tell us, 'Does Kṛṣṇa not have eyes? He can see the thorns, sharp grass and stone chips as He walks, and He will avoid them.'

"To this we reply, 'O cruel mind, the foolish cows gallop off into rough places that are full of thorns, sharp grass and stones. They do not feel them because they have hooves. But when Śyāmasundara runs after these galloping cows, will He see these things and tread carefully? His soft lotus feet will surely be pierced by thorns.'

"The mind argues, 'O ignorant milkmaids, do you not know that Vṛndāvana's thorns and stones are also very soft?'

"Then we say, 'O mind, we do not believe this. We used to remove thorns and sharp grass from Kṛṣṇa's lotus feet ourselves.'"

In this way, the *gopīs* quarrel with their minds. Finally, their minds say, "You can remain in such anxiety – I am going to Kṛṣṇa."

If Kṛṣṇa says, "O *gopīs*, why are you so worried about Me?" the *gopīs* will answer, "O Kānta, You make our minds restless and disturbed with transcendental lust, so our intelligence has become dull. O Prāṇanātha, please do not roam here and there in the forest. Quickly return and give us Your *darśana*."

# Text 15

Śrīmad-Bhāgavatam (10.31.15) describes that for the *gopīs*, even one moment seems like a hundred *yugas* when they do not have *darśana* of that beautiful face adorned with curling locks:

aṭati yad bhavān ahni kānanam truṭir yugāyate tvām apaśyatām kuṭila-kuntalam śrī-mukham ca te jaḍa udīkṣatām pakṣma-kṛd dṛśām O Śyāmasundara, when You go to the forest to herd the cows during the day, the Vrajavāsīs are unable to see You and thus they feel one moment to be like a *yuga*. And in the evening, when You return and we see Your beautiful lotus face covered with curling locks, the blinking of our eyelids becomes painful because it obstructs our *darśana*. Is the Creator, who made these eyelids, ignorant, or is he foolish?

pūrvāhne kānane tumi yāo go-cāraṇe truṭi yuga-sama haya tava adarśane

kuṭila-kuntala tava śrī-candra-vadana darśane nimesa-dātā vidhira nindana

BHAJANA-RAHASYA-VṛTTI: Even a fraction of a second seems like a *yuga* for the *gopīs* when they are afflicted by separation from Śrī Kṛṣṇa, and when they meet Him, one *yuga* seems like a moment. This condition is called *mahābhāva*.

In this Text, the *gopīs* address Śrī Kṛṣṇa as *bhavān*. *Bhavān* is a term of honour, but here, the *gopīs* address Kṛṣṇa as such due to their jealous love.

Aṭati yad bhavān — The gopīs say, "O Kṛṣṇa! You are arasajña, ignorant of mellows. But we are rasajña, well-versed in mellows. Even so, You continue to roam in the forest. By wandering here and there with foolish cows, Your intelligence has become as dull as theirs. This is the effect of faulty association. Because You graze animals all day, Your intelligence has become like theirs." The gopīs, who have been apart from Kṛṣṇa all day, eagerly await His return to Vraja so that they can have darśana of His beautiful lotus face. Upon hearing the gopīs, Śrī Kṛṣṇa may say, "O vraja-devīs, you are always seeing My face. What is so special about My face when I return from cowherding?"

The *vraja-devīs* reply, "*Kuṭila-kuntalam śrī-mukham ca* – Your beautiful lotus face is decorated by curly locks, but because they are scattered all over Your face, we cannot see it." With anger born of

affection, the *vraja-devīs* are saying, "When this curly hair covers Your face, You are the only one to relish its sweetness. This further torments our minds, which are already burning in separation from You."

Udīkṣatām — The gopīs say, "Furthermore, we open our eyes wide and raise our faces in an endeavour to see You, but because the Creator, who fashioned our eyelids, is foolish (dṛśāṁ pakṣma-kṛd jaḍaḥ), we cannot take complete darśana of You. This Creator, being irrational and of meagre intelligence, has created eyelids for the eyes. For darśana of such a beautiful lotus face, he has only given two eyes, and on top of that, he has covered them with eyelids that constantly blink and obstruct our gazing upon You."

Adhirūḍha-mahābhāva is characterised by the feeling that each moment is like a *kalpa* when one is separated from Kṛṣṇa, and the feeling that a *kalpa* is like a moment when one is meeting Him. In this Text, this *bhāva* is clearly visible in the *vraja-devīs*.

#### Text 16

The pre-eminent *gopī-bhāva* is intended solely for Śrī Kṛṣṇa's pleasure. Śrīmad-Bhāgavatam (10.31.19) states:

yat te sujāta-caraṇāmburuham staneṣu bhītāḥ śanaiḥ priya dadhīmahi karkaśeṣu tenāṭavīm aṭasi tad vyathate na kim svit kūrpādibhir bhramati dhīr bhavad-āyuṣām naḥ

O beloved, Your beautiful feet are even softer than a lotus. When we massage those soft, tender, lotus feet we fearfully, slowly and gently place them on our breasts in such a way that our hard breasts may cause them no pain. With those same soft feet, You wander behind the cows in the deep forest. Will Your lotus feet not be pierced by stones and other sharp things? Such thoughts make us extremely anxious. O Prāṇanātha, You are our life, so please stop wandering in the forest. Please, appear before us.

tomāra caraṇāmbuja e karkaśa stane sāvadhāne dhari sakhe! kleśa-bhīta mane

se pada-kamale vane kūrpādira duḥkha haya pāche, śankā kari' nāhi pāi sukha

BHAJANA-RAHASYA-VṛTTI: In this verse, the  $gop\bar{\imath}s$  express their extremely deep prema. In previous verses, the  $gop\bar{\imath}s$  described their condition in separation from Kṛṣṇa, but here their words openly express their anxiety for His happiness. The  $gop\bar{\imath}s$ , who are covered by  $k\bar{a}ma$  – that is, their love for Kṛṣṇa – tried very hard to conceal their prema, but because it flows so swiftly, it was revealed.

The *gopīs* suffer in their hearts at the thought of Kṛṣṇa coming to harm. This is the characteristic of *mahābhāva*. Only the *gopīs* are experienced in the sorrow of separation from their *prāṇa-priyatama*, and only the *gopīs* are experienced in the happiness of meeting with Him. In Text 14, the *gopīs* expressed how troubled they felt by the pain caused to Śrī Kṛṣṇa's lotus feet. For this reason, the current Text, again mentioning the suffering of Śrī Kṛṣṇa's lotus feet, is cited here. Text 15 described separation from Him during the day, and this Text describes separation from Him at night. In the daytime, Kṛṣṇa roams about herding the cows, and He can easily protect Himself from stone chips, thorns and sharp grass. But on the bank of the Yamunā, in the darkness of night, sharp objects on the ground are not easily seen. Thinking of this, the *vraja-sundarīs*' hearts begin to melt and they express their moods with words of distress.

Śrī Vṛndā-devī puts great effort into making Śrī Kṛṣṇa's pastime places, like the bank of the Yamunā, very pleasant and beautiful. There is no possibility of thorns or sharp grass being there, but nonetheless, the damsels of Vraja fear that Śrī Kṛṣṇa's lotus feet will suffer.

Afflicted by *prema*, the *gopīs* pray in this Text, "O life-giving Śyāmasundara, like beautifully blossoming lotus flowers, Your reddish lotus feet, which are extremely fragrant and sweet, mitigate any misery. Now these reddish lotus feet must be suffering from the

injuries caused by stones, sharp grass, etc. as You roam from forest to forest. We are saddened by such thoughts."

Upon hearing this, Śrī Kṛṣṇa might reply, "Oh, come now! What realisation do you have of My suffering?"

The gopīs answer, "Priya karkaśeṣu staneṣu bhītāḥ śanair dadhīmahi — O beloved, we consider You to be non-different from our bodies and to be the life of our life. How can we place Your supremely beautiful, tender lotus feet on our hard breasts? Please listen for a moment. Bhītāḥ śanaiḥ, we place them there very slowly and gently so that You may feel no pain at all. Therefore, when You do something Yourself that brings them pain, we drown in an ocean of sorrow."

Śrī Kṛṣṇa says, "O love-stricken  $gop\bar{\imath}s$ , why do you want to place My lotus feet on your hard breasts?"

"O Priya, You are our beloved, and the only duty of a lover is to increase the beloved's happiness. Placing Your lotus feet on our breasts gives You supreme pleasure, and if You are happy, we are, too. For this reason, we place Your lotus feet there, but as soon as we remember their softness, our hearts melt."

Kṛṣṇa says, "O mad  $gop\bar{\imath}s$ , you all should perform some austerity to satisfy the Creator, and then pray to him for soft, tender breasts."

The  $gop\bar{\imath}s$  reply, "We are ready to perform this austerity, but there is a consideration. If our breasts were soft, You still may not be pleased, and if they are hard, they will cause You pain. We are unable to determine what to do and what not to do. You, however, behave the same way You treat Your feet — mercilessly."

Hearing this Kṛṣṇa may reply, "O *gopīs*, what are you waffling about?"

The *gopīs* say, "O Śyāmasundara, we are unable to calm our hearts at all."

Kṛṣṇa replies, "Why do you suffer so much? Where is your affection for Me? What are the symptoms of affection? If the lover is unable to remain alive when the beloved is suffering severely, how is it that you are still alive?"

The *gopīs* say, "*Bhavad-āyuṣām*. You are our very life. Although we have endured much hardship, our lives do not end." With loving anger they continue, "O Śyāmasundara, not only are You cruel to us, but so is the Creator; he has given us such a long life — only to suffer."

This is the commentary of Śrīla Viśvanātha Cakravartī Ṭhākura on this verse, which expresses the deep suffering in separation from Kṛṣṇa of the *vraja-devīs*, who are filled with *mahābhāva*.

# Text 17

The *gopīs'* outburst overflowing of emotion (*bhāvocchvāsa*) when meeting with Śrī Kṛṣṇa is described in *Kṛṣṇa-karṇāmṛta* (12):

nikhila-bhuvana-lakṣmī-nitya-līlāspadābhyāṁ kamala-vipina-vīthī-garva-sarvaṅkaṣābhyāṁ praṇamad-abhaya-dāna-prauḍhi-gāḍhādṛtābhyāṁ kim api vahatu cetaḥ kṛṣṇa-pādāmbujābhyām

May my heart attain indescribable bliss at Śrī Kṛṣṇa's lotus feet, which are the eternal abode of pastimes for the original goddess of fortune, which thwart heaps of lotus flowers' pride in their beauty, and which are deeply respected everywhere for their great power in giving shelter to the surrendered souls.

nikhila-bhuvana-lakṣmī rādhikā-sundarī tāṅra nitya-līlāspada parama-mādhurī

kamala-vipina-garva kṣaya yāhe haya praṇata-abhaya-dāne prauḍha-śaktimaya

hena kṛṣṇa-pāda-padma, kṛṣṇa! mama mana apūrva utsava-rati karuka vahana

BHAJANA-RAHASYA-VŖTTI: When Śrī Kṛṣṇa reappeared after vanishing from the *rāsa-līlā*, a *gopī* who was burning in the fire

of separation from Him placed His lotus feet upon her breasts. Śrī Līlāśuka explains that this refers to Śrī Rādhā's keeping Kṛṣṇa's lotus feet on Her heart. Śrī Kṛṣṇa is enjoying with Rādhā in a solitary nikuñja. As soon as He places His reddish lotus feet on Her breasts, they become even more reddish. May these lotus feet, smeared with kuṅkuma, fully manifest within our hearts.

In describing the speciality of Śrī Kṛṣṇa's lotus feet, he says that they defeat the pride of lotus flowers. How? The material lotus flower is cooling, fragrant, soft and beautiful for the five senses, and the bumblebee becomes mad by drinking its honey. But Śrī Kṛṣṇa's lotus feet are intoxicating in a different, exceptional way. These feet are the embodiment of beauty and wealth for all living beings, in both the material and transcendental worlds, and they are the eternal abode of pastimes for the original goddess of fortune (nikhila-bhuvana-lakṣmī). The word nikhila-bhuvana-lakṣmī in this Text can also refer to all the gopīs, who offer their everything to these lotus feet. Śrī Kṛṣṇa removes the affliction of their kāma by touching them with His lotus feet. The young girls of Vraja affectionately keep these lotus feet on their hearts and serve them in every way.

#### Text 18

It is also said in *Kṛṣṇa-karṇāmṛta* (18):

taruṇāruṇa-karuṇāmaya-vipulāyata-nayanam kamalākuca-kalasībhara-vipulī-kṛta-pulakam muralī-rava-taralī-kṛta-muni-mānasa-nalinam mama khelatu mada-cetasi madhurādharam amrtam

His eyes are fresh and reddish like the early dawn, full of compassion and very long and wide; His bodily hair stands on end by the touch of the waterpot-like breasts of Śrī Rādhā; and the sound of His flute makes the *munis* restless like the *gopīs*. May the sweet nectar of His lips play in my heart.

taruṇa aruṇa jini, karuṇā-svarūpa maṇi, vipula nayana śobhe yāṅra rādhā-kuca-dvaya bhara, preme deha gara gara, vipula pulaka camatkāra

madhura-muralī svare, muni-mana padmavane, taralita kare sarva-kṣaṇa kṛṣṇera madhurādhara, parāmṛta śaśadhara, citte mora karuka nartana

BHAJANA-RAHASYA-VŖTTI: Śrī Rādhā-Kṛṣṇa are in a solitary nikuñja, and no tinkle of ankle bells or any other sound comes from inside. Knowing that the Divine Couple's amorous pastimes (surata-līlā) have come to an end, the sakhīs peek through the small gaps in the foliage of the kuñja at Their intimate pastimes. Kṛṣṇa has risen from bed and is sitting up. To remove Śrī Rādhā's fatigue and to stimulate Her amorous desire, He massages Her limbs and cleverly fans Her with His scarf. Śrī Kṛṣṇa, who is the embodiment of nectar, maddens our sakhī, Śrī Rādhā, with the happiness of Her good fortune. Kṛṣṇa's naturally youthful, reddish eyes have become even more red from His drinking the nectar of Rādhā's lips, and They are again becoming restless with intoxicating amorous desires. Full of tenderness, He fans Rādhā to remove Her perspiration. Seeing Śrī Rādhā's fatigue due to amorous play, Kṛṣṇa's heart overflows with an ocean of compassion, and He endeavours in various ways to mitigate Her tiredness.

He places Śrī Rādhā on His lap, and the touch of each other's bodies drowns Them both in an ocean of *aṣṭa-sāttvika-bhāvas*. His endeavours to remove Her fatigue stimulate Their desire to sport again.

Even the hard hearts of the *munis* become restless when Śrī Kṛṣṇa plays His flute. When Rādhā is in *māna*, Kṛṣṇa tries in various ways to pacify Her. His falling at Her feet and crying cannot remove this dense *māna*, but just one note from His flute instantly dispels it. The sound of Kṛṣṇa's flute enters Rādhā's ears and drives Her mad (*unmāda*). All glories to such a flute!

#### Text 19

Śrī Ujjvala-nīlamāṇī (8.97–99) describes the mānasī-sevā, service performed within the mind, of one who, in his spiritual form (siddhadeha), worships and serves in the eternal pastimes of Śrī Rādhā-Kṛṣṇa:

mithaḥ prema-guṇotkīrtis tayor āsakti-kāritā abhisāro dvayor eva sakhyāḥ kṛṣṇe samarpaṇam

narmā śvāsana-nepathyam hṛdayodghāṭa-pāṭavam chidra-samvṛtir etasyāḥ paty-ādeḥ parivañcanā

sikṣā-saṅgamanaṁ kāle sevanaṁ vyajanādibhiḥ tayor dvayor upālambhaḥ sandeśa-preṣaṇaṁ tathā nāyikā-prāṇa-saṁrakṣā prayatnādyāḥ sakhī-kriyāḥ

The sixteen activities of the sakhīs are as follows: (1) to glorify the prema and qualities of the nāyikā to the nāyaka and vice versa, (2) to create attachment between the nāyikā and her lover; (3) to arrange for their abhisāra, (4) to offer their sakhī to Śrī Kṛṣṇa, (5) to joke, (6) to console, (7) to dress and decorate the nāyikā and nāyaka, (8) to skilfully hide the nāyikā and nāyaka's innermost feelings, (9) to conceal the nāyikā's faults, (10) to cheat their husbands and others, (11) to give favourable instructions, (12) to arrange for the nāyikā and nāyaka to meet at the appropriate time, (13) to fan and render other services, (14) to point out faults in the nāyikā and nāyaka and to instruct them,

(15) to deliver the nāyikā's and nāyaka's messages to each other, and (16) to endeavour to protect the nāyikā's life.

rādhā-kṛṣṇa guṇotkīrti, āsakti-vardhana abhisāra-dvaya, kṛṣṇe rādhā-samarpaṇa

narmāśvāsa, veṣa-kārya, hṛdaya-sandhāna chidra-gupti, gṛha-pati-gaṇera vañcana

śikṣādāna, jala āra vyajana-sevana ubhaya-milana, sandeśādi-ānayana

nāyikāra prāṇa-rakṣāya prayatna pradhāna sakhī-sevā jāni' yathā karaha vidhāna

#### Text 20

In Stavāvalī (Vraja-vilāsa-stava 38) it is written:

tāmbūlārpaṇa-pāda-mardana-payo-dānābhisārādibhir vṛndāraṇya-maheśvarīṁ priyatayā yās toṣayanti priyāḥ prāṇa-preṣṭha-sakhī-kulād api kilāsaṅkocitā-bhūmikāḥ kelī-bhūmiṣu rūpa-mañjarī-mukhās tā dāsikāḥ saṁśraye

I take shelter of the maidservants of Śrīmatī Rādhikā, of whom Rūpa Mañjarī is prominent. Unlike the *priya-narma-sakhīs*, they can perform any service without hesitation. They perpetually and affectionately satisfy Śrīmatī Rādhikā with their various services, such as offering *tāmbūla*, massaging Her feet, bringing Her water and arranging for Her trysts with Śrī Kṛṣṇa.

tāmbūla-arpaṇa, dunhāra caraṇa-mardana payodāna, abhisāra, dāsī-sevā-dhana

BHAJANA-RAHASYA-VṛTTI: Śrī Rādhā's sakhīs are of five kinds. Among them, the service of the nitya-sakhīs and prāṇa-sakhīs

(all of whom are *mañjarīs*) is topmost. When Śrī Rādhā-Kṛṣṇa are overwhelmed with ecstasy and become helpless while enjoying confidential pastimes in a solitary *nikuñja*, the *mañjarīs* enter without any hesitation to perform all varieties of services. Although the *mañjarīs* perform their service under the instruction of Lalitā, Viśākhā and other *priya-narma-sakhīs*, when Yugala-kiśora are in a solitary *nikuñja*, Lalitā and Viśākhā can only enter with the permission of Rūpa Mañjarī and Rati Mañjarī. In rank, the *priya-narma-sakhīs* are more eminent, but in the good fortune of service, the *mañjarīs* are more prominent. Even when the *priya-narma-sakhīs* cannot enter the *kuñja*, the *mañjarīs* freely serve the Divine Couple there. Often, when Śrī Kṛṣṇa desires to meet Śrī Rādhā, He must repeatedly entreat the *mañjarīs*; only then does He receive the opportunity to meet with Her.

#### Text 21

Pride in one's service is described in these words of Śrīla Raghunātha dāsa Gosvāmī from Śrī Sva-saṅkalpa-prakāśa-stotra (2):

navam divyam kāvyam svakṛtam atulam nāṭaka-kulam prahelī-gūḍhārthāḥ sakhi rucira-vīṇā-dhvani-gatiḥ kadā snehollāsair lalita-lalitā-preraṇa-balāt salajjam gāndharvā sa-rasam-asakṛc chikṣayati mām

Aho! When, in a secluded place, will I receive such fortune that Śrīmatī Rādhikā will, upon the request of Śrīmatī Lalitā-devī, affectionately and happily – yet shyly – teach me dramas composed by Herself, new poems, riddles with deep meanings, and melodies on the  $v\bar{v}n\bar{a}$ ?

svakṛta-nāṭaka āra navya kāvya-tati gūḍhārtha-prahelī, divya vīṇā-rava-gati

# lalitāra anurodhe snehollāse kabe salajja gāndharvā more nibhṛte śikhābe

BHAJANA-RAHASYA-VṛTTI: Śrī Gaurasundara entrusted Śrīla Dāsa Gosvāmī to Śrīla Svarūpa Dāmodara. In *vraja-līlā* Śrī Svarūpa Dāmodara is Lalitā Sakhī. Under her guidance, Śrī Rādhā's *pālya-dāsīs* learn how to serve the Divine Couple, and ultimately are blessed with the good fortune of attending Them directly. Śrīman Mahāprabhu is absorbed in the mood of Śrī Rādhā. Here Śrī Dāsa Gosvāmī, harbouring the desire to serve Śrīman Mahāprabhu in his heart, is begging the foot-dust of Śrī Rūpa Gosvāmī to fulfil his cherished yearnings. He wants to attain expertise in all varieties of fine arts that are useful for *sevā*.

In order to engage Śrī Rati Maňjarī in sevā to Śrī Rādhā's lotus feet, Lalitā Sakhī took her by the hand to Śrī Rādhā and made the following request: "O Rādhā, this incomparably charming and beautiful girl is very qualified to serve Your lotus feet." Hearing this, Rādhā, feeling somewhat shy, spoke sweetly to Rati Maňjarī and embraced her to Her heart, moistening her with tears of compassion. Overwhelmed with great affection and urged by the most charming Lalitā Sakhī, Gāndharvikā Śrī Rādhā instructed Rati Maňjarī on poetry, playing the  $v\bar{\imath}n\bar{a}$ , drama, composing riddles and other arts. Śrī Rādhā is completely controlled by Lalitā Sakhī.

Vṛndāvana is the only subject matter of the new transcendental poetry that Śrī Rādhā teaches Rati Manjarī. The nāyaka in this poetry is Vrajendra-nandana Śyāmasundara and the nāyikās are the vrajadevīs, the embodiments of mahābhāva. In this transcendental flow of rasa there ripples an unbroken stream of waves. The movement of these waves is unrestricted and has an ever-increasing freshness.

As well as teaching poetry, Śrī Rādhā also teaches the art of acting in dramas and the art of composing riddles with deep meanings. The pālya-dāsīs employ this training to stimulate śṛṅgāra-rasa in Śrī Rādhā-Mukunda. The sakhīs ask Śrī Kṛṣṇa, "O best among clever persons, what is young (bāla) and old, both bound and liberated,

and pure but also in darkness?" Perplexed, Śrī Kṛṣṇa begins to think. After some time, He laughs loudly and says, "Śrī Kṛṣṇa begins to think. After some time, He laughs loudly and says, "Śrī Kṛṣṇa kiśorī's hair (bāla)!" at which point the sakhīs burst out laughing. The sakhīs please Śrī Kṛṣṇa with such riddles during rāsa-vilāsa, while roaming in the forest (vana-vihāra) and at other times. Śrī Rādhā, who is skilled in all arts, inspires Her sakhīs to please Kṛṣṇa in this way. Furthermore, when they play the captivating vīṇā, having learned the art from Śrī Rādhā, Śyāmasundara's heartstrings resound.

The ācāryas give the following conclusion for sādhakas: attachment (āsakti), eagerness (utkaṇṭhā) and service filled with the relish of prema-rasa are attained by associating with rasika-bhaktas. In Prema-bhakti-candrikā Śrīla Narottama dāsa Ṭhākura says: "rasika-bhakta-saṅge, rahiba pirīti raṅge, vraja-pure vasati kariyā — one attains one's cherished desire by associating with and serving rasika-bhaktas, and by taking shelter of the land of Vraja."

# Text 22

In  $\acute{S}r\bar{\imath}$  Sva-saṅkalpa-prakāśa-stotra (5) Śrīla Raghunātha dāsa Gosvāmī declares his acceptance of Viśākhā Sakhī, whose beautiful voice defeats the sound of the cuckoo bird, as his  $\acute{s}ik_{\bar{\imath}}\bar{a}$ -guru:

kuhū-kaṇṭhī-kaṇṭhād api kamala-kaṇṭhī mayi punar viśākhā-gānasyāpi ca rucira-śikṣāṁ praṇayatu yathāhaṁ tenaitad yuva-yugalam ullāsya sagaṇāl labhe rāse tasmān maṇi-padaka-hārān iha muhuḥ

May Viśākhā, whose voice is sweeter than the cuckoo, teach me the captivating art of singing. With that singing, I will please the youthful couple Śrī Rādhā-Kṛṣṇa during the *rāsa* dance and again and again, They will reward me with jewelled lockets, necklaces and other gifts.

kuhū-kaṇṭha-tiraskarī viśākhā-sundarī gāna-vidyā śikhāibe more kṛpā kari'

sei gāne rādhā-kṛṣṇe rāse ullasiba maṇi-padakādi pāritoṣika pāiba

BHAJANA-RAHASYA-VRTTI: In this Text, Śrīla Raghunātha dāsa Gosvāmī prays to receive training in singing from Śrī Viśākhā-devī. With this training, Rati Manjarī considers herself blessed to sing songs filled with a variety of rasas and fragrant with cleverness in stimulating amorous feelings. She sings these songs during the rāsalīlā, the crown jewel of all pastimes, to please the Divine Couple, who then shower her with many kinds of gifts. Rati Manjarī knows Śyāmasundara's desire and, on the direction of Syāminī, she sings wonderfully melodious songs with her sweet, pleasing voice. She has learned to sing so beautifully from Viśākhā, whose soft, pleasant voice defeats the attractive kuhū-kuhū sound of the cuckoo bird. During the rāsa dance, which is profuse with tasteful mellows, Rati Manjarī sings intoxicating, sweet notes in harmony with Viśākhā. Śrī Rādhā-Mādhava become overjoyed by this and give Their priceless necklaces and other ornaments to her as gifts. This remuneration makes the heart of Rati Mañjarī's guru, Viśākhā-devī, blossom with joy. Understanding that her efforts have been successful, Viśākhā-devī showers praises on Rati Mañjarī.

Viśākhā, who is both dear to and non-different from Śrī Rādhā, is zealous in Her service. She is extremely clever in the art of speaking, and she even defeats Śrī Kṛṣṇa in that art. She also pleases Kṛṣṇa by her smiling and laughing. Śrī Dāsa Gosvāmī, fixed in his svarūpa as Rati Mañjarī, is eager to learn speech that is full of joking, full of clever rasa and cooling like camphor. Therefore, to learn to speak in this supremely relishable, intoxicating way that is related to mādhurya-rasa, he accepts Viśākhā as guru.

## Text 23

Śrī Gīta-govinda (1.48) describes the ecstasy of the *rāsa* dance, the eternal *rāsa-vilāsa* of Śrī Kṛṣṇa and the *vraja-sundarīs*:

viśveṣām anurañjanena janayann ānandam indīvara-

śreṇī-śyāmala-komalair upanayann aṅgair anaṅgotsavam svacchandaṁ vraja-sundarībhir abhitaḥ praty-aṅgam āliṅgitaḥ śṛṅgāraḥ sakhi mūrtimān iva madhau mugdho hariḥ krīḍati

O sakhī, He who gives pleasure and bliss to all the gopīs, whose limbs are bluish-black, very soft and resemble blue lotuses, whose qualities awaken the festival of Kandarpa (Cupid) that lies dormant within the gopīs' hearts, and who is embraced by each and every limb of the gopīs – that Kṛṣṇa is sporting like amorous love personified in the spring season.

madhu-ṛtu madhukara-pānti madhura kusuma madhu-māti

madhura vṛndāvana mājha madhura-madhura rasa-rāja

madhura-naṭinī-gaṇa-saṅga madhura-madhura rasa-raṅga

sumadhura yantra-rasāla madhura-madhura karatāla

madhura-naṭana-gati-bhaṅga madhura natanī-nata-raṅga

madhura-madhura rasa-gāna madhura vidyāpati bhāṇa

BHAJANA-RAHASYA-VṛTTI: The crown jewel of connoisseurs of mellows, *dhīra-lalita-nāyaka* Vrajendra-nandana Śrī Krsnacandra,

appears as Kāmadeva personified and relishes śrngāra-rasa with the uraja-devīs. One sakhī informs her friend that in a nearby forest of kuñjas, Śrī Krsna is absorbed in amorous encounters (rāsa-vilāsa) with the young gopis. She says, "Look sakhi, look! Just see how Kṛṣṇa, possessed by an eager desire for captivating amorous sports, is bound by the embraces of the young women of Vraja." One goparamanī is lovingly embracing Śrī Kṛṣṇa and sweetly singing. Another gopī is pressing against Śrī Kṛṣṇa with her uplifted, hard breasts. One gopa-ramani with heavy hips is blooming with prema. On the pretext of whispering into His ear, she fulfils her heartfelt wish by kissing Him. Śrī Krsna is also increasing the love of the beautiful women of Vraja by embracing and kissing them and pleasing them with His smiling sidelong glances. Śrī Hari, not considering right or wrong, displays His charming pastimes with the gopa-ramanīs in the spring season. With His body, which is exquisitely soft like a dark blue lotus flower, He creates a great festival of Cupid by awarding the nectar longed for by the vraja-sundarīs. He is freely embracing and touching them, thus manifesting Himself as the personification of śṛṅgāra-rasa.

The word *indīvara* in this Text indicates 'coolness', the word *śreṇī* indicates 'relishing ever-fresh mellows', *śyāmala* indicates 'beauty' and *komala* indicates 'extreme softness'.

#### Text 24

Jagannātha-vallabha-nāṭaka (3.11) describes the happiness the gopīs feel when they finally see Śrī Kṛṣṇa after being separated from Him. In other words, it describes their condition when they meet:

yadā yāto daivān madhu-ripur asau locana-patham tadāsmākam ceto madana-hatakenāhṛtam abhūt punar yasminn eṣa kṣaṇam api dṛśor eti padavīm vidhāsyāmas tasminn akhila-ghaṭikā ratna-khacitāḥ [Śrī Rādhā said:] From the moment Śrī Kṛṣṇa, the enemy of the Madhu demon, unexpectedly came before My eyes, wicked Cupid stole My heart. Nonetheless, if He will come within My vision again, I will decorate those moments with jewels.

ye kāle vā svapane, dekhinu vaṁśī-vadane, sei kāle āila dui vairī 'ānanda' āra 'madana', hari' nila mora mana, dekhite nā pāiluṅ netra bhari'

punaḥ yadi kona kṣaṇa, karāya kṛṣṇa daraśana, tabe sei ghaṭi kṣaṇa-pala diyā mālya-candana, nānā ratna-ābharaṇa, alaṅkrta karimu sakala

BHAJANA-RAHASYA-VŖTTI: This Text, written by Śrī Rāya Rāmānanda, describes Śrī Rādhā's deep attachment for Śrī Kṛṣṇa, which She expresses to Her intimate friend Madanikā. Her friend consoles Her, saying, "Why are You so sad? Just see! The captivating fragrance of the newly blossomed *ketakī* flowers attracts the bumblebee from afar. But if the bumblebee finds no honey in the flower over which it hovers, does it not abandon that flower? Similarly, You became attracted by seeing Śrī Kṛṣṇa's lotus face, but Kṛṣṇa had no such *prema*. And even if Kṛṣṇa has *prema*, He has no understanding of how much *prema* You have, so it is only appropriate to give Him up."

Śrī Rādhā contained Herself and then replied, "All right, I will now give Him up." She shuddered, Her heart full of fear, and then, with a trembling voice, said, "O sakhī, I have given Him up as you told Me, but I cannot give up My memories of His beauty and qualities. As much as I try to forget Him, to that degree, memories arise in My mind of His gentle, soft, smiling lotus face and His reddish bimba-fruit-like lips on which the vaṁśī splendidly rests. When I receive this enchanting darśana, two enemies, madana (Cupid) and ānanda (joy), appear and obstruct My vision."

Saying this, Śrī Rādhā lost external consciousness and fainted due to Her increased longing to have Śrī Kṛṣṇa's *darśana*. This longing caused an inexpressible happiness to arise in Her heart, and She was overwhelmed by a deep yearning to serve Kṛṣṇa with Her body.

Later, Śrī Rādhā said to Madanikā, "O sakhī, if Kṛṣṇa presents Himself before Me now, I will not let these two enemies, madana and ānanda, enter My heart, and I will gaze upon Him to My full satisfaction. I will decorate the moments that give Me sight of My beloved with garlands, sandalwood paste and many jewelled ornaments."

# Text 25

The midnight pastimes (rātri-līlā) are described in Govinda-līlāmṛta (22.1):

tāv utkau labdha-saṅgau bahu-paricaraṇair vṛndayārādhyamānau preṣṭhālībhir lasantau vipina-viharaṇair gāna-rāsādi-lāsyaiḥ nānā-līlā-nitāntau praṇaya-sahacarī-vṛnda-saṁsevyamānau rādhā-kṛṣṇau niśāyāṁ sukusuma-śayane prāpta-nidrau smarāmi

At night Rādhā and Kṛṣṇa, who are very anxious to see one another, finally meet. Their dear *gopīs* worship Them by performing many services. Rādhā and Kṛṣṇa become weary from roaming in the forest, singing, dancing in the *rāsa-līlā* and performing other pastimes with these most beloved *sakhīs*. Their group of loving maidservants then serve Them by fanning Them, offering Them camphor and *tāmbūla*, massaging Their feet and so forth. Then the Divine Couple lie down on a bed of flowers. I remember that Śrī Rādhā-Kṛṣṇa.

vṛndā-paricaryā pāṅā, preṣṭhāli-gaṇere laṅā, rādhā-kṛṣṇa rāsādika-līlā gīta-lāsya kaila kata, sevā kaila sakhī yata, kusuma-śayyāya duṅhe śuilā niśā-bhāge nidrā gela, sabe ānandita haila, sakhī-gaṇa parānande bhāse e sukha śayana smari, bhaja mana rādhā hari, sei līlā praveśera āśe

BHAJANA-RAHASYA-VṛTTI: The sakhīs return to Jāvaṭa-grāma from Nanda-bhavana with many different food preparations, given by Dhaniṣṭhā or Kundalatā, which are mixed with Śrī Kṛṣṇa's adharāmṛta, the nectar of His lips. By the beauty and fragrance of these preparations, the eyes and nose of Svāminī and the other sakhīs are satisfied. The sakhīs also bring some indication of the place of rendezvous (abhisāra). At night, when everyone is sleeping, the sakhīs dress and decorate Śrī Svāminī with clothes and ornaments suitable to the phase of the moon, and take Her for abhisāra. Svāminī meets Her beloved at the designated place and They relish joking, playing dice, rāsa-līlā and other pastimes. The young couple then rest on a bed of flowers, which has been prepared by the sakhīs. At the end of the night, They awaken, much to the delight of the sakhīs.

# [Śrīla Bhaktivinoda Ṭhākura's concluding words to Śrī Bhajana-rahasya]

sādhanera saha aṣṭakāla-līlā-dhana cintite cintite krame siddha bhāvāpana

svarūpa-siddhite vraje prakaṭāvasthāna guṇamaya gopī-dehe līlāra vitāna

kṛṣṇa-kṛpā bale guṇamaya vapu tyaji' aprakaṭa vraje gopī sālokyādi bhaji

nitya-kāla śuddha-dehe rādhā-kṛṣṇa-sevā sthūla-liṅga-saṅga-bodha āra pāya kebā 'hare kṛṣṇa'-nāma gāne nitya-mukta-bhāve pūrṇa-premānanda-lābha anāyāse pābe

dekha bhāi! sādhane siddhite eka-i bhāva kabhu nāhi chāḍe nāma svakīya prabhāva

ataeva nāma gāo, nāma kara sāra āra kona sādhanera nā kara vicāra

The *rāgānuga-bhakta*, and especially the *rūpānuga-bhakta*, remember Śrī Rādhā-Kṛṣṇa Yugala's night pastimes, and while chanting the holy name, they humbly pray, "When will I attain service in these pastimes?"

The sādhaka remembers these pastimes in the association of rasika-bhaktas and gradually reaches perfection. Upon attaining internal realisation of his eternal identity (svarūpa-siddhi), he takes birth in a *gopī's* house in *prakata-līlā* by the arrangement of Yogamāyā. There, under the guidance of Śrī Krsna's eternal associates, his sevā in the pastimes matures. He gives up his body consisting of the material qualities and attains the one of a gopī in the aprakaṭa-līlā of eternal Vṛndāvana. There, he is forever absorbed in serving Śrī Rādhā-Kṛṣṇa in his perfected body. At the time of sādhana, the gross and subtle bodies are obstacles in reaching one's eternal service. However, constant performance of Hare Krsna nāma-kīrtana manifests the sādhaka's pure identity (śuddha-svarūpa). The sādhaka-bhakta who follows the path of spontaneous devotion (rāgamārga) remembers pastimes by means of his internally contemplated body. The bhāvas upon which the sādhaka meditates at the time of sādhana will be attained by him at the time of perfection.

> Thus ends the Aṣṭama-yāma-sādhana, Rātri-līlā, of Śrī Bhajana-rahasya. Thus ends Śrī Bhajana-rahasya.

# Śrī Gaudīya Vaisnavas'

# Sankṣepa-arcana-paddhati

(abbreviated manual on deity worship)

*Nāma-saṅkīrtana* gives all perfection; nonetheless, in one's devotional life, some activities related to *arcana* give special benefit.

In the early morning, after taking bath, the *sādhaka* should sit on an *āsana* (seat) and face east. While touching the water in the *ācamana* cup, he should summon the holy rivers by chanting the following *mantra*:

gaṅge ca yamune caiva godāvari sarasvati narmade sindho kāveri jale 'smin sannidhiṁ kuru

O Gaṅgā, O Yamunā, O Godāvarī, O Sarasvatī, O Narmadā, O Sindhu, O Kāverī, please become present in this water.

He should sprinkle the water on his head, uttering "śrī viṣṇuḥ, śrī viṣṇuḥ, śrī viṣṇuḥ", and then perform ācamana. Thereafter he should apply tilaka in twelve places with gopī-candana. The mantras for applying tilaka are as follows:

lalāṭe keśavaṁ dhyāyen nārāyaṇam athodare vakṣaḥ-sthale mādhavaṁ tu govindaṁ kaṇṭha-kūpake viṣṇuṁ ca dakṣiṇe kukṣau bāhau ca madhusūdanam trivikramaṁ kandhare tu vāmanaṁ vāma-pārśvake

śrīdharam vāma-bāhau tu hṛṣīkeśam ca kandhare pṛṣṭhe tu padmanābham ca kaṭyām dāmodaram nyaset

tat prakṣālana-toyaṁ tu vāsudevāya mūrdhani

When one marks the forehead with *tilaka*, one must remember Keśava. When one marks the lower abdomen, one must remember Nārāyaṇa. For the chest, one should remember Mādhava, and when marking the hollow of the neck one should remember Govinda. Viṣṇu should be remembered while marking the right side of the belly, and Madhusūdana should be remembered when marking the right arm. Trivikrama should be remembered when marking the right shoulder, and Vāmana should be remembered when marking the left side of the belly. Śrīdhara should be remembered while marking the left arm, and Hṛṣīkeśa should be remembered when marking the left shoulder. Padmanābha and Dāmodara should be remembered when marking the back.

First, the *sādhaka* should worship his *guru* (*guru-pūjā*), and meditate on him as follows:

prātaḥ śrīman-navadvīpe dvi-netraṁ dvi-bhujaṁ gurum varābhaya-pradaṁ śāntaṁ smaret tan nāma-pūrvakam In the early morning, chant śrī gurudeva's name while remembering him being situated in Śrī Navadvīpa or Śrī Vṛndāvanadhāma, and possessing two eyes and two arms. He bestows fearlessness and is the embodiment of peacefulness.

At the Yogapīṭha Śrī Māyāpura, in transcendental Navadvīpa, Śrī Caitanya Mahāprabhu is seated upon a jewelled platform. Śrī Nityānanda Prabhu is seated on His right, and Śrī Gadādhara Paṇḍita on His left. Śrī Advaita Ācārya stands at the front offering prayers with folded hands and Śrīvāsa Paṇḍita stands beside him holding an umbrella. The *guru* is seated on an altar below them. In this way, one should meditate on sitting near śrī gurudeva and worship him by offering sixteen articles, while chanting the appropriate *mantra* for each:

idam āsanam aim gurudevāya namaḥ etat pādyam aim gurudevāya namah idam arahyam aim gurudevāya namah idam ācamanīyam aim gurudevāya namah esa madhuparkah aim gurudevāya namah idam punar ācamanīyam aim gurudevāya namah idam snānīyam aim gurudevāya namah idam sottarīya-vastram aim gurudevāya namah idam ābharaṇam aim gurudevāya namaḥ esa gandhah aim gurudevāya namah esa dhūpah aim gurudevāya namah eşa dīpaḥ aim gurudevāya namaḥ idam sacandana-puspam aim gurudevāya namah idam naivedyam aim gurudevāya namah idam pānīya-jalam aim gurudevāya namah idam punar ācamanīyam aim gurudevāya namah **idam tāmbūlam** aim gurudevāya namah idam sarvam aim gurudevāya namaḥ

# Śrī Bhajana-rahasya

One should then chant the *guru-gāyatrī-mantra* according to one's capacity:

aim gurudevāya vidmahe, kṛṣṇānandāya dhīmahi, tan no guruh pracodayāt

Let us now meditate upon śrī gurudeva, who is always giving pleasure to Rādhā and Kṛṣṇa. Let us try to understand śrī guru. May he inspire and guide us from within.

After that one should offer obeisances to guru:

ajñāna-timirāndhasya jñānāñjana-śalākayā cakṣur unmīlitaṁ yena tasmai śrī-qurave namah

O Gurudeva, you are so merciful. I offer my humble obeisances unto you and am praying from the core of my heart that, with the torchlight of divine knowledge, you open my eyes, which have been blinded by the darkness of ignorance.

Then offer obeisances to the Vaiṣṇavas:

vāňchā-kalpa-tarubhyaś ca kṛpā-sindhubhya eva ca patitānāṁ pāvanebhyo vaiṣṇavebhyo namo namaḥ

I offer obeisances again and again to the Vaiṣṇavas, who are just like wish-fulfilling desire trees, who are an ocean of mercy and who deliver the fallen, conditioned souls.

Thereafter one should perform  $p\bar{u}j\bar{a}$  of Śrī Gaurāṅga, who is comprised of five principles, or truths, meditating on Him as follows:

śrīman-mauktika-dāma-baddha-cikuraṁ susmera-candrānanaṁ śrī-khaṇḍāguru-cāru-citra-vasanaṁ srag-divya-bhūṣāṅcitam nṛtyāveśa-rasānumoda-madhuraṁ kandarpa-veśojjvalaṁ caitanyaṁ kanaka-dyutiṁ nija-janaiḥ saṁsevyamānaṁ bhaje

I worship Śrī Caitanyadeva, whose hair is intertwined with beautiful garlands of pearls, whose face is splendorous like a radiant moon, whose limbs are anointed with *candana* and *aguru*, and who, adorned with wonderful clothes, garlands and transcendental glittering ornaments, dances while absorbed in ecstasies of sweet mellows. His golden-complexioned form, adorned with the ornaments of *bhāva*, makes Him appear like an enchanting Cupid amidst the presence of His intimate associates.

Then, with sixteen articles, one should offer pūjā to Śrī Gaurāṅga:

idam āsanam klīm kṛṣṇa-caitanyāya namaḥ etat pādyam klīm krsna-caitanyāya namah idam arghyam klīm krsna-caitanyāya namah idam ācamanīyam klīm kṛṣṇa-caitanyāya namaḥ esa madhuparkah klīm krsna-caitanyāya namah idam punar ācamanīyam klīm krsna-caitanyāya namah idam snānīyam klīm krsna-caitanyāya namah idam sottarīya-vastram klīm krsna-caitanyāya namah idam ābharanam klīm krsna-caitanyāya namah esa gandhah klīm kṛṣṇa-caitanyāya namaḥ eşa dhūpaḥ klīm kṛṣṇa-caitanyāya namaḥ esa dīpah klīm krsna-caitanyāya namah idam sacandana-puspam klīm krsna-caitanyāya namah idam sacandana-tulasī-patram klīm kṛṣṇa-caitanyāya namaḥ idam naivedyam klīm krsna-caitanyāya namah idam pānīya-jalam klīm kṛṣṇa-caitanyāya namaḥ **idam punar ācamanīyam** klīm krsna-caitanyāya namah

idam tāmbūlam klīm kṛṣṇa-caitanyāya namaḥ idam mālyam klīm kṛṣṇa-caitanyāya namaḥ idam sarvam klīm kṛṣṇa-caitanyāya namaḥ

After completing worship of Śrī Gaura, one should chant the *gaura-gāyatrī* according to one's capacity:

klīm kṛṣṇa-caitanyāya vidmahe, viśvambharāya dhīmahi, tan no gauraḥ pracodayāt

Let us try to understand Śrī Kṛṣṇa Caitanya. Let us meditate upon Viśvambhara, who is maintaining the entire universe. May that golden-complexioned Śrī Gaura manifest within our hearts and inspire us.

Thereafter, one should offer obeisances to  $\hat{S}r\bar{\imath}$  Gaurasundara with the following *mantra*:

ānanda-līlāmaya-vigrahāya hemābha-divyac-chavi-sundarāya tasmai mahā-prema-rasa-pradāya caitanya-candrāya namo namas te

I offer obeisances unto Śrī Caitanya-candra, whose form is the embodiment of blissful, transcendental pastimes, whose golden complexion is divinely beautiful, and who bestows unlimited nectar in the mellows of *prema*.

One should then perform *arcana* of Śrī Rādhā-Kṛṣṇa with the consciousness that it is the mercy of śrī guru and Śrī Gaurānga. First, one should meditate on Śrī Vṛndāvana:

tato vṛndāvanaṁ dhyāyet paramānanda-vardhanam kālindī-jala-kallolasaṅgi-māruta-sevitam nānā-puṣpa-latā-baddhavṛkṣa-ṣaṇḍaiś ca maṇḍitam koṭi-sūrya-samābhāsaṁ vimuktaṁ ṣaṭ-taraṅgakaiḥ

tan-madhye ratna-khacitaṁ svarna-siṁhāsanaṁ mahat

Meditate on a great golden throne studded with jewels within the divine realm of Śrī Vṛndāvana-dhāma. A place of everincreasing bliss, Vṛndāvana-dhāma is served by breezes that are cooled by the touch of the Yamunā's waves and decorated with various types of flowers, creepers and trees. Its splendour is equal to that of millions of suns, and it is ever free from the six waves of material nature (namely lust, anger, greed, envy, false ego and illusion).

Hereafter, one should meditate on Śrī Rādhā-Kṛṣṇa, who are sitting on a golden throne inlaid with jewels:

śrī-kṛṣṇaṁ śrī-ghana-śyāmaṁ pūrṇānanda-kalevaram dvi-bhujaṁ sarva-deveśaṁ rādhāliṅgita-vigraham

I meditate on Śrī Kṛṣṇa, whose bluish-black colour resembles that of a fresh raincloud, whose body is full of transcendental bliss, who has a two-armed form, who is the Lord of all the demigods and who is embraced by Śrīmatī Rādhikā.

Then, with sixteen articles, one should offer pūjā to Śrī Rādhā-Kṛṣṇa:

idam āsanam śrīm klīm rādhā-kṛṣṇābhyām namaḥ etat pādyam śrīm klīm rādhā-kṛṣṇābhyām namaḥ idam arghyam śrīm klīm rādhā-krsnābhyām namah idam ācamanīyam śrīm klīm rādhā-kṛṣṇābhyām namaḥ esa madhuparkah śrīm klīm rādhā-krsnābhyām namah **idam punar ācamanīyam** śrīm klīm rādhā-kṛṣṇābhyām namaḥ **idam snānīyam** śrīm klīm rādhā-krsnābhyām namah idam sottarīya-vastram śrīm klīm rādhā-kṛṣṇābhyām namaḥ idam ābharanam śrīm klīm rādhā-krsnābhyām namah esa gandhah śrīm klīm rādhā-krsnābhyām namah esa dhūpah śrīm klīm rādhā-krsnābhyām namah esa dīpah śrīm klīm rādhā-krsnābhyām namah **idam sacandana-puspam** śrīm klīm rādhā-krsnābhyām namah idam sacandana-tulasī-patram śrīm klīm rādhā-krsnābhyām namah idam naivedyam śrīm klīm rādhā-kṛṣṇābhyām namaḥ idam pānīya-jalam śrīm klīm rādhā-kṛṣṇābhyām namah idam punar ācamanīyam śrīm klīm rādhā-kṛṣṇābhyām namaḥ idam tāmbūlam śrīm klīm rādhā-krsnābhuām namah idam mālyam śrīm klīm rādhā-krsnābhyām namah idam sarvam śrīm klīm rādhā-kṛṣṇābhyām namaḥ

After the worship, one should chant this *yugala-gāyatrī-mantra* according to one's capacity:

klīm kṛṣṇāya vidmahe, dāmodarāya dhīmahi, tan no pracodayāt

Let us try to know the all-attractive Śrī Kṛṣṇa. Let us meditate upon Dāmodara, who is bound by the love of His devotees. May that Kṛṣṇa manifest in our hearts and inspire us.

śrīm rādhikāyai vidmahe, prema-rūpāyai dhīmahi, tan no rādhā pracodayāt

Let us try to understand Śrīmatī Rādhikā. We meditate upon Her, who is the embodiment of *prema*. May that Rādhā manifest in our hearts and inspire us.

And then offer obeisances to Śrī Krsna:

he kṛṣṇa karuṇā-sindho dīna-bandho jagat-pate gopeśa gopikā-kānta rādhā-kānta namo 'stu te

I offer my unlimited obeisances unto You, O Kṛṣṇa! You are the ocean of mercy, friend of the fallen, Lord of creation and master of the cowherd community. You are Gopī-kānta, beloved of the *gopīs*, and above all You are Rādhā-kānta, the beloved of Śrīmatī Rādhikā.

And to Śrī Rādhā.

tapta-kāñcana-gaurāṅgi rādhe vṛndāvaneśvari vṛṣabhānu-sute devi praṇamāmi hari-priye

O Gaurāngī, whose complexion is like molten gold! O Rādhā! Queen of Vṛṇdāvana! O daughter of Vṛṣabhānu Mahārāja! O Devī! O dear most of Hari, obeisances unto You again and again!

After that, one should chant the  $k\bar{a}ma-b\bar{\imath}ja$ ,  $m\bar{u}la-mantra$  and  $k\bar{a}ma-g\bar{a}yatr\bar{\imath}$  according to one's capacity. And then, in the proper order, one should recite  $padya-pa\bar{n}caka$  and  $vij\bar{n}apti-pa\bar{n}caka$  in a mood of distress

Padya-pañcaka:

saṁsāra-sāgarān nātha putra-mitra-gṛhāṅganāt goptārau me yuvām eva prapanna-bhaya-bhaṅjanau (1) O Śrī Rādhā-Kṛṣṇa, You are my protectors from the ocean of material existence, which is characterised by sons, friends, household and land. Therefore, You are known as the destroyers of fear for those who are surrendered unto You.

yo 'ham mamāsti yat kiñcid iha loke paratra ca tat sarvam bhavato 'dyaiva caraṇesu samarpitam (2)

O Your Lordships, I, and whatever little I possess in this world and in the next – all this I now offer unto Your lotus feet.

aham apy aparādhānām ālayas tyakta-sādhanaḥ agatiś ca tato nāthau bhavantau me parā qatih (3)

O Your Lordships, I am certainly the abode of many offences and I am completely devoid of any devotional practice. I do not have any other shelter; therefore, I regard You as my ultimate goal.

tavāsmi rādhikā-nātha karmaṇā manasā girā kṛṣṇa-kānte tavaivāsmi yuvām eva gatir mama (4)

O Master of Śrīmatī Rādhikā, I am Yours by actions, mind and words. O lover of Śrī Kṛṣṇa, Śrīmatī Rādhikā, I belong to You alone. You both are my only destination.

śaraṇam vām prapanno 'smi karuṇā-nikarākarau prasādam kuru dāsyam bho mayi duste 'parādhini (5) O Śrī Rādhā-Kṛṣṇa, O oceans of mercy, I am taking shelter of You. Although I am fallen and an offender, kindly be pleased with me and make me Your servant.

### Vijñapti-pañcaka:

mat-samo nāsti pāpātmā nāparādhī ca kaścana parihāre 'pi lajjā me kiṁ bruve puruṣottama (1)

O Purusottama, there is no one as sinful and offensive as I am. How can I describe myself? I even feel ashamed to beg pardon for my sins.

> yuvatīnāṁ yathā yūni yunāṁ ca yuvatau yathā mano 'bhiramate tadvan mano me ramatāṁ tvayi (2)

Just as the minds of young ladies take pleasure in thinking of young men, and the minds of young men take pleasure in thinking of young women, kindly let my mind take pleasure in You alone.

bhūmau skhalita-pādānām bhūmir evāvalambanam tvayi jātāparādhānām tvam eva śaraṇam prabho (3)

Just as the ground is the only support for those whose feet have slipped, so also You alone are the only shelter, even for those who have offended You.

> govinda-vallabhe rādhe prārthaye tvām ahaṁ sadā tvadīyam iti jānātu govindo māṁ tvayā saha (4)

### Śrī Bhajana-rahasya

O Śrīmatī Rādhikā, dearest of Lord Govinda, this is always my request to You: may You and Govinda consider me to be Yours.

rādhe vṛndāvanādhīśe karuṇāmṛta-vāhini kṛpayā nija-pādābjadāsyaṁ mahyaṁ pradīyatām (5)

O Śrīmatī Rādhikā, O queen of Vṛndāvana, You are a flowing river of nectarean compassion. Please be merciful unto me and grant me the service of Your lotus feet.

Thereafter, one should offer the remnants to śrī guru and Vaiṣṇavas:

etat mahā-prasāda nirmālyam śrī-gurave namaḥ
etat pānīya-jalam śrī-gurave namaḥ
etat prasāda-tāmbūlam śrī-gurave namaḥ
etat sarvam sarva-sakhībhyo namaḥ
śrī-paurṇamāsyai namaḥ
sarva vraja-vāsibhyo namaḥ
sarva vaiṣṇavebhyo namaḥ

The mantra for picking tulasī before the tulasī-pūjā is requisite:

tulasy-amṛta-janmāsi sadā tvaṁ keśava-priye keśavārthaṁ vicinomi varadā bhava śobhane

O Tulasī of effulgent beauty, you have been produced from nectar during the churning of the milk ocean. You are always dear to Lord Keśava. I pick your leaves only for the worship of Śrī Kṛṣṇa. May you bestow upon me the benediction that my worship of Kṛṣṇa will obtain success.

#### Tulasī-pūjā:

nirmālya-gandha-puṣpādi-pānīya-jalam idam arghyam śrī-tulasyai namaḥ

#### Tulasī-mantra:

nirmitā tvam purā devair arcitā tvam surāsuraiḥ tulasi hara me 'vidyām' pūjām grhna namo 'stu te

You came into being long ago, and are worshipped by gods and demons alike. O Tulasī, my obeisance unto you. Kindly dispel my ignorance and accept my worship.

#### Tulasī-praṇāma:

yā dṛṣṭā nikhilāgha-saṅgha-śamanī spṛṣṭā vapuḥ pāvanī rogānām abhivanditā nirasanī siktā 'ntaka-trāsinī pratyāsatti-vidhāyinī bhagavataḥ kṛṣṇasya saṁropitā nyastā tac-caraṇe subhakti-phaladā tasyai tulasyai namaḥ

O Tulasī, I offer my respectful obeisances unto you. Simply by seeing you all sins are destroyed. Simply by touching you one's body is purified. By offering obeisances unto you, all diseases are driven away. By offering water unto you, the fear of death is dispelled. By planting you, one obtains proximity to the Lord. By offering you unto the lotus feet of Śrī Kṛṣṇa, one obtains a special type of devotion, the rare fruit of *prema-bhakti*.

After offering obeisances to *tulasī*, one should chant, with *sambandha-jñāna*, the prescribed number of *kṛṣṇa-nāma* on *tulasī* beads. While chanting the holy name, which is supremely auspicious and the eternal truth, there is no consideration of time, place, purity or

### Śrī Bhajana-rahasya

impurity. Thereafter, recite the following *mantra*, accept śrī kṛṣṇa-caranāmrta, and touch it to the head:

aśeṣa-kleśa-niḥśeṣakāraṇaṁ śuddha-bhakti-dam kṛṣṇa-pādodakaṁ pītvā śirasā dhārayāṃy aham

Having sipped the water from the lotus feet of Śrī Kṛṣṇa, which bestows pure *bhakti* and causes the destruction of unlimited miseries and pains, I take that water on my head.

After that one should chant the following *mantra* and accept some *mahā-prasāda*:

rudanti pātakāḥ sarve niśvasanti muhur-muhuḥ hā hā kṛtvā palāyanti jagannāthānna-bhakṣaṇāt

When one simply takes the foodstuffs offered to Jagannātha, all types of sins gasp. Crying out "Alas! Alas!" they flee for their lives.

Then, one should offer full prostrated obeisances with the following mantra:

dorbhyām padbhyām ca jānubhyām urasā śirasā dṛśā manasā vacasā ceti praṇāmo ʾṣṭāṅga īritaḥ

I offer obeisances with eight bodily parts: the arms, the feet, the knees, the chest, the forehead, the mind, vision and speech.

Thus ends the morning duties.

In the evening, one should chant the  $k\bar{a}ma-b\bar{i}ja$ ,  $m\bar{u}la-mantra$  and  $k\bar{a}ma-g\bar{a}yatr\bar{i}$  twelve times. One should never eat or drink anything that is not in the mode of goodness and not offered to  $\hat{S}r\bar{i}$  Bhagavān.

pathyam pūtam anāmayantam āhāryam sāttvikam viduḥ rājasam indriya-preṣṭham tāmasam ārtido 'śucih

Foods in the mode of goodness are wholesome, pure and do not cause pain. Foods in the mode of passion are dear to the senses. Foods in the mode of ignorance are unclean and cause suffering.

One should observe *vratas* on Śrī Ekādaśī, appearance days of *viṣṇu-tattva* and so forth, to one's capacity. One should never fall into bad association. Abandoning such association is the virtuous practice of a Vaiṣṇava.

Thus ends Sanksepa-arcana-paddhati.

### GLOSSARY

#### Α

Abhisāra – rendezvous or tryst with Śrī Kṛṣṇa.

Ācamana – a ritual of purification in which one sips water from the palm of the right hand and then chants a particular name of the Supreme Lord.

Ācārya – spiritual preceptor, one who teaches by example.

Adhirūdha-bhāva, adhirūdha-mahābhāva — the highest state of mahābhāva, found only in the gopīs of Vraja. There are two types of adhirūdha-bhāva: (1) modana and (2) mādana. (1) The adhirūdha in which all the sāttvika-bhāvas of the nāyaka and nāyikā are aroused to a much greater extent than in the brightly burning (uddīpta) condition is called modana. Modana does not occur anywhere other than in Śrī Rādhā's group. In some special conditions of separation, modana becomes mohana, and as an effect of this helpless condition of separation, all the sāttvika-bhāvas manifest in the blazing (sūddīpta) condition. (2) When mahābhāva increases even further it attains an extremely advanced condition. The paramount emotion in which it becomes jubilant due to the simultaneous manifestation of all types of transcendental emotions is called mādana. This mādana-bhāva is eternally and splendidly manifest only in Śrī Rādhā, and occurs only at the time of meeting. It is also referred to as mādanākhya-mahābhāva.

 ${\bf Ahaituk} \bar{\bf I} - {\bf bhakti} - {\bf unalloyed\ devotion}.$ 

Aiśvarya – opulence, splendour, majesty or supremacy; in regard to *bhakti*, this refers to devotion to Śrī Kṛṣṇa in a mood of awe and reverence rather than sweetness (*mādhurya*).

Aiśvarya-jñāna – awareness of the aspect of divinity.

**Ajāta-rati-sādhaka** – a *sādhaka* who has not attained the stage of *bhāva*.

Ānanda – spiritual bliss, ecstasy, joy or happiness.

**Anartha** – (*an-artha* = non-value) unwanted desires, activities or habits that impede one's advancement in *bhakti*.

Anartha-nivṛtti – the clearing of all unwanted desires from the heart. This is the third stage in the development of the creeper of devotion, which occurs by the influence of sādhu-saṅga and bhajana-kriyā.

Animā – the mystic perfection of being able to become small like a particle.

**Anubhāvas** – one of the five essential ingredients of *rasa*. The actions which display or reveal the spiritual emotions situated within the heart are called *anubhāvas*. They are thirteen in number.

Anurāga — (1) attachment, affection or love; (2) an intensified stage of *prema* which comes just prior to *mahābhāva*. In Śrī Ujjvala-nīlamaṇi (14.146) anurāga has been defined as follows: "Although one regularly meets with the beloved and is well-acquainted with the beloved, the ever-fresh sentiment of intense attachment causes the beloved to be newly experienced at every moment as if one has never before had any experience of such a person. The attachment which inspires such a feeling is known as anurāga."

**Aparādha** – an offence committed against the holy name, Vaiṣṇavas, the spiritual master, the scriptures, holy places or the deity.

**Aparāhna** – late afternoon.

**Aprārabdha** – not fructified; the action has been performed and its result, although not yet manifested, is gradually coming to fruition.

- Ārati the ceremony of offering a deity articles of worship, such as incense, lamp, flowers and fan, accompanied by chanting and bell-ringing.
- **Arcana** deity worship; one of the nine primary processes of devotional service.
- **Artha** acquisition of wealth, economic development; one of the four goals of human life (*puruṣārthas*).
- Ārya-patha the path of honesty and chastity indicated in the scriptures.
- Āsakti attachment; this especially refers to attachment for the Lord and His eternal associates. Āsakti occurs when one's liking for bhajana leads to a direct and deep attachment for the personality who is the object of that bhajana. This is the sixth stage in the development of the creeper of devotion, and is awakened upon the maturing of one's taste for bhajana.
- $\bar{A}$ śrama one of the four stages of life:  $brahm\bar{a}c\bar{a}r\bar{\imath}$ , grahastha,  $v\bar{a}naprastha$  and  $sanny\bar{a}sa$ .
- Aṣṭa-kālīya-līlā the pastimes that Śrī Kṛṣṇa performs with His associates during the eight periods of the day: (1) niśānta-līlā, pastimes at the end of night; (2) prātaḥ-līlā, pastimes at dawn; (3) pūrvāhna-līlā, morning pastimes; (4) madhyāhna-līlā, midday pastimes; (5) aparāhna-līlā, afternoon pastimes; (6) sāyaṁ-līlā, pastimes at dusk; (7) pradoṣa-līlā, evening pastimes; and (8) rātri-līlā, night pastimes.
- Aṣṭāṅga-yoga the yoga system consisting of eight parts: yama (the process of controlling the senses), niyama (restrain of the senses), āsana (bodily postures), prāṇāyāma (breath control), pratyāhāra (withdrawal of the mind from sensory perception), dhāraṇā (steadying the mind), dhyāna (meditation) and samādhi (deep and unbroken absorption on the Lord in the heart).
- Aṣṭa-sakhīs Śrīmatī Rādhikā's eight principal *gopīs*: Lalitā, Vīśākhā, Citrā, Indulekha, Campakalatā, Raṅga-devī, Sudevī and Tuṅgavidyā.

Asta-sāttvika-bhāvas - see Sāttvika-bhāvas.

**Aśvamedha** – horse sacrifice.

Āvaraṇātmikā –the illusory energy's function of covering real knowledge so the conditioned soul feels satisfied in any condition of life.

**Avatāra** — (literally means 'one who descends') a partially or fully empowered incarnation of the Supreme Lord who is described in the scriptures. An *avatāra* descends from the spiritual world to the material universe with a particular mission.

#### В

**Bahiraṅga-śakti** – the Lord's external or material potency, also known as *māyā-śakti*.

**Bhagavān** – the Supreme Lord; the Supreme Personality of Godhead. **Bhagavat-kathā** – see **Hari-kathā**.

Bhajana – (1) activities performed with the consciousness of being a servant of Śrī Kṛṣṇa, (2) in a general sense *bhajana* refers to the performance of spiritual practices, especially hearing, chanting and meditating upon Śrī Kṛṣṇa's name, form, qualities and pastimes.

**Bhajana-kriyā** – taking up the practices of *bhakti*, such as hearing and chanting. This is the second stage in the development of the creeper of devotion, and it occurs by the influence of *sādhu-saṅga*.

Bhakta – a devotee.

Bhakti – loving devotional service to Śrī Kṛṣṇa.

Bhāva — (1) spiritual emotions, love or sentiments; (2) the initial stage of perfection in devotion (bhāva-bhakti). It is the sprout of prema, and it is also known as rati. This is the seventh stage of the creeper of devotion.

**Brahmacārī** – a member of the first āśrama (stage of life) in the varnāśrama system; a celibate, unmarried student.

**Brahma** – the spiritual effulgence emanating from the Supreme Lord's transcendental body.

**Brāhma-muhūrta** – the auspicious period of the day just before dawn, from one-and-a-half hours to fifty minutes before sunrise.

**Brāhmaṇa** – the highest of the four *varṇas* (casts) in the *varṇāśrama* system; a priest or teacher.

**Brāhmaṇī** – a female *brāhmaṇa*; the wife of a *brāhmaṇa*.

#### C

**Cakora bird** – a bird that lives solely on moonlight.

**Caraṇāmṛta** – water that has been used to bathe the feet of Śrī Kṛṣṇa or His associates.

**Cit-sakti** – the potency that relates to the cognisant aspect of the Supreme Lord. By this potency, He knows Himself and causes others to know Him. Knowledge of the Absolute Reality is only possible with the help of this potency.

#### $\mathbf{D}$

**Daṇḍa** – a measurement of time; approximately 25–30 minutes; explained in  $Śr\bar{\imath}mad$ - $Bh\bar{a}gavatam$ , Third Canto, Chapter 11 and in  $Śr\bar{\imath}$  Caitanya-caritāmṛta (Madhya-līlā 3.387–390).

Daṇḍavat-praṇāma – prostrated obeisances.

**Darśana** – seeing, meeting, visiting or beholding (especially a deity, a sacred place or an exalted Vaiṣṇava).

Dāsī – a maidservant.

Dāsya — (1) the second of the five primary relationships with the Lord that is established in the stages of bhāva or prema; love or attraction to Śrī Kṛṣṇa which is expressed in the mood of a servant; (2) the general relationship of practising devotees with Kṛṣṇa is known as kṛṣṇa-dāsya or bhagavad-dāsya. This means simply to recognise that one's true identity is that of being Śrī Kṛṣṇa's servant.

**Devī-dhāma** – the material world.

**Dhāma** – a holy place of pilgrimage; the abode of the Supreme Lord, where He appears and enacts His transcendental pastimes.

**Dhāma-aparādha** – offences committed towards the *dhāma*.

**Dharma** – (1) religion in general; (2) the socio-religious duties prescribed in the scriptures for different classes of persons in the *varnāśrama* system.

Dhīra-lalita-nāyaka — Śrī Kṛṣṇa as a hero who is expert in the sixty-four arts and in amorous sports, always situated in fresh youth, expert at joking, devoid of anxiety and controlled by the divine love of His beloveds.

Dīkṣā – initiation from a spiritual master.

**Divyonmāda** – a wonderful divine condition that resembles a state of utter confusion. It occurs in the stage of *mohana-mahābhāva* and has many different features such as *udghūrṇā* and *citra-jalpa*. It is found virtually only in Śrīmatī Rādhikā.

#### G

**Gauḍīya Vaiṣṇava** – (1) any Vaiṣṇava who follows the teachings of Śrī Caitanya Mahāprabhu; (2) a Vaiṣṇava born in Bengal.

Gopa – a cowherd, either child or adult.

Gopī, Gopikā –a cowherd girl or woman of Vraja.

**Gṛhastha** – a member of the second stage of life ( $\bar{a}$ śrama) in the  $varn\bar{a}$ śrama system; a householder.

**Guñjā** – a small, bright red seed with a black patch on the top. This seed is said to represent Śrīmatī Rādhikā.

 $\label{eq:Guru-parampara} \textbf{Guru-parampara} - \textbf{the disciplic succession through which spiritual} \\ \textbf{knowledge is transmitted by bona fide spiritual masters}.$ 

#### Н

 $Hari-kath\bar{a}$  – narrations of the holy name, form, qualities and pastimes of the Lord.

Harināma – the chanting of Śrī Kṛṣṇa's holy name.

Hlādinī-śakti – this refers to the *svarūpa-śakti* which is predominated by *hlādinī*, bliss potency (see **Svarūpa-śakti**).

T

Īśvarī — queen, mistress or goddess.

J

Japa – loud chanting or soft utterance of the holy name of Śrī Kṛṣṇa to oneself.

**Jāta-rati-sādhaka** — a *sādhaka* on the platform of *bhāva*.

Jīva – the eternal individual living entity who, in the conditioned state of material existence, assumes a material body in any of the innumerable species of life.

Jñāna – (1) knowledge in general; (2) knowledge leading to impersonal liberation.

**Jñānī** – one who pursues the path of *jñāna*, knowledge directed towards impersonal liberation.

#### K

**Kali-yuga** – the present age of quarrel and hypocrisy that began five thousand years ago. (Also see **Yuga**.)

Kalpa –one day of Brahmā.

Kāma – (1) lust to gratify the urges of the material senses; (2) the gopīs' transcendental desire to enjoy amorous pastimes with Śrī Kṛṣṇa.

Kaniṣṭha-adhikārī – a neophyte practitioner of bhakti.

Karma – (1) any activity performed in the course of material existence; (2) reward-seeking activities; pious activities leading to material gain in this world or in the heavenly planets after death; (3) fate; previous actions which yield inevitable reactions.

Karma- $k\bar{a}n\dot{q}a$  – a division of the Vedas that involves the performance of ceremonial acts and sacrificial rites directed towards material benefits or liberation.

Kinkarī – a maidservant.

- **Kila-kiñcita** bodily symptoms of ecstasy: pride, ambition, weeping, smiling, envy, fear and anger (see Śrīla Rūpa Gosvāmī's *Śrī Ujjvala-nīlamaṇi, Anubhāva-prakaraṇa* 39).
- Kīrtana (1) congregational singing of Śrī Kṛṣṇa's holy name, (2) loud individual chanting of the holy name or (3) oral descriptions of the glories of Śrī Kṛṣṇa's names, forms, qualities, associates and pastimes.

Kiśora (Kiśorī) – an adolescent boy (girl).

Kṛṣṇa-kathā – see Hari-kathā.

Kṣatriya – the second of the four castes (varṇas) in the varṇāśrama system; an administrator or warrior.

**Kunja** – a grove or bower; a natural shady retreat with a roof and walls formed by trees, vines, creepers and other climbing plants.

**Kuńkuma** – a reddish powder or liquid used by married women to apply to the part in their hair.

#### L

**Laghimā** – the mystic perfection of making oneself lighter than a soft feather.

Lālā – a Brajabhāṣā term of affectionate address for a young boy.

**Līlā** – the divine and astonishing pastimes of Śrī Bhagavān and His eternal associates.

Līlā-avatāra — Kṛṣṇa's pastime incarnation. E.g. Balarāma, Kūrma, Nrsimhadeva and Matsya.

Līlā-mādhurya – see Mādhurya.

#### M

 ${\bf M\bar{a}dana,\,M\bar{a}dan\bar{a}khya-see\,Adhir\bar{u}dha-mah\bar{a}bh\bar{a}va.}$ 

**Mādhurya-rasa** — the mellow of amorous love, also known as  $\dot{s}_r \dot{n} g \bar{a} r a$ -rasa.

**Mādhurya** — (1) sweetness or beauty; (2) Śrī Kṛṣṇa's four unique qualities: *līlā-mādhurya* — astonishing pastimes; *prema-mādhurya* — He

is surrounded by devotees who possess incomparable *mādhurya-prema*; *veṇu-mādhurya* – the mellifluous sound of His flute; and *rūpa-mādhurya* – His extraordinary beauty.

Madhyāhna – midday.

Madhyama-adhik $\bar{a}r\bar{i}$  – the practitioner of *bhakti* who has reached the intermediate stage of spiritual development.

Mahā-bhāgavata — a pure devotee of Śrī Bhagavān in the highest stage of devotional life, who is expert in Vedic literature, has full faith in Śrī Kṛṣṇa and can deliver the whole world.

**Mahābhāva** – this highest stage of *prema* follows the stages of *sneha*, *māna*, *pranaya*, *rāga* and *anurāga*, and manifests when *anurāga* reaches a special state of intensity.

**Mahābhāva-vatī** – endowed with *mahābhāva*, the highest loving sentiment.

**Mahājana** – a great personality who teaches the highest ideal and who by his conduct sets an example for others to follow.

**Mahāmāyā**, **Māyā-śakti** – the illusion-generating potency which is responsible for the manifestation of the material world, time and material activities. (Also see **Māyā**.)

**Mahāpuruṣa** – a great personality; one who is expert in the imports of the scriptures.

**Maharși** – a great sage.

**Māna** – the sentiment that prevents the lover and beloved from meeting freely and which gives rise to transient emotions like anger, despondency, doubt, restlessness, pride and jealousy.

 $\label{eq:mass} \textbf{M} \bar{\textbf{a}} \textbf{n} \textbf{a} \textbf{s} \bar{\textbf{i}} \textbf{-s} \textbf{e} \textbf{v} \bar{\textbf{a}} - \text{service performed within the mind.}$ 

**Mañjarī** – a maidservant of Śrīmatī Rādhikā in the category of *nitya-sakhī* or *prāṇa-sakhī*.

Mantra – a spiritual sound vibration that delivers the mind from its material conditioning and illusion when repeated over and over; a Vedic hymn, prayer or chant.

Māyā – illusion; that which is not; Śrī Bhagavān's external potency which influences the living entities to accept the false egoism

of being independent enjoyers of this material world. (Also see Mahāmāyā, Māyā-śakti.)

Māyāvādī – one who advocates the doctrine of impersonalism.

Mohana – see Adhirūdha-mahābhāva.

Muni – a sage, ascetic, spiritual scholar or self-realised soul.

Muralī – one of Śrī Kṛṣṇa's flutes that is thirty-six inches long, has four holes on its body and a mouthpiece at the end, and produces a very enchanting sound.

#### N

Nāma – the holy name of the Supreme Lord.

Nāma-ābhāsa – a semblance of the holy name. The stage of chanting in which one is becoming cleared of sins and offences but has not yet attained pure chanting.

Nāma-aparādha — offensive chanting of the holy name. Chanting of the holy name that is not accompanied by the attempt to give up sinful and offensive behaviour in one's life.

 $N\bar{a}ma-apar\bar{a}dh\bar{\iota}$  – one who chants offensively.

Nāma-saṅkīrtana – the practice of chanting the holy name of Śrī Kṛṣṇa, especially congregational chanting.

 $N\bar{a}m\bar{\iota}$  – the Supreme Lord, Śrī Bhagavān; the person addressed by the holy name.

Nara-līlā – human-like pastimes.

Nāyaka – hero; especially refers to Śrī Kṛṣṇa.

Nāyikā — heroine; especially refers to Śrīmatī Rādhikā and the other *gopīs*.

Nikuñja – bower, grove; a solitary place for the meeting and enjoyment of Rādhā and Kṛṣṇa.

Nirvišeṣa – devoid of variety; featureless impersonal aspect of the Absolute.

Niśānta – the end of the night just prior to dawn.

Niṣkiñcana – free from all material possessions, entirely destitute; a renunciant.

Niṣṭhā – firm faith; established devotional practice that does not waver at any time. The fourth stage in the development of the creeper of devotion.

Nitya-sakhī – see Sakhī.

Nitya-siddha-gopīs – eternally liberated gopīs.

Niyama – one of the practices of aṣṭāṅga-yoga (see Aṣṭāṅga-yoga).

#### P

**Pālya-dāsī** – a maidservant of Śrīmatī Rādhikā. The word *pālya* means 'to be nourished, cared for and protected', and the word *dāsī* means 'a maidservant'; thus, the *pālya-dāsīs* are maidservants under the affectionate care of Śrīmatī Rādhikā.

Parabrahma – the Supreme brahma, Śrī Bhagavān.

**Parakīya-bhāva** – paramour love; an amorous relationship outside of marriage.

**Paramahamsa** – a topmost, God-realised, 'swan-like' devotee of Śrī Bhagavān; the fourth and highest stage of *sannyāsa*.

**Parama-tattva** – the Supreme Absolute Truth, Śrī Bhagavān.

**Paramātmā** – the Supersoul situated in the hearts of all living entities as a witness and source of remembrance, knowledge and forgetfulness.

Parikram $\bar{a}$  – (1) circumambulation; (2) the path that encircles a sacred tract of land, such as Vṛndāvana or Vraja.

Paugaṇḍa – boyhood; from age six to ten.

Pītāmbara – the brilliant golden-yellow cloth that Śrī Kṛṣṇa wears.

**Prabhu** – master, lord or ruler.

 $\label{eq:pradosa} \textbf{Pradosa} - \text{evening}.$ 

**Prahara** – (same as  $y\bar{a}ma$ ) a three-hour time period in the 24-hour day. The first prahara starts at brahma-muhūrta.

Prakaţa-līlā – Śrī Kṛṣṇa's manifest pastimes.

 $\label{eq:prankanta} \textbf{Prankanta} - \textbf{the beloved of one's life}.$ 

**Pranāma** – an obeisance.

**Prāṇanātha**, **Prāṇeśvara** — literally means 'the lord of one's life', but it carries the sense of one who is infinitely dearer to one than one's own life.

Prāṇa-prestha-sakhī – same as priya-narma-sakhī (see Sakhī).

**Prāna-priyatama** – one who is dearer than one's own life.

**Prāṇa-vallabha** – the beloved of one's life.

Prāṇa-sakhī – see Sakhī.

**Prārabdha-karma** – the results of previous activities which have already begun to bear fruit.

**Prasāda** — (literally means 'mercy') the remnants of food or articles offered to the deity, such as incense, flowers, garlands and clothing.

Prātah – early morning, dawn.

**Pravāsa** – one of the four divisions of *vipralambha*, separation; the separation, due to their being in different places, of lovers who were previously intimately associated. *Pravāsa* has two divisions: going out of sight (*pravāsa*) and going to a distant place (*sudūra-pravāsa*).

Prema – (1) love for Śrī Kṛṣṇa which is extremely concentrated, which completely melts the heart and which gives rise to a deep sense of possessiveness (*mamatā*), in relation to Śrī Kṛṣṇa; (2) when *bhāva* becomes firmly rooted and unchecked by any obstacle it is known as *prema*.

**Prema-bhakti** – a stage of *bhakti* which is characterised by the appearance of *prema* (see **Prema**); the perfectional stage of devotion; the eighth and fully blossomed state of the creeper of devotion.

Prema-mādhurya - see Mādhurya.

**Premī-bhakta** – a devotee on the stage of *prema*.

Priya-narma-sakhā – see Sakhā.

Priya-narma-sakhī – see Sakhī.

Priya-sakhī - see Sakhī.

Priyatama – dear most beloved.

 $P\bar{u}j\bar{a}$  – offering of worship.

Purāṇa – the eighteen historical supplements to the Vedas.

**Puruṣārtha** – the four goals of human life –  $k\bar{a}ma$ , artha, dharma and mokṣa.

Pūrvāhna – morning.

Pūrva-rāga – loving attraction for Śrī Kṛṣṇa prior to meeting.

**Puṣpānjali** — an offering of flowers from cupped hands to the Supreme Lord or His exalted devotee.

#### R

**Rāgamārga** – the path of *rāga*, spontaneous attachment (see **Rāgānuga**).

**Rāgānuga** — *bhakti* that follows in the wake of Śrī Kṛṣṇa's eternal associates in Vraja.

Rāgānuga-bhakta – a devotee on the path of spontaneous devotion.

**Rāgātmikā** – one in whose heart there naturally and eternally exists a deep spontaneous desire to love and serve Śrī Kṛṣṇa. This specifically refers to the eternal residents of Vraja.

**Rājasūya** – an elaborate fire sacrifice that establishes one as the emperor of the world.

 $Raman\bar{1} - a$  shy young girl who is expert in the various skills for awakening sweet emotions.

Rasa – (1) the spiritual transformation of the heart which takes place when the perfectional state of love for Śrī Kṛṣṇa, known as *rati*, is converted into 'liquid' emotions by combining with various types of transcendental ecstasies; (2) taste, flavour.

Rāsa-līlā — Śrī Kṛṣṇa's dance pastimes with the *vraja-gopīs*, which is a pure exchange of spiritual love between Śrī Kṛṣṇa and the *gopīs*, His most confidential servitors.

**Rāsa-maṇḍala** – a circular arena in which Śrī Kṛṣṇa and the *gopīs* perform their *rāsa-līlā*.

Rasika – one who is expert at relishing rasa; a connoisseur of rasa.

Rasika-śekhara – a title of Śrī Kṛṣṇa meaning 'the foremost enjoyer' or 'master of the mellows of love'.

Rati – (1) attachment, fondness for; (2) a stage in the development of *bhakti* which is synonymous with *bhāva* (see Bhāva).

Rātri – night.

Ŗṣi – a sage learned in the Vedas.

Ruci – taste; *ruci* develops after one has acquired steadiness in *bhajana*. At this stage, with the awakening of actual taste, one's attraction to spiritual matters, such as hearing and chanting, exceeds one's attraction to any type of material activity; this is the fifth stage in the development of the creeper of devotion.

Rūpa-mādhurya - see Mādhurya.

**Rūpānuga-bhakta** – a devotee who follows Śrī Rūpa Gosvāmī on the path of spontaneous devotion.

S

Sādhaka – one who follows a spiritual discipline with the objective of achieving pure devotion for Śrī Kṛṣṇa, and more specifically, achieving bhāva-bhakti.

**Sādhana** – the method one adopts in order to obtain one's specific goal (*sādhya*).

**Sādhu** – a saintly person or devotee.

**Sādhu-saṅga** – association of highly advanced devotees; the first stage in the development of the creeper of devotion and the most important factor for advancement in *bhakti*.

Sakhā — a male friend, companion or attendant. There are four types of sakhās in Vraja: (1) suhrda — those whose friendship is mixed with a scent of parental mood, who are slightly older than Kṛṣṇa, who bear a staff and other weapons and who always protect Kṛṣṇa from demons; e.g. Subhadra, Maṇḍalībhadra and Balabhadra; (2) sakhā — those whose friendship is mixed with a scent of servitorship, who are slightly younger than Kṛṣṇa

and who are exclusively attached to the happiness of rendering service to Him; e.g. Viśāla, Vṛṣabha and Devaprastha; (3) priya-sakhā – those who are of the same age as Kṛṣṇa and take the exclusive shelter of the attitude of friendship; e.g. Śrīdāma, Sudāma and Stoka-kṛṣṇa; and (4) priya-narma-sakhā – superior in every way to the three other types of sakhās; they are engaged in extremely confidential services and possess a very special mood, such as Subala, Ujiyala and Madhumangala.

Sakhī — a female friend, companion or attendant. Śrīmatī Rādhikā has five kinds of sakhīs: (1) Sakhī — Daniṣṭhā is an example. These sakhīs love and serve both Śrīmatī Rādhikā and Śrī Kṛṣṇa, but they are slightly more inclined towards Śrī Kṛṣṇa. (2) Nitya-sakhīs and (3) prāṇa-sakhīs — the only two kinds of sakhīs who are in the category of mañjarīs. These sakhīs serve both Śrī Rādhā and Śrī Kṛṣṇa, with a tendency to favour Śrīmatī Rādhikā. The prāṇa-sakhīs, like Rūpa Mañjarī and Rati Mañjarī, being even more intimately connected with Śrīmatī, are naturally the leaders of the nitya-sakhīs. (4) Priya-sakhīs and (5) priya-narma-sakhīs — Lalitā and Viśākhā are examples.

Sakhya – love or attachment for Śrī Kṛṣṇa that is expressed in the mood of a friend; one of the five primary relationships with Śrī Kṛṣṇa.

Sālokya – liberation of residing on the same planet as the Supreme Lord.

Samādhi – meditation or deep trance.

**Sambandha-jñāna** – knowledge regarding *sambandha-tattva*, the mutual relationship between the Lord, the living entities and the material energy.

Sāmīpya – the liberation of becoming a personal associate of Śrī Bhagavān.

 ${\bf Samprad\bar{a}ya}-a \ line \ of \ disciplic \ succession.$ 

**Samvit** – the knowledge portion, cognisant aspect, of the Lord's spiritual potency.

**Sañcāri-bhāvas** — also known as *vyabhicāri-bhāvas*; thirty-three internal emotions which emerge from the nectarean ocean of *sthāyibhāva*, cause it to swell and then merge back into it. These include emotions such as despondency, jubilation, fear, anxiety and concealment of emotions.

Sankīrtana – congregational chanting of the names of Śrī Kṛṣṇa.

Sannyāsī – a member of the renounced order, a renunciant.

Sāri – a female parrot.

Sarovara – lake, pool or tank.

Sārṣṭi – in this liberation the opulence of the devotee is equal to the opulence of the Supreme Lord.

**Sārūpya** – a liberation in which the bodily features of the devotee are exactly like those of the Supreme Lord, apart from two or three symptoms found only on the body of the Lord.

Śaraṇāgati – surrender; approaching for refuge or protection: (1) to accept that which is favourable for *kṛṣṇa-bhakti*; (2) to reject that which is unfavourable; (3) to have the strong faith 'Bhagavān will protect me'; (4) to have dependence, thinking 'Bhagavān will take care of me'; (5) to be fully self-surrendered (ātma-samarpaṇa); and (6) to be humble, feeling insignificant and very fallen.

Śāstra – scripture, especially the Vedic scriptures.

**Sāttvika-bhāvas** – one of the five essential ingredients of *rasa* (see **Rasa**); eight symptoms of spiritual ecstasy.

Sāyam – dusk.

**Sāyujya-mukti** – the liberation of merging into the spiritual effulgence of the Lord.

Sevā – service, attendance on, reverence or devotion to.

Sevā-aparādha – offences in devotional service.

**Siddha-deha** – perfected spiritual body, which is fit to serve Śrī Rādhā-Kṛṣṇa.

**Śikṣā-guru** – the person from whom one receives instructions on how to progress on the path of *bhajana*; the instructing spiritual master.

Śloka – a Sanskrit verse.

Smaraṇa – remembrance of the names, forms, qualities and pastimes of Śrī Kṛṣṇa; one of the nine primary limbs of *bhakti*.

Smṛti – (literally 'that which is remembered') the body of Vedic literature that is remembered, in contradistinction to Śruti, or that which is directly heard from or revealed by the great sages. Smṛti includes the six Vedāṅgas, the *dharma-śāstras* (such as *Manu-saṃhitā*), the Purānas and the *itihāsas*.

**Śrāddha** – a ceremony in honour of and for the benefit of deceased relatives

**Śraddhā** – faith in the statements of the śāstras which is awakened after accumulating pious devotional credits over many births.

**Śravaṇam** – hearing the transcendental descriptions of Bhagavān's names, forms, qualities, pastimes and associates from the mouths of advanced devotees. One of the nine most important limbs of *bhakti*.

Śṛṅgāra-rasa — same as *mādhurya-rasa*, the amorous mellow. Śruti — see Smrti.

Sthāyibhāva — the permanent sentiment of love for Śrī Kṛṣṇa in one of five primary relationships of tranquillity (śānta), servitude (dāsya), friendship (sakhya), parental affection (vātsalya) or amorous love (mādhurya). This also refers to the dominant sentiment in the seven secondary mellows of laughter, wonder, heroism, compassion, anger, fear and disgust.

**Śuddha-sattva** – the state of unalloyed goodness; the quality of existence which is beyond the influence of material nature.

Śūdra – the lowest of the four castes (varṇas) in the varṇāśrama system; artisans and labourers.

**Śuka** – a male parrot.

Sukṛti – piety, virtue; pious activity. Sukṛti is of two types: eternal (nitya) and temporary (naimittika). The sukṛti by which one obtains sādhu-saṅga and bhakti is nitya-sukṛti because it produces eternal fruit.

- **Svarūpa** constitutional nature, inherent identity; the eternal constitutional nature and identity of the self which is realised at the stage of  $bh\bar{a}va$ .
- Svarūpa-śakti the Lord's divine potency, situated in the Lord's form (svarūpa); also known as cit-śakti, the potency endowed with consciousness. Because this potency is situated in the Lord's form, it is further known as antaraṅga-śakti, internal potency. Because it is superior to His marginal and external potencies, it is also known as parā-śakti, superior potency. The svarūpa-śakti has three divisions: sandhinī, saṃvit and hlādinī.
- **Svarūpa-siddhi** the stage in which a devotee's internal spiritual form and identity (*svarūpa*) becomes manifest.
- Sva-saṃvedya the word saṃvedya means 'capable of being known or realised'; the word sva means 'oneself'; so the term sva-saṃvedya literally means 'that which has the power to be fully tasted or experienced by itself'. When anurāga reaches the state where it becomes the object of its own experience it is known as sva-saṃvedya. (Also see Mahābhāva.)

#### Т

Tāmbūla — betel nut.

- **Tapasya** voluntary acceptance of austerity for the purpose of detaching oneself from the sense objects.
- **Tattva** truths, reality, philosophical principles; the essence or substance of anything (e.g. the truths relating to *bhakti* are known as *bhakti-tattva*).
- Tilaka clay markings worn on the forehead and other parts of the body by Vaiṣṇavas, signifying their devotion to Śrī Kṛṣṇa, or Śrī Viṣṇu, and consecrating the body as the Lord's temple.

Tīrtha – holy place, place of pilgrimage.

Tulasī – a sacred plant whose leaves and blossoms are used by Vaiṣṇavas in the worship of Śrī Kṛṣṇa; the wood is also used for chanting beads and neck beads.

#### U

- Udbhāsvaras the symptoms which reveal the spiritual emotions situated within the heart are called *anubhāvas*. When they manifest mostly as external actions, they are known as *udbhāsvaras*. Sāttvika-bhāvas are also known as *anubhāvas* because they also reveal the emotions of the heart. The term *udbhāsvaras* is used, therefore, to distinguish between *anubhāvas* arising spontaneously from *sattva* (*sāttvika-bhāvas*) and those which manifest as external actions involving some conscious intention.
- Udghūrṇā a feature of divyonmāda (see Divyonmāda). A state in which many varieties of astounding and uncontrollable endeavours are manifest.
- **Upanișads** 108 principal philosophical treatises that appear within the Vedas.
- **Uttama-adhikārī** the topmost devotee, who has attained perfection in his devotion unto Śrī Krsna.

#### V

- **Vaidh**ī-**bhakti** devotion prompted by the regulations of the scriptures.
- Vaijayant $\bar{\imath}$ -m $\bar{a}$ l $\bar{a}$  a garland made of five varieties of flowers and which reaches the knees.
- Vaiṣṇava literally means one whose nature is 'of Viṣṇu'; a devotee of Śrī Kṛṣṇa or Śrī Viṣṇu.
- Vaisya the third of the four castes (varṇas) in the varṇāśrama system; agriculturalists or businessmen.
- Vamśī one of Śrī Kṛṣṇa's flutes that is about thirteen inches long and has nine holes on its body.
- Vānaprastha a member of the third stage of life (āśrama) in the varṇāśrama system; retired life which entails freedom from family responsibilities and the acceptance of spiritual vows.

- Varṇa class, occupational division, caste; the four *varṇas* are: *brāhmaṇa, kṣatriya, vaiśya* and *śūdra*.
- Varṇāśrama the Vedic social system, which organises society into four occupational divisions and four stages of life (varṇas and āśramas).
- Vastu-siddhi the stage in which the *vastu*, or substantive entity known as the *jīva*, is fully liberated from matter. After giving up the material body, the living entity who has already attained *svarūpa-siddhi* enters into Śrī Kṛṣṇa's manifest pastimes, where he or she receives the association of Śrī Kṛṣṇa and His eternal associates for the first time. There one receives further training from His eternal associates. When one becomes established in the mood of their *prema* and one's eternal service to Śrī Kṛṣṇa, one gives up all connection with this world and enters His spiritual abode. At this point the living entity becomes situated in his pure identity as a *vastu*, and this is known as *vastu-siddhi*.
- Vātsalya-bhāva one of the five primary relationships with Śrī Kṛṣṇa, namely, love or attachment for Him expressed in the mood of a parent.
- **Veda** the four primary books of knowledge compiled by Śrīla Vyāsadeva, namely, the *Rg Veda*, *Sāma Veda*, *Atharva Veda* and *Yajur Veda*.
- **Vedānta** 'the conclusion of Vedic knowledge'. The Upaniṣads are the latter portion of the Vedas and the *Vedānta-sūtra* summarises the philosophy of the Upaniṣads in concise statements. Therefore, the word 'Vedānta' especially refers to the *Vedānta-sūtra*.
- **Veņu** (also called  $p\bar{a}vika$ ) one of Śrī Kṛṣṇa's flutes that is very small, not more than nine inches long, with six holes on its body.
- Veņu-mādhurya see Mādhurya.
- **Vibhāva** is defined in *Bhakti-rasāmṛta-sindhu* (2.1.15) as follows: "That in which *rati* is tasted (*ālambana*) and that cause by which *rati* is tasted (*uddīpana*) is called *vibhāva*."

**Vidhimārga** – the path of *bhakti* which follows rules and regulations.

**Vikṣepātmikā** —the illusory energy's function of throwing the living entity into the ocean of material existence.

**Vilāsa** — pastimes, especially the playful amorous pastimes of Śrī Rādhā-Kṛṣṇa.

 $V\bar{n}\bar{n}$  – a stringed musical instrument of melodious sound, the favourite instrument of Nārada Muni and of various other celestial personalities.

**Vipralambha-rasa** – the mellow of separation.

Viraha – separation (same as vipralambha).

Viśuddha-sattva – see Śuddha-sattva.

Vraja-devīs, vraja-ramaṇīs, vraja-sundarīs — the *gopīs* of Vraja. Vrajavāsī — a resident of Vraja.

**Vrata** – a vow undertaken for self-purification and spiritual benefit.

Vyabhicāri-bhāvas – same as sañcāri-bhāvas (see Sañcāri-bhāvas).

#### Y

Yajña – (1) a sacrifice in which a deity is propitiated by the chanting of prayers and *mantras* and the offering of ghee into the sacrificial fire; (2) any kind of intense endeavour which is directed at achieving a particular goal.

**Yāma** – (same as *prahara*) one of the eight periods of the day. Each *yāma* consists of approximately three hours.

**Yāvad-āśraya-vṛtti** – the highest state of *anurāga*.

Yoga – (1) union, meeting, connection or combination; (2) spiritual discipline to link one with the Supreme; to stabilise the mind through *karma-yoga*, *jňāna-yoga* and *bhakti-yoga*, so that it is not disturbed by sense objects. Unless specified as such, the word *yoga* usually refers to the *aṣṭāṅga-yoga* system of Pataṅjali (see Astāṅga-yoga).

### Śrī Bhajana-rahasya

- **Yogamāyā** the internal potency of the Supreme Lord that engages in arranging and enhancing all His pastimes.
- **Yogī** one who practises the *yoga* system with the goal of realisation of the Supersoul or of merging into the Lord's personal body.
- **Yuga** one of the four ages described in the Vedas: Satya-yuga, Tretā-yuga, Dvāpara-yuga and Kali-yuga.

# Verse Index

## (main verses)

A	aṭati yad bhavān ahni374
abhimānam parityajya199	athāsaktis tato bhāvas21
acirād eva sarvārthaḥ48	atyāhāraḥ prayāsaś ca84
ādau śraddhā tataḥ sādhu21	ayi dīna-dayārdra nātha he308
aghacchit-smaraṇam viṣṇor12	ayi nanda-tanuja kiṅkaram181
agha-damana-yaśodā-nandanau63	D
aham evāsam evāgre100	В
aham hare tava pādaika-mūla 188	barhāpīḍam naṭa-vara-vapuḥ 263
aho vidhātas tava na310	bhagavāms tās tathā-bhūtā340
āhuś ca te nalina-nābha337	bhaktiḥ pareśānubhavo viraktir 158
aihikeṣvaiṣaṇā pāra74	bhaktis tvayi sthiratarā253
alabdhe vā vinaṣṭe vā156	bhakti-yogena manasi68
āliṅganaṁ varaṁ manye23	bhavantam evānucaran137
amaryādaḥ kṣudraś cala140	bhāvena kenacit preṣṭha118
amūny-adhanyāni dināntarāṇi 323	bhayam dvitīyābhiniveśataḥ78
ānandaika-sukha-svāmī53	С
anārādhya rādhā-padāmbhoja 195	calasi yad vrajāc cārayan 372
anarthopaśamaṁ sākṣād69	ceto-darpaṇa-mārjanam27
anāsaktasya viṣayān114	cintātra jāgārodvegau317
ānukūlyasya saṅkalpaḥ124	cirād āśā-mātraṁ tvayi332
āpannaḥ saṁsṛtiṁ ghorām77	cittam sukhena bhavatāpahṛtam 172
aparādha-sahasra-bhājanam 138	
are cetaḥ prodyat-kapaṭa91	D
āsaktis tad-guņākhyāne232	dadāti pratigṛhṇāti86
āsām aho caraṇa-reṇu282	daivena te hata-dhiyo67
āśāsya dāsyaṁ vṛṣabhānu204	dāna-vrata-tapas-tīrtha65
āśliṣya vā pāda-ratām349	devarși-bhūtāpta-nṛṇām97
ataḥ śrī-kṛṣṇa-nāmādi106	devi duḥkha-kula-sāgarodare 214

## Śrī Bhajana-rahasya

dhanyāḥ sma mūḍha-gatayo 'pi 297	J
dharma-vrata-tyāga93	jāta-śraddho mat-kathāsu107
dhātar yad asmin bhava39	jaya nāmadheya! muni-vṛnda45
dhyāyams tam śikhi-piccha206	jihvaikato 'cyuta vikarṣati161
dṛṣṭaiḥ svabhāva-janitair88	
dukūlaṁ vibhrāṇām atha356	K
dūrād apāsya svajanān202	kadāham yamunā-tīre250
dyūta-krīḍā paṭākṛṣṭiś368	kasyānubhāvo 'sya na deva277
	kim iha kṛṇumaḥ kasya321
E	ko nv īśa te pāda-saroja164
ekāntino yasya na41	kṛṣṇaṁ smaran janaṁ cāsya360
etāḥ paraṁ tanu-bhṛto285	kṛṣṇa-nāma-svarūpeṣu75
etāvad eva jijñāsyam80	kṛṣṇa tvadīya-pada-paṅkaja132
etāvān eva loke 'smin57	kṛṣṇa-varṇaṁ tviṣākṛṣṇam1
evam ekāntinām prāyaḥ118	kṛṣṇeti yasya giri tam112
evam-vrataḥ sva-priya-nāma 361	kṛṣṇo rakṣati no jagat130
	kṣāntir avyartha-kālatvam232
G	kuhū-kaṇṭhī-kaṇṭhād api386
gā gopakair anu-vanam305	kurvanti hi tvayi ratim194
go-puccha-sadṛśī kāryā49	kvacid rudanty acyuta259
gopyaḥ kim ācarad ayam294	NA
gopyaś ca kṛṣṇam upalabhya335	M
gopyas tapaḥ kim acaran287	madhura-madhuram etan
guror avajñā śruti93	madhyāhne 'nyonya-saṅgodita 178
Н	manaḥ saṁharaṇaṁ śaucam50
hā devi! kāku-bhara219	māraḥ svayaṁ nu madhura327
hantāyam adrir abalā302	martyo yadā tyakta351
harati śrī-kṛṣṇa-manaḥ52	māyā-mugdhasya jīvasya71
hare kṛṣṇa hare kṛṣṇa48	mayi bhaktir hi bhūtānām341
harer apy aparādhān yaḥ99	mayi prasādam madhuraiņ145
harer nāma harer nāma55	mithaḥ prema-guṇotkīrtis382
harir eva sadārādhyaḥ153	Ν
he deva! he dayita!	na deśa-kāla-niyamo66
ne deva: ne dayna:325	na dhanaṁ na janam149
I	na dharmam nādharmam
idaṁ śarīraṁ śata-sandhi126	na dharma-niṣṭho 'smi133
ihā haite sarva-siddhi48	nadyas tadā tad upadhārya299
iti pumsārpitā visnau187	nāhaṁ vipro na ca nara240
ity acyutāṅghriṁ bhajato185	naişkarmyam apy acyuta35
,,,,,,,, 100	

## Verse Index (main verses)

naitan manas tava kathāsu160	prāṇa-vṛttyaiva santuṣyen	115
na kāmaye nātha tad169	prāpañcikatayā buddhyā	96
naktaṁ divā ca gata-bhir56	pratisthāśā dhṛṣṭā śvapaca	90
nāma cintāmaṇiḥ kṛṣṇaś105	prema-ccheda-rujo 'vagacchati	318
nāmāny anantasya hata257	premņas tu prathamāvasthā	230
nāmnām akāri bahudhā61	priyaḥ so 'yaṁ kṛṣṇaḥ	366
nāmno 'pi sarva-suhṛdo99	pūrvāhne dhenu-mitrair	146
nāmno 'sya yāvatī śaktiḥ12		
na mṛṣā paramārtham139	R	
na nāka-pṛṣṭhaṁ na ca170	rādhāṁ sālīgaṇāntām	
na ninditaṁ karma134	rādhām snāta-vibhūṣitām	
na premā śravaṇādi-bhaktir354	rādhā-nāma sudhā-rasam	
nārada-vīņojjīvana44	rātryante trasta-vṛnderita	
narmā śvāsana-nepathyam382	ṛte 'rthaṁ yat pratīyeta	101
na śiṣyān anubadhnīta154	C	
na spṛśet vāma-hastena49	S	
naṣṭa-prāyeṣv abhadreṣu182	sakṛd uccāritaṁ yena	
nātaḥ paraṁ karma37	sa mṛgyaḥ śreyasāṁ hetuḥ	
nātiprasīdati tathopacitopacārair 127	saṅkīrtyamāno bhagavān	
nau-khelā-līlayā cauryam368	sarva-tyāge 'py aheyāyāḥ	
navaṁ divyaṁ kāvyaṁ384	satām nindā nāmnaḥ	
nāyaṁ śriyo 'ṅga u nitānta278	satām prasangān mama	
nayanam galad-aśru-dhārayā 229	sā vidyā tan-matir yayā	
nibaddha-mūrdhāñjalir eṣa144	sāyam rādhām sva-sakhyā	
nijatve gaudīyān jagati7	sevā sādhaka-rūpeņa	
nikhila-bhuvana-lakṣmī379	śikṣā-saṅgamanaṁ kāle	
nimajjato 'nanta136	śivasya śrī-viṣṇor	
niṣkiñcanasya bhagavad87	smarantaḥ smārayantaś ca	
nṛtyaṁ viluṭhitaṁ gītam236	smartavyah satatam vişnur	
	śokāmarṣādibhir bhāvair	
O	sphuran-muktā gunjā maṇi	
oṁ āsya jānanto46	śravaṇam kīrtanam viṣṇoḥ	
oṁ ity etad brahmaṇo46	śreyaḥ-sṛtiṁ bhaktim	
	śrī-rādhāṁ prāpta-gehām	
P	śṛṇvan sato bhagavato	
pādābjayos tava vinā215	śṛṇvatāṁ sva-kathāḥ kṛṣṇaḥ	
parasparānukathanam255	śrute 'pi nāma-māhātmye	
para-vyasaninī nārī249	śruti-smṛti-purāṇādi	116
prabhāte cārdharāte ca118	sūditāśrita-janārti-rāśaye	32
prabhu bale,—kahilāṅa48	sva-tattve para-tattve ca	73

## Śrī Bhajana-rahasya

svayantv asāmyātiśayas274	V	
sve sve 'dhikāre yā niṣṭhā106	vāco vegam manasaḥ	.82
śyāmam hiranya-paridhim261	vaidagdhī sāra-sarvasvam	.53
_	vapur-ādiṣu yo 'pi ko 'pi vā1	42
T	varaṁ huta-vaha-jvālā	.23
tac chraddadhānā munayo79	vāsudeve bhagavati	.79
tadā rajas-tamo-bhāvāḥ182	veṇuḥ karān nipatitaḥ2	221
tad aśma-sāraṁ hṛdayam252	vihiteşv eva nityeşu1	18
tad astu me nātha sa163	vijñāpya bhagavat-tattvam	.52
tāmbūlārpaṇa-pāda-mardana 383	vīkṣyālakāvṛta-mukham1	91
tam nirvyājam bhaja24	viśveṣām anurañjanena3	88
tan naḥ prasīda vṛjinārdana189	vṛttyā sva-bhāva-kṛtayā1	14
tan-nāma-rūpa-caritādi359		
tarjanyā na spṛśet sūtram49	Y	
taruṇāruṇa-karuṇāmaya380	yad abhyarcya harim bhaktyā	
tāsām āvirabhūc chauriķ329	yadā yāto daivān madhu-ripur 3	89
tasmād ekena manasā155	yadā yāto gopī-hṛdaya3	314
tasyā apāra-rasa-sāra208	yad dharma-sūnor bata2	271
tasyaiva hetoḥ prayateta166	yad icchasi param jñānam	.38
tato bhajeta māṁ prītaḥ107	yaḥ kaumāra-haraḥ sa eva3	363
tato 'bhūt trivṛd omkāro47	yamādibhir yoga-pathaiḥ	.33
tat te 'nukampām184	yā nirvṛtis tanu-bhṛtām1	
tava dāsya-sukhaika141	yan-martya-līlaupayikam2	266
tāvad bhayam draviņa 151	yasyānanam makara-kuṇḍala 2	268
tava kathāmṛtaṁ tapta370	yasyānurāga-lalita-smita3	
tāv utkau labdha-saṅgau391	yasyānurāga-pluta-hāsa-rāsa 2	
tebhyo namo 'stu bhava42	yasyāsti bhaktir bhagavaty1	74
te stambha-sveda-romāňcāḥ237	yasya yat-saṅgatiḥ puṁso1	15
te tu sandarśanam jalpaḥ367	yā te līlā-rasa-parimalodgāri3	
tṛṇād api sunīcena123	yathā mahānti bhūtāni1	
tucchāsaktiḥ kuṭīnāṭī76	yathā taror mūla-niṣecanena 1	
tulasī-kāṣṭha-ghaṭitair49	yat-pāda-paṅkaja-palāśa1	
tvam pratyag ātmani tadā175	yat te sujāta-caraņāmburuham 3	
tvayopabhukta-srag-gandha224	yāvatā syāt sva-nirvāhaḥ1	
	yayā sammohito jīva	
U	yena janma-śataiḥ pūrvam	
utsāhān niścayād dhairyāt109	yugāyitam nimeṣeṇa2	93

# Verse Index

(quoted verses)

A	В	
aham apy aparādhānām404	bahu kāntā binā nahe30	65
aim gurudevāya vidmahe398	bhakta āmā bāndhiyāche10	04
ajāta-pakṣā iva mātaram234	bhakta-pada-dhūli āra91, 22	25
ajňāna-timirāndhasya398	bhāla nā khāibe āra	84
āmiha nā jāni tāhā321	bhartuḥ śuśrūṣaṇam3	24
ānanda-līlāmaya-vigrahāya400	bhūmau skhalita-pādānām40	05
ananya-śrī-rādhā-pada217		
anayārādhito nūnam198	C	
antaḥ kṛṣṇaṁ bahir-gauram6	ceto-darpaṇa-mārjanam	
antara-bāhire, sama vyavahāra 221	chāḍi' anya nārī-gaṇa3;	
antaś cintita abhīṣṭa tat248	channaḥ kalau yad	
apagata-rādho yasmād72	cittam sukhena3	24
aprāpti-kāraṇaṁ ca278	D	
āśā-bharair amṛta-sindhu234	daśāśvamedhī punar1	32
āśā hi paramaṁ duḥkham322	dāsyās te kṛpaṇāyā1	44
āsan varņās trayo hy asya5	'devī' kahi dyotamānā2	14
aśeṣa-kleśa-niḥśeṣa408	dhāma-vāsī-jane, praņati2	36
āśliṣya vā pāda-ratām21	dharma-saṁsthāpanārthāya	7
ataeva 'tri-yuga' kari'4	dorbhyāṁ padbhyāṁ ca40	30
ātmānaṁ cintayet tatra247, 357	F	
ātma-nivedana, tuwā pade kari 152	E	
ātmendriya-prīti-vāñchā365	ei tina-sevā haite	
āyāsya iti205, 316	eka hari-nāme yata	
ayi nanda tanuja kinkaram20	ekalā īśvara kṛṣṇa2	
,	emana nirghṛṇā more1	35

## Śrī Bhajana-rahasya

G	kṣāntir avyartha-kālatvam	18
gaṅge ca yamune caiva395	kvacid api sa kathā naḥ	146
gaura āmāra, ye-saba sthāne235		
govinda-vallabhe rādhe405	L	
go vindayati iti govinda286	lalāṭe keśavaṁ dhyāyen	
gṛhe vā vanete thāke250	lalitā sakhīra, ayogyā kiṅkarī	358
II	M	
H	madīśā-nāthatve vraja	207
hare kṛṣṇety uccaiḥ10	mahā-bhāgavata dekhe	
harer nāma harer nāma11	'mane' nija-siddha-deha	
hari-bhakti-mahādevyāḥ165	mat-samo nāsti pāpātmā	
he kṛṣṇa karuṇā-sindho403	māyāpure bhaviṣyāmi	
I	mo-viṣaye gopī-gaṇera	
ihā vai āra nā balibā, balāibā 235		-
ity ātmānam vicintyaiva248	N	
	na dhanaṁ na janam	
J	nā gaṇi āpana duḥkha	350
jagāi mādhāi haite muñi135	nāham vipro na ca nara-patir	
jagatera pitā—kṛṣṇa131	nāma-saṅkīrtanaṁ proktam	212
jīhvāra lālase yei84	nāma-saṅkīrtanaṁ yasya	44
jňānī jīvan-mukta-daśā34, 177	na me bhaktaḥ praṇaśyati	
	nāmnām akāri	20
K	nānā-puṣpa-latā-baddha	401
kali-kāle līlāvatāra4	nānā-śilpa-kalābhijñām	247
karma-kāṇḍa jñāna-kāṇḍa175	nandaḥ kim akarod brahman	64
karmāṇy ārabhamāṇām75	na pāraye 'ham	344
kasyāḥ padāni caitāni198	nayanaṁ galad-aśru-dhārayā	20
keha māne, keha nā māne131	nehābhikrama-nāśo 'sti	13
khaṇḍa-khaṇḍa hai deha49, 110	nijābhīṣṭa kṛṣṇa-preṣṭha	259
kibā tenho lampaṭa350	nirantaram vaśī-kṛta-pratīti	209
kīrtana prabhāve, smaraņa haibe 258	nirmālya-gandha-puṣpādi	407
klīm kṛṣṇa-caitanyāya vidmahe 400	nirmitā tvam purā devair	407
klīm kṛṣṇāya vidmahe402		
kṛṣṇa-bhakti-janma-mūla142	P	
kṛṣṇa-citta-sthitā rādhā228	pahile dekhilun tomāra	
kṛṣṇake karāya śyāma197	pakvāpakva mātra se vicāra	
kṛṣṇa-līlāmṛta yadi218	patayaś ca vaḥ	
kṛṣṇa-varṇaṁ tviṣākṛṣṇam2	pathyam pūtam anāmayantam	
kṛṣṇera mādhurye kṛṣṇe268	pati-sutādibhir ārti-daiḥ kim	324

### Verse Index (quoted verses)

prabhu-ājñāya kara356	sei ta' parāṇa-nātha9
prabhu kahe,—"kaun vidyā41	smara-garala-khaṇḍanam207
prāṇa āche yāra se hetu pracāra 258	smarati sa pitṛ-gehān144
praṇata-dehinām65	śokāmarṣādibhir-bhāvair16
prāṇanātha, śuna mora346	so 'yam yuvā yuvati319
prātaḥ śrīman-navadvīpe396	śrīdharaṁ vāma-bāhau tu396
prati-yuge karena kṛṣṇa4	śrī-kṛṣṇaṁ śrī-ghana-śyāmam 401
prema-bhakti-sudhā-nidhi203	śrīman-mauktika-dāma399
prīty anudivasam yatnāt248	śrīm rādhikāyai vidmahe402
puṇya ye sukhera dhāma203	śrī-rādhā-lalitā-saṅge332
_	śruti-smṛti-purāṇādi225, 245
R	sthāvara-jaṅgama dekhe300
rādhā-dāsyam apāsya yaḥ196	śuddha-sattva-viśeṣātmā230
rādhā-kṛṣṇa kuṅja-sevā210	śunileo bhāgya-hīnera219
rādhā-kuṇḍa-taṭa-kuñja-kuṭīra 360	suvarṇa-varṇo hemāṅgo5
rādhā-padāṅkita-dhāma198	śyāma-varņo 'yam197
rādhā-pada vinā kabhu198	
rādhāra svarūpa—kṛṣṇa-prema218	T
rādhe vṛndāvanādhīśe406	tad eva manyate bhakteḥ212
rādhikānucarīm nityam247	tāmbūlārpaṇa-pāda-mardana 201
rādhikāra bhāva-kānti6	tan-madhye ratna-khacitam401
rādhikā ujjvala-rasera ācārya197	tan naḥ prasīda325
rāsaḥ parama-rasa281	tāṅra bhakta saṅge sadā199
rasika-bhakta-saṅge386	tapta-kāńcana-gaurāṅgi403
rātri-dina kuñje kriḍā209, 254	tāra madhye mokṣa-vāñchā171
rudanti pātakāḥ sarve 408	tāsām āvirabhūc chauriņ328
0	tato vṛndāvanaṁ dhyāyet 400
S	tat prakṣālana-toyaṁ tu396
sādhakānāṁ hitārthāya177	tavāsmi rādhikā-nātha404
sādhana smaraṇa līlā204	teṣāṁ bhāvāptaye lubdho222
sādhane bhāviba yāhā242, 256	teṣām nityābhiyuktānām126
sakhi he, nā bujhiye320	te taṁ bhuktvā svarga168
sakhi he, śuna mora350	tomāra sammukhe dekhi5
sakhīnām saṅginī-rūpām357	tṛṇād api sunīcena20, 356
sakhī vinā ei līlāya210	tulasy-amṛta-janmāsi406
samo 'ham sarva-bhūteṣu128	tvam rūpa-mañjari sakhi218
samsāra-sāgarān nātha403	
sannyāsa-kṛc chamaḥ śānto5	U
śaraṇaṁ vāṁ prapanno 'smi 404	ūrdhva-bāhu kari'356

## Śrī Bhajana-rahasya

V
vairāgya-yug bhakti-rasam160
vāńchā-kalpa-tarubhyaś ca398
vānchanti yad bhava-bhiyo337
veņuḥ karān nipatitaḥ147
vidhimārga-rata-jane244
viṣayīra anna khāile87
viṣṇuṁ ca dakṣiṇe kukṣau396
vraja-gopī-bhāva243
$vrnd\bar{a}vana-purandara332$
Υ
yadi cāha praṇaya rākhite88
yā dṛṣṭā nikhilāgha-saṅgha 407
ya ekam govindam bhajati197
yāh śrutvā tat-paro bhavet71
yāmuna-salila, āharaṇe giyā251
yaśo dadāti iti yaśodā64
yasya yat-sangatih343
yathā dūra-care presthe280
yat te sujāta-caraṇāmburuham 344
ye dharila rādhā-pada197
ye yathā mām prapadyante128
yo 'ham mamāsti yat kiñcid 404
yugala-caraṇa sevi201
yugāyitam nimeṣeṇa21
yuvatīnām yathā yūni405

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